

# Criterion - 7

## Institutional Values and Best Practices

NAAC- SSR (2<sup>nd</sup> Cycle)



# ETERNAL UNIVERSITY

BARU SAHIB, SIRMOUR-173101  
HIMACHAL PRADESH

# 7.1.9(7)

## Challenging COVID-19



**ETERNAL UNIVERSITY**

BARU SAHIB, SIRMOUR-173101  
HIMACHAL PRADESH

**OFFICE OF THE DISTRICT MAGISTRATE, DISTRICT SIRMAUR (H.P.)**

No. SRM-DRA (DDMA) COVID-19/2020-159868 Dated: Nahan, March, 2021.

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**ORDER.**

Whereas, the Sub-Divisional Magistrate, Pachhad, and CMO Sirmaour has informed the undersigned vide letter No.SDM/PD/(Covid-19) -2020-526,530,533 dated 5,6,8, March, 2021, Letter No HFW-N (Covid-19) (Gen) /2020-4688 Dated 08.03.2021, that corona positive cases have been detected in Nursing Hostel, Akal Academy Hospital Baru Sahib, Tehsil Pachhad, District Sirmaur and consequent upon the positive testing of cases and further containing the spread of corona virus in Baru Sahib, they have recommended the following areas of the Akal Academy Baru Sahib to be declared as Containment Zones and Buffer Zones :-

Sr. No	Name of Name of Place.	Containment Zone	Buffer Zone
1.	Baru Sahib Akal Academy, Tehsil Pachhad Distt. Sirmour .	ACN Hostel, isolation Ward in Akal Charitable Hospital at Baru Sahib. / Akal Academy Hospital Baru Sahib	Adjoining Labour Colony.
2	Village Lana Bhalta.	House /Building of Sh. Mohan Singh S/o Sh.Som Datt R/o Neri Nawan Tehsil Pachhad,Distt. Sirmaour .	Building / House of Sh. Bhoop Singh Dandku Neri Nawan Tehsil Pachhad,Distt. Sirmaour .
	Village Lana Bhalta.	House /Building of Sh. Gurdyal Singh H/o Smt. Sarbjeet Kaur R/o Bakhroti Tehsil Pachhad,Distt. Sirmaour .	Building / House of Sh. Kuldeep Singh S/o Sh. Bhajan Singh R/o Bakhroti Tehsil Pachhad,Distt. Sirmaour.

Whereas, keeping in view the positive testing of cases in areas of ACN Hostel isolation Ward in Akal Charitable Hospital at Baru Sahib. / Akal Academy Hospital Baru Sahib subsequent recommendation of the Sub-Divisional Magistrate, Pachhad, District Sirmaur H.P., the above mentioned areas of Akal Academy Hospital Baru Sahib, to be cordoned off as containment zones and buffer zones for containing the spread of infection.

Whereas, I am satisfied that above mentioned areas of Akal Academy Hospital Baru Sahib, are required to be cordoned off immediately to contain the spread of infection of the said virus as recommended by the Sub-Divisional Magistrate, Pachhad, District Sirmaur (H.P).

Whereas, it is a case of Health Emergency and the circumstances are so grave that serving notice upon all persons residing in the areas mentioned above is not practicable or

possible at this juncture and therefore, it is necessary and expedient to proceed ex-parte under Section 144(2) of Cr.P.C. 1973.

Therefore, I, Dr. R.K. Pruthi, IAS, District Magistrate, District Sirmaur in exercise of the powers vested in me under Section 144(1) (2) of the Cr.P.C.1973 do hereby order and direct that:-

- **The above mentioned areas of Hostel, Akal Academy Hospital Baru Sahib, Neri Nawan, Bakhroti as recommended to be declared as containment zones are cordoned off** and no person residing in the said areas shall be allowed to assemble, gather or congregate at any place of the said areas and they shall remain inside their houses except in the case of emergency. **Besides, the above mentioned areas of Labour Colony, Lana Bhalta as recommended are declared as buffer zones.**
- No person shall participate ; organize any function(s), demonstration(s), meeting(s), procession(s), rally, picketing, workshop(s), community or religious events within the limits of the containment zone mentioned above.
- The shops if any shall remain closed except Chemist Shop(s).
- The Government offices if any, providing essential services shall remain open subject to the conditions to follow proper social distancing norms and other instructions as prescribed by the Government.
- All persons engaged in providing essential services and residing in those areas except the member of Covid-19 positive cases shall attend their duties and shall take all necessary precautions.
- All essential commodities shall be supplied door to door inside the containment areas for the convenience of the people with the assistance of Pradhans / Up-Pradhans of concerned Gram Panchayats.
- This order shall not apply on Officer on Magisterial duty, Police Personnel (s), Officers/Officials involved in enforcement of these orders and other authorized person(s)/vehicle(s) engaged in supplying of essential commodities and health services.
- Sanitization in containment areas on regular basis shall be carried out by the BDO, Pachhad.
- The Chief Medical Officer, District Sirmaur shall ensure to keep the medical team(s) constituted/stationed for the areas round the clock to keep strict vigil on the health of the people.

Dykes

- The Superintendent of Police, District Sirmaur shall ensure to keep a strict vigil on the enforcement of containment order in the aforementioned areas.

If any person is found violating these orders he/she shall be liable for prosecution under Section 269, 270 and 188 IPC and Section 51, 54 and 56 of the Disaster Management Act, 2005.

This order shall come into effect immediately from the date of issuance and shall remain enforced till further order.

Given under my hand and seal on 8<sup>th</sup> March, 2021.

*Pruthi 8/3/21*  
**(Dr.R.K.Pruthi) IAS,**  
**District Magistrate**  
**District Sirmaur (HP)**

Endst. No. as above *159868*

Dated, Nahan, the 8<sup>th</sup> March, 2021.

Copy forwarded to:-

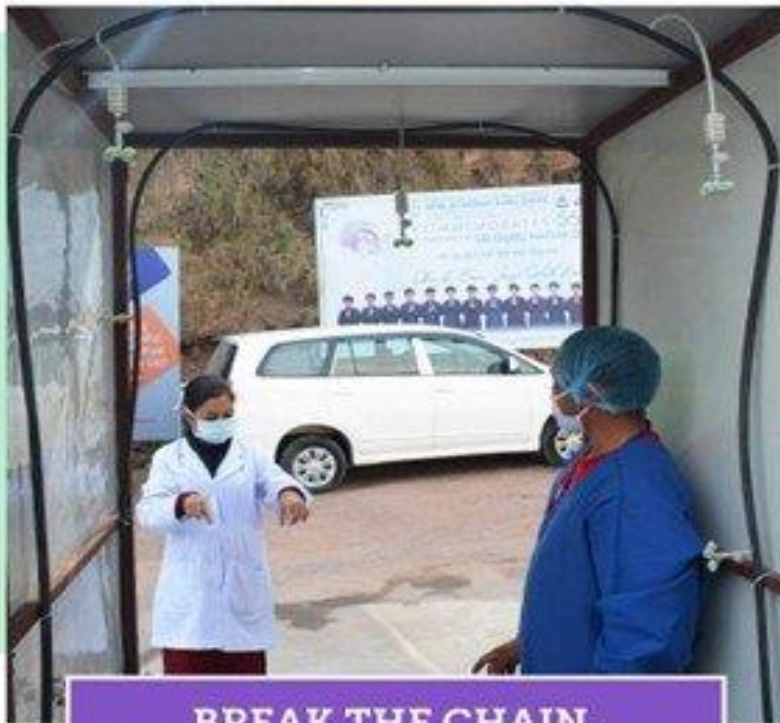
1. The Chief Secretary to the Government of H.P. Shimla for information please.
2. The Additional Chief Secretary (Health) to the Govt. of H.P. Shimla for information please.
3. The State Nodal Officer-cum-Joint Secretary (Home) to the Govt. of H.P. Shimla for information.
4. The Superintendent of Police, District Sirmaur at Nahan for information and compliance.
5. The Additional Deputy Commissioner, District Sirmaur at Nahan for information and necessary action.
6. The Sub- Divisional Magistrate, Pachhad, District Sirmaur for information and necessary compliance.
7. The Chief Medical Officer, District Sirmaur at Nahan for information and compliance.
8. The Assistant Drug Controller, District Sirmaur at Nahan will ensure to supply necessary medicine to the people residing in above mentioned areas through Chemist Shop keepers.

9. The DFSC, District Sirmaur shall ensure door to door supply of essential commodities by keeping liaising with the Pradhans/Up-Pradhans of concerned Gram Panchayats.
10. The Tehsildar, Pachhad District Sirmaur shall perform as Duty Magistrates for the containment areas and they shall ensure proper implementation of this order supply of essential commodities inside the above mentioned areas.
11. The BDO Pachhad for information and necessary action.
12. All District level Govt. Heads of Offices for information and necessary action.
13. The DPRO, District Sirmaur at Nahan for wide publicity.
14. The DIO, DC Office, District Sirmaur at Nahan for uploading the order on official website of the District Administration.
15. The Pradhans/Up-Pradhans of concerned Gram Panchayats through BDO *Pachhad* for necessary action.

*8/12/21*  
**District Magistrate**  
**District Sirmaur (HP)**

# COVID 19 SCREEING CAMPIGN SMART DISINFECTION AND SANITATION TUNNEL

SMART DISINFECTION AND  
SANITATION TUNNEL



#AkaCOVIDseries #HimachalPradesh

BREAK THE CHAIN,  
SANITIZE AGAIN AND AGAIN



An initiative of Akal College of Nursing  
and Akal Charitable Hospital

Akal College of Nursing, Akal Charitable Hospital and Kalgidhar Trust has joined the combat against the global crisis in the form of Covid-19 by taking various initiatives to ensure the safety of the each and everyone in the divine valley of Baru Sahib.

Gallery

#AkalCOVIDseries #HimachalPradesh

# STRINGENT ACTIONS

for COVID  
prevention

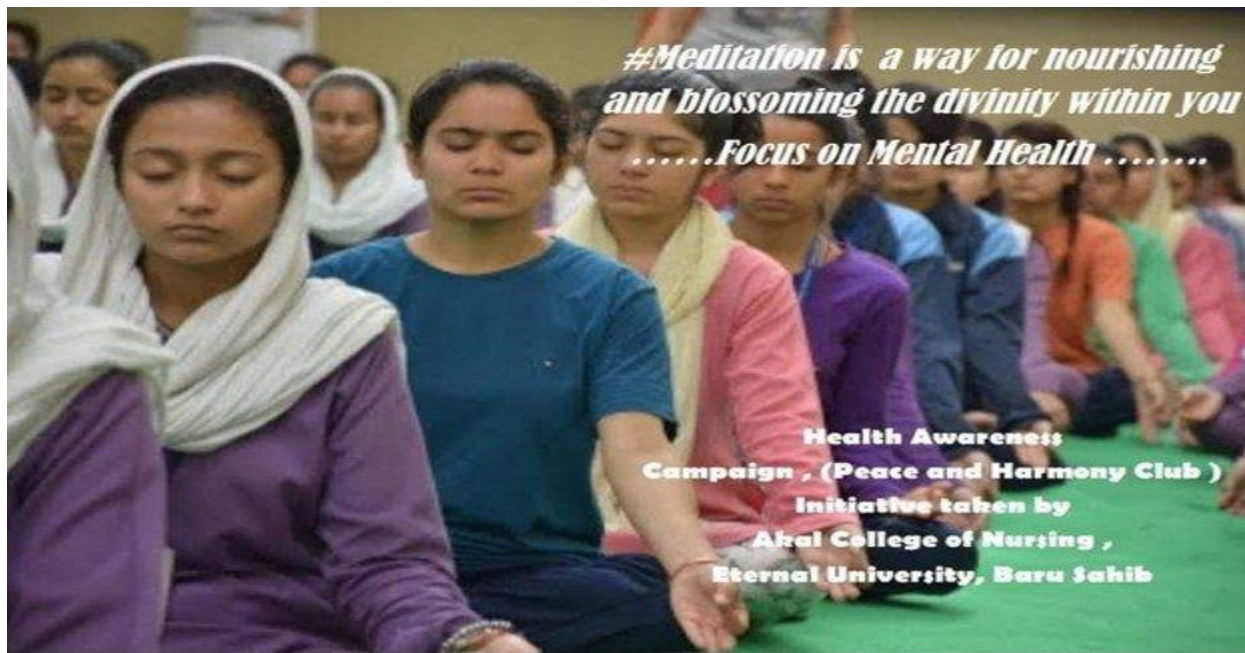
Nursing Stalwarts of  
'Akal College of Nursing' inspects  
every single medicinal stock to ensure  
quality healthcare treatment

We create competent and compassionate  
health-care givers

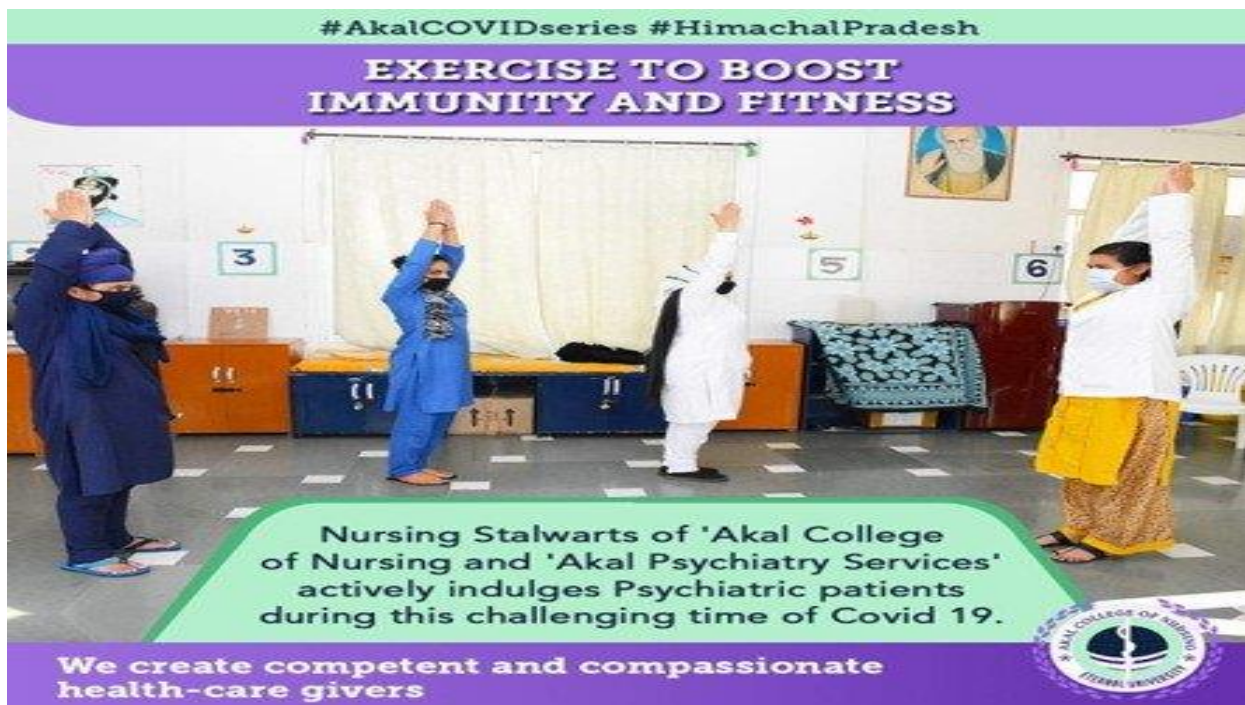




## MEDITATION “A KEY TO DESTRESS YOURSELF - DURING COVID 19”



Akal College of Nursing, Akal Charitable Hospital and Kalgidhar Trust has joined the combat against the global crisis in the form of Covid-19 by taking various initiatives to ensure the safety of the each and everyone in the divine valley of Baru Sahib.





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## KEEP CALM AND MANAGE STRESS



### Think, feel, body

Notice your thoughts and whether they are negative or positive. Notice your emotions and how your body feels.



### Focus on your breath

Listen to your breath. You can put your hand on your stomach and feel each inhale & exhale. You may say "I am okay"



### Coming back

Notice how your body feels. Listen to the sounds in the room.



### Set Up

Find a comfortable sitting position, feet flat on the floor and hands resting in your lap. Close your eyes, if it's comfortable



### Reflecting

Think if you feel any different. When you are ready, open your eyes.



\*As suggested by WHO

1 minute relaxation activity to manage stress\*

# COVID 19 SURVEILLANCE CAMPAIGN BREAK THE CHAIN: EDUCATE AGAIN AND AGAIN



Informative posters made by children of 'Akal Academy Baru Sahib' during nCOVID awareness campaign initiated by 'Akal College of Nursing'

**We create competent and compassionate health-care givers**



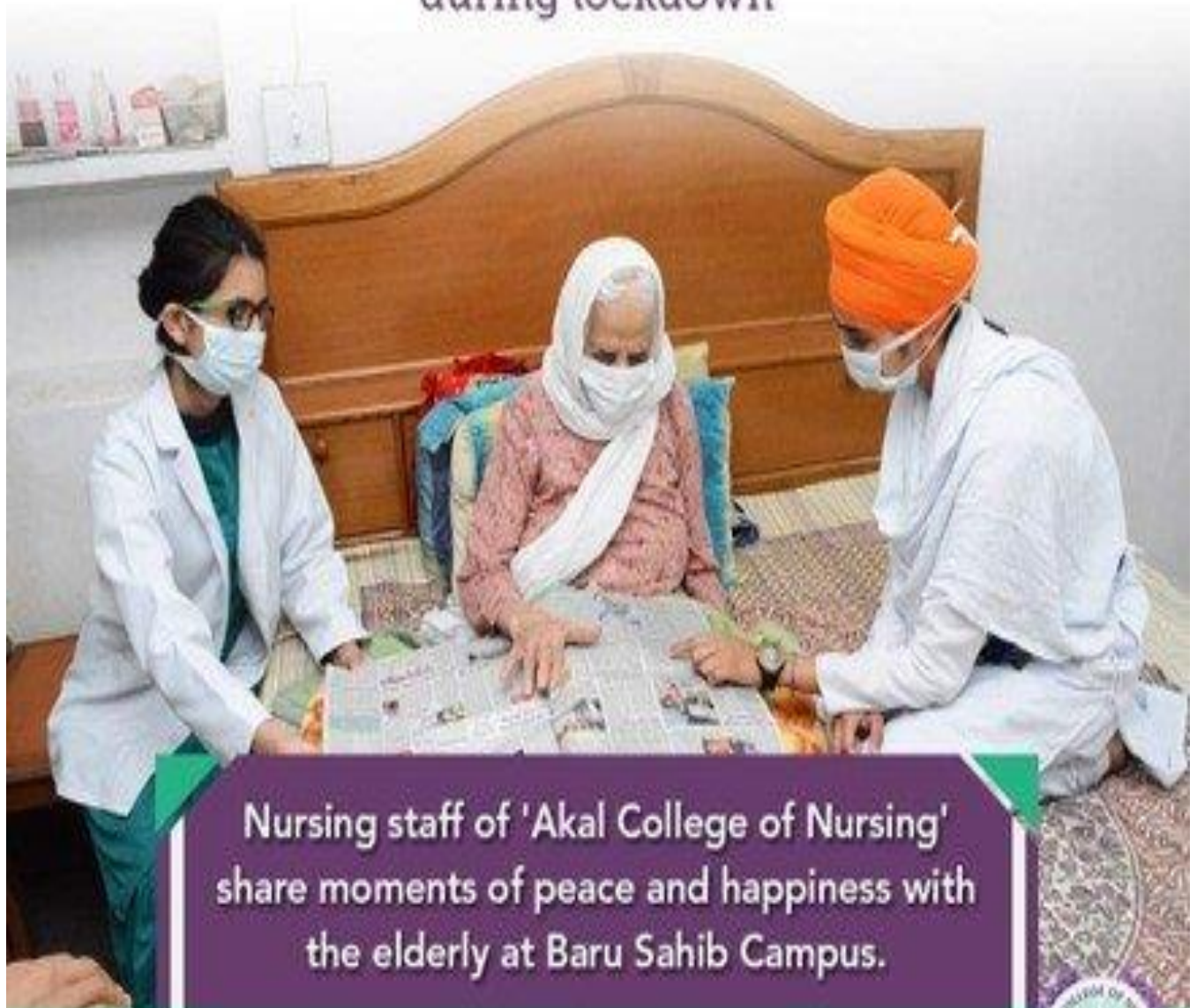
Akal College of Nursing, Akal Charitable Hospital and Kalgidhar Trust has joined the combat against the global crisis in the form of Covid-19 by taking various initiatives to ensure the safety of the each and everyone in the divine valley of Baru Sahib.

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# SPEND QUALITY TIME

with the elderly  
during lockdown



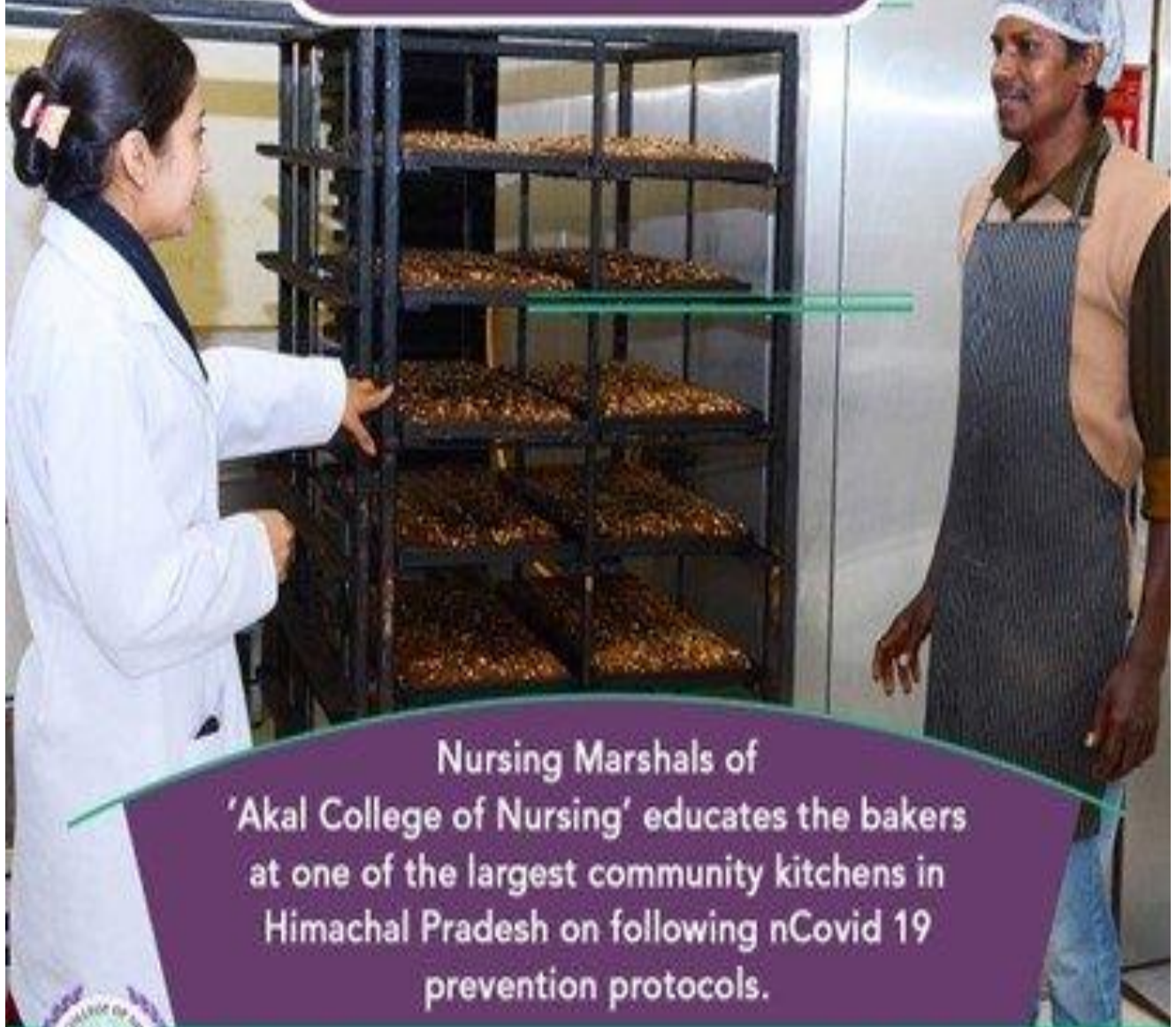
Nursing staff of 'Akal College of Nursing'  
share moments of peace and happiness with  
the elderly at Baru Sahib Campus.

We create competent and compassionate  
health-care givers



#AkalCOVIDseries #HimachalPradesh

## BAKING POSITIVE HEALTH DURING CRISIS



Nursing Marshals of  
'Akali College of Nursing' educates the bakers  
at one of the largest community kitchens in  
Himachal Pradesh on following nCovid 19  
prevention protocols.

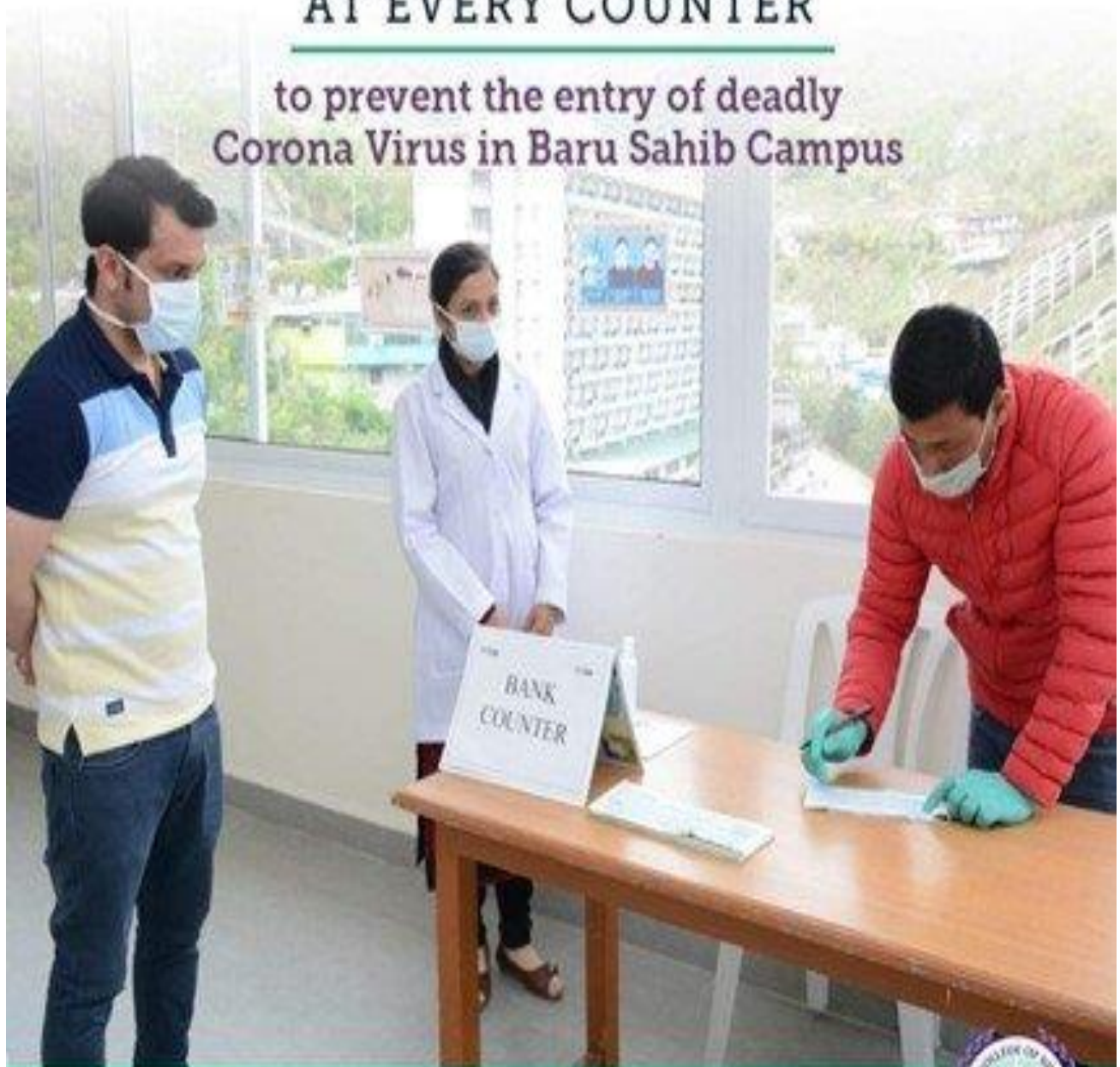


**We create competent and compassionate  
health-care givers**

# • SURVEILLANCE •

## AT EVERY COUNTER

to prevent the entry of deadly  
Corona Virus in Baru Sahib Campus



We create competent and compassionate  
health-care givers



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## ROUND THE CLOCK SURVEILLANCE



**Nursing Marshals of 'Akal College of Nursing' surveys a construction site at Baru Sahib Campus to prevent Corona Virus outbreak**

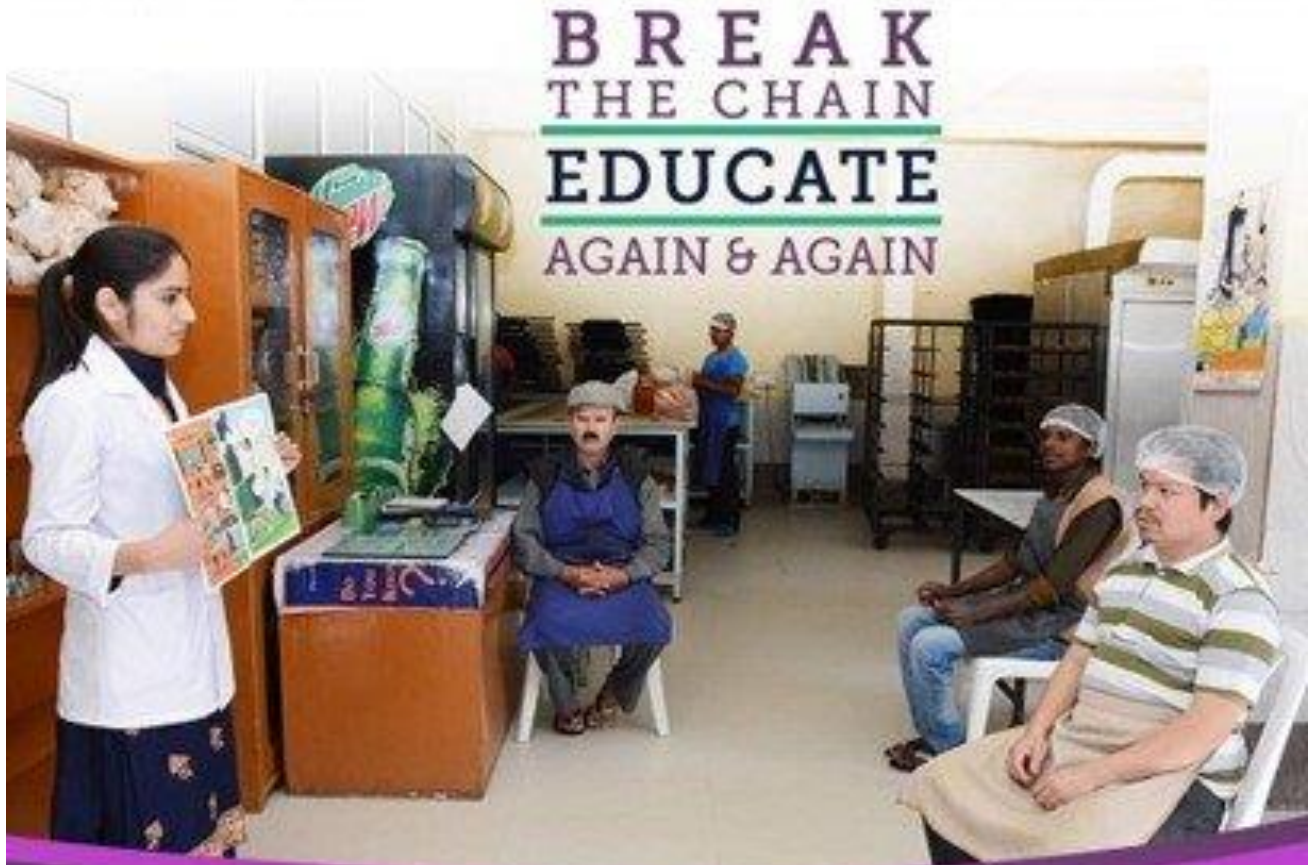
**We create competent and compassionate health-care givers**



# COVID 19 AWARENESS CAMPAIGN EDUCATE YOURSELF: EDUCATE COMMUNITY

#AkalCOVIDseries

#HimachalPradesh



'Akal College of Nursing' staff members frequently interact with staff and residents of Baru Sahib Campus to educate them on latest insights on Corona Virus and its prevention.

We create competent and compassionate health-care givers



Akal College of Nursing has joined the combat against the unprecedented global crisis in the form of Covid-19 by taking various initiatives to ensure the safety of the students, faculty, and staff while remaining uncompromising with the learning graph of the beloved students.



#AkalCOVIDseries #HimachalPradesh

**PROTECT &  
PREPARE  
COMMUNITY**

nCovid 19 prevention at Baru Campus with  
strict monitoring protocols



**We create competent and compassionate  
health-care givers**

#AkaliCOVIDseries #HimachalPradesh

## EDUCATING MINDS

Breaking the chain  
of Covid transmission



Volunteers from 'Akali College of Nursing' tirelessly educates people within and outside the campus on  
- Preventing Covid transmission



We create competent and compassionate  
health-care givers