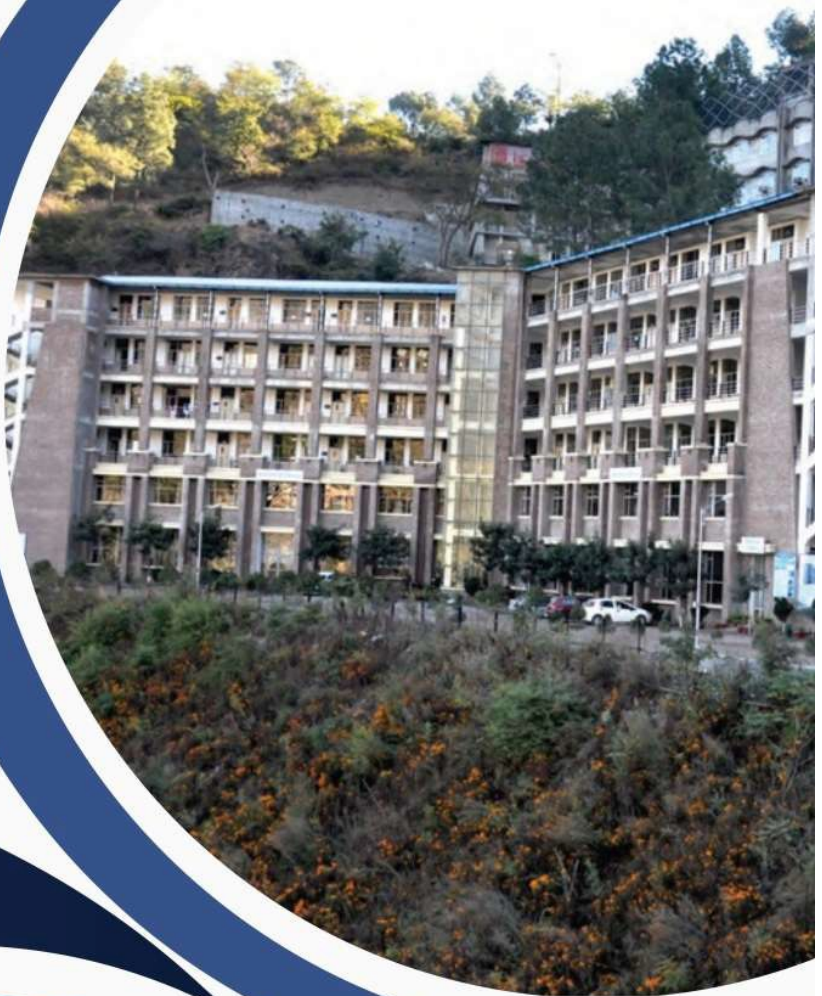


Criterion - 5

Student Support and Progression

NAAC – SSR (2nd Cycle)



ETERNAL UNIVERSITY

BARU SAHIB, SIRMOUR-173101
HIMACHAL PRADESH

5.1.3(3)

Life Skills



ETERNAL UNIVERSITY

BARU SAHIB, SIRMOUR-173101
HIMACHAL PRADESH

INTERNATIONAL YOGA DAY CELEBRATION

(21.06.2021)

THEME - Be with Yoga, Be at Home

National Service Scheme (NSS) & National Cadet Corps Unit (NCC)
Eternal University, Baru Sahib (H.P)-173101

PLANNED ACTIVITIES:-

DAY 1:- (20.06.2021)

Sr. No.	ACTIVITIES	TIME	Theme
1.	Quiz Competition (Online mode)	05:30PM-06:00 PM	Yoga - A Healthy Way of Living

DAY 2:- (21.06.2021)

Sr. No.	ACTIVITIES	TIME	Theme
1.	Awareness Rally/Brisk Walk	07:00AM-07:30 AM	Friendly Walk for Healthy Life
2.	General Orientation about Yoga Forms	07:30 AM Onwards	Yoga for Well - Being



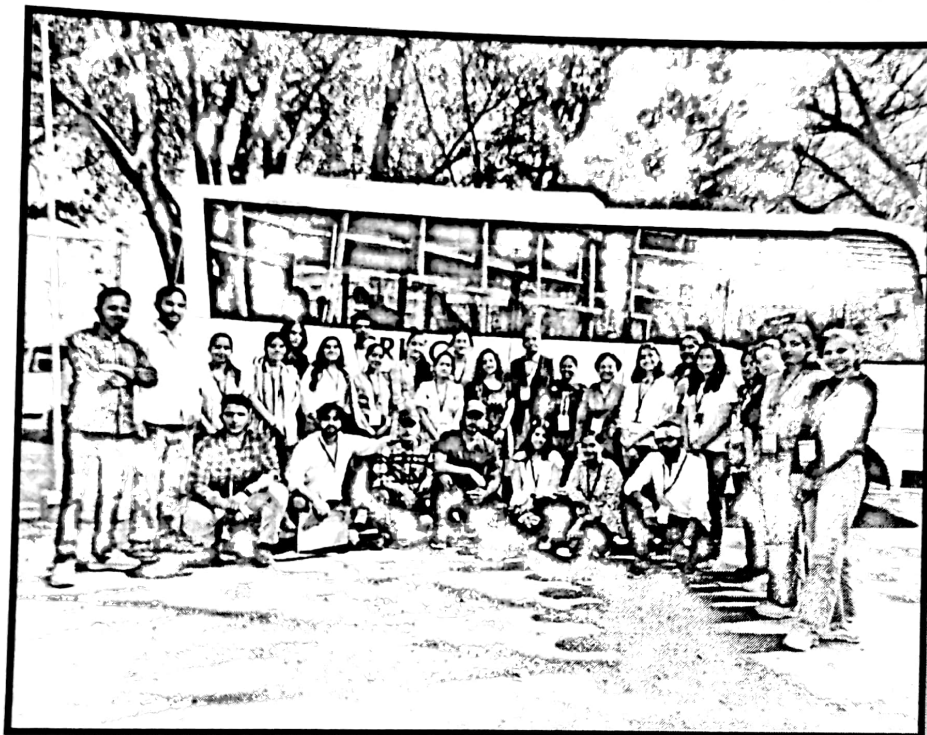


INTERNATIONAL YOGA DAY CELEBRATION (21.06.2022)









DATE: - 16/3/23

This was the last day of the workshop and on this day there was a workshop quiz for all the students who were attending it. They just wanted to check the knowledge of the students that what we all learned from this workshop.

The quiz was played between five teams and all of us have to give the answer according to our turn but in the limited time of 30 second. At the end of the quiz winning team got the price also from the professors.

We all gave a feedback also regarding the workshop. We enjoyed a lot there.

Then we got a live demonstration that how to handle the bees. Then turn wise all students perform that same work on their own.

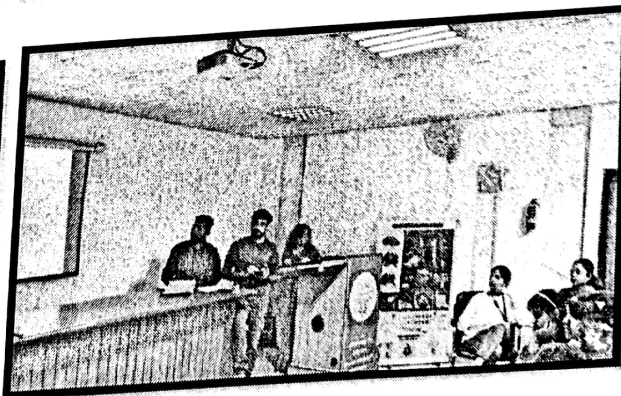
After the tea break we all went to the auditorium for the valedictory function.

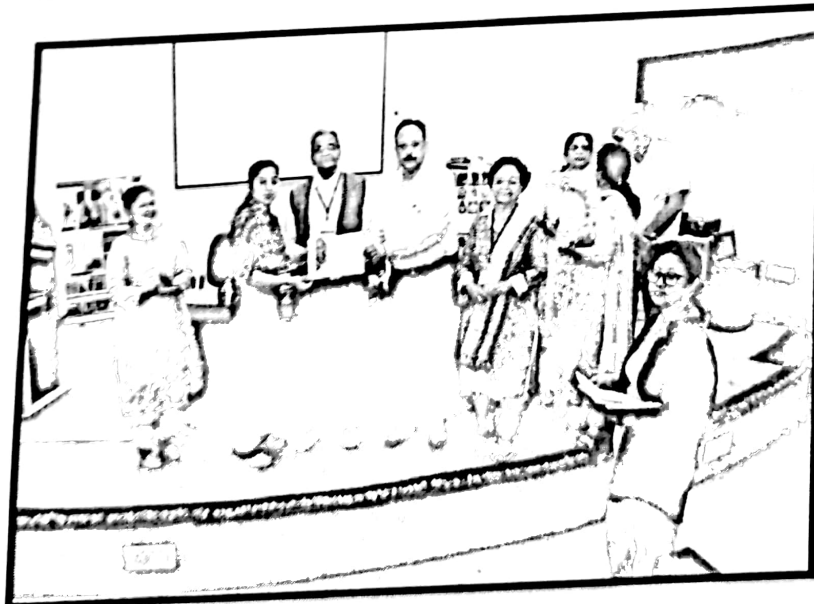
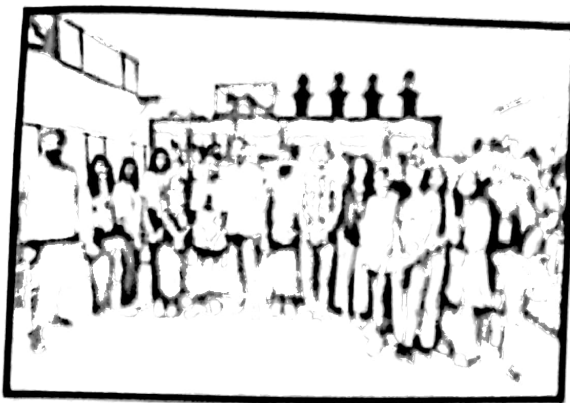
In that function all the main members were present, the students of zoology department and training program were there. When the function started small video was played which was made by the coordinators, in which they show a small journey of the workshop with us. It was such a beautiful video made by them.

In the end the gift ceremony was conducted in which they gave thank you gift to all the respected members who were involved in this program.

Then they gave certificate to the students of training program.

At the end they took a group photo for the memory.





International Yoga Day celebration by NSS Unit of Eternal University

In the backdrop of stressing on the physical, mental and spiritual well-being of faculty & staff, the NSS Department of Eternal University, led the celebrations for International Yoga Day, at the campus on June 21, 2019.

A practice session and demonstration was organized by Ms. Meena Kumari. The session witnessed a huge turnout with Deans and Directors of various departments taking the lead to inspire faculty, support staff and security to join in. The event was attended by more than 50 NSS volunteers, staff and faculty members of Eternal University, Baru Sahib.

Dr. Jaswant Singh, Programme Co-ordinator delivered a lecture on “the importance of Yoga”. Dr. B.S.Boparai addressed the assembly. Er. Anita Chaudhary, Programme Officer presented the vote of Thanks. The participants were also explained the benefits of each asana while experts demonstrated them.







Best Regards,

Anita Chaudhary

NSS Programme Officer

Eternal University, Baru Sahib (H.P.)



Dr. Yogeeta Thakur <dryogeetathakur@eternaluniversity.edu.in>

3 days Skill development Workshop under RUSA on Increasing Need of Honey Bee Keeping as a Self-Employment Opportunity from March 14-16, 2023

2 messages

zoologychair <zoologychair@pu.ac.in>

Thu, Mar 2, 2023 at 4:49 PM

Respected Sir/Madam,

Greetings!

The Department is organising 3 Days Skill Development Workshop under the aegis of Rashtriya Uchchatar Shiksha Abhiyan (RUSA) on title INCREASING NEED OF HONEY BEE KEEPING AS A SELF-EMPLOYMENT OPPORTUNITY from March 14-16, 2023 in Department of Zoology, Panjab University, Chandigarh.

You are requested to kindly go through the attached brochure and nominate one candidate from your University/Institute/college etc.

With sincere regards

Dr. Yogesh K. Rawal
Chairman
Department of Zoology
Panjab University
Chandigarh-160 014
Contact No.:+91-9876096196

SKILL DEVELOPEMENT WORKSHOP on Honey bee keeping under RUSA (March 14-16, 2023).pdf
2056K

Dr. Yogeeta Thakur <dryogeetathakur@eternaluniversity.edu.in>

Fri, Mar 3, 2023 at 5:48 PM

To: zoologychair <zoologychair@pu.ac.in>

Cc: "Dr. Khem Singh Gill Akal College of Agriculture" <aca@eternaluniversity.edu.in>, Satish Sharma <sksciah2014@gmail.com>, VC Office <contact@eternaluniversity.edu.in>, Pro Vice Chancellor <pvc@eternaluniversity.edu.in>

Respected Sir

The final year students of B. Sc.(Hons) Agriculture study a practical subject of Commercial Beekeeping. Fifteen students opted for this subject, out of them two students (Sakshi Thakur and Saloni Setia) are hereby nominated for the same. The forms are enclosed herewith as an attachment.

If some seats will be vacant please allow us to send two more students.


With regards
Dr. Yogeeta Thakur
Associate Professor cum Dean Student Welfare
Eternal University, Baru Sahib
Rajgarh, Sirmour
Himachal Pradesh
India-173101
Contact No.- 9816400546

[Quoted text hidden]

2 attachments

Sakshi Thakur.pdf
1678K



 **Saloni Setia.pdf**
1005K



October 4, 2021

MONTHLY DEPARTMENTAL REPORT FOR IQAC CELL

ONE DAY (ONLINE) WORKSHOP ON BONSAI (Dated: 11-September-2021)

A one day (online) workshop on 'Bonsai' has been successfully conducted at the department of Botany, Eternal University, Baru-Sahib (H.P.) on Thursday (September 11, 2021). Invited resource person Professor Bhaskar Chaurasia (Department of Rural Technology and Social Development, Guru Ghasidas Central University, Bilaspur, Chhattisgarh) delivered theory and hand-on practical in two separate sessions on Bonsai. Participants (students, research scholars and faculty) from different universities and colleges (e.g. Punjab University Chandigarh, Punjabi University Patiala, KMV Jalandhar, SGGSWU, DAV Hoshiarpur, Eternal University, etc.) were benefited through this workshop. Professor Chaurasia enlightened the first session with theoretical concepts about the topic, its significance and benefits. In second session he practically make aware the participants with hand-on procedure in making bonsai and side-by-side discussed about the necessary precautions required during it. Workshop was organized by EU-Botanical Society, Department of Botany, Eternal University, Baru-Sahib (Himachal Pradesh) under the blessings of honourable Vice-chancellor Dr. Davinder Singh and leadership of Pro-vice-chancellor Prof. A.S. Ahluwalia. It was co-ordinated online by Dr P.K. Singh, and Ms. Pallavi at the Botany department, Eternal University, Baru-Sahib (H.P.).

ONE DAY (ONLINE) WORKSHOP
on
BONSAI
September 11, 2021
Time: 10:00 AM

Scan for registration:

OR

Click / copy the link:
<https://docs.google.com/forms/d/e/1FAIpQL5ctp14D39NLoYshS1ompELV87G04LeZXX5yerwd9TWkN63qA/viewform?vc=0&c=0&w=1&flr=0>

Scan for Google meet:

OR

Click / copy the link:
<https://meet.google.com/cww-fsbm-qxw>

RESOURCE PERSON

Dr. BHASKAR CHAURASIA
Department of Rural Technology & Social Development
GURU GHASIDAS CENTRAL UNIVERSITY,
BILASPUR (CHATTISGRH)

Organized By:
Department of Botany
Eternal University, Himachal Pradesh-173101

A Report on Skill Development on honey bee

Batch - 2019-2023



Report Submitted To – Dr. Yogeeta Thakur

(Course Coordinator – Dep't. Of Entomology).

Report Prepared By – Saloni Setia (BS19BSAG062)

B.Sc (hons) Agriculture 4th Year

**DR. KHEM SINGH GILL AKAL COLLEGE OF AGRICULTURE
ETERNAL UNIVERSITY, BARU SAHIB, SIRMOUR (H.P) – 173101.**

SKILL DEVELOPMENT WORKSHOP

PUNJAB UNIVERSITY

CHANDIGARH

ORGANIZED BY: DEPARTMENT OF ZOOLOGY.

Main objectives of the work shop:-

- Honey production
- Management against disease.
- Understanding honeybee life processes.
- Harvesting other honey bee products.
- Migration and multiplication of the colonies.
- Providing socio-economic and moral boost to the unemployed, thus improving the quality of life.

Learning outcomes of the workshop:-

- Visit the apiary.
- Working with live bee hives.
- Interaction with progressive bee keepers.
- Training and interaction with experts.

During this training period we interacted with PROF. NEELIMA R. KUMAR, PROF. RAM KUMAR and DR. ARCHANA CHAUHAN.

This training camp is sponsored by RUSA under SKILL DEVELOPMENT PROGRAM.

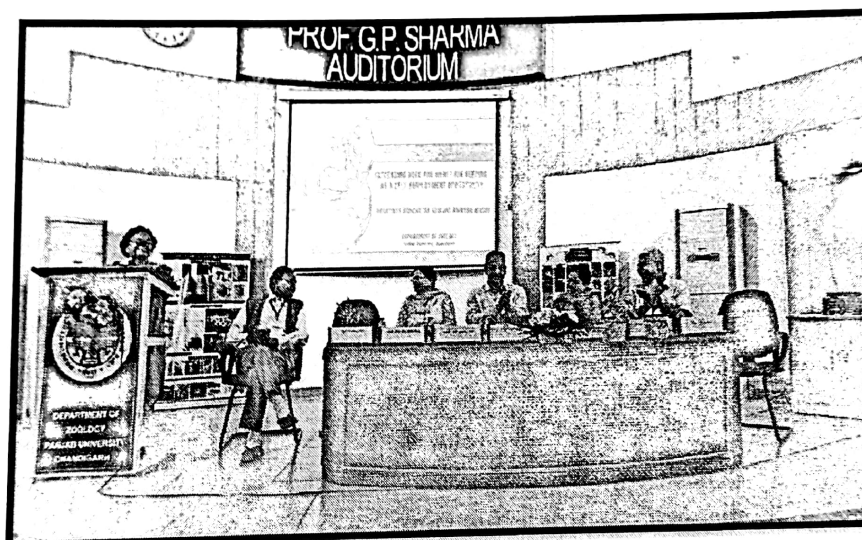
This training program was of 3 days (March 14-16, 2023).

DATE: 14/3/2023

On the first day of our training we reached to the DEPARTMENT OF ZOOLOGY at sharp 9.30 a.m. and got registered by the management members and they also gave us the study material with an identity card.

After registration they send us to the auditorium for the inaugural function which started at 10 a.m.





Technical first session was started at 11.30a.m to 5.15p.m.

Our lecture 1 was taken by Prof. Neelima R. Kumar. She gave us brief introduction about this training camp and about honey bee and bee keeping.

In this we learnt about the species of honey bee species and its castes, honey bee colony organization and development of modern bee keeping.

In lecture 2 Prof. Ram Kumar gave us some lecture on bee hives, tools and equipment, establishment of honey bee colony in bee hives. Colony behavior and apiary, site selection and maintenance. After all this session we visited to the lab in which we saw all the equipments related to beekeeping and gain knowledge about there working.

After lunch next lecture was on 2.30-4.30 p.m. which was practical and demonstration. In this we observed the working of the bees.

At last, we saw a film on beekeeping activity.



DATE: - 15/3/23

On 2nd day at 9.30-11.30 a.m. they gave use lecture on some other topic according to the schedule.

After lunch they took us to the apiary which was setup by them in the open area which was outside the campus.

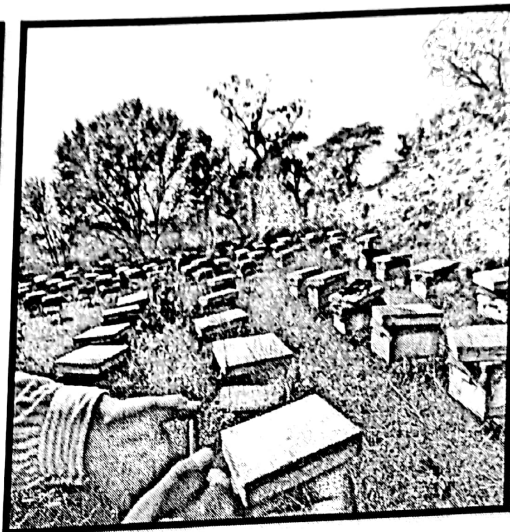
When we all reached there they made group of ten students and took us according to turn. They gave us hand gloves and bee veil for safety from bees.

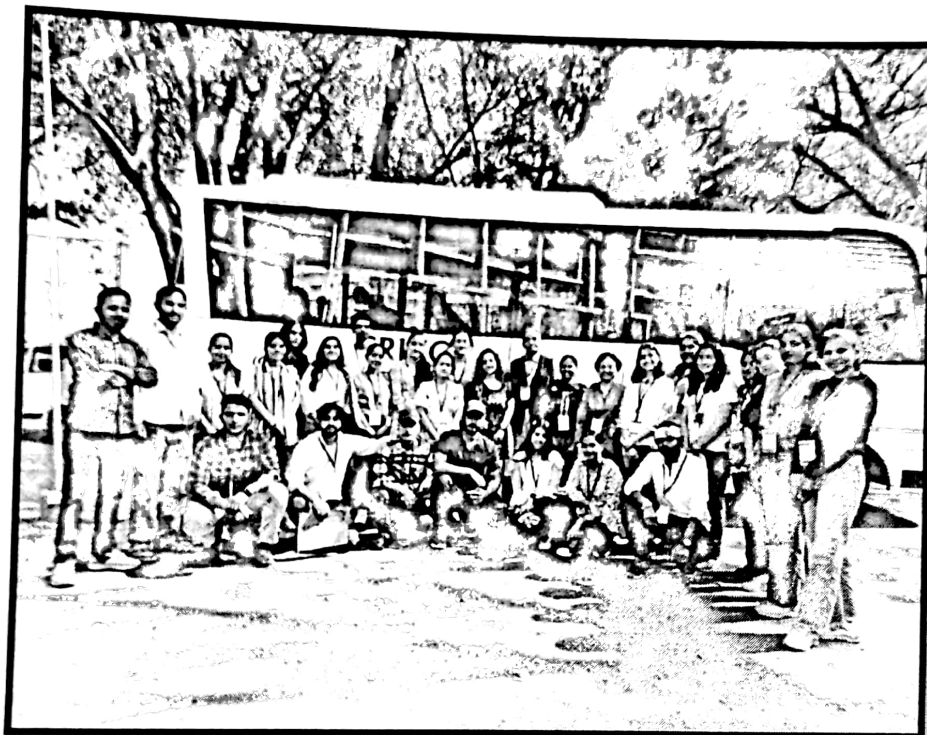
They also show us products like honey, pollen, propolis etc.

They gave us pollen to taste. The color of the pollens was multi colored because the nectar was collected from different flowers and different species.

For bee flora there were kikar trees around it, abundant in quantity.

At last they gave us some refreshment and bring us back to the campus.





DATE: - 16/3/23

This was the last day of the workshop and on this day there was a workshop quiz for all the students who were attending it. They just wanted to check the knowledge of the students that what we all learned from this workshop.

The quiz was played between five teams and all of us have to give the answer according to our turn but in the limited time of 30 second. At the end of the quiz winning team got the price also from the professors.

We all gave a feedback also regarding the workshop. We enjoyed a lot there.

Then we got a live demonstration that how to handle the bees. Then turn wise all students perform that same work on their own.

After the tea break we all went to the auditorium for the valedictory function.

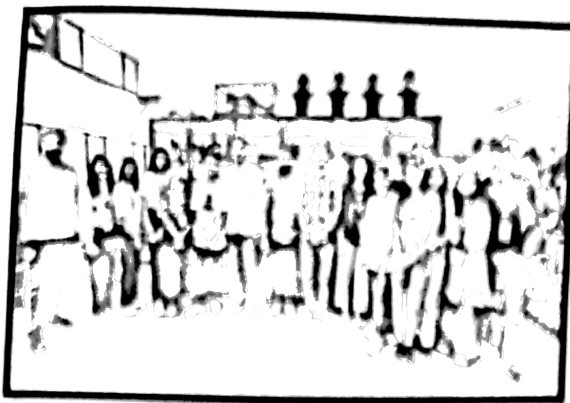
In that function all the main members were present, the students of zoology department and training program were there. When the function started small video was played which was made by the coordinators, in which they show a small journey of the workshop with us. It was such a beautiful video made by them.

In the end the gift ceremony was conducted in which they gave thank you gift to all the respected members who were involved in this program.

Then they gave certificate to the students of training program.

At the end they took a group photo for the memory.





INTERNAL QUALITY ASSURANCE CELL (IQAC) REPORT

EXTENSION ACTIVITY Month of SEPTEMBER – 2021

DATE: 1.09.2021

TIME: Morning Session at 10:30 am to 1:00pm

Afternoon: 4:00pm to 6:00 pm

VENU: Eternal University Auditorium

SPEAKER : Dr. Venkatesh Child Psychiatrist Akal Charitable Hospital

Name of the College	: AKAL COLLEGE OF NURSING COLLABRATION WITH AKAL CHARITABLE HOSPITAL
Name of Co-coordinator	:Dr. Anupama.k

Department	: NURSING (AKAL DEADDCICTION AND MENTAL HEALTH AND PSYCHIATRY NURSING)
Name Committee Member	: DR. ANUPAMA.K
Activities carried out*	:Details with number of participants and photographs
1.Active lecture cum discussion session .	<p>The goal of the program was to bring awareness regarding drug addiction.TheAwaernes program was conducted at Eternal University Auditorium on drug addiction, assessment and screeing. This awareness program was conducted for the students of B- Block and total number of students attended 224 Dr. Venkatesh Child Psychiatrist Akal Charitable Hospital started the session .</p> <p>TheAwaernes program began with introduction of the topic were introduced regarding drug addiction ,types of addciction Substance addiction (Alcohol, tobacco, opioids, cannabis etc.) and Behavioral addiction Behavioral addition like Gambling, internet, shopping, vedio game etc.). The problem associated with addiction is personal, family, financial, social, work related etc. And The tobacco was two types that is smoked form (Bidis, cigarettes, sigars, cheroots, chuttas, dhumti, pipe, hockah and Smokeless form (paan, chewing tobacco, snus, mainpuri tobacco). Nearly 267 million adults (15 years and above) in India (29% of the adults) are users of tobacco. When the person withdrawal the tobacco they having headaches, tremors, insomnia, increased appetite, decreased heart rate, anxiety or nervousness.</p> <p>Alcohol as the pattern of drinking that results in one or more of the situations. Incidence of Alcohol Dependence is 2% in India. 20 – 30 % of Subjects Aged Above 15years are Current Users of Alcohol,</p>

	<p>& Nearly 10% of them are Regular Or Excessive Users. 15 – 30 % Of Patients are Developing Alcohol – Related Problems & Seeking admission in Psychiatric Hospitals. Severe alcohol withdrawal timeline is Stage 1 for 8 hours without Alcohol, Stage 2 for 1-3 days without alcohol and Stage 3 for 3+days without alcohol.</p>
	<p>Cannabis is derived from hemp plant cannabis sativa. The dried leaves and flowering top are often referred to as GANJA or MARIJUANA.</p> <p>Bhang is a drink made from cannabis. It is either smokes or taken liquid form. Opioids. Opioids dried exudates obtained from unripe seed capsules of papaver somniferum. Approximately 2.6 crore people in India have used opioids. More then 60 lakh people in India suffer from Opioid disorders.</p> <p>And finally An active discussion was held. Each doubt of students was considered and discussed..</p>
	<p>Positive feedback was given by the students regarding understanding of topics</p>

Coordinator
DR. ANUPAMA.K



AKAL COLLEGE OF BASIC SCIENCES

DEPARTMENT OF MICROBIOLOGY

Details of the ongoing project of the department:

- **Project Name:** Skill Vigyan Program in Biotechnology
- **Funding Agency:** DBT, India
- **Implementing agency:** HIMCOSTE, Shimla
- **Implementing institution:** Eternal University, Baru Sahib (H.P.)
- **DBT sanction Order No:** STC/F(1)-1/19-DBT-VOL.II-957 dated 22/08/2019
- **Duration of the project:** 3 Years
- **Total cost of the project:** Rs. 27.30 Lakhs
- **Amount received (till date):** Rs. 9.10 Lakhs (received on 09/01/2021 as first grant)
- **Name and address of the program coordinator/PI:**

Dr. Nasib Singh

Program Coordinator- Skill Vigyan Program

Associate Professor

Department of Microbiology

Eternal University, Baru Sahib

Sirmaur-173101 (Himachal Pradesh)

Mob: 7307920510; Email: kamalgollen@gmail.com

- **Name of the Co-PI:** Dr. Deep Chandra Suyal, Assistant Professor
- **Training programs offered:** Quality Control Biologist and Lab Technician/Assistant
- **Details of first batch of Skill Vigyan Program:**

Starting date: 08/02/2021

Completion Date: 11/07/2021

S. No.	Course Code Prescribed by Sector Skill Council	Eligibility	Job Roles	Total number of students enrolled	Training Hours	National Occupation Standards
1.	Quality Control Biologist (LFS/Q2301)	B.Pharma/ B.Sc with Chemistry/ Biology/ Microbiology/ Biochemistry/ Biotechnology as major subject (Preferable) with minimum of 50% marks	Responsible for conducting qualitative and quantitative analysis to ensure specified quality of the manufactured products	15	107	LFS/N0101 LFS/N0103 LFS/N0302 LFS/N0314 LFS/N0320 LFS/N0338
2.	Lab Technician/Assistant (LFS/Q0509)	10+2 (in Science Stream)	Responsible for setting up the lab equipment and apparatus for smooth execution of experiments and tests.	13 (Initially 15 students were selected but later two students dropped out)	106	LFS/N0101 LFS/N0103 LFS/N0101 LFS/N0530 LFS/N0531 LFS/N0532 LFS/N0533 LFS/N0534 LFS/N0560

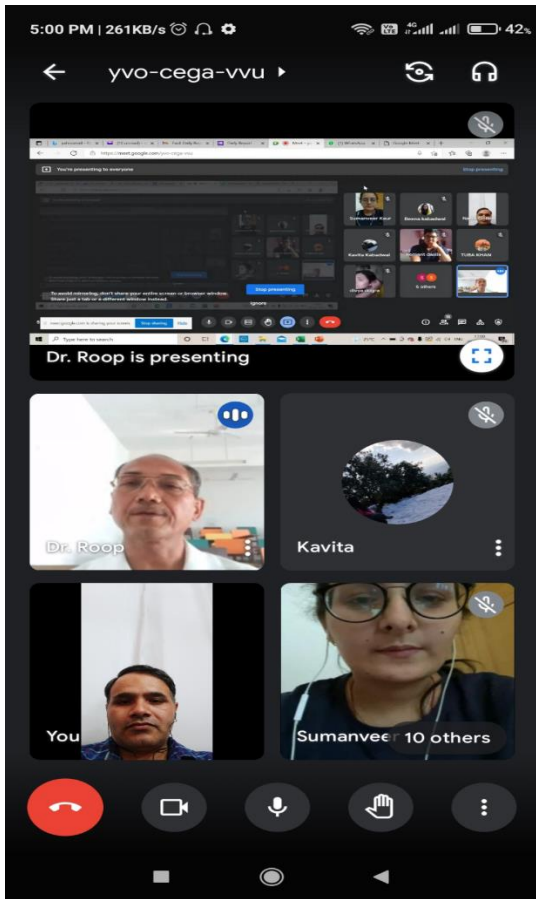
List of invited lectures/virtual sessions by faculty/experts

S. No.	Faculty/Expert	Tentative Title/topic	Date & Time
1.	Dr. Kamal Kishore Associate Professor Department of Chemistry	Preparation of chemical reagents, solutions, buffers and stains	29/06/2021 4:00 – 5:00 PM
2.	Dr. Kamal Kishore Associate Professor Department of Chemistry	Storage, labelling and use of hazardous chemicals in labs	29/06/2021 5:00 – 6:00 PM
3.	Dr. Manpreet Singh Assistant Professor Department of Chemistry	Chemical reactions setup, titration and end point analysis	30/06/2021 4:00 – 5:00 PM
4.	Dr. Pritesh Vyas Associate Professor & HOD Dept. of GPB & Biotechnology	Molecular biology techniques	02/07/2021 4:00 – 5:00 PM
5.	Er. Amit Sharma Assistant Professor Department of CSE	Computer system, hardware, software, data entry, storage and retrieval	03/07/2021 11:00 AM – 12 Noon
6.	Dr. R. S. Bora Associate Professor Dept. of GPB & Biotechnology	Concept of GLP, GMP and SOPs in pharmaceutical industries	06/07/2021 5:00 – 6:00 PM
7.	Dr. Ajar Nath Yadav Assistant Professor (Sr Scale) Dept. of GPB & Biotechnology	Pure culture techniques and phylogenetic analysis	09/07/2021 4:00 – 5:00 PM

Glimpses of online classes

This screenshot shows a Cisco Webex Meeting interface. At the top, there are menu options: File, Edit, Share, View, Audio & Video, Participant, Meeting, Breakout Sessions, and Help. The main area displays a grid of 15 video thumbnails. The first row contains five thumbnails, with the first one labeled 'Dr. Nasib Gollen (Host...)'. The second row contains five thumbnails, with the first one labeled '201757_chinmay maithani'. The third row contains five thumbnails, with the first one labeled 'Beant Kaur', the second one labeled 'Ankita', and the third one labeled 'Shweta Sharma'. Below the grid are controls for Mute, Stop video, Share, Record, and a red 'X' button. On the right side, there is a 'Participants (20)' list with a search bar and 20 names, each with a microphone icon and a red 'X' button. The names are: damini maithani, Divya Dogra, Gaurav Suyal, HEMANT DASILA, karishma chauhan, kavita kabadwal, Km. Tripati kumari, parul, Rajesh Kumar, Shweta Sharma, Sourabh Kumar Pandey, TANUJA KABADWAL, and Tuba Khan. At the bottom, there is a Windows taskbar with a search bar and system tray icons.

This screenshot shows a PowerPoint presentation titled 'GMP & cGMP Good Manufacturing Practices Current Good Manufacturing Practices'. The slide is part of a presentation for the 'DBT- SKILL VIGYAN PROGRAM - QC'. The slide content includes a list of 8 types of Good Manufacturing Practices: 1. GMP - (Good manufacturing Practice), 2. GCP - (Good Clinical Practice), 3. GLP - (Good Laboratory Practice), 4. GSP - (Good Storage Practice), 5. GQP - (Good Production practice), 6. GRP - (Good Review Practice), 7. GDocP - Good Documentation Practices, and 8. GRR - Good Record Keeping. The slide also features logos for GMP and cGMP, and a logo for Eternal University. The presenter's name and affiliation are listed at the bottom: 'Dr. Nasib Singh Gollen PhD (JNU-CDRI), Postdoc (USA) Associate Professor, Department of Microbiology Eternal University, Baru Sahib, Sirmour- 173101 (H. P.)'. The presentation is being shared from a Windows desktop, with a taskbar at the bottom showing the system tray and search bar. On the right side, there is a 'Participants (14)' list with a search bar and 14 names, each with a microphone icon and a red 'X' button. The names are: Beant kaur, Charvie Jethi, Divya Dogra, HEMANT DASILA, Parul Bali, Priyanka Gazta, Rajesh Kumar, Shweta Sharma, Sourabh Kumar Pandey, Sumanveer Kaur, Tanuja kabadwal, Tuba khan, and Upasana Gola. At the bottom, there are 'Mute all' and 'Unmute all' buttons.



इटरनल यूनिवर्सिटी को मिला बड़ा प्रोजेक्ट

राज्य स्तरीय प्रवेश परीक्षा के आधार पर मिलेगी एडमिशन

स्टाफ रिपोर्टर-राजगढ़

इटरनल यूनिवर्सिटी बडू साहिब को हिमाचल प्रदेश सरकार की तरफ से एक कौशल विकास परियोजना प्राप्त हुई है। 4.5 करोड़ रुपये की इस कौशल विकास परियोजना में प्रदेश के कुल आठ सर्वश्रेष्ठ अनुसंधान प्रयोगशालाओं और शैक्षणिक संस्थानों में इटरनल यूनिवर्सिटी बडू साहिब को भी चुना गया है। हालांकि यह परियोजना भारत सरकार की है, लेकिन हिमाचल में सरकार के उपक्रम, हिमकांस्टी की देखरेख में चलेगी। इस स्वीकृत परियोजना का मुख्य उद्देश्य जैव प्रौद्योगिकी के क्षेत्र में 12वीं व स्नातक विद्यार्थियों को जैव प्रौद्योगिकी के उपकरणों और तकनीकों का गुणवत्ता युक्त प्रशिक्षण प्रदान करना है। भारत सरकार के विज्ञान एवं प्रौद्योगिकी मंत्रालय के जैव प्रौद्योगिकी विभाग डीबीटी ने जैव प्रौद्योगिकी के विभिन्न क्षेत्रों में शिक्षित युवाओं को व्यावहारिक प्रशिक्षण प्रदान करने व गुणवत्ता शिक्षा उपलब्ध करवाने के उद्देश्य से कौशल विज्ञान कार्यक्रम शुरू किया है। हिमाचल प्रदेश देश में यह कार्यक्रम लागू करने वाले छह राज्यों में शामिल है। अन्य राज्यों में अरुणाचल प्रदेश, मेघालय, उड़ीसा, पंजाब और उत्तराखंड को इस कार्यक्रम के कार्यान्वयन के लिए



चुना गया है। हिमाचल प्रदेश विज्ञान, प्रौद्योगिकी एवं पर्यावरण परिषद के प्रयासों के फलस्वरूप हिमाचल प्रदेश पहले चरण में इस प्रतिष्ठित परियोजना को हासिल करने में सफल रहा है। संबंधित मंत्रालय के विभिन्न कार्यक्रमों को लागू करने के लिए परिषद केंद्र सरकार व राज्य सरकार के बीच एक महत्वपूर्ण कड़ी के रूप में काम कर रही है। राज्य में शैक्षणिक संस्थानों, अनुसंधान व विकास संगठनों और गैर सरकारी संगठनों, एनजीओ के सक्रिय सहयोग के माध्यम से विभिन्न कार्यों को लागू करने में परिषद का महत्वपूर्ण योगदान रहा है। संबद्ध संस्थानों में प्रयोगशाला तकनीशियन, सहायक प्रशिक्षण कार्यक्रम भी वर्ष में दो बार आयोजित किए जाएंगे। हिमालयन कौशल विकास केंद्र सिरमौर में उत्पादन, मशीन ऑपरेटर प्रशिक्षण कोर्स भी चलाया जाएगा और

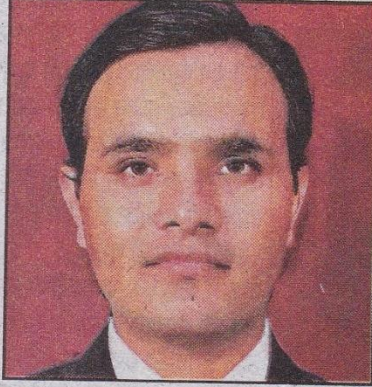
विभिन्न प्रशिक्षण कार्यक्रमों के लिए छात्रों को राज्य स्तरीय प्रवेश परीक्षा के आधार पर चुना जाएगा। अपनी योग्यता और रुचि के आधार पर आवेदक अपनी पसंद के अनुसार आवेदन में संस्थान का चुनाव कर सकते हैं। इन कौशल विकास कार्यक्रमों के माध्यम से छात्रों को जैव प्रौद्योगिकी के विभिन्न क्षेत्रों में प्रशिक्षण दिया जाएगा। बडू साहिब में इस कार्यक्रम के समन्वयक, एसोसिएट प्रोफेसर व विभागाध्यक्ष सूक्ष्म जीव विज्ञान डॉ. नसीब सिंह होंगे, जबकि बीएस बोपारा, कार्यक्रम को जरूरी निगरानी में होंगे। इटरनल यूनिवर्सिटी बडू साहिब के वाइस चांसलर डॉ. एचएस धालीवाल ने कहा कि सरकार द्वारा ऐसे कार्यक्रम समय-समय पर चलाने चाहिए, ताकि आम जनता इन कार्यक्रमों से लाभान्वित हो।



इटरनल यूनिवर्सिटी बडू साहिब में जैव प्रौद्योगिकी कौशल विकास योजना के पहले सत्र की शुरुआत

स्टाफ रिपोर्टर - राजगढ़

इटरनल यूनिवर्सिटी बडू साहिब में हिमाचल प्रदेश सरकार की तरफ से एक कौशल विकास परियोजना आगामी आठ फरवरी, 2021 से शुरू हो रही है, जिसके अंतर्गत पहले चरण में 30 विद्यार्थियों का चयन किया गया है। 15 छात्रों को गुणवत्ता नियंत्रण बायोलॉजिस्ट प्रोग्राम के तहत और 15 छात्रों को लैब तकनीशियन के तौर पर प्रशिक्षण दिया जाएगा। इन सभी विद्यार्थियों का चयन हिमकोस्ट द्वारा मैरिट के आधार पर किया गया है। 4.5 करोड़ की इस कौशल विकास परियोजना में प्रदेश के कुल आठ सर्वश्रेष्ठ अनुसंधान प्रयोगशालाओं और शैक्षणिक संस्थाओं में इटरनल यूनिवर्सिटी बडू साहिब को भी चुना गया है। हालांकि यह परियोजना भारत सरकार की है, लेकिन हिमाचल में सरकार के उपक्रम काष्ठी की देखरेख में चलेगी। इस स्वीकृत योजना का मुख्य उद्देश्य जैव प्रौद्योगिकी के क्षेत्र में 12वीं व स्नातक विद्यार्थियों का जैव



प्रौद्योगिकी के उपकरणों और तकनीकों का गुणवत्तायुक्त प्रशिक्षण प्रदान करना है। भारत सरकार के विज्ञान एवं प्रौद्योगिकी के जैव प्रौद्योगिकी विभाग डीबीटी ने जैव प्रौद्योगिकी के क्षेत्र में शिक्षित युवाओं को व्यवहारिक प्रशिक्षण प्रदान करने पर गुणवत्ता शिक्षा उपलब्ध करवाने के उद्देश्य से कौशल विकास विज्ञान कार्यक्रम शुरू किया है। इस कौशल विकास कार्यक्रमों के माध्यम से छात्रों को जैव प्रौद्योगिकी के विभिन्न क्षेत्रों में प्रशिक्षण दिया जाएगा। इस कार्यक्रम के समन्वयक इटरनल यूनिवर्सिटी के एसोसिएट

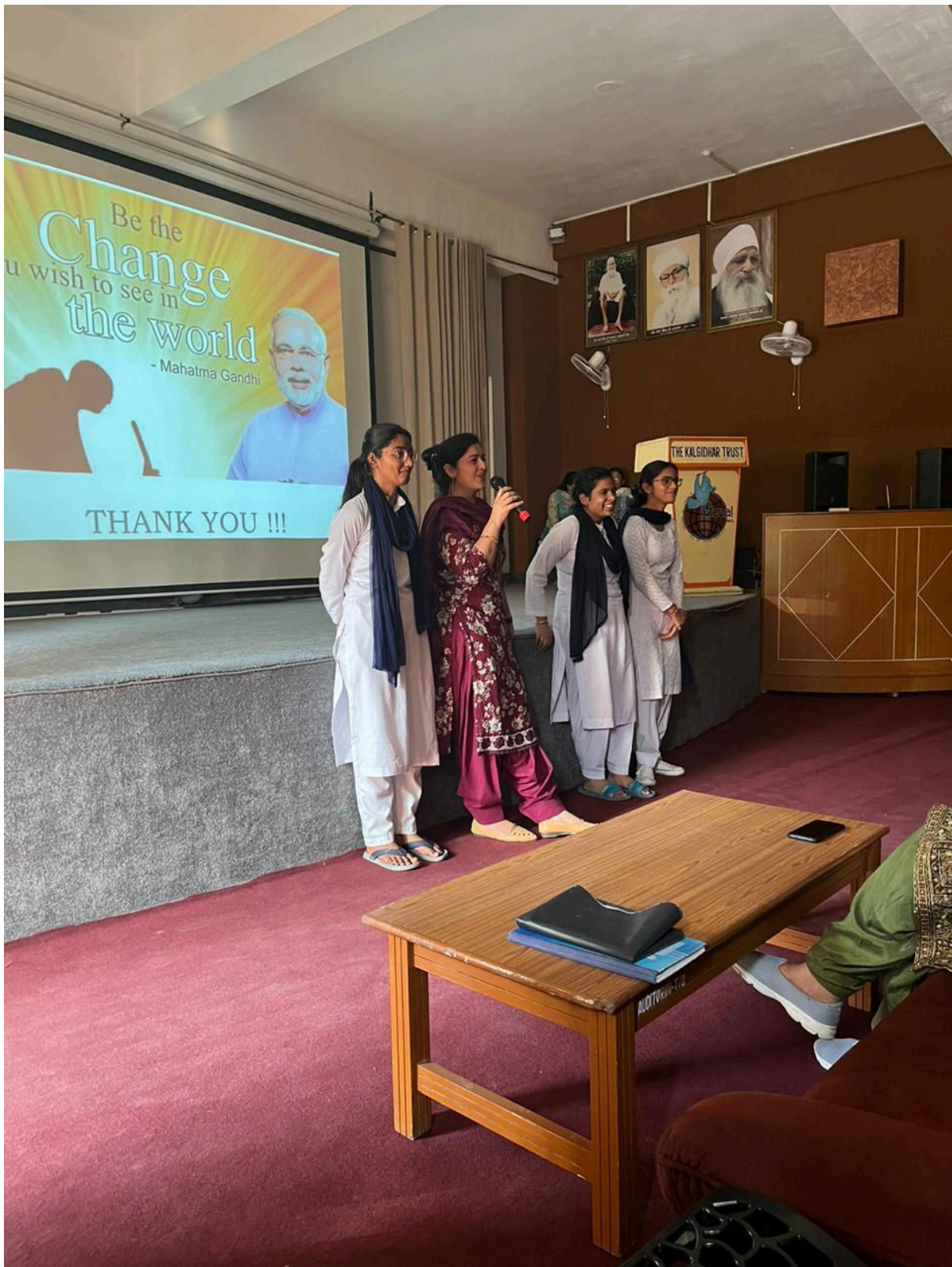
प्रोफेसर व विभाग के अध्यक्ष सूक्ष्म जीव विज्ञान नसीब सिंह होंगे, जबकि इटरनल यूनिवर्सिटी के प्रो. वाईस चांसलर डा. अमरीक सिंह आहलूवालिया कार्यक्रम की जरूरी निगरानी में होंगे। विश्वविद्यालय के वाईस चांसलर डा. दिवेंद्र सिंह ने कहा कि इस तरह के कार्यक्रम सरकार द्वारा समय-समय पर चलते रहने चाहिए, ताकि मेधावी छात्र-छात्राओं को इन कार्यक्रमों से लाभ मिल सके। साथ ही उन्होंने 30 चयनित विद्यार्थियों को शुभकामना दी और उनके उज्ज्वल भविष्य की कामना की।

Hand Wash Day under “Swachhata Hi Sewa” (27-09-2021)





**Personal Hygiene Day (Extension lecture) under
“Swachhata Hi Sewa” (27-09-2021)**







Eternal University
presents

Sustainability
Awareness Session by
#SaveSoil Volunteers
Isha Foundation

Date: 11th May 2022
Time: 11- 12 AM

Discover the Power of Youth to Save the world from Soil Extinction

<https://studentsforsoil.consciousplanet.org/>

Dr. Pranav Kumar is presenting

How to Start

When you become concerned about a student wellbeing, you may ask the following:

- Do you feel like your mood has changed lately?
- Have you been feeling sad in the last weeks?
- Have you felt an increase in stress lately?
- Have any stressful events happened recently in your life?
- Have you had thoughts of hurting yourself?
- Have you felt so bad that you have had thoughts of death or thoughts of suicide?

meet.google.com is sharing your screen. See details

Dr. Pranav Kumar

Shreya Thakur

65 others

You

People

Mute all Add people Host controls

Search for people

In call

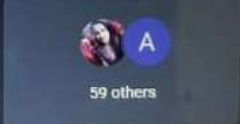
- Dr. Mohit Kumar (You) Meeting host
- Aakanksha
- Aastha Chauhan
- Aditi Mehta
- Akshita Sharma
- Anchal Chauhan

Dr. Pranav Kumar is presenting

Introduction

- More than 7,00,000 people around the world die from suicide every year. In India nearly one lakh lives are lost every year.
- Suicide is the second-leading cause of death in 15 to 29 year old globally.
- One in 10 college students has seriously considered suicide.
- Suicidal thoughts, making plans for suicide, and suicide attempts are higher among adults aged 18 to 25 than among adults over the age of 26.
- There are more than 1,000 suicides on college campuses every year.
- Men commit suicides than the women, but more women attempt suicide than men.

www.google.com/avd-jagu-prk/2024/08/08/10:00 AM [View history](#)



People

Mute all Add people Host controls

Search for people

In call

- Dr. Mohit Kumar (You) Meeting host
- Aakanksha
- Aastha Chauhan
- Aditi Mehta
- Akshita Sharma
- Anchal Chauhan



Dr. Pranav Kumar is presenting

Introduction

- More than 7,00,000 people around the world die from suicide every year. In India nearly one lakh lives are lost every year.
- Suicide is the second-leading cause of death in 15 to 29 year old globally.
- One in 10 college students has seriously considered suicide.
- Suicidal thoughts, making plans for suicide, and suicide attempts are higher among adults aged 18 to 25 than among adults over the age of 26.
- There are more than 1,000 suicides on college campuses every year.
- Men commit suicides than the women, but more women attempt suicide than men.

Ankita Chauhan has left the meeting



Dr. Pranav Kumar



Shreya Thakur



59 others



You

People

Mute all Add people Host controls

Search for people

- In call
- Dr. Mohit Kumar (You) Meeting host
 - Aakanksha
 - Aastha Chauhan
 - Aditi Mehta
 - Akshita Sharma
 - Anchal Chauhan







AKAL COLLEGE OF HEALTH & ALLIED SCIENCES



ETERNAL UNIVERSITY

Baru Sahib, Distt. Sirmour, H.P - 173101



REPORT ON

WORLD KIDNEY DAY



10 March 2022

Contact us at: 9816441158, 9805098716

Email: acn@barusahib.org

The Kalgidhar Trust- In service of humanity for the last three decades...!

Report Prepared By : Mr. Muthukumaran, Assistant Professor, ACN

dm
14/03/2022
Principal
Akal College of Nursing
Eternal University
Baru Sahib HP-173101

**AKAL COLLEGE OF HEALTH & ALLIED SCIENCES
ETERNAL UNIVERSITY**

Baru Sahib, District Sirmour, H.P.

INTRODUCTION:

Background of the World Kidney Day

World Kidney Day is a **global campaign** aimed at raising awareness of the importance of our kidneys. During this day we do it all to create awareness about preventive behaviours, risk factors and how to live with a kidney disease.

Akal College of Health and Allied Sciences has a wish to celebrate World Kidney Day at EU, which was discussed with Dr. Neelam Kaur, Senior Advisor, Health & Education, Kalgidhar Trust and Dr. Harpreet Kaur, Administrator, ACH&AS, with the immediate approval of the respected eminent people, committee was formed and all the members were started working tirelessly as a bees to successfully complete this event.

Committee Members :

1. Dr. Neelam Kaur, Senior Advisor, Health & Education, KT
2. Dr. Harpreet Kaur, Administrator, ACH&AS
3. Dr. Anupama. K, Principal, ACN
1. Dr. Narinder Pal Singh, Dean Research (Volunteer), EU
2. Mr. Muthukumaran, Assistant Professor, ACN
3. Dr. Shaveta Menon, Assistant Professor, ACCPH&HA
4. Prof. Uma, Professor, ACN
5. Ms. Vidhi Paul, ACH
6. Mr. Aman, Librarian, Akal Academy
7. Dr. Jitin Kumar Nagpal, Assistant Professor, ACCPH&HA
8. Mr. Jegmohan Singh, Manager, Apple A Day.

MISSION:

Mission adopted from www.worldkidneyday.org “to raise awareness of the importance of our kidneys to our overall health and to reduce the frequency and impact of kidney disease and its associated health problems worldwide.”

OBJECTIVES :

- Raise awareness about our “amazing kidneys” Highlight that diabetes and high blood pressure are key risk factors for Kidney Disease.
- Encourage systematic screening of all patients with diabetes and hypertension for Chronic Kidney Disease (CKD).
- Encourage preventive behaviours.
- Educate and create awareness among all Adolescents, Adults, Elderly people of medical professionals, Non medical professional, Literate and non-literate about their key role in detecting and reducing the risk of CKD, particularly in high risk populations.
- Stress the important role of local and national health authorities in controlling the CKD epidemic.



TARGET GROUP:

- Open for all at Barusahib, Dist. Sirmaur, Himachal Pradesh.

It includes

- Adolescents,
- Adults,
- Elderly people
- Medical Professionals,
- Non medical professional,
- Literate and
- Non-literate
- Labourers
- People residing at Barusahib

PROGRAMME SCHEDULE:

AKAL COLLEGE OF HEALTH & ALLIED SCIENCES
ETERNAL UNIVERSITY
 Baru Sahib, Distt. Sirmour, Himachal Pradesh - 173101

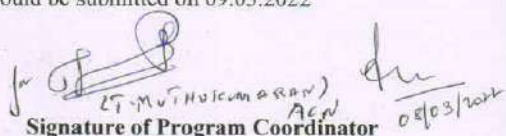
WORLD KIDNEY DAY - 2022
 Theme: "Kidney Health for All"

PROGRAM SCHEDULE

Date: 10.03.2022 **Time 09.00am – 06.00 pm**

Time	Events	Batch / Participants	Name of Presenter	Venue
09.00 to 10.00 am	Inauguration & Awareness Rally	All Students, Faculty & Staff	All Dignitaries	Campus
09.00 to 06.00 pm	Blood Pressure & Blood Glucose Monitoring			
10.00 to 11.00 am	Presentation - I	Academy Students (Boys)	MPH Student	Auditorium
11.00 to 12.00 pm	Presentation - II	Open for All	M.Sc.(N) Student	
12.00 to 01.00 pm	Presentation - III	Humanities Students (UG+PG)	MPH Student	
01.00 to 02.00 pm	Lunch Break			
02.00 to 03.00 pm	Presentation - IV	Academy Students (Girls)	MPH Student	Auditorium
03.00 to 04.00 pm	Presentation - V	B.Ed Students and Psychology & Music (UG +PG) Students	MPH Student	
04.00 to 05.00 pm	Evaluation of Poster Presentation			Gurdhas Hall

Note:
 Final Poster presentation/ e- Poster for competition should be submitted on 09.03.2022


Signature of Program Coordinator 08/03/2022

Lecture Presentation : How well you know your kidney?

AKAL COLLEGE OF HEALTH AND ALLIED SCIENCES

ETERNAL UNIVERSITY

Baru sahib, Distt.. Sirmaur , Himachal Pradesh -173101

WORLD KIDNEY DAY -2022

Program Schedule: Inauguration

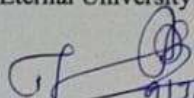
Time: 09.00am – 10.00 am

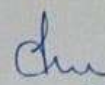
Date:10.03.2022

Venue: Campus, Eternal University

Welcome Address	Dr. Anupama K Principal, Akal College of Nursing Eternal University
Unfolding the Theme	Dr. Narinder Pal Singh Dean- Research (Volunteer) Eternal University
Felicitation	Dr. Neelam Kaur Dean, Akal College of Health & Allied Sciences, Eternal University Dr. Amrik Singh Ahuwalia, Pro Vice chancellor, Eternal University
“Safe Kidney” Book Release	All Dignitaries
Vote of Thanks	Dr. Shaveta Menon Assistant Professor, Centre for Public Health & Health care Administration Eternal University
Flag Wave off for Awareness Rally	All Dignitaries

Master of Ceremony : Prof. Uma, Akal College of Nursing, Eternal University


Programme Coordinator
(Sirmaur, Himachal Pradesh)
ACN


09/03/2022

AKAL COLLEGE OF HEALTH AND ALLIED SCIENCES
ETERNAL UNIVERSITY

Barusahib, Distt. Sirmaur, Himachal Pradesh, INDIA - 173101



Cordially invite you to the



10th March 2022

Theme:



Events :

- *Lecture on "How well you Know your Kidneys?"*
- *BP and Blood Sugar Testing - Camp approach*
- *Awareness Rally*
- *Poster Competition*
- *Street Play*

QR Code to participate in the Event



AKAL COLLEGE OF HEALTH AND ALLIED SCIENCES
ETERNAL UNIVERSITY

Barusahib, Distt. Sirmaur, Himachal Pradesh, INDIA - 173101



Organising



10th March 2022

Poster Competiton

Preliminary Guidelines:

- Each participant can submit only 1 poster.
- Online registration is compulsory for each participant.
- The link for the registration is <https://forms.gle/ysgxUQadRdU5Evpz5>.
- The last date for the registration is 09th March 2022
- Size of the chart should not be more than 70 X 56 CM.

QR Code to participate in the Event



Judgement Criteria :

- Relevance to the theme
- Originality
- Artistic composition
- Creativity
- In accordance with the given instructions

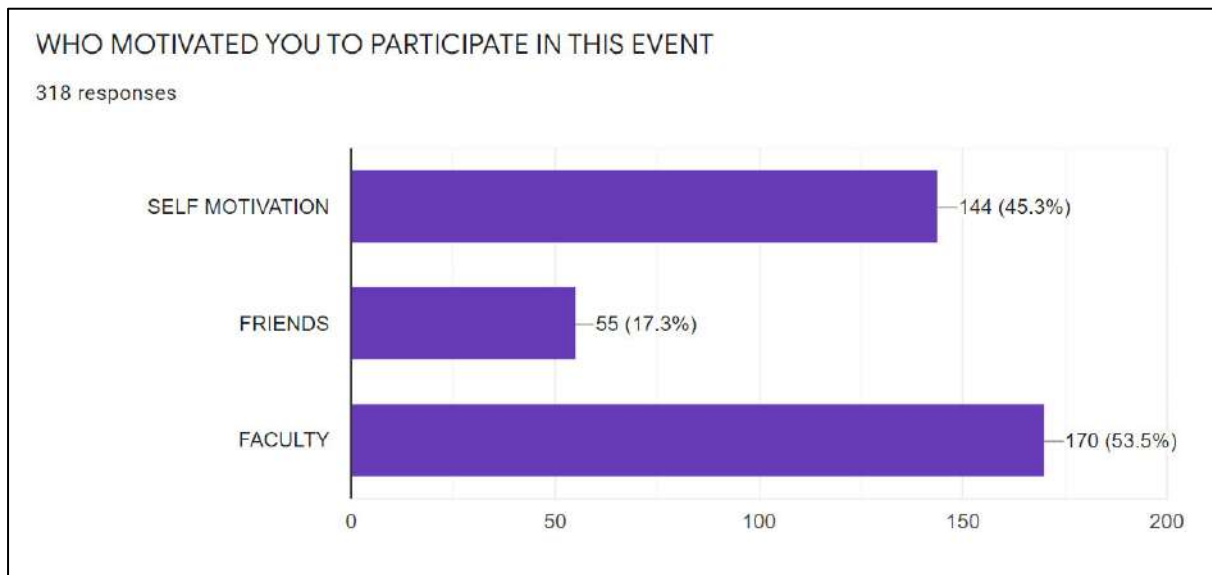
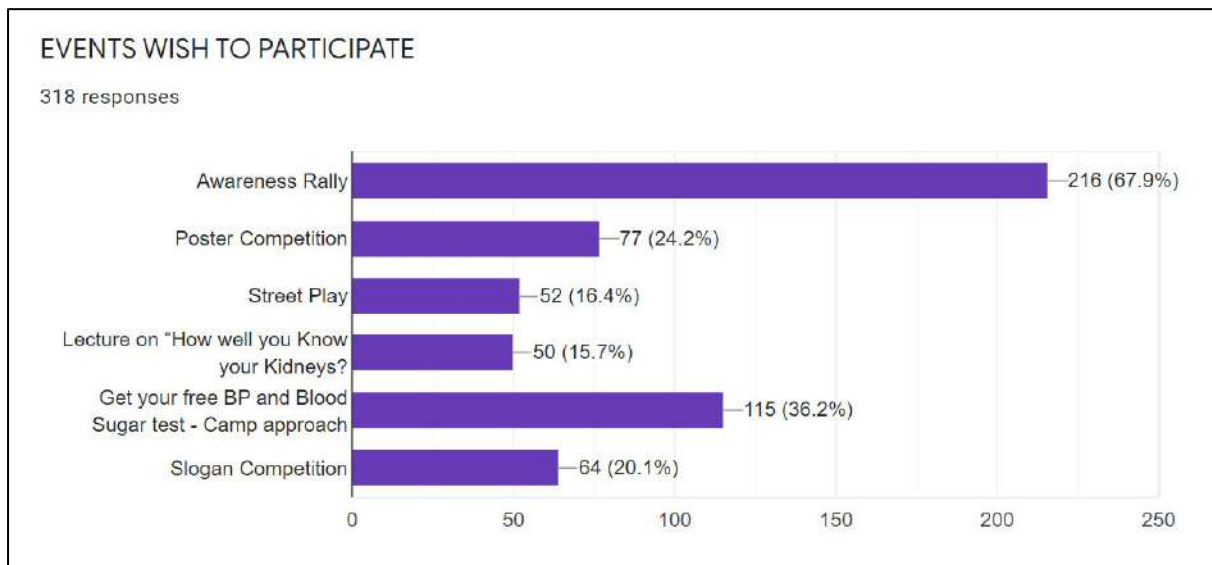


World Kidney Day 2022

REGISTRATION

For the registration to the World Kidney Day, the committee has developed an online registration form with the use of Google Form.

Total 318 members have registered earlier to participate in the event apart from the on the spot people who joined the day on 10/03/2022.



Events are planned at three places as follow

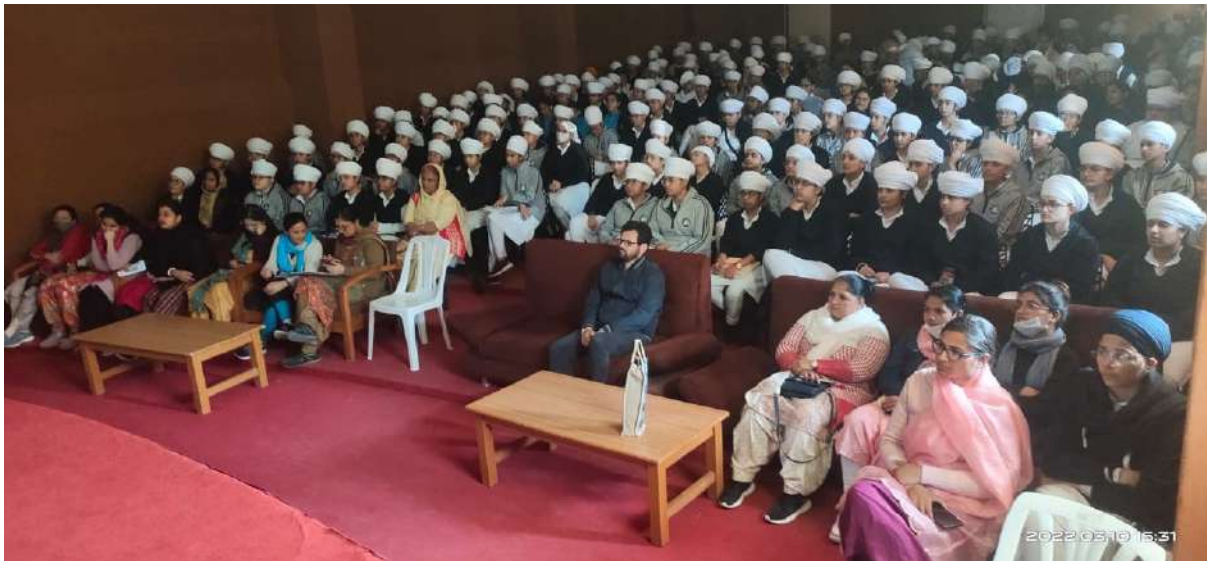
1. Barusahib – Eternal University
2. Shimla – IGMC&H and KNH
3. Amritsar – Trillium Mall

I. EVENTS AT BARUSAHIB

Arrangement Committee:

On 10.03.2022 after getting the suggestion from the respected **Dr. Harpreet Kaur**, administrator the arrangements were made as follows :-

1. Venue for Inauguration was done at in front of University and arrangement for presentation was done in the auditorium of Eternal University. It has included seating arrangement etc.
2. For Lecture presentation on **How well you know your kidney?** Arranged at Auditorium, EU.
3. All arrangements were done through proper channel of communication via email to VC office.(contact@eternaluniversity.org)
4. For arrangement of snacks for tea break, Head of food department was contacted telephonically and informed via email for necessary arrangements.
5. All the members has cooperated for successful completion of the event.



INAGURATION

On 10/03/2022 the inauguration of World Kidney Day was started at 9.00 am Mrs. Uma, Professor, HOD Department of Medical and Surgical Nursing, hosted a Master of Ceremony.

Welcome note was given by Dr. Anupama. K, Ph.D (N), Principal, Akal College Of Nursing.



Dr. Narinder Pal Singh, Dean Research (Volunteer), Eternal University, unfolded the Theme on World Kidney Day.



Dr. Neelam Kaur, Senior Advisor, Health and Education, Kalgidhar Trust, her divine personality and simplicity always keep influencing us. She made everyone realized the importance of World Kidney Day Celebration for bringing the future generation with good health.

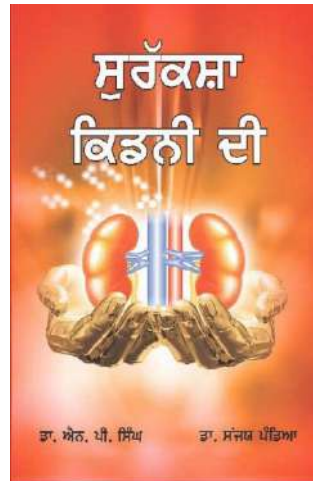


Dr. Amrik Singh Ahluwalia, Pro Vice Chancellor, Eternal University who stressed great importance on innovative ideas can be brought by conducting these type of events to create awareness among the public.



BOOK RELEASE: Punjabi Book on “SAFETY KIDNEY”

All Dignitaries on the program are joined together to released the Book of “**Safety Kidney**” which is authored by **Dr. Narinder Pal Singh, Dean Research (Volunteer), EU.** It is available for the Public to access free download from www.KidneyEducation.com



AWARENESS RALLY

At 9.30 am awareness rally was commenced from Eternal University. Rally took the march through Bhai Gurdaas Hall, New Girls Hostel, Akal Academy, Gurdwara, Nurses Hostel, Sangat Building, IB School and same way return back to Eternal University. Students were created public awareness by using various Placard and Slogans.









STREET PLAY

Street play was performed by the students regarding Human Kidney – Importance, Risk factors, prevention and treatment. B.Sc.Psychology and M.Sc. Psychology students, Akal College of Arts and Social Sciences have performed in regional language.



LECTURE PRESENTATION

Lecture Presentation on **How well you know your kidney?** Was conducted for the different group of people in respective time schedule.

Session 1 : Akal Academy Secondary and Higher Secondary Boys – 96 members



Session 2: Open for All at Barusahib (Students, Labourers & Staffs) – 120 members



Session 3: For Humanities students UG & PG - 138 students



Session 4: Akal Academy Secondary and Higher Secondary Girls & B.Ed students – 170 members



BLOOD SUGAR AND BLOOD PRESSURE MONITORING

Medical camp was organized during the World Kidney Day in view of screening and monitoring the Blood Glucose and Blood Pressure among the people residing at Barusahib.

Three different locations canopy was placed, Blood Glucose and Blood Pressure was monitored for all the people on voluntary basis. People are shown more enthusiasm to check their BP & Blood Sugar. Staff Nurse form Akal Charitable Hospital were involved for the clinical parameter monitoring including BMI and MPH students were involved for the basic History collection regarding the History of Substance Abuse, Cardio Vascular Diseases, Chronic Kidney Diseases and Diabetes.

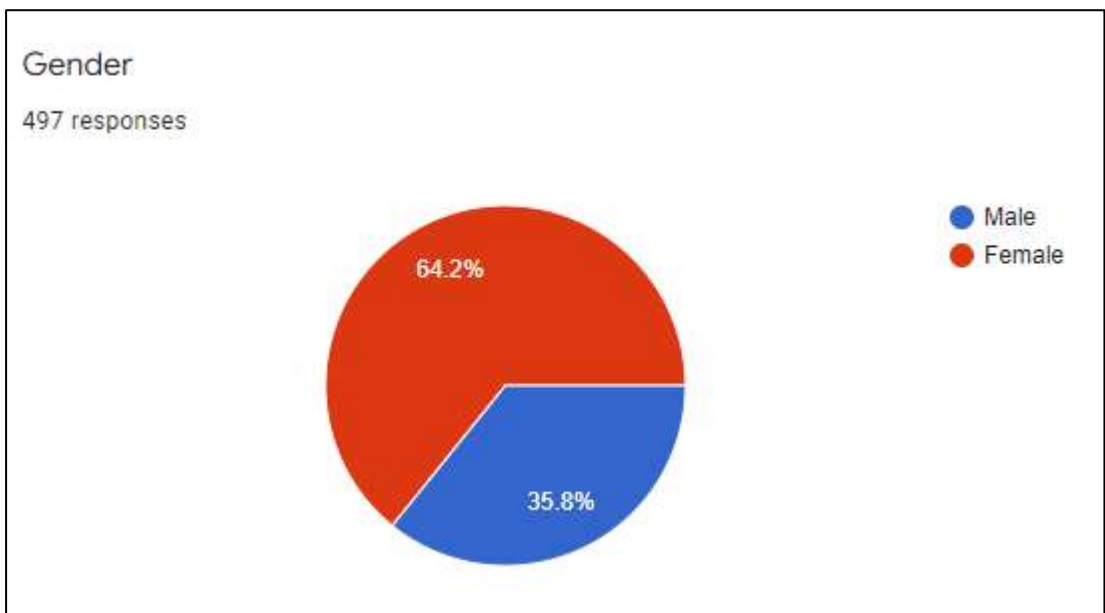




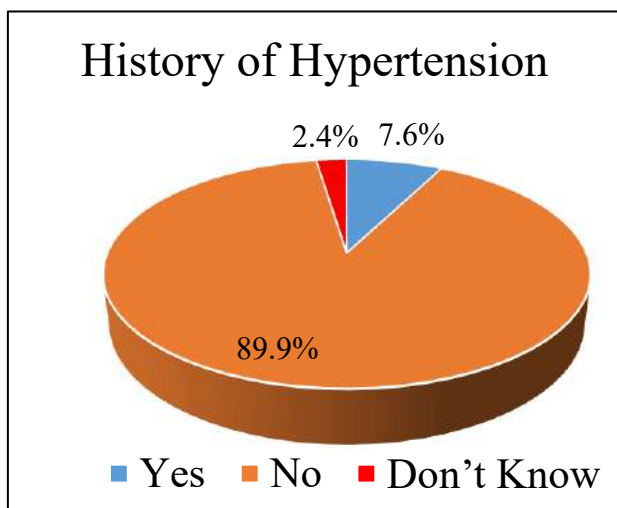
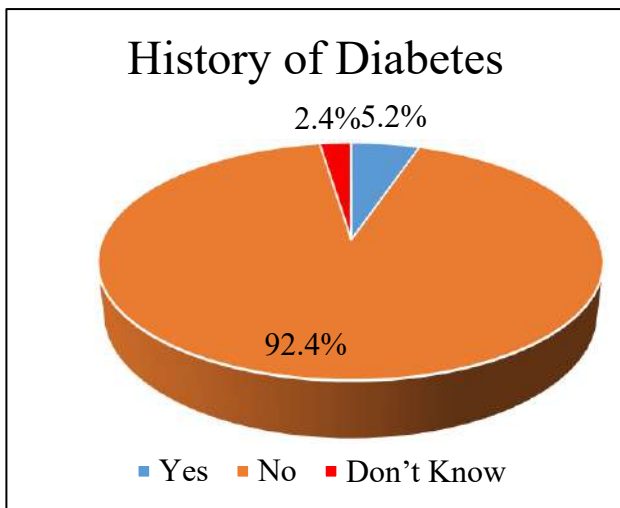




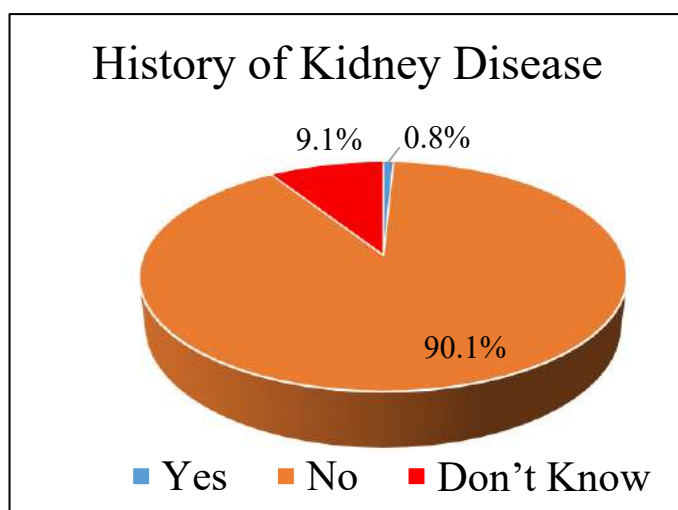
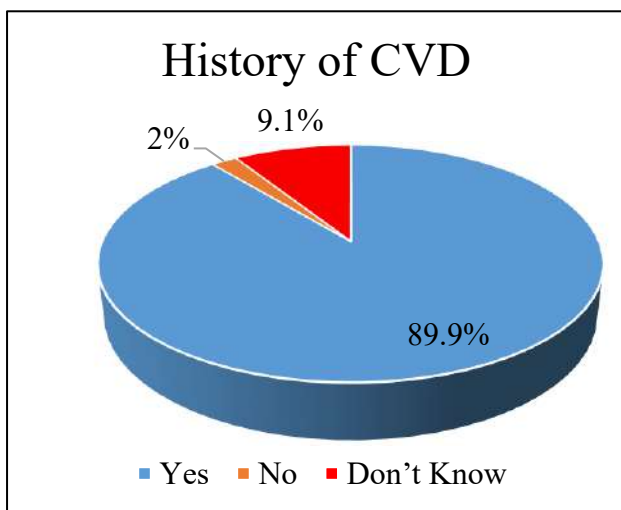
Total number of Beneficiaries 497 members as on 11/03/2022.



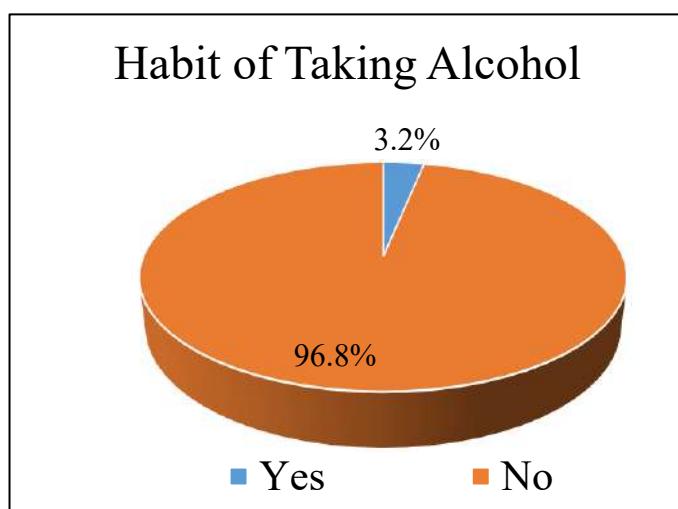
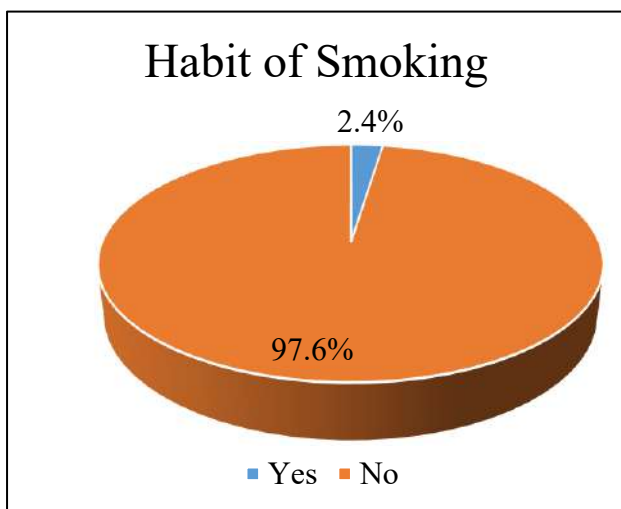
N = 497



N = 497



N = 497



EVENTS AT SHIMLA – IGMC&H

Akal College of Nursing, B.Sc.(N) 2nd year students and faculty have organized World Kidney Celebration at IGMC&H, Shimla. In this regard permission was obtained from the Nursing superintendent.

In two areas i.e OPD near emergency department and Nephrology unit. Nursing Superintendent Mrs. Premlata, HOD of Nephrology department Dr. Ashish, Ward sister Mrs. Promil and staff nurses Mrs. Bhavna, Mrs. Sarika, Ms. Ayushi and Ms. Jyoti were participated and motivated the students.

Health education was given through Skit, Posters exhibition, Health Talk by M.Sc. (N) 2nd year and B.Sc. (N) year 2nd year along with teachers Mrs. Babita kumari and Ms. Lovpreet Kaur. The queries of patients was cleared by the students as well as teachers.



Faculty Organizers:

Mrs. Babita kumari, Assistant Professor, ACN

Mrs. Lovpreet Kaur, Nursing Tutor, ACN



EVENTS AT SHIMLA – KAMAL NEHRU HOSPITAL (KNH)

Akal College of Nursing, B.Sc.(N) 2nd year students and faculty have organized World Kidney Celebration at KNH, Shimla. In this regard permission was obtained from the Medical Superintendent.

Respected Dr. Ravinder S. Mokta, Medical Superintendent, Nursing Superintendent and All Matron ma'am were participated and motivated the students for the various performance to create awareness such as Skit, Posters exhibition, Health Talk among the public and nearly about 40 people were benefited out of it.



Faculty Organizers:

Mrs. Sameeksha, Nursing Tutor, ACN

Mrs. Chanchal Lata, Nursing Tutor, ACN

EVENTS AT AMRITSAR

World Kidney Day was celebrated in front of Trillium Mall, Amritsar in the public gathering from 5pm-6pm. B.Sc. Nursing 3rd year B.Sc. (N) students has performed street play and charts to aware the public regarding kidney problems, its prevention and kidney donation. 2nd year M.Sc.(N) & 3rd year B.Sc.(N) students were created awareness among around 50 members regarding Kidney health and prevention of disease.



SLOGAN COMPETITION:

Slogan Competition was organized on World Kidney Day for Nursing and MPH students. 30 students were participated enthusiastically, among them best Three were awarded on following criteria as follows:-

- i. Slogans should be Catchy
- ii. Relevance to theme
- iii. Originality & Creativity
- iv. Presentation
- v. Try to keep it short

Prize Winners :

- 1st Prize : Ms. Kanika Gautam, II Year MPH
- 2nd Prize : Ms. Abhya Sharma, I Year MPH
- 3rd Prize : Ms. Neeraj Kaleta, & Ms. Aditi Sharma, I Year B.Sc.(N)

POSTER COMPETITION:

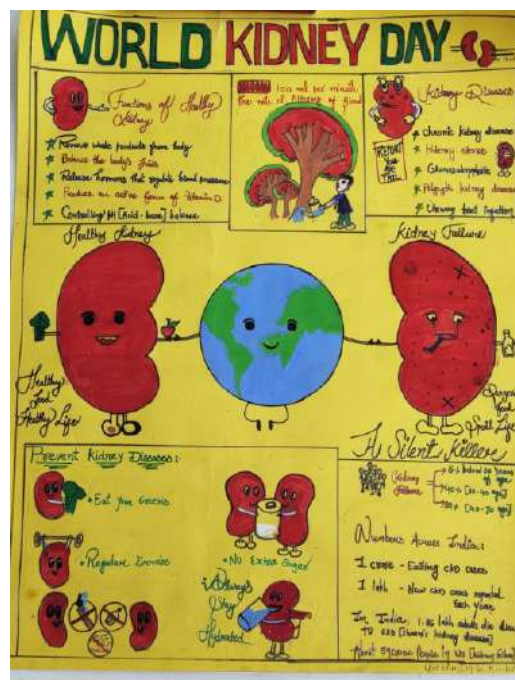
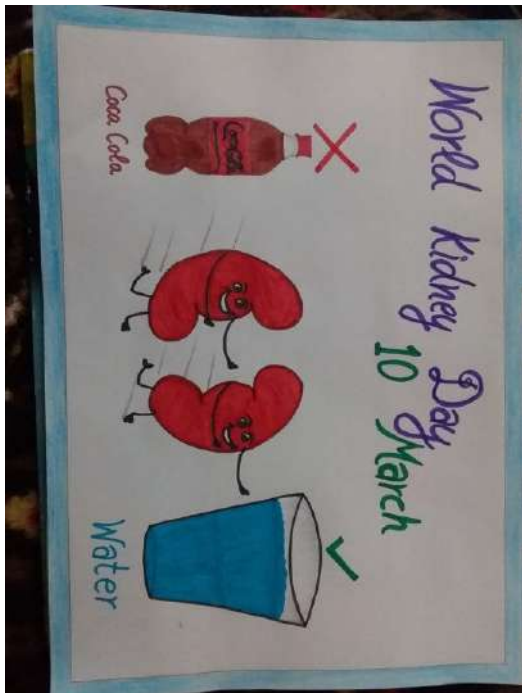
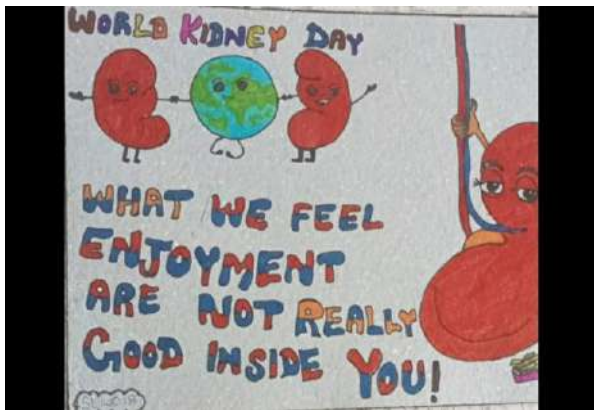
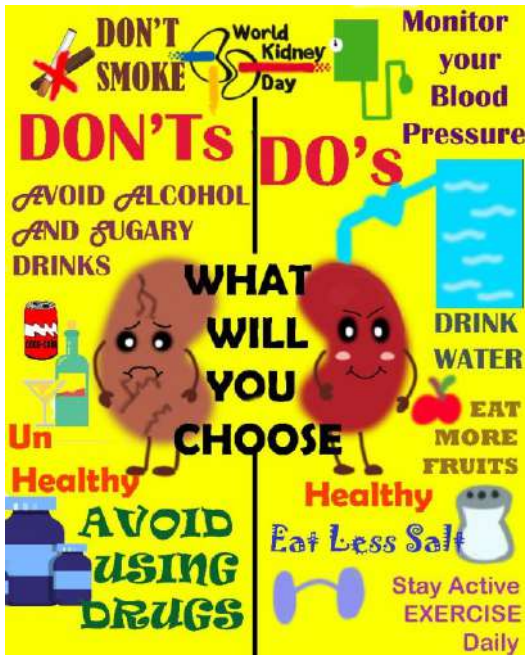
E-Poster Competition was organized on World Kidney Day 12 students were participated enthusiastically, among them best Three were awarded on following criteria as follows:-

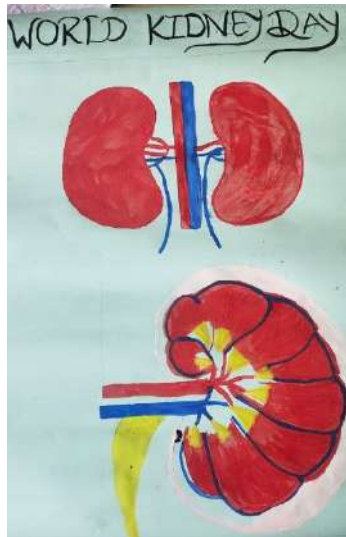
- i. Visual Appearance
- ii. Relevance to theme
- iii. Clear and Logical
- iv. Organization of Content
- v. Overall Quality

Prize Winners :

- 1st Prize : Ms. Rajdeep Kaur, II Year B.E, Akal College of Engineering
- 2nd Prize : Ms. Ujal Kaur, II Year M.Sc. Microbiology, ACBS
- 3rd Prize : Ms. Nikita Tomar, I Year B.Sc Psychology, ACA&SS

Glimpses of Posters





CONCLUSION: -

The program was much appreciated by everyone who witnessed the event and it was effective, doubts raised by the public were cleared. We got feedback from the public that the programme was good and more informative and created awareness.

We take this opportunity to thank Kalgidhar Trust for their support towards this Programme.

