

Criterion - 1
Curricular Aspects
NAAC – SSR (2nd Cycle)



ETERNAL UNIVERSITY

BARU SAHIB, SIRMOUR-173101
HIMACHAL PRADESH

1.3.1(6)

Activities concerning to 1.3.1

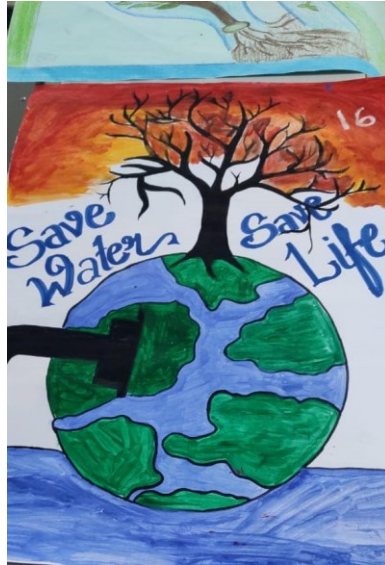


ETERNAL UNIVERSITY

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(Activities Proof – Institution integrates cross-cutting issues)

1. Eco-friendly Club & Literary Club organised 'Poster Making & Essay Writing on Theme 'Save Water Save Life' on January 17, 2020.



Students are drawing Posters



2. Activities on SDG Goal 3: Good Health and Well Being

National Dengue Day on May 16, 2022

(Organized by Akal College of Health & Allied Sciences)

During the Program Dengue Source Reduction and Health Awareness about Mosquito Prevention and Dengue Fever was sensitized among the people.

DENGUE SOURCE REDUCTION PROGRAMME



DENGUE SOURCE REDUCTION PROGRAMME



3. National Science Day-2022 In Collaboration With Himachal Pradesh Council for Science, Technology & Environment (HIMCOSTE), Shimla (28-02-22).



4. Education-cum-Environment & Diversity excursion organised by Akal College of Basic sciences, (September 3, 2022)

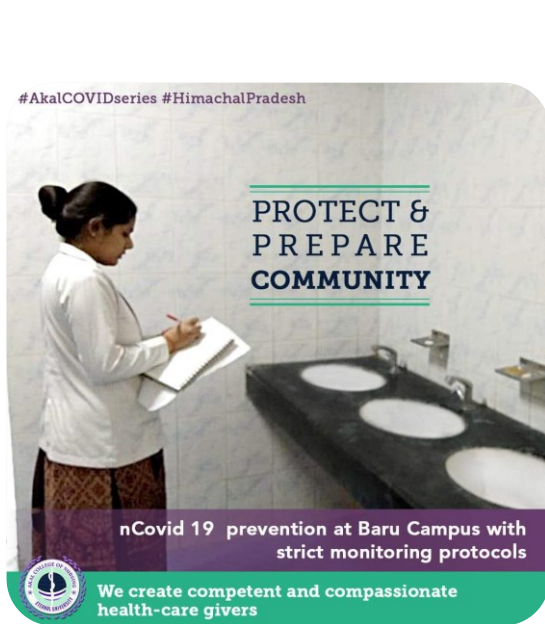


5. Thematic areas such as Plant Ecology & Environment, Plant Taxonomy & Systematics, Methods Techniques & its application for Plant Biology, etc. are covered under National Conference on Current scientific innovations & research in plant biology, Department of Botany, Akal college of Basic Sciences May 27-28, 2022).



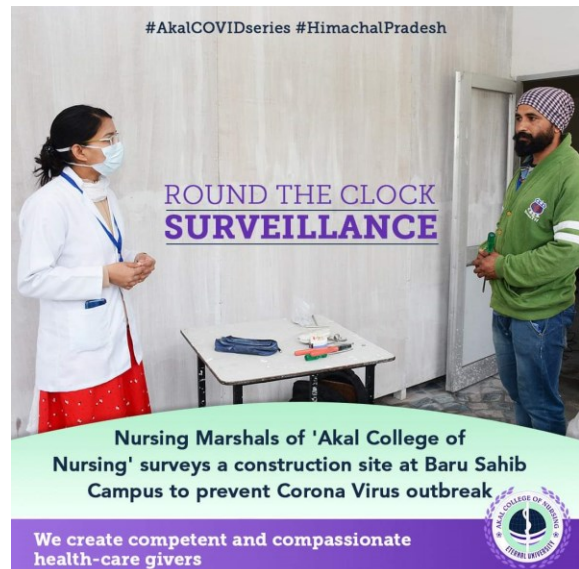
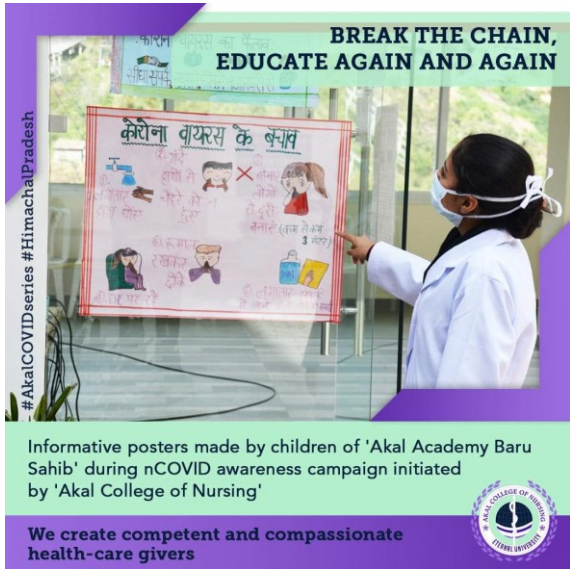
6. Covid 19 Awareness Campaign, Educate Yourself: Educate Community

Akal College of Nursing has joined the combat against the unprecedented global crisis in the form of Covid-19 by taking various initiatives to ensure the safety of the students, faculty, and staff while remaining uncompromising with the learning graph of the beloved students.



7. Covid-19 Surveillance campaign, 'Break the Chain: Educate again and again'

Akal College of Nursing, Akal Charitable Hospital and Kalgidhar Trust has joined the combat against the global crisis in the form of Covid-19 by taking various initiatives to ensure the safety of the each and everyone in the divine valley of Barusahib.



#AkalCOVIDseries

#HimachalPradesh

SPEND QUALITY TIME

with the elderly
during lockdown



8. Meditation 'A Key to Destress yourself during Covid-19'

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KEEP CALM AND MANAGE STRESS



Think, feel, body
Notice your thoughts and whether they are negative or positive. Notice your emotions and how your body feels.



Focus on your breath
Listen to your breath. You can put your hand on your stomach and feel each inhale & exhale. You may say "I am okay"



Coming back
Notice how your body feels. Listen to the sounds in the room.



Set Up
Find a comfortable sitting position, feet flat on the floor and hands resting in your lap. Close your eyes, if it's comfortable



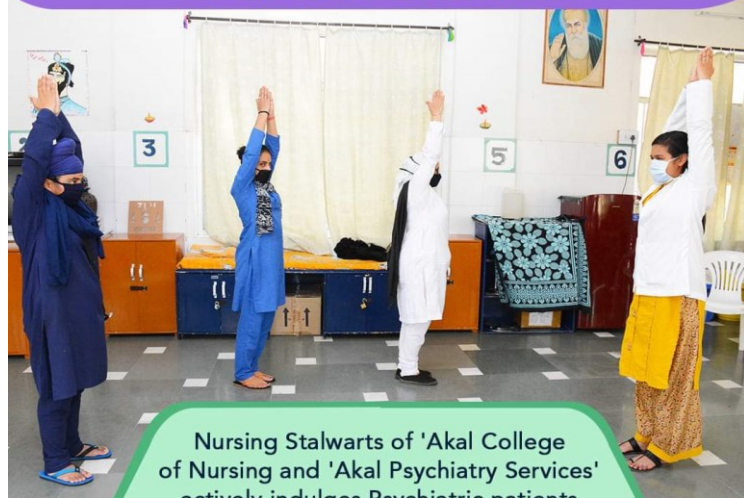
Reflecting
Think if you feel any different. When you are ready, open your eyes.

*As suggested by WHO

1 minute relaxation activity to manage stress*

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EXERCISE TO BOOST IMMUNITY AND FITNESS




Nursing Stalwarts of 'Akal College of Nursing and 'Akal Psychiatry Services' actively indulges Psychiatric patients during this challenging time of Covid 19.

We create competent and compassionate health-care givers



9. International Women's Day (March 08, 2022)

 **Eternal University**
(World peace through value-based education)

Ref. No: EU/VCO/95/(ii) March 07, 2022

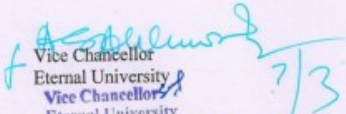
NOTICE

It is hereby intimated that the Eternal university will be celebrating the **International Women's Day** on **March 08, 2022, from 03:00 PM onwards**. On the above said occasion A webinar on the theme "Women empowerment in Academic World" on March 08, 2022, at 03:00 PM and a Rangoli and Mehndi Competition will be organised.

Faculty members are requested to motivate the students to participate in the above said competitions and submit their participation to their respective HoD. Thereafter the HoDs are requested to submit all the participations to VC office by March 08, 2022, noon.

The competitions shall start from 02:00 PM at the Bhai Gurdas Hall and the webinar will start at 03:00 PM at the University auditorium.

The best three entries will be awarded, and all the participants will get Certificate of Participation for each competition.


Vice Chancellor
Eternal University
Vice Chancellor
Eternal University
Baru Sahib (H.P.) 173101

Distribution:
All concerned
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 **Eternal University, Baru Sahib**
is Celebrating International Women's Day

Theme: Women Empowerment in Academic World

Date & Timing:
March 08, 2022, from 02:00 PM onwards
02:00 PM - Competition at Bhai Gurdas Hall
03:00 PM- Webinar at University Auditorium

Invited Speaker: Prof. Pam Rajput

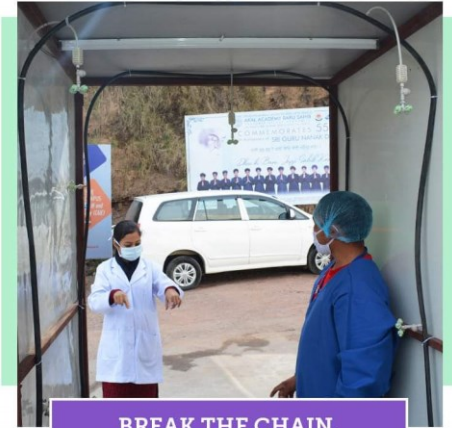
Webinar Link: meet.google.com/kzf-aubu-oja

 **Prof. Pam Rajput**
Former Head,
Women Studies
Panjab University,
Chandigarh

10. Smart disinfection and sanitation tunnel

Akal College of Nursing, Akal Charitable Hospital and Kalgidhar Trust has joined the combat against the global crisis in the form of Covid-19 by taking various initiatives to ensure the safety of the each and everyone in the divine valley of Baru Sahib.

SMART DISINFECTION AND SANITATION TUNNEL



#AkalCOVIDseries #HimachalPradesh

BREAK THE CHAIN,
SANITIZE AGAIN AND AGAIN



An initiative of Akal College of Nursing
and Akal Charitable Hospital

#AkalCOVIDseries #HimachalPradesh

STRINGENT ACTIONS for COVID prevention

Nursing Stalwarts of
'Akal College of Nursing' inspects
every single medicinal stock to ensure
quality healthcare treatment

We create competent and compassionate
health-care givers



11. Disaster Management Drill (July 27, 2019)



Students are practicing use of Fire Extinguisher



Students are performing Roll Play on Evacuation

12. Fire Mock Drill (December 23, 2021)

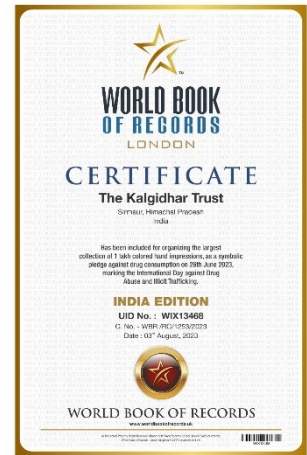
The aim of the mock fire drill was to raise awareness among students and staff on how to respond swiftly in times of such emergencies.



13. 'Event Against Drug Abuse'- A World Book of Records (June 26, 2023)

Uniting Hands and Hearts to Combat Drug Abuse and Illicit Trafficking

In a remarkable demonstration of unity and determination, an event that made history took place in Baru Sahib, Shimla, Nahan, and Chandigarh. It was a collective statement against a menace that affects communities worldwide organized by Akal College of Nursing with collaboration of Akal De-addiction and Rehabilitation Centre and Akal Academy under the Umbrella of The Kalgidhar Trust.



14. Workshop on Significance of Intellectual Property Rights in Academia (March 12, 2024)

