

Criterion - 7

Institutional Values & Best Practices

NAAC – SSR (2nd Cycle)



ETERNAL UNIVERSITY

BARU SAHIB, SIRMOUR-173101
HIMACHAL PRADESH

7.1.1(2)

Co-curricular activities conducted by the University



ETERNAL UNIVERSITY

BARU SAHIB, SIRMOUR-173101
HIMACHAL PRADESH



Neelam Thakur <neelamthakur@eternaluniversity.edu.in>

Fwd: Women empowerment Programme

neelam <neelam.panwar2@gmail.com>
To: neelamthakur@eternaluniversity.edu.in

Wed, Mar 20, 2024 at 4:34 PM

----- Forwarded message -----

From: Sandeep Parmar <sandeeparmarbs01@gmail.com>

Date: Mon, 29 Apr, 2019, 4:07 pm

Subject: Women empowerment Programme

To: <drbsboparai1945@gmail.com>, <skchauhan1958@gmail.com>, <shantakaushalchauhan@gmail.com>, <skgurumehar@gmail.com>, <jt4103239@gmail.com>, <preetgagan893@gmail.com>, <kamla.mehta24@gmail.com>, <ravikappumon@gmail.com>, <jaikumarsharma1974@gmail.com>, <kajalchaudhary1980@gmail.com>, <hemantbhanawat@rediffmail.com>, <geekumari@gmail.com>, <dubey975@gmail.com>, <pritesh2010@gmail.com>, <ajarbiotech@gmail.com>, <sapnabiotech@gmail.com>, <imransheikh485@gmail.com>, <garima.354@gmail.com>, <sushsharma1987@gmail.com>, <adi.sunil@gmail.com>, <thakurento29@gmail.com>, <pratibha_nohra@yahoo.com>, <vikasraavat@gmail.com>, <virendrabhu.2009@gmail.com>, <gnjntiwari1@gmail.com>, <babitationiuhf@gmail.com>, <neerajvasistha@gmail.com>, <maheshagriengg@gmail.com>, <sbhatt3713@gmail.com>, <krishankumar02007@gmail.com>, <minaxi86sharma@gmail.com>, <shivk1999@gmail.com>, <tajendra.singh66198@gmail.com>, <deepaman17792@yahoo.com>, <purviluniyal@gmail.com>, <spksimar@gmail.com>, <rekha01972@gmail.com>, <kulbhushanenglishphd@yahoo.co.in>, <nishathakurshimla@gmail.com>, <dhillonkuljinder12@gmail.com>, <thirthankarc@gmail.com>, <simar1313@gmail.com>, <rajwinderts@gmail.com>, <gurtejdhindsa@gmail.com>, <muskan.m19@gmail.com>, <azadyashpsyd@gmail.com>, <anupam_saigal@rediffmail.com>, <mgmeenakshigupta76@gmail.com>, <p.cuhp2012@gmail.com>, <rupinderkaur0145@gmail.com>, <shilpirana09@gmail.com>, <sudhakar.panday@gmail.com>, <dileepsharma28@gmail.com>, <abbhi2004@yahoo.com>, <aaditisharma@gmail.com>, <dhawan_deor@yahoo.co.in>, <thakur.rajeev.1984@gmail.com>, <omprakash.geu@gmail.com>, <ravinderjitsingh66@gmail.com>, <chamanlal1975@gmail.com>, <pardeep13@yahoo.com>, <satinderjit_gill@gmail.com>, <amit.luckyfriends@gmail.com>, <preetsodhisodhipv@gmail.com>, <er.sahnusood@gmail.com>, <er.shanusood@gmail.com>, <karmjotkaur25@gmail.com>, <karansinghji@rediffmail.com>, <k_81kishore@yahoo.co.in>, <manpreetrisam19@gmail.com>, <anilthakur82@gmail.com>, <rshyam1273@gmail.com>, <puneetphymat@gmail.com>, <madan.physics26@gmail.com>, <prashant007thakur@gmail.com>, <shwetathakur1323@gmail.com>, <manpreetpannu938@gmail.com>, <drsandipangupta@gmail.com>, <surjan.singhbhu@gmail.com>, <subabbu16@gmail.com>, <alokmaths1234@gmail.com>, <slakhwindersingh2@gmail.com>, Dr. Vivek Sharma <vivek03sharma@rediffmail.com>, <devsrivastv@gmail.com>, <singhpk@hotmail.co.in>, <gilljasvir826@gmail.com>, <puneshsangwan@gmail.com>, <kamalgollen@gmail.com>, <poonamshrm98@gmail.com>, <neelam.panwar2@gmail.com>, <balbindersinghhpu2@gmail.com>, <chandeljsh@gmail.com>, <raniobhatia@gmail.com>, <ekamreet13@gmail.com>, <varshamidha55@gmail.com>, <singhsatwant1984@gmail.com>, <pardeepkumar.r7@gmail.com>, <ranjithkour21@gmail.com>, <drnlg.sml@gmail.com>, <gkaur15@gmail.com>, <preetn9@gmail.com>, <baldev.sohal@gmail.com>, <harpreet.barusahib@gmail.com>, <amarbhatti51@yahoo.ca>, <aman@eternaluniversity.edu.in>, <bansa50@gmail.com>, <nobi.ss55@gmail.com>, <rajesh.dhiman79@gmail.com>, <hardeepfzr11@gmail.com>, <simar.nn55@gmail.com>, <jasmeet81@hotmail.com>, <poojadhiman107@gmail.com>, <singh003kuldeep@gmail.com>, <anitachaudhary111@gmail.com>, <singhamritpal1433@gmail.com>, <kiran.arch22@gmail.com>, <anupthakur67@gmail.com>, <majotraajay6@gmail.com>, <pinkysamal@gmail.com>, <pardeeps259@gmail.com>, <contact@eternaluniversity.edu.in>

Sir/Mam,

Kindly be informed that University is organizing with Amar Ujala news paper "Aparajita 100 Million Smile" programme on 2nd May, 2019 at University Auditorium at 11:00 AM. The programme will be addressed by Dy.SP Shri Dushyant Sarpal of Rajgarh. They will be addressing to the students and faculty about women empowerment, rights and issues. Participation of all the faculty and students in the programme is mandatory.

Thank you,

(Dr. B.S. Boparai)
Dean - Academics



Ruby Ahluwalia
Founder
Sanjeevani LBC



#CancerFreeIndia

SANJEEVANI LIFE BEYOND CANCER IN COLLABORATION WITH DEPARTMENT OF ZOOLOGY AKAL COLLEGE OF BASIC SCIENCES, ETERNAL UNIVERSITY BARU SAHIB (HP) ORGANISES A WEBINAR ON CANCER PREVENTION AND HEALTHY LIFESTYLE!



Dr. Amrik Singh Ahluwalia
Prof. & Pro Vice Chancellor
Eternal University Baru
Sahib. (HP)



NOVEMBER- 28 - 04:00 PM
JOIN US ON ZOOM
Meeting ID: 936 8745 5516
Passcode: 939579



Dr. Neelam Thakur
Department of Zoology
Akai college of Basic
Sciences,
Eternal University Baru
Sahib. (HP)



With Florina Singh
Speaker Sanjeevani
Life Beyond Cancer

Organised by Jisha
Sanjeevani
LBC Intern



*******Join the movement of making India Cancer Free*******

*** India to record an estimated 12% rise in cancer cases by 2025-
there will be about 13.9 lakhs cancer cases in 2020 which is likely to increase to 15.7 lakhs!***

3/20/24, 4:45 PM

Eternal University Mail - Fwd: Happy International Women Day



Neelam Thakur <neelamthakur@eternaluniversity.edu.in>

Fwd: Happy International Women Day

1 message

neelam <neelam.panwar2@gmail.com>
To: neelamthakur@eternaluniversity.edu.in

Wed, Mar 20, 2024 at 4:38 PM

----- Forwarded message -----

From: **VC Office** <contact@eternaluniversity.edu.in>

Date: Mon, 8 Mar, 2021, 10:27 am

Subject: Happy International Women Day

Respected Sir/Madam

🙏🙏🙏 *Wish you Happy International Women Day* 🙏🙏🙏

It was in 1977 that the UN started celebrating Women's Day on 8th March every year. Even in so-called developed countries, equal rights were not given to women. New Zealand was the first country to give voting rights to women on 19th September 1893; Britain gave right on 21 November 1918 and the USA on 18th August 1920.

Jagat Guru Baba Nanak in the 15th century advocated *Equality* to women.

ਸੇ ਕਿਉਂ ਮੰਦਾ ਆਖੀਐ ਜਿੱਤੇ ਜੰਮੈ ਰਾਜਾਨ

Gurus opposed Sati Pratha, parda, child marriage, female foeticide, and supported widow remarriage. At the same time, Guruji also stressed upon ethical behavior, high character, truthfulness, and contentment for all (Men & Women).

Guru Amardas Ji established 22 Manjis to propagate Sikhism; out of which command was given to women to head 4 Manjis. We must read the history of Great motivational Sikh women like Mata Khivi Ji, Mara Gujri Ji, Mai Bhago Ji, Maharani Jind Kaur, Mai Sada Kaur, and others. This will change our mindset.

Let us introspect: Are we following Guru's path? Instead of finding fault with others, we should start only from our own homes and become an example for others to follow.



With regards

Secretary
Vice-Chancellor
Eternal University

CIRCULAR External Inbox x

VC Office <contact@eternaluniversity.edu.in>

Aug 25, 2021, 1:01PM

to baldev.sohal, acbs, acecm, skchauhani1958, Dean, aca, nanusingh58, kthavamani75, dryogeeatathakur, Dean, acet, ace, S.C., AkalCollegeOf, balrajsingh, drjaikumarc, drshantaeco, drbaldevsinghagro, pritesh, krishan, secre

Respected Sir/Madam

I am directed by the competent authority that Mr. H.S. Cheema, Chairman- Cheema Boilers Ltd. along with Ms. Rajni is coming to visit our campus on August 25-26, 2021.

There will be distinguished lectures by Mr. Cheema and Ms. Rajni.

All the faculty/staff members and students are advised to attend the same.

Kindly convey the message to students also.

Schedule of the Event:

Date and Time: August 26, 2021, at 10:00 AM

Venue: Eternal University Auditorium

Thanking you

Secretary

Vice-Chancellor

Eternal University

VC Office <contact@eternaluniversity.edu.in>

to baldev.sohal, acbs, acecm, skchauhani1958, Dean, aca, nanusingh58, kthavamani75, dryogeeatathakur, Dean, acet, ace, S.C., AkalCollegeOf, balrajsingh, drjaikumarc, drsha

Respected Sir/Madam,

With reference to the earlier email sent in this context, I am directed by the competent authority that all the faculty and staff members should attend the lecture.

Attendance is compulsory.

Thanking you,

Secretary

Vice Chancellor

Eternal University

Reply

Reply all

Forward



Eternal University

(World peace through value-based education)

Ref. No: EU/VCO/95/(ii)

March 07, 2022

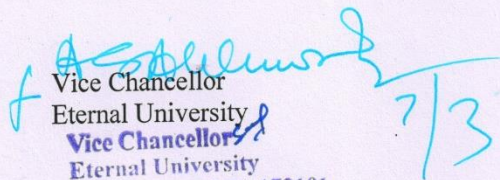
NOTICE

It is hereby intimated that the Eternal university will be celebrating the **International Women's Day** on **March 08, 2022, from 03:00 PM onwards**. On the above said occasion A webinar on the theme "Women empowerment in Academic World" on March 08, 2022, at 03:00 PM and a Rangoli and Mehndi Competition will be organised.

Faculty members are requested to motivate the students to participate in the above said competitions and submit their participation to their respective HoD. Thereafter the HoDs are requested to submit all the participations to VC office by March 08, 2022, noon.

The competitions shall start from 02:00 PM at the Bhai Gurdas Hall and the webinar will start at 03:00 PM at the University auditorium.

The best three entries will be awarded, and all the participants will get Certificate of Participation for each competition.


Vice Chancellor
Eternal University
Vice Chancellor
Eternal University
Baru Sahib (H.P.) 173101

Distribution:
All concerned
Office Copy

BARU SAHIB, VIA RAJGARH, DISTT: SIRMOUR, HIMACHAL PRADESH-173101(INDIA)
Tele: 01799-276012, Fax: 01799-276006, Mob. 9816400624
E-mail: contact@eternaluniversity.edu.in Web site: www.eternaluniversity.edu.in



Eternal University, Baru Sahib is Celebrating International Women's Day

Theme: Women Empowerment in Academic World

Date & Timing:

March 08, 2022, from 02:00 PM onwards

02:00 PM - Competition at Bhai Gurdas Hall

03:00 PM- Webinar at University Auditorium



Prof. Pam Rajput
Former Head,
Women Studies
Panjab University,
Chandigarh

Invited Speaker: Prof. Pam Rajput

Webinar Link: meet.google.com/kzf-aubu-oja



AKAL COLLEGE OF NURSING, ETERNAL UNIVERSITY

Barusahib, Distt. Sirmour, Himachal Pradesh, INDIA - 173101



World Breastfeeding Week Drawing & Poster Making Competition

Rules for Drawing & Poster Making Competition:

1. Each Participant can post only one Poster.
2. The Chart shall be given from Institute.
3. Poster can be made using Markers. Pencil, Crayon, Watercolour, Oil paint, Printed Pictures and Photographs.
4. Separate Evaluation for Drawing & Poster shall be done based on criteria.
5. A poster should be an Individual effort.
6. Cellphone use will be allowed.



Date : 05/08/2022 Time: 9.30am to 12.30pm



Free Entry for All Students



AKAL COLLEGE OF NURSING

ETERNAL UNIVERSITY

(UGC Recognized & NAAC Accredited)

Barusahib, Rajgarh, Distt. Sirmour, HP - 173101



SYMPOSIUM ON BREASTFEEDING: EDUCATE & SUPPORT



Inform

People about their role in strengthening the warm chain of support for breastfeeding



Anchor

Breastfeeding as part of good nutrition, food security and reduction of inequalities



Engage

With individuals and organisations along the warm chain of support for breastfeeding



Galvanise

Action on strengthening capacity of actors and systems for transformational change

6th August 2022
Saturday

9.45am to 1.00pm

SPEAKERS



Ms. PRETTY DEBBARMA

Lecturer,
Institute of Nursing Science,
Agartala, Tripura

Breast Feeding : Educate & Support



Ms. SHTAKSHI KOHLI

4th Year B.Sc.(N),
Akhal College of Nursing, EU

COVID'19 Positive Mother - Fear or Feed



Dr. RAJALAKSHMI. S

Principal,
Sri Lakshmi Narayana College of Nursing,
Puducherry

Breastfeeding in High-risk Infants



Dr. SIMARJEET KAUR

Assistant Professor, Institute of Nursing Education
& Research, AIIMS, Bathinda, Punjab

Protecting breastfeeding, restating the importance of shared responsibility by the Mother, Family, Community & Govt.



Dr. SHAVETA MENON

Assistant Professor
Akhal College of Health & Allied Sciences, EU
Himachal Pradesh

Historical perspectives of breastfeeding, connecting it to scientific, clinical findings and SDG



Ms. SHIVANGANA CHOUDHARY

1st Year M.Sc.(N),
Akhal College of Nursing, EU
Himachal Pradesh

Role of Nurse in Breastfeeding

MODERATOR



Mr. MUTHU KUMARAN

Assistant Professor
Akhal College of Nursing, EU
Himachal Pradesh

✉ acn@barusahib.org

📍 Auditorium, Eternal University,
Barusahib, Distt. Sirmour, HP

ETERNAL UNIVERSITY

(Recognized by UGC, AICTE, INC, NCTE, DSIC, DBT, DRDO, ICAR & NAAC Accredited)

Baru Sahib, Rajgarh, Distt. Sirmour, HP- 173101



Invites you for a Talk on

Recent Opportunities and Research Project Funding Agencies for Women in India

September 23, 2022

4.00 pm to 5.00 pm



Dr. Sushma Sharma
Assistant Professor & Head
Department of Plant Pathology
Eternal University

Organized by:

Sponsored Research and Industrial Consultancy (SRIC)



ETERNAL UNIVERSITY

(Recognized by UGC, AICTE, INC, NCTE, DSIC, DBT, DRDO, ICAR & NAAC Accredited)

Baru Sahib, Distt. Sirmour, Himachal Pradesh, INDIA - 173101

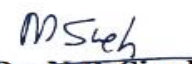
Certificate of Appreciation

Proudly Presented to

Dr. Sushma Sharma, Eternal University, Baru Sahib (H.P.)

**for delivering Talk on “Recent Opportunities and Research Project
Funding Agencies for Women in India” Organized by Committee
Constituted for Sponsored Research and Industrial Consultancy (SRIC),
Eternal University, Baru Sahib, Himachal Pradesh on 23/09/2022.**


Dr. Davinder Singh
Vice Chancellor, EU


Dr. N.P. Singh
Chairman, SRIC

Eternal University, Baru Sahib



**WORLD
INTELLECTUAL
PROPERTY
DAY** APRIL 26
2023

THEME

**Women and IP:
Accelerating
Innovation and
Creativity**

Institution's Innovation Council
Celebrating #WorldIPDay



WED- APRIL 26TH 2023

2:00 - 5:00 PM IST

SMART CLASS ROOM (LH-307)

आयोजन

इटरनल विश्वविद्यालय बड़ साहिब में विश्व बौद्धिक संपदा दिवस पर कार्यशाला, महिलाओं के सशक्तिकरण और युवा नवाचारों पर मंथन

सामाजिक विकास में महिलाओं की भागीदारी जरूरी

राजेश कगल-राजगढ़

इटरनल विश्वविद्यालय बड़ साहिब में विश्व बौद्धिक संपदा दिवस (विश्व बंधन निष्कर्ष दिवस) मनाया गया। महिलाएं और आईपी नवाचार और रचनात्मकता थीम पर आधारित इस कार्यक्रम में कार्यकारी वाइस चांसलर डा. एस अहलुवालिया ने अपने वक्तव्य में रचनाकारों, अभिनव, आविष्कारक और उद्यमियों की अहम भूमिका पर जोर दिया। विशेष रूप से सामाजिक विकास में महिलाएं इनोवेटर्स, जीवन की गुणवत्ता और नए तकनीकी नवाचारों को बढ़ाने। प्रो. संदीपन गुप्ता, डॉन एसीबीएस ने बौद्धिक संपत्तियों, महिलाओं के



सशक्तिकरण और युवा नवाचारों के लिए विभिन्न अवसरों पर अपना विचार साझा किया। आईआईसी के अध्यक्ष डा. नसीब सिंह ने विभिन्न दैनिक पेटेंट प्रौद्योगिकियों,

अविष्कार और पेटेंट फार्मा दवाओं के बारे में जानकारी प्रदान की जो हमारे दैनिक जीवन में आवश्यक उपयोग के बारे में है। डा. नीलम ठाकुर, डा. विवेक शर्मा और डा.

सपना ठाकुर ने आईपीआर के प्रकारों पर जानकारी साझा की। पेटेंट और अन्य बौद्धिक संपत्तियों और अनुसंधान वित्त पोषण के अवसर दोनों के लिए विशेष रूप से

महिलाओं के शोधकर्ताओं के लिए अनुसंधान के लिए। विश्वविद्यालय के सभी कालेजों के छात्रों ने बौद्धिक संपत्तियों से संबंधित बहस, चर्चा और प्रश्नोत्तरी में सक्रिय भाग लिया।

ईविक के उपाध्यक्ष डा. कृष्ण कुमार द्वारा धन्यवाद प्रस्ताव के साथ समाप्त हो गया। डा. कमल किशोर, डा. पुनीत नेगी, डा. दिवजोत कौर, डा. पूनम, डा. तर्जो पाल सिंह, डा. गगनप्रीत कौ बाली, डा. हेमंत दसीला, डा. नरेश कुमार, डा. अनिल कुमार, डा. प्रीती, सुश्री शिल्पा, शिलिप्रोत और उजलकौर इस अवसर पर विशेष तौर पर मौजूद थे (एचडीएम)

दिव्य हिमाचल-04-05-2023



ETERNAL UNIVERSITY INSTITUTION'S INNOVATION COUNCIL

Celebration of "World Intellectual Property Day"

Date: 26th April, 2023

Time: 2:00 - 5:00 PM

Venue: LH-307 (Smart classroom)

PROGRAMME SCHEDULE

2:00 PM	:	Welcome Address Dr. Nasib Singh (<i>President-IIC, Eternal University</i>)
2:15 PM	:	Opening Remarks Prof. Sandipan Gupta (<i>Dean, Akal College of Basic Sciences, Eternal Univ.</i>)
2:30 PM	:	Address by Chief Guest Prof. A. S. Ahluwalia (<i>Hon'ble Pro-Vice Chancellor, Eternal University</i>)
3:00 PM to 4:00 PM	:	Expert Talks on IPR Dr. Neelam Thakur (<i>HOD, Department of Zoology, Eternal University</i>) Dr. Vivek Sharma (<i>Assoc. Professor, Dept. of Botany, Eternal University</i>) Dr. Sapna Thakur (<i>Asst. Professor, Dept. of GPBB, Eternal University</i>)
4:00 PM	:	Debate/Discussion Opportunities for Women in Creativity, Innovation and IPR
4:30 PM	:	Quiz (MCQs based) on Intellectual Property Rights
4:50 PM	:	Vote of Thanks Dr. Krishan Kumar (<i>Vice-President-IIC, Eternal University</i>)



INVITATION

≡ International Women's Day ≡



AKAL COLLEGE OF NURSING, BARUSAHIB

CORDIALLY INVITE YOU TO THE
CELEBRATION OF

INTERNATIONAL
Women's Day
8 MARCH

AT 2PM-5PM ON TUESDAY MARCH 7 2023
AT EU, AUDITORIUM



DR. MEHMOODA REGU
PRINCIPAL



MS.MANISHA SEHGAL
NSS VOLUNTEER



AKAL COLLEGE ON NURSING, ETERNAL UNIVERSITY



**8TH MARCH WOMEN'S DAY
NSS ACTIVITY**

NSS VOLUNTEER: Ms MANISHA SEHGAL



THE THEME:-

“DIGIT ALL: INNOVATION AND TECHNOLOGY FOR GENDER EQUALITY”.

“Innovation and technological change, and education in the digital age for achieving gender equality and the empowerment of all women and girls”.

S.NO	ACTIVITIES	Date	Time	Venue
1.	Awareness on women rights	7/03/2023	2-5pm	Auditorium
2.	Beti Bachao Beti Padhao			
3.	Self-defense training for girls			