# Criterion - 7 Institutional Values and Best Practices NAAC- SSR (2<sup>nd</sup> Cycle)



### **ETERNAL UNIVERSITY**

BARU SAHIB, SIRMOUR-173101 HIMACHAL PRADESH

# **7.2.1(1)**Best Practice-1



### **ETERNAL UNIVERSITY**

BARU SAHIB, SIRMOUR-173101 HIMACHAL PRADESH



#### HIMACHAL PRADESH PRIVATE EDUCATIONAL INSTITUTIONS REGULATORY

HAPPY NEST BUILDING, KAGNADHAR, BELOW BCS, SHIMLA-9

No. HPPERC/427/General Institutions/2017- 12153 To (2) 69

From:

The Chairman,

HP-PERC, Shimla.

To

The Registrars,

All State Private Universities,

Himachal Pradesh. \_ eternal amil

Subject:

Regarding attendance details of students.

Madam/Sir.

I am directed to ask you to send point wise information to this Commission as follows:

- 1. When did the online educational dissemination begin in your University with onset of COVID-19?
- 2. Attendance methodology w.r.t. faculty and students of your University.
- 3. Complete detail of attendence in respect of each student of your University.

You are directed to send the above mentioned information to this Commission within 7 days, positively.

Yours Sincerely,

H.P. Private Educational Institutions Regulatory Commission, Shimla-09.

Seen by Puc

Supdt.

Seen By The V.C. Add Registrar

#### Application form (Akal Quarantine Center)

Phone No	ast one month		
Details of family     S. No.	Name	Age	Gender
<ul> <li>Department</li> <li>TENTATIVE I</li> <li>Transportation (</li> </ul>	old	Purposeblic) and Vehicle no.	

### THE KALGIDHAR TRUST/SOCIETY

V.P.O. BARU SAHIB (VIA RAJGARH), DISTT. SIRMAUR, HIMACHAL PRADESH - 173101, INDIA Tele: +919816033303, +919816033304, Fax -8431602277, e-mail: secretarykts@barusahib.org

Ref. Gen/KT/2620/07/2020

20th July, 2020

### Protocol to be followed by Staff Members, Research Scholars, P.G. Students and Visitors

In view of the revised policy of Ministry of Home Affairs, Government of India for unlock down, it is expected that aforesaid residents would be planning their return to Baru Sahib. This indeed will be a very challenging and crucial time for all of us as we shall have to ensure that no infected person enters the campus.

The following guidelines are issued to ensure the same:

 Information from persons desiring to return: The departmental Heads must inform all staff and students in their department those person desirous of return must inform the departmental head of the likely date on which they would like to return.

This information should be collected at the institutional level of the following institutions:

- (i) Eternal University
- (ii) Akal Academy
- (iii) Employees of The Kalgidhar Trust/Society
- (iv) Visitors to Gurudwara Sahib

The following committee is being constituted for the same.

- (i) Dr. B.S Boparai
- (ii) Mr. Gurmail Singh (Volunteer)
- (iii) Dr. Harpreet Kaur

This committee will stagger the entry of returnees in a planned and phased manner.

2. Quarantine Protocol

Quarantine committee will comprise the following:

- (i) Dr. Shiv Kumar, Principal, Akal College of Nursing
- (iii) Dr. Harpreet Kaur
- (ii) Ms. Vidhi Paul

This committee will arrange accommodation for quarantine of returnees in the Akal Charitable Hospital or building of Akal College of Nursing in such a manner that:

- (a) People returning on a particular date are placed together in an enclosed space.
- (b) No mix up of these persons with these returning on subsequent dates occurs.
- 3. Receiving of the Returnees:

All persons returning on a particular date shall be received at the main Reception (Barrier) and examined by the medical staff. They shall be apprised of the quarantine protocol. Importance of maintaining strict vigil and discipline shall be impressed upon them.

The following protocol is to be followed by these persons during their quarantine period:

- The applications will be considered on submission in the Akal Quarantine Center on first come first served basis.
- The arrival date for the clients will be decided by the Quarantine center and communicated to the concerned individual and Head of the Deptt./Dean through email/WhatsApp.
- All individuals coming from their places should have their COVID test done within 72 hours. (Applicable for those coming from outside Himachal Pradesh)
- The center will provide a 3-time meal (Breakfast, Lunch, Dinner & 2-time tea).
- The quarantine center will be providing you all necessities like a bed, mattress bed sheet, blanket, plate, spoon, and glass.

#### STANDARD PROTOCOLS TO BE FOLLOWED DURING QUARANTINE

#### Individual during quarantine:

Being cooped up indoors may seem unbearable, but remember that your actions are helping save the lives of many people.

#### Protocols (Do's)

- Follow instructions and co-operate with the healthcare professionals:
   Following the quarantine process and other public health mandates play a big role in preventing and slowing the spread of contagious diseases.
- Restrict your movement within the facility.
- Wash hand thoroughly with soap and water or with alcohol-based hand sanitizer at least once every hour during the day.
- · Wear face mask all the time.
- Follow good respiratory hygiene. (Use your elbow to cough or sneeze into
  or use a tissue and immediately throw it in a covered dustbin.)
- Maintain at least one meter distance from others.
- While receiving your meals/items: kindly Wear mask & avoid touch while receiving it.
- Eat healthy diet & keep yourself hydrated by drinking lot of water.
- · Be polite with healthcare professionals.
- Use separate dishes, drinking glasses, cups, eating utensils, towels, bedding, and other items.
- Used utensils, bed linen and clothes should be washed with soap and water.
- Relax yourself: Perform Yoga and Meditation.
- The quarantined person is expected to monitor body temperature using a thermometer. Please procure your own thermometer form the pharmacy on payment. If you develops fever, cough, difficulty in breathing, sore throat, body aches and pain, including flu like symptoms, immediately inform healthcare professionals.

#### Protocols (Dont's)

- Shake hands with anyone
- Allow visitors in quarantine facility
- Touch eyes, nose and mouth with unwashed hand

(Dr. Davinder Singh)

Scerctary

The Kalgidhar Trust/Society

#### Enclosure:

\* Application Form



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Ref: EU/VCO/UO/095

May 18, 2020

#### OFFICE ORDER

This is with continuation of previous orders bearing NO. EU/VCO/UO/095 dated 14<sup>th</sup> March, 2020, EU/VCO/UO/095 dated March 28<sup>th</sup>, 2020, EU/VCO/UO/095 dated April 14, 2020 and EU/VCO/UO/095 dated May 03, 2020.

It is hereby intimated that in view of the extension of 4<sup>th</sup> stage of lockdown period in the country for a period of another two weeks for keeping the prevention/precautions of COVID-19, Eternal University will continue to be closed up to May 31, 2020. Orders regarding reopening of the university will be issued in due course as per the directions of Govt, of Himachal Pradesh.

Online teaching will remain continue to be followed by the faculty members and the weekly progress report will be submitted by the respective Deans of the colleges to the Dean, Academic Affairs, with a copy to the Vice Chancellor and Registrar, Dr. Davinder Singh on every Saturday.

UGC Guidelines for examination and academic calendar have already been communicated to all the faculty/staff by the VC Office vide an email dated April 30, 2020 for strict compliance please.

(Dr. H. S. Dhaliwal)

Vice Chancellor

Vice Chancellor

Eternal University

Eternal University Baru Sabib (H.P.) 173101

Baru Sahib

Distribution:

All Deans/Principals/Faculty Girls Hostel (EU & Nursing) Notice Board



Ref: EU/VCO/Mtg/23

May 13, 2020

### PROCEEDINGS OF A GENERAL MEETING HELD ON MAY 13, 2020 AT 10,30 A.M. IN UNIVERSITY AUDITORIUM

A general meeting held on May 13, 2020 at 10.30 a.m. in university auditorium which was chaired by Dr. HS Dhaliwal, Vice Chancellor, Eternal University, Baru Sahib and 51 faculty/staff members present in the university also attended as per the attendance sheet enclosed.

Hon'ble Vice Chancellor welcomed all the faculty/staff present in the meeting.

Dr. HS Dhaliwal informed the house that the faculty, staff & student went to their respective residence places for the Holi break scheduled from 09 Mar to 15 March 2020 and they could not join the university due to sudden suspension of classes from 16 March 2020 and thereafter declaration of lockdown in the country for COVID-19.

Dr. HS Dhaliwal told that the University planned to extend the semester for 15 days at the first stage of lockdown period but the lockdown period extended further for stage 2 & 3 which is upto 17 May 2020 and it may go to stage 4 also. The Vice Chancellor said the existing Academic Calendar will now be extended as per the advisory notification of UGC. Hon'ble Vice Chancellor said that the Academic Calendar for the next session will start as usual i.e. from 01 August 2020 for all the students other than the new students got their admission in the first year for whom it will commence with effect from 01 September 2020. The conduct of the practicals especially for the final year students and their evaluations online is a matter of great concern as the same will be required to declare their results and award of degrees

Dr. HS Dhaliwal said that due to declaration of sudden lockdown, it was made essential to adopt "Online Teaching & learning system" to complete syllabi which were only partially covered in the classes at University before the suspension of classes i.e. 16 Mar 2020. The Vice Chancellor appreciated the faculty taking their keen interest for online teaching and submitting their progress report regularly through their respective Deans. All the teachers taking their classes from April 2020 onward will be considered on duty.

The Vice Chancellor also said that the examination system for students is also to be conducted through online system for which Mr. Jasmeet Singh and Mr. Surinderpal Singh are taking keen interest to finalize the system for online examination and the same will be provided with the consent of Controller of Examination as well as of all the faculty member and students. To start with the required Mid Term examination will be taken.



Dr. BS Bopara said that the faculty/staff present in the Baru Sahib Campus should come to the University daily to teach and undertake research from 9.00 AM to 5.00 PM.

Dr. BS Boparai informed the house that it is hoped to start the classes with effect from 11 June 2020 for which the instructions from the HP Government are awaited.

Dr. BS Boparai informed the house that the system developed by Mr. Jasmeet Singh shall be passed over to the office of Controller of Examination after mock test trial with instruction to collect the question paper from the faculty having MCQ and descriptive type questions to take mid-term and final examinations. Any shortage/deficiency found out during mid-term examination shall be bridged up in the end term examination.

As there was no other point for consideration, the meeting ended with a vote of thanks to the Chair by Dr. BS Boparai, Dean Academic Affairs, Eternal University.

(Dr. BS Boparai) -

Dean

Academic Affairs

Eternal University Baru Sahib (H.P.) 173101



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Ref: EU/VCO/UO/095

April 14th, 2020

#### OFFICE ORDER

This is with continuation of previous orders bearing NO. EU/VCO/UO/095 dated 14th March, 2020 and EU/VCO/UO/095 dated March 28th, 2020.

It is hereby intimated that due to the extension of lockdown period in the country for the prevention/precautions of COVID-19, Eternal University will continue to remain closed up to May 03rd, 2020. Orders regarding reopening of the university will be issued in due course as per the directions of Govt. of Himachal Pradesh.

Online teaching will continue to be followed by the faculty members and the weekly progress report be submitted by the respective Deans of colleges to the Dean, Academic Affairs, with a copy to Hon'ble Vice Chancellor and the Registrar on every Saturday.

(Dr. Davinder Singh)

**Eternal University** 

Eternal University Sahib (H.P.) 173101

Baru Sahib

Distribution:

All Deans/Principals/Faculty Girls Hostel (EU & Nursing) Notice Board



Ref:EU/VCO/Covid-19/29

Dated: 10th April, 2020

To

All Deans/Principals

Subject: Online teaching

Respect Sir/ Madam,

This has a continuation to the previous letters/emails issued on the subject from time to time either by the office of the Vice Chancellor or by Dean, Academic Affairs.

You are requested to forward a consolidated report of your college regarding the numbers of lesson plans as well as assignment sent to the students during a weak and the feedback from the students intimating the numbers of students responding for attending the lectures and assignment separately.

Please forward a weekly report direct to Dean, Academic Affairs with a copy to Hon'ble Vice Chancellor and Registrar secretarykts@barusahib.org on every Saturday till further order.

(Dr. Davinder Singh)

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Eternal University

Baru Sahib.

Registrar

Eternal University

Baru Sahib (H.P.) 173101



Appendix A

### <u>Tips to Help Eternal University Students during the COVID-19 Pandemic</u> Mental Health and Wellbeing during the Corona virus COVID-19 outbreak

As we all know that the outbreak of the corona virus COVID-19 has impacted on people in different ways not only on a national but international scale. People around the world are facing increasing mental health issues during the COVID-19 pandemic. The COVID-19 corona virus outbreak has forced millions to physically isolate and people are at risk of abuse, employees facing job uncertainty and students are among those most at risk.

It is understandable that during this period of National Lockdown, students may be feeling afraid, worried, and anxious and overwhelmed by the constantly changing alerts and media coverage regarding the spread of the virus. With the national emergency of the corona virus pandemic, college students' lives have been upended as they have been asked to leave campus and adjust to new fiving situations and can create worry and distress for people in the university community.

While it is important to stay informed, but extensive news coverage on the pandemic and an unknown future, and it's no wonder that anxiety is on the rise. The following are some mental health and wellbeing tips and strategies to continue looking after ourselves and each other during these difficult times.

- Maintain previous structure as much as possible: Dear students as we know due to this
  lockdown our routine classes have switching from physically classes to online classes/learning. In this
  crucial period it is compulsory to maintain our previous structure as much as possible through proper
  management of time.
- Validate the experience: Due to this sudden change and a loss of other shared activities, you
  have to practice gratitude and continue till this situation comes to an end. You have to remember that
  there are no vacations from the University or a way to get out of classes, so you have to take special care
  of your studies as well.
- Make it easy to reach out for support: Besides your family members, friend's family, Doctors, you are free to communicate telephonically/many other online clinicians with your respective teachers regarding any issues, if you feel.
- Be mindful about the exposure to the news and media coverage: No doubt, it's
  important to stay informed and updated yourself but it's also important to know when you need a pause
  from stressful news, as it can increase feelings of fear and anxiety. Therefore, take a break to avoid for
  news which may affect adversely.
- Follow a "calm & careful" approach Make sure you are following directives issued by the
  government, medical advice and your respective institute as well. Therefore, you have to observe good
  hygiene habits, physical exercises and other precautions which will help you to better regulate your
  emotions and improve your sleep.
- Show compassion and kindness to one another —In the present time of fear, isolation (both physical and social), anxiety and insecurity it is most important that you must strengthen your sense of community by connecting (not physically but mentally) with and supporting each other.



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- · Actively manage your wellbeing-You have to maintain your routines when necessary, connect with family and friends, staying physically active, eating nutritious foods and seeking additional support by contacting Lifeline or further professional support as required.
- Manage your expectations— During this COVID-19 outbreak don't under estimate the cognitive and emotional load that this pandemic brings and it's direct impact on your productivity, at least in the short term. Due to difficulty in concentrating, low motivation, a state of distraction is to be expected.
- · Stay connected- You have to create a ways to stay connected with others, through social media, email and phone. This is an isolating experience for you as a whole. So, keep in touch with your family and friends, you can still connect from a distance - call your friend, teachers have a video-call catch up with your family or check in with someone on social media
- . Enrol you in different online course This is the right time to enrol yourself on different certified courses available on SWAYAM, MOOCS etc. it will help you to get knowledge and utilize the time in proper way.
- . Manage uncertainty by staying in the present-This is probably a stressful time for all of us. Take each day as it comes and focus on the things you can control. Count your blessings and embracing good mental-health and well-being measures and by relying on others when necessary, we can protect ourselves and those around us.

Remind yourselves that we can manage this much better together in solidarity, and that COVID-19 doesn't discriminate - it can affect anyone regardless of age, gender, nationality or ethnicity. So.....STAY HOME....STAY SAFE...STAY CONNECTED......TILL FURTHER ORDER

#### Last but not least: Psychological decoding of CORONA

C- Caution: cleanliness and staying home

O-Optimism: this too shall pass R- Routine: Exercise, Meditation

O- Online Courses: books, Educational Videos and skills, make educational notes etc.

N- No to news overdose: especially visual

A-Add Value: to your relationships



### Eternal University (World peace through value based education)



Ref:EU/VCO/Covid-19/29

Dated: 05th April, 2020

To

All Faculty/Staff All the Students through their teacher

Subject: Precautions/Preventive Measures during the Covid-19

Respect Sir/ Madam,

It is hereby intimated that UGC has been issuing advisories from time to time for Universities regarding the preventive measures to be undertaken in the wake of Novel Coronavirus (COVID-19).

In view of the above, the following instructions are hereby issued and will be followed strictly:

- (a) The teachers have to maintain regular communication with the students through electronic means and keep them fully informed so that there should be no anxiety amongst the students and parents.
- (b) Needy students may contact either on the Eternal University helpline telephone number 9816400546/ 9872369166 or on email chandeljsh@gmail.com. i.e. Dr. Jaswant Singh, Dean Student Welfare.
- (c) The teachers, staff, students and parents need not to be panic and have to take preventive & precautionary measures to combat COVID-19.
- (d) The faculty members/Researcher/Non-Teaching staff will do the work from their homes.
  - (e) Faculty members/Researchers will utilise this period for various academic activities such as:
    - On-line contents, on-line teaching and on-line evaluation will be developed.
    - Lesson plans will be prepared and instructional material for the courses to be offered during (ii) the semester will also be developed.
    - Research will be carried out. (iii)
    - Articles, papers etc will be written. (iv)
    - Innovative questions for "Question Bank" will be prepared. (v)
    - Innovative projects on "Ek Bharat Shreshtha Bharat" and other topics will be prepared. (vi)
    - All necessary precautions will be taken by the students who are still in hostel likewise health care, safety, accommodation, food and hygiene.
  - (f) Social distancing will be adhered strictly,
  - (g) ICT initiatives will be used by the faculty as well as by the students.

(h) Faculty & students will have to follow up the UGC Quality Mandate which are available on the UGC website https://www.ugc.ac.in/ebook.aspx .

Davinde

Registrar

Eternal University

Baru Sahib (H.P.) 173101

BARU SAHIB, VIA RAJGARH, DISTT: SIRMOUR, HIMACHAL PRADESH-173101 (INDIA) Tele: 01799-276012, Fax: 01799-276006, Mob. 9816400624

E-mail: contact@eternaluniversity.edu.in Web site: www.eternaluniversity.edu.in



Ref: EU/VCO/COVID-19/29/

Dated: 28th January 2022

#### NOTICE: PRECAUTIONS FOR COVID-19

This has a continuation of letter No\_EU/VCO/COVID-19/29 dated: 10th January 2022.

Under the authority of Government of Himachal Pradesh, Revenue Department – Disaster Management Cell order No Rev (DMC) (C) 20-2/2022 – COVID 19 – IV dated 24th January 2022 the Eternal University will remain close up to 31th January 2022 till 6.00 AM.

The university is supposed to be opened with effect from 31 January 2022 subject to relaxations received from Govt of HP. Faculty/Staff joining their duly must have their 2 doses of vaccination and negative report of RT-PCR with the validity of 72 hours.

As regarding re-joining of students, instructions will be conveyed once the orders are received from HP Govt.

(Dr. NP Singh)

Professor

Eternal University
Distribution: a cu Sahib (H.P.) 173101

All Faculty & staff

Account Officer, Kalgidhar Trust

Girls Hostel No 01 & 02

Notice Board

Office Copy



Ref: EU/VCO/COVID-19/29/0 [

Dated: 10th January 2021

Eternal University Baya Sahib (H.P.) 173191

#### NOTICE: PRECAUTIONS FOR COVID-19

Under the authority of District Magistrate, District Sirmour Office order No SRM/DRA/ADRA/COVID-19/58 dated 09th January 2021, the Eternal University will remain close till 26th January 2022. However, Nursing College will remain open and will ensure observance of Covid-19 SOPs and safety protocols issued by the Health Department. The students & employees present in the campus will ensure the following:

- (a) Mask Wearing
- (b) Social distances
- (c) Hand washing

Distribution: \_

All Faculty & staff

Account Officer, Kalgidhar Trust

Girls Hostel No 01 & 02

Notice Board

Office Copy

BARU SAHIB, VIA RAJGARH, DISTT: SIRMOUR, HIMACHAL PRADESH-173101 (INDIA)
Tele: 01799-276012, Fax: 01799-276006, Mob. 9816400624

E-mail: contact@eternaluniversity.edu.in Web site: www.eternaluniversity.edu.in

Ref: EU/VCO/UO/95/5 &

Date: 29th July, 2021

#### NOTICE

- 1. It is hereby informed that due to covid-19, the following safety measures will be observed for the entry to the Baru Sahib Campus with immediate effect:
  - (a) University employees/students who have taken second dose of vaccination and got their RT-PCR report will not be quarantined.
  - (b) University employees/students who have taken second dose of vaccination and not done their RT-PCR report will be quarantined for five days.
  - (c) University employees/students who have taken first dose of vaccination and have also done their RT-PCR report will be also be quarantined for five days.
  - (d) University employees/students who have taken first dose of vaccination and not done their RT-PCR report will be quarantined for seven days.
  - (e) University employees/students who have not taken any dose of vaccination but done their RT-PCR report will be quarantined for ten days.
  - (f) University employees/students who have not taken any dose of vaccination and also not done their RT-PCR report will be quarantined for fourteen days.

(Dr. Harpreet Kaur) Nodal Officer

<u>Distribution</u>: All concerned Office Copy



Ref: EU/VCO/95/44

April 19, 2021

#### **NOTICE**

I am hereby directed to intimate that all the faculty members are hereby advised to perform their teaching duties online from their residence till further order.

Additional Registrar Eternal University

Additional Registrar
Eternal University, Baru Sahib
Distt. Sirmour (H.P.)-173101
Distribution:
All concerned
Office Copy



(World peace through value based education)

Ref. No. EU/COE/21/847

Dated: 05/03/2021

#### **EXAMINATION NOTICE**

Subject: Mid-Sessional Practical Examinations (March, 22 to March, 27,2021)
& Mid Sessional Theory Examination (April, 05 to 10, 2021)

#### (Only for 4th, 6th, & 8th Semester Students)

- All Dean/HODs are requested to conduct Mid-Sessional Practical (only for courses exclusively for Practical) Examinations & Mid Sessional Theory Examination under their supervision.
- 2. Kindly send date sheet for these examinations before March 18, 2021 ensuring the last practical is on 27 March, 2021.
- 3. The Mid sessional theory examinations will starts on April 05, 2021.
- 4. The attendance sheet will be collected by examination Branch during the examinations.
- 5. The Deans are requested to ensure that instead class instructor some other teacher may be deputed to conduct the exam.
- 6. Award lists should be sent to the Examination Branch by April 25, 2021.
- 7. The practical exam should be conducted in the routine practical period only.
- 8. The Mid sessional theory examination will be of two-hour test for every course.

(10:00 to 12:00 AM for Morning Shift and 2:00 to 4:00 PM Evening Shift)

- 9. Every course should cover the syllabus till the last theory class held.
- 10. Please ensure that Viva/Practical of all students be conducted and for any lapse, Dean/HOD/concerned teacher will be responsible.
- 11. Keeping in view the Covid-19 situations, the sitting plan of examination should be take care to avoid its transmission.

(Dr. B.S. Sohal) ラ(3) ア Controller of Examinations

Baru Sahib (HP) 173101

CC

Secretary to V.C for kind information of Vice Chancellor Dean, Academic Affairs All Deans/HOD/Faculty

#### REVISED RULES RELATED TO QUARANTINE

S.NO.	Vaccination Status	RT-PCR	Time duration	Quarantine Period
1.	Unvaccinated	Required	Within 72 hours of giving the sample	07 days
2.	Received one dose of vaccine	Required	Within 72 hours of giving the sample	05 days
3.	Received both the doses of vaccine and the time duration of the second dose has exceeded 14 days	If done If not done		No quarantine 05 days
4.	In case if someone is COVID recovered and the duration of recovery is less than 21 days.	Not required		No quarantine

#### Note:

- The person entering the campus with negative RT-PCR report but the time exceeds more than 72 hours in that case contact COVID Surveillance team for further action.
- People coming without RT-PCR negative report or RAT will not be allowed to enter the campus.

#### Government of India Ministry of Health & Family Welfare

#### Revised guidelines for Home Isolation of mild /asymptomatic COVID-19 cases

#### 1. Background

Over the past two years, it has been seen globally as well as in India that majority of cases of COVID-19 are either asymptomatic or have very mild symptoms. Such cases usually recover with minimal interventions and accordingly may be managed at home under proper medical guidance and monitoring.

Ministry of Health & FW has thus issued and updated guidelines for home isolation from time to time to clarify selection criteria, precautions that need to be followed by such patients and their families, signs that require monitoring and prompt reporting to health facilities.

The present guidelines are applicable to COVID-19 patients who have been clinically assessed and assigned as mild /asymptomatic cases of COVID-19.

#### 2. Asymptomatic cases; mild cases of COVID-19

The asymptomatic cases are laboratory confirmed cases who are not experiencing any symptoms and have oxygen saturation at room air of more than 93%.

Clinically assigned mild cases are patients with upper respiratory tract symptoms with or without fever, without shortness of breath and having oxygen saturation at room air of more than 93%.

#### 3. Patients eligible for home isolation

- i. The patient should be clinically assigned as mild/ asymptomatic case by the treating Medical Officer. Further a designated control room contact number at the district /sub district level shall be provided to the family to get suitable guidance for undertaking testing, clinical management related guidance, assignment of a hospital bed, if warranted.
- Such cases should have the requisite facility at their residence for self-isolation and for quarantining the family contacts.
- A caregiver (ideally someone who has completed his COVID-19 vaccination schedule) should be available to provide care on 24 x7 basis. A communication link between the

- caregiver and a Medical Officer is a prerequisite for the entire duration of home isolation.
- iv. Elderly patients aged more than 60 years and those with co-morbid conditions such as Hypertension, Diabetes, Heart disease, Chronic lung/liver/ kidney disease, Cerebrovascular disease etc shall only be allowed home isolation after proper evaluation by the treating medical officer.
- Patients suffering from immune compromised status (HIV, Transplant recipients, Cancer therapy etc.) are not recommended for home isolation and shall only be allowed home isolation after proper evaluation by the treating Medical Officer.
- vi. While a patient is allowed home isolation, all other members in the family including other contacts shall follow the **home quarantine guidelines available at:** https://www.mohfw.gov.in/pdf/Guidelinesforhomequarantine.pdf.

#### 4. Instructions for the patient

- Patient must isolate himself from other household members, stay in the identified room and away from other people in home, especially elderly and those with co-morbid conditions like hypertension, cardiovascular disease, renal disease etc.
- The patient should stay in a well-ventilated room with cross ventilation and windows should be kept open to allow fresh air to come in.
- iii. Patient should at all times use triple layer medical mask. They should discard mask after 8 hours of use or earlier if the mask becomes wet or is visibly soiled. In the event of Caregiver entering the room, both Caregiver and patient may preferably consider using N-95 mask.
- Mask should be discarded after cutting them to pieces and putting in a paper bag for a minimum of 72 hours.
- v. Patient must take rest and drink lot of fluids to maintain adequate hydration.
- Follow respiratory etiquettes at all times.
- Undertake frequent hand washing with soap and water for at least 40 seconds or clean with alcohol-based sanitizer.
- The patients shall not share personal items including utensils with other people in the household.
- ix. Need to ensure cleaning of frequently touched surfaces in the room (tabletops, doorknobs, handles, etc.) with soap/detergent & water. The cleaning can be undertaken either by the patient or the caregiver duly following required precautions such as use of masks and gloves.
- x. Self-monitoring of blood oxygen saturation with a pulse oximeter for the patient is advised.
- xi. The patient shall self-monitor his/her health with daily temperature monitoring (as given below) and report promptly if any deterioration of symptom is noticed. The status shall be shared with the treating Medical Officer as well as surveillance teams/Control room.

#### Patients Self -health monitoring Chart

1	Date time	and	Temperature	Heart (from oximete	pulse	SpO2 % (from pulse oximeter) *	(better /same /worse)	Breathing: (better / same/ worse) **
r								

<sup>\*</sup>For self-monitoring blood oxygen saturation with a pulse oximeter, place the index finger (after cleaning hands and removing nail polish, if any) in the pulse oximeter probe and take the highest steady reading after a few seconds.

#### 5. Instructions for Care Giver

#### Mask:

- The caregiver should wear a triple layer medical mask. N95 mask may be considered when in the same room with the ill person.
- Front portion of the mask should not be touched or handled during use.
- If the mask gets wet or dirty with secretions, it must be changed immediately.
- Mask should be discarded after cutting them to pieces and putting in a paper bag for a minimum of 72 hours.
- Perform hand hygiene after disposal of the mask.
- He/she should avoid touching own face, nose or mouth.

#### ii. Hand hygiene

- Hand hygiene must be ensured following contact with ill person or his immediate environment.
- Use soap and water for hand washing at least for 40 seconds. Alcohol-based hand rub can be used, if hands are not visibly soiled.
- After using soap and water, use of disposable paper towels to dry hands is desirable.
   If not available, use dedicated clean cloth towels and replace them when they become wet.
- Perform hand hygiene before and after removing gloves.

#### iii. Exposure to patient/patient's environment

 Avoid direct contact with body fluids (respiratory, oral secretions including saliva) of the patient. Use disposable gloves while handling the patient.

<sup>\*\*</sup>The patient may self-monitor breathing rate/respiratory rate in sitting position, breathe normally and count the number of breaths taken in 1 full minute.

- Avoid exposure to potentially contaminated items in his immediate environment (e.g. avoid sharing eating utensils, dishes, drinks, used towels or bed linen).
- Food must be provided to the patient in his room. Utensils and dishes used by the
  patient should be cleaned with soap/detergent and water while wearing gloves. The
  utensils may be re-used after proper cleaning.
- Clean hands after taking off gloves or handling used items. Use triple layer medical mask and disposable gloves while cleaning or handling surfaces, clothing or linen used by the patient.
- Perform hand hygiene before and after removing gloves.

#### iv. Biomedical Waste disposal

Effective and safe disposal of general wastes such as disposable items, used food packets, fruit peel offs, used water bottles, left-over food, disposable food plates etc. should be ensured. They should be collected in bags securely tied for handing over to waste collectors.

Further, the used masks, gloves and tissues or swabs contaminated with blood / body fluids of COVID-19 patients, including used syringes, medicines, etc., should be treated as biomedical waste and disposed of accordingly by collecting the same in a yellow bag and handed over to waste collector separately so as to prevent further spread of infection within household and the community. Else they can be disposed of by putting them in appropriate deep burial pits which are deep enough to prevent access to rodents or dogs etc.

#### 6. Treatment for patients with mild /asymptomatic disease in home isolation

- Patients must be in communication with a treating Medical Officer and promptly report in case of any deterioration.
- The patient must continue the medications for other co-morbidities/ illness after consulting the treating Medical Officer.
- Patient may utilize the tele-consultation platform made available by the district/state administration including the e-Sanjeevani tele-consultation platform available at https://esanjeevaniopd.in/
- Patients to follow symptomatic management for fever, running nose and cough, as warranted.
- Patients may perform warm water gargles or take steam inhalation thrice a day.
- vi. If fever is not controlled with a maximum dose of Tab. Paracetamol 650 mg four times a day, consult the treating doctor.

- vii. Information floating through social media mentioning non-authentic and non-evidence-based treatment protocols can harm patients. Misinformation leading to creation of panic and in-turn undertaking tests and treatment which are not required has to be avoided. Clinical management protocol for asymptomatic/mild patients as available on the website of Ministry of Health & FW (https://www.icmr.gov.in/pdf/covid/techdoc/COVID\_Management\_Algorithm\_23092021
- Do not rush for self-medication, blood investigation or radiological imaging like chest X ray or chest CT scan without consultation of your treating Medical Officer.

.pdf) may be referred to by the treating Medical Officer to aid management of the case.

- ix. Steroids are not indicated in mild disease and shall not be self-administered. Overuse & inappropriate use of steroids may lead to additional complications.
- x. Treatment for every patient needs to be monitored individually as per the specific condition of the patient concerned and hence generic sharing of prescriptions shall be avoided.
  - xi. In case of falling oxygen saturation or shortness of breath, the person may require hospital admission and shall seek immediate consultation of their treating Medical Officer/surveillance team /Control room.

#### 7. When to seek medical attention

Patient / Care giver will keep monitoring their health. Immediate medical attention must be sought if serious signs or symptoms develop. These could include-

- Unresolved High-grade fever (more than 100° F for more than 3 days)
- Difficulty in breathing,
- Dip in oxygen saturation (SpO2 ≤ 93% on room air at least 3 readings within 1 hour) or respiratory rate >24/ min
- Persistent pain/pressure in the chest,
- Mental confusion or inability to arouse,
- vi. Severe fatigue and myalgia

#### 8. Monitoring of the Patient during Home Isolation

The concerned district administration under the overall supervision of State Health Authority shall be responsible for monitoring the patient under home isolation.

#### 8.1. Responsibilities of grass root level Surveillance Teams

- The Surveillance Teams (ANM, Sanitary inspector, MPHW etc) shall be responsible for initial assessment of the patient and whether the requisite facilities are there for home isolation.
- ii. The health worker should contact the patient daily preferably in-person or over telephone/ mobile and obtain the details of temperature, pulse, oxygen saturation, patients overall wellness and worsening of signs/ symptoms.
- iii. The Surveillance Team may provide Home Isolation Kits to the patient/ caregiver as per the policy of the State Government. The Kit may contain masks, hand sanitizers, paracetamol along with a detailed leaflet to educate patients and family members in local language.
- iv. If there is reported worsening of signs/ symptoms and/or fall in oxygen saturation, the Surveillance team shall re-assess the patient and inform the Control Room for shifting the patient to hospital.
- v. The surveillance Team shall also undertake the patient education on the disease, its symptoms, warning signs, COVID appropriate behaviour and need for vaccination for all eligible members.

#### 8.2. Responsibilities of the District/ Sub-District Control Room.

District and sub-district control rooms will be made operational and their telephone numbers should be well publicised in public so that people under home-isolation may contact the control rooms for seamless transfer of patients through ambulance from home to the dedicated hospital.

These Control Rooms shall also make outbound calls to the patients under home isolation to monitor their status.

#### 8.4. Role of District Administration

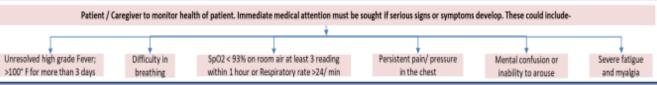
The district administration should monitor all cases under home isolation on a daily basis.

#### 9. When to discontinue home isolation

Patient under home isolation will stand discharged and end isolation after at least 7 days have passed from testing positive and no fever for 3 successive days and they shall continue wearing masks. There is no need for re-testing after the home isolation period is over.

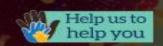
Asymptomatic contacts of infected individuals need not undergo Covid test & monitor health in home quarantine.

#### Guidelines for Home Isolation (Dated 5th January 2022) Patient Tested Positive Patients clinically assessed and assigned as mild /asymptomatic cases of COVID-19 or patients experiencing no symptoms and have oxygen saturation at room air of 93% or more. Management of cases under Home Isolation · Identify separate, well-ventilated room; · Do not share personal items including utensils with others; . Use triple layer mask and discard in a paper bag after 72 hours, cutting into pieces; Clean frequently touched surfaces with soap/detergent and water; Instructions for the · Maintain adequate hydration; · Monitor blood oxygen saturation and temperature regularly; patient · Follow respiratory etiquettes; · Report promptly in case of any deterioration · Follow hand hygiene; · Use gloves and perform hand hygiene before and after using gloves; . Use triple layer mask and discard in a paper bag after 72 hours, cutting into pieces; Instructions for · Replace mask immediately if wet of dirty with secretion; · Avoid direct contact with body fluids of patient; caregivers · Avoid exposure to contaminated items in patient's immediate environment; . Follow hand hygiene: (caregiver must be ·Ensure effective waste disposal; · Avoid touching face, nose or mouth; fully vaccinated) \*Do not rush for self-medication, blood investigation or radiological imaging without · Patient must be in communication with a Medical Officer; Treatment for Medication for co-morbidities must be continued after consulting treating Medical Officer; consultation of your treating Medical Officer. patients with mild · Leverage Tele-consultation platform; Steroids are not indicated in mild disease and shall not be self-administered; /asymptomatic . Follow symptomatic management for fever, cough, etc.; . Only Medical Officer must decide about drugs, hoarding any drugs is not useful disease Avoid misinformation leading to panic; \*The concerned district administration under the overall supervision of State Health Authority Contact numbers of Control Room should be well publicized for seamless transfer of patients Monitoring of the responsible for monitoring the patient under home isolation through ambulance from home to the dedicated hospital Patient during · Initial assessment to be conducted by surveillance teams at ground level; Necessary coordination with respect to infrastructure to be ensured by the district Home Isolation by · Adequately staffed and well-equipped control rooms to aid end-to-end support to the patient administration; District under home isolation; administration



Discontinue Home Isolation: Patient under home isolation will stand discharged and end isolation after at least 7 days have passed from testing positive and no fever for 3 successive days and they shall continue wearing masks. There is no need for re-testing after the home isolation period is over. Asymptomatic contacts of infected individuals need not undergo Covid test & monitor health in home quarantine.









नोवल 🍩 कोरोनावायरस (COVID-19)



रवुद रहें सुरक्षित, दूसरों को रखें सुरक्षित -

क्या करें और क्या ना करें























हम सब साथ मिलकर कोरोनावायरस से लड सकते हैं

अधिक जानकारी के लिए

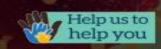
स्वास्थ्य एवं परिवार कल्याण मंत्रालय भारत सरकार के 24x7 हेल्पलाइन नं. +91-11-2397 8046 पर कॉल करें या ई-मेल करें ncov2019@gmail.com













(COVID-19)



#### Protect yourself and others! Follow these Do's and Don'ts





Practice frequent hand washing. Wash hands with soap and water or use alcohol based hand rub. Wash hands even if they are visibly clean



Cover your nose and mouth with handkerchief/tissue while sneezing and coughing



Throw used tissues into closed bins immediately



See a doctor if you feel unwell (fever, difficult breathing and cough). While visiting doctor



If you have these signs/symptoms please call State helpline number or Ministry of Health & Avoid participating in large gatherings



Avoid participating





#### विश्वविद्यालय अनुदान आयोग University Grants Commission

(मानव संसाधन विकास मंत्रालव, भारत सरकार) (Ministry of Human Resource Development, Govt. of India)

बहादुरशाह जफर मार्ग, नई दिल्ली-110002 Bahadur Shah Zafar Marg, New Delhi-110002

> Ph :: 011-23236288/23239337 Fax : 011-2323 8858 E-mail : secy.ugc@nic.in

F.No 1-14/2020(Website)

25/03/2020

Subject: Let COVID 19 not stop you from learning - ICT initiatives of MHRD and UGC

Dear Students and Teachers,

As we jointly combat COVID 19 by taking preventive and precautionary measures, maintaining social distancing and staying in the confines of our homes/hostels, we can utilise this time productively by engaging in On-line learning. There are several ICT initiatives of the MHRD, UGC and its Inter University Centres (IUCs) - Information and Library Network (INFLIBNET) and Consortium for Educational Communication (CEC), in the form of digital platforms which can be accessed by the teachers, students and researchers in Universities and Colleges for broadening their horizon of learning. Following is the list of some of the ICT initiatives along with their access links:

#### 1. SWAYAM On-line Courses:

https://storage.googleapis.com/uniquecourses/online.html provides access to best teaching learning resources which were earlier delivered on the SWAYAM Platform may be now viewed by any learner free of cost without any registration. Students/learners who registered on SWAYAM (swayam.gov.in) in the January 2020 semester can continue their learning as usual.

- UG/PG MOOCs: <a href="http://ugemoocs.inflibnet.ac.in/ugemoocs/moocs\_courses.php">http://ugemoocs.inflibnet.ac.in/ugemoocs/moocs\_courses.php</a> hosts learning material of the SWAYAM UG and PG (Non-Technology) archived courses.
- 3. e-PG Pathshala epgp.inflibnet.ac.in hosts high quality, curriculum-based, interactive e-content containing 23,000 modules (e-text and video) in 70 Post Graduate disciplines of social sciences, arts, fine arts and humanities, natural & mathematical sciences.
- e-Content courseware in UG subjects: e-content in 87 Undergraduate courses with about 24,110 e-content modules is available on the CEC website at <a href="http://cec.nic.in/">http://cec.nic.in/</a>
- 5. SWAYAMPRABHA: <a href="https://www.swayamprabha.gov.in/">https://www.swayamprabha.gov.in/</a> is a group of 32 DTH channels providing high quality educational curriculum based course contents covering diverse disciplines such as arts, science, commerce, performing arts, social sciences and humanities subjects, engineering, technology, law, medicine, agriculture etc to all teachers, students and citizens across the country interested in lifelong learning. These channels are free to air and can also be accessed through your cable operator. The telecasted videos/lectures are also as archived videos on the Swayamprabha portal.

- CEC-UGC YouTube channel: <a href="https://www.youtube.com/user/cecedusat">https://www.youtube.com/user/cecedusat</a> provides access to unlimited educational curriculum based lectures absolutely free.
- 7. National Digital Library: <a href="https://ndl.iitkgp.ac.in/">https://ndl.iitkgp.ac.in/</a> is a digital repository of a vast amount of academic content in different formats and provides interface support for leading Indian languages for all academic levels including researchers and life-long learners, all disciplines, all popular form of access devices and differently-abled learners.
- 8. Shodhganga: <a href="https://shodhganga.inflibnet.ac.in/">https://shodhganga.inflibnet.ac.in/</a> is a digital repository platform of 2,60,000 Indian Electronic Theses and Dissertations for research students to deposit their Ph.D. theses and make it available to the entire scholarly community in open access.
- 9. e-Shodh Sindhu <a href="https://ess.inflibnet.ac.in/">https://ess.inflibnet.ac.in/</a> provides current as well as archival access to more than 15,000 core and peer-reviewed journals and a number of bibliographic, citation and factual databases in different disciplines from a large number of publishers and aggregators to its member institutions including centrally-funded technical institutions, universities and colleges that are covered under 12(B) and 2(f) Sections of the UGC Act.
- 10.Vidwan: <a href="https://vidwan.inflibnet.ac.in/">https://vidwan.inflibnet.ac.in/</a> is a database of experts which provides information about experts to peers, prospective collaborators, funding agencies policy makers and research scholar in the country. Faculty members are requested to register on the Vidwan portal to help expand the database of experts.

It is hoped, that these ICT initiatives, which cover a broad range of subjects and courses and have been prepared by experts, will provide an excellent learning experience to all of you.

For any queries or clarifications UGC, INFLIBNET and CEC may be contacted at eresource.ugc@gmail.com, eresource.inflibnet@gmail.com and eresource.cec@gmail.com respectively.

With best wishes and regards,

Yours sincerely,

(Rajnish Jain)

To

The Vice Chancellors of All the Universities and Principals of All the Colleges with a request to upload this letter on their respective Institutions' websites and share with the teaching and student community via e-mail and other social media

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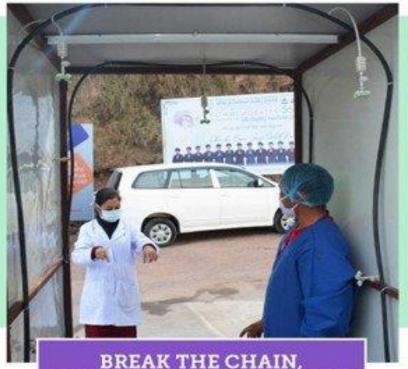
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### COVID 19 SCREEING CAMPIGN SMART DISINFECTION AND SANITATION TUNNEL

### SMART DISINFECTION AND SANITATION TUNNEL



BREAK THE CHAIN, SANITIZE AGAIN AND AGAIN

An initiative of Akal College of Nursing and Akal Charitable Hospital

#AkalCOVIDseries #HimachalPradesh

Akal College of Nursing, Akal Charitable Hospital and Kalgidhar Trust has joined the combat against the global crisis in the form of Covid-19 by taking various initiatives to ensure the safety of the each and everyone in the divine valley of Baru Sahib.

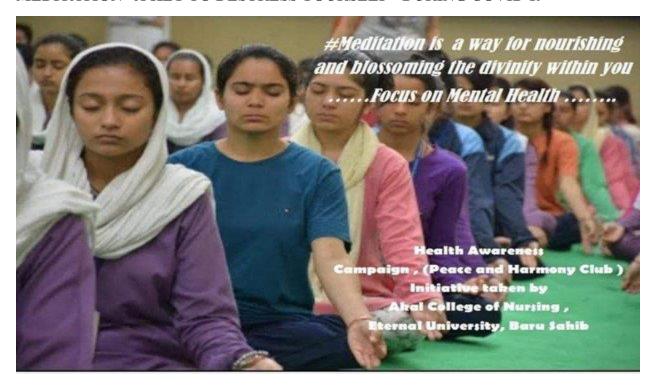
#### #AkalCOVIDseries #HimachalPradesh



We create competent and compassionate health-care givers



#### MEDITATION "A KEY TO DESTRESS YOURSELF - DURING COVID 19"



Akal College of Nursing, Akal Charitable Hospital and Kalgidhar Trust has joined the combat against the global crisis in the form of Covid-19 by taking various initiatives to ensure the safety of the each and everyone in the divine valley of Baru Sahib.





#### **KEEP CALM AND MANAGE STRESS**



#### Think, feel, body

Notice your thoughts and whether they are negative or positive. Notice your emotions and how your body feels.



#### Focus on your breath

Listen to your breath.
You can put your
hand on your stomach and feel each
inhale & exhale. You
may say "I am okay"



#### Coming back

Notice how your body feels. Listen to the sounds in the room.



#### Set Up

Find a comfortable sitting position, feet flat on the floor and hands resting in your lap. Close your eyes, if it's comfortable





#### Reflecting

Think if you feel any different. When you are ready, open your eyes.

\*As suggested by WHO

1 minute relaxation activity to manage stress\*

# COVID 19 SURVEILLANCE CAMPAIGN BREAK THE CHAIN: EDUCATE AGAIN AND AGAIN



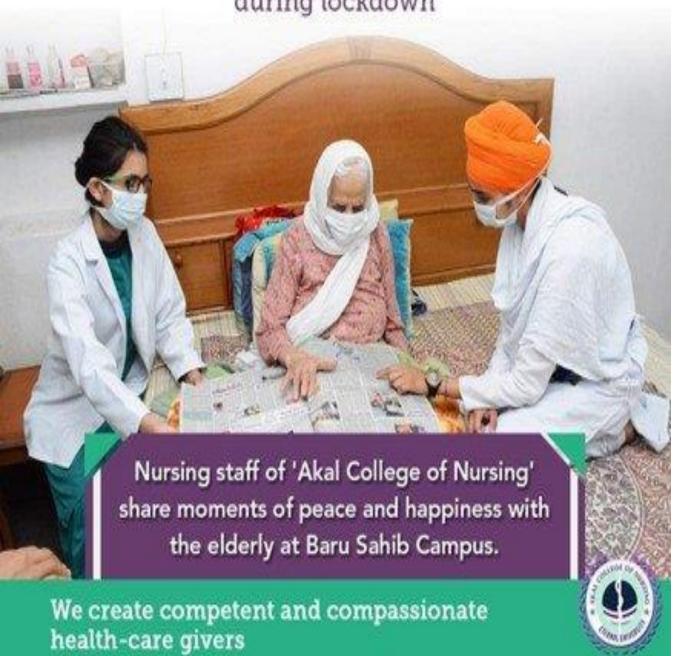
Informative posters made by children of 'Akal Academy Baru Sahib' during nCOVID awareness campaign initiated by 'Akal College of Nursing'

We create competent and compassionate health-care givers

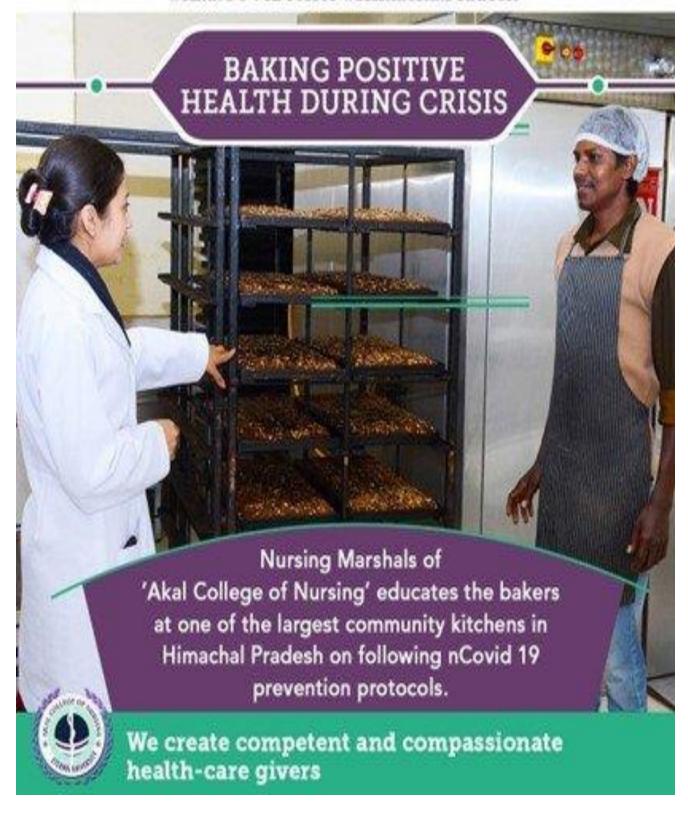
Akal College of Nursing, Akal Charitable Hospital and Kalgidhar Trust has joined the combat against the global crisis in the form of Covid-19 by taking various initiatives to ensure the safety of the each and everyone in the divine valley of Baru Sahib.

## SPEND QUALITY TIME

with the elderly during lockdown

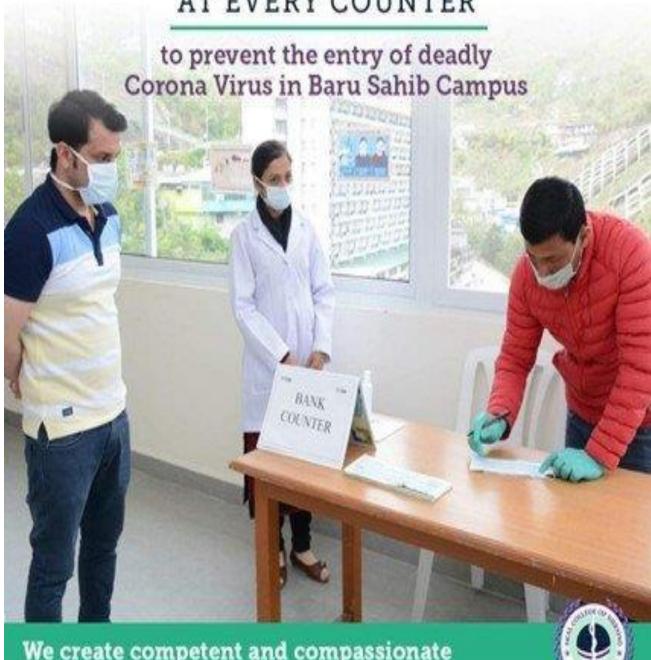


#### #AkalCOVIDseries #HimachalPradesh

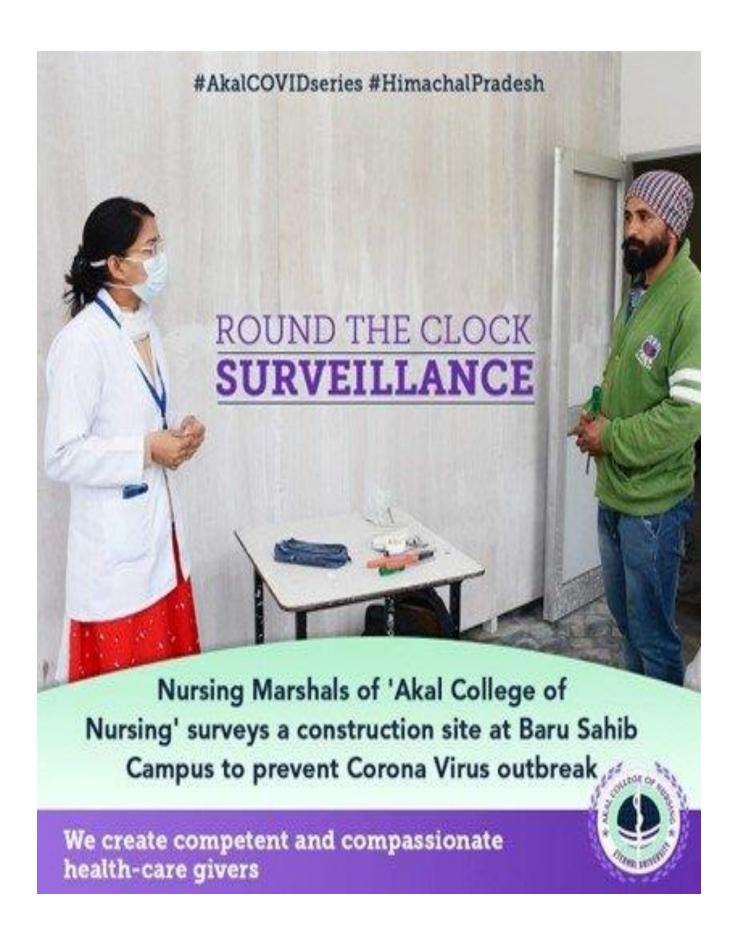


## SURVEILLANCE

### AT EVERY COUNTER



We create competent and compassionate health-care givers







Akal College of Nursing, Baru Sahib is steeling blessed with Harpreet Kaur Sandhu at Eternal University.

26 April 2020 · Rajasthan · 🚱

#Health Education Efforts#

#### #AkalCOVIDseries #HimachalPradesh

## FOR YOU

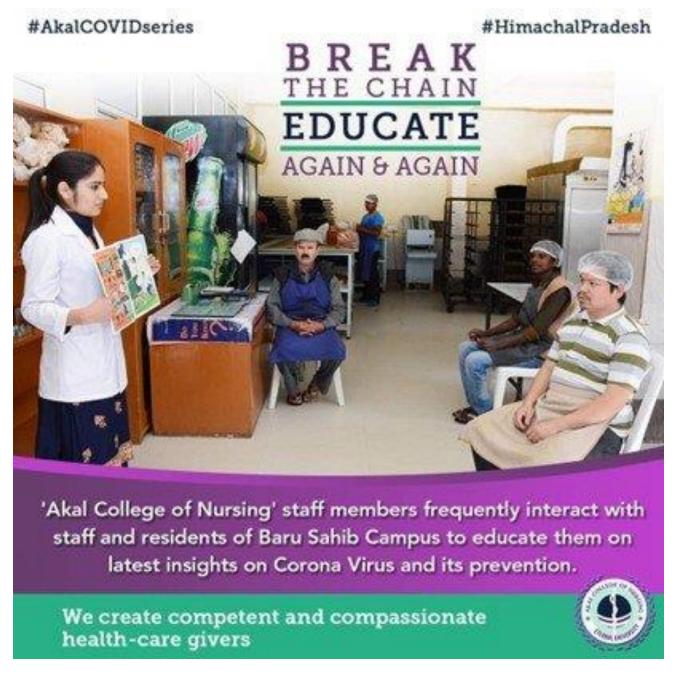




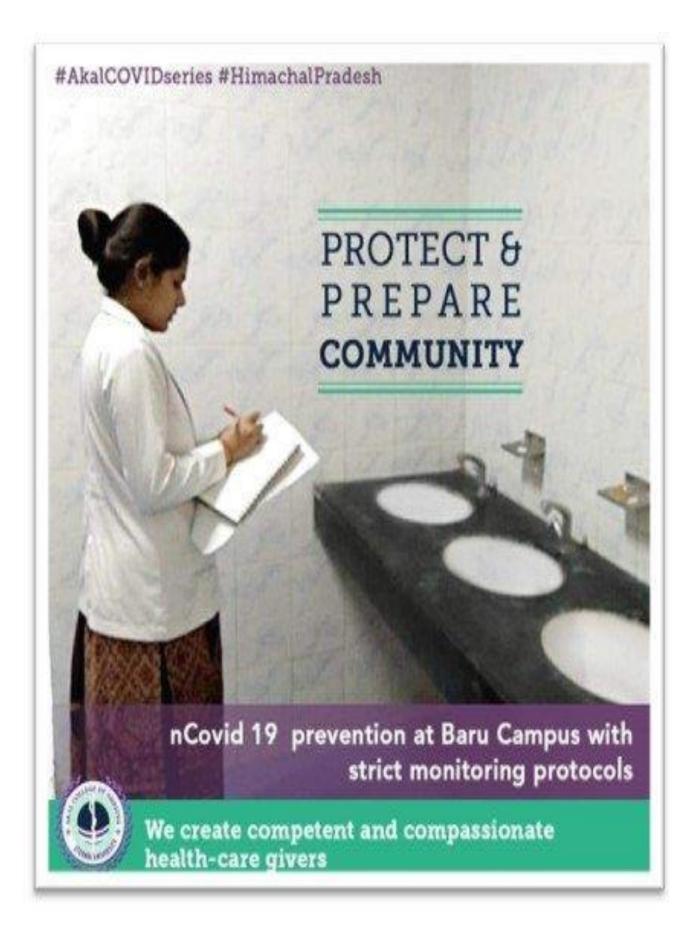
Coronavirus Warriors of 'Akal College of Nursing' stand strong in the storm to protect each and every resident of Baru Sahib

We create competent and compassionate health-care givers

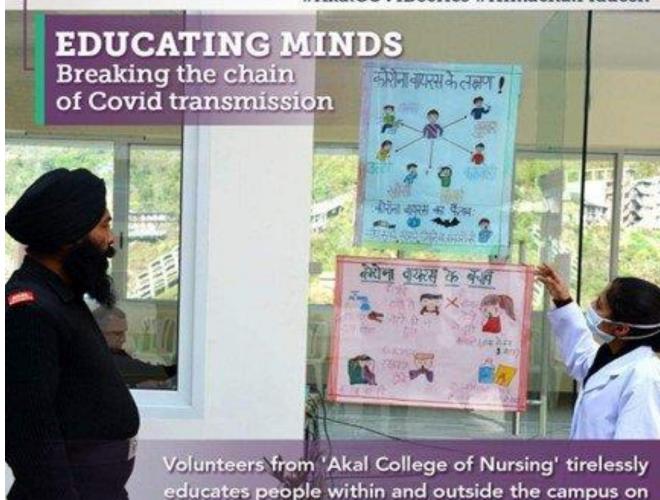
# COVID 19 AWARENESS CAMPAIGN EDUCATE YOURSELF: EDUCATE COMMUNITY



Akal College of Nursing has joined the combat against the unprecedented global crisis in the form of Covid-19 by taking various initiatives to ensure the safety of the students, faculty, and staff while remaining uncompromising with the learning graph of the beloved students.







We create competent and compassionate health-care givers

खुद रहें सुरक्षित, दूसरों को रखें सुरक्षित — क्या करें और क्या ना करें



यदि आपको खांसी और बुखार का अनुमय हो रहा हो, तो किसी के साथ संपर्क में ना आयें



अपनी आंख, नाक या गंड को ना हतें



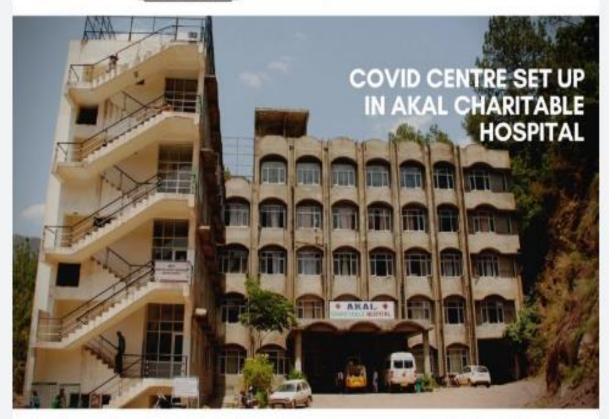
सार्वजनिक स्थानों

क्या न करें 🛇

हम सब साथ मिलकर कोरोनावायरस से लड़ सकते हैं

# The Tribune

VOICE OF THE PEOPLE S



The district administration of Sirmaur has roped in a private sector-run Akal Charitable Trust, Baru Sahib to cater to the burgeoning number of COVID cases at Baru Sahib in Sarahan subdivision.

> A 100-bed hospital run by the trust has been notified as a **Dedicated Covid Care Centre (DCCC)** by the district magistrate.

"The infrastructure and logistics were found apt in an inspection conducted by the Chief Medical Officer. The Medical Superintendent has agreed to provide due medical staff with supportive staff for managing the cases as per the laid protocol," said Deputy Commissioner, Sirmaur, Dr RK Pruthi.

The Ayurvedic Medical Officer, Pacchad, has also been deputed for 12 hours to monitor and supervise the centre on a routine basis. Three doctors, four nurses, two ward attendants and four housekeeping staffers have been provided for this centre.

HELP FIGHT THE THREAT BY PROVIDING SUPPORT TO OUR DOCTORS, NURSES, AND MEDICAL STAFF AT AKAL CHARITABLE HOSPITAL, BARU SAHIB



#### EP 1 Akal Charitable Hospital Covid-19 Appeal 11 May 2021



Uploaded: May 12, 2021 · 124 Views · 1 Likes

Akal Charitable Hospital., A Whole-Heartedly Appeal from Nurses (front-line workers) During #Covid... More 
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### Partner with Akal Charitable Hospital to bring hope and healing to those in need through CSR

barublog

May 11, 2023

Add comment

6 min read

#### **Table of Contents**

- Akal Charitable Hospital Caring for the Underserved, Empowering the Community
- "Where Healing Meets Humanity Akal Charitable Hospital"
  - o Making Rural Health a Priority Our Free Medical Camps in Action
- Standing Strong Together Our Response to Covid-19
  - A Heartfelt Thank You The Covid Fighters salute Akal Charitable Hospital
- Join Hands for a Cause: Support Akal Charitable Hospital's Mission through CSR
- Donate and play your part
- Know more about us

#### Akal Charitable Hospital – Caring for the Underserved, Empowering the Community

People who suffer from illness or health problems visit the medical centre or Hospital to seek treatment. But do you know that only 60% of the population of India has easy access to healthcare facilities in India? The right to health is a fundamental right. It is essential that anyone can quickly obtain healthcare facilities irrespective of caste, creed, religion, or gender.



In rural India, Primary health care centres (PHCs) are limited; 8% of centres do not have doctors or medical staff, 39% do not have lab technicians, and 18% PHCs do not even have a pharmacist. There is a need to strengthen healthcare infrastructure and facilities in the rural areas.

<u>The Kalgidhar Society</u> is a nonprofit organization working towards the welfare of Society by promoting value-based education, especially in rural areas, women empowerment, primary health, social welfare & spiritual uplift to underprivileged/deprived rural masses in far-flung rural areas of North India.

Join us in making a difference and helping make our country and this World a better, happier, more pleasant place to live in.

#### "Where Healing Meets Humanity - Akal Charitable Hospital"

Akal Charitable Hospital, under the auspices of **The Kalgidhar Society**, **is a 120-bed fully furnished medical facility** in the backward district of Sirmaur, Himachal Pradesh. It has been a boon to the Society. This Hospital caters to the medical needs of patients covering an area of a

radius of 100km. The Hospital handles all types of emergencies and works around the clock. The Hospital itself offers ambulance services.



The Hospital annually provides **free emergency medical care** and **primary healthcare** to over 39,000 underprivileged people. The Hospital also provides **Free treatment to abandoned and suffering senior citizens.** 

<u>Akal Charitable Hospital</u> is the only Hospital in the region attending to patients with snake bites for which expensive antivenin is given.

Making Rural Health a Priority – Our Free Medical Camps in Action

Recently **Akal Charitable Hospital** organized a 2 day medical and surgical camp on the 21st – 22nd of April 2023. It was the **102nd camp organized by the Hospital**, which has been at the forefront of providing FREE healthcare services to the deprived population in the district of Sirmaur.



A team of 55 volunteers, including surgeons, other medical specialists, nurses, and paramedical staff from Jalandhar, Chandigarh, and Moga, participated in the camp. More than one thousand patients from rural, hilly pockets across 50+ villages spread over 150 km of mountainous terrain attended the camp.

The team of Medical specialists included general surgeons, ENT surgeons, orthopaedic surgeons, gynaecologists, ophthalmologists, and experienced dental surgeons who attended the camp and treated 373 males and 536 females. The team conducted 23 major and minor surgeries, bringing smiles and satisfaction to many.

**Akal Charitable Hospital** organizes general Medical Camps, Naturopathy, and ophthalmologic Camps 4 times a year. **More than 100 operations are carried out in the camps free of cost**.

Surgeries like Hernia. Hysterectomy, cleft lip, palate, skin waning, contractures following burns, eye operations. Plastic Surgery and Ortho Operations are done in the camp.

The Hospital also organizes medical camps at different Akal Academies running under the auspices of **The Kalgidhar Society**, Baru Sahib.

#### Standing Strong Together – Our Response to Covid-19

During the outbreak, the Covid-19 district magistrate even declared Akal Hospital a Dedicated Covid Health Center & DCCC(Dedicated Covid Care Center).

#### Akal Charitable Hospital established Covid Care Facility with the support of AIF.

During Covid-19 Wave-I, The **Akal Charitable Hospital** benefited over 8000 local villagers of the region, distributed around 25000 masks and 5500 bottles of sanitiser, and raw food grains (Flour, Rice, Pulses, Lentils, and Oil) in districts Sirmaur, Nahan, Govindgarh and Paonta Sahib. In addition, the Hospital also distributed masks and sanitiser to rural schools in northern Indian villages and around 50000 masks to 10000 rural families.

Post Covid-19 Wave-II, The Hospital had a patient recovery rate of 99.7%. And treated 723 Covid patients. Free-of-cost ambulance services were provided in a radius of 70 kilometres to cover all the villages of district Sirmaur.

Besides medical services to COVID-infected patients, from our main centre, we have provided free meals and accommodation (patients, attendants, students, staff, jobless labourers & daily wagers, and other regular visitors) daily. We served 7500+ meals daily for a continuous period of 7-8 months during wave II.

**Akal Charitable Hospital** set up 10 Oxygen Concentrator Distribution Centres in Punjab, Haryana, UP, and Rajasthan, which provided oxygen to 800+ patients in dire need from these centres. It also distributed 35000 Casetify Masks and Medicines in several towns of northern India.

A Heartfelt Thank You – The Covid Fighters salute Akal Charitable Hospital

Covid patients admitted to <u>Akal Charitable Hospital</u> from the far-flung hilly region of Himachal Pradesh felt very grateful to the Doctors, Nurses, and the entire staff of Akal Charitable Hospital for their services.

Watch the video below to see their gratitude and appreciation.

#### Join Hands for a Cause: Support Akal Charitable Hospital's Mission through CSR

Everyone has the right to have healthcare access, and there is a dire need to improve healthcare access in rural areas like Sirmaur, Himachal Pradesh. For the past decade, Akal Charitable Hospital served underprivileged communities by providing free healthcare services and promoting love, brotherhood, and empathy.

During the COVID-19 crisis, **Akal Charitable Hospital** received crucial support from its previous partner, AIF, enabling the hospital to better serve the community in need.

The Hospital needs ongoing support and assistance to continue the mission of serving humanity and providing healthcare access for those who need it most. With monthly expenses of around 20 lakhs, Akal Charitable Hospital invites companies and organizations to join hands with them under their CSR initiative to save countless lives.

Together, we can empower rural communities and significantly impact the lives of the underprivileged by ensuring access to quality healthcare. Join us in our mission to make healthcare accessible for all.

For more information and CSR queries, Please Contact: Harmeet Singh:,+91 97111 93845, harmeetsingh@barusahib.org



#AkalCharitableHospital #TheKalgidharTrust #BaruSahib #FightAgainstCovid19 #CoronaVirus #HospitalsinHimachalPradesh #BestHospitalinHimachalPradesh #CharitableHospitalsinIndia

Covid-19 Fighters Discharged from Akal Charitable Hospital with Greetings

Akal Charitable Hospital, which is running under the aegis of The Kalgidhar Trust, Baru Sahib, was declared as Dedicated Covid Care Centre (DCCC) by the district magistrate.

This hospital is the only medical facility within a radius of 60 Km in this backward region of the state.

Recently, the patients who were suffering from the deadly Corona Virus won the fight against Covid-19. While discharging, they were greeted by the management of Akal Charitable Hospital by providing them Literature in Hindi on Divinity and Prasad as blessings for their well-being.





△ 8 

□ A Share 

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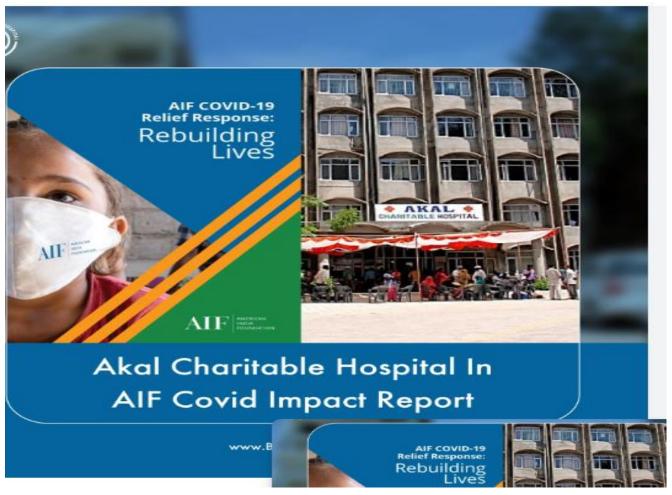
⑤ Thanks 

※ Clip

BaruSahibHP @

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∆ Subscribed ∨





#### Akal College of Nursing, Baru Sahib 3 May 2021 · 3



Akal Academy

School

WhatsApp

Akal Academy is 1 sharing a COVID-19 update. 3 May 2021 · 3

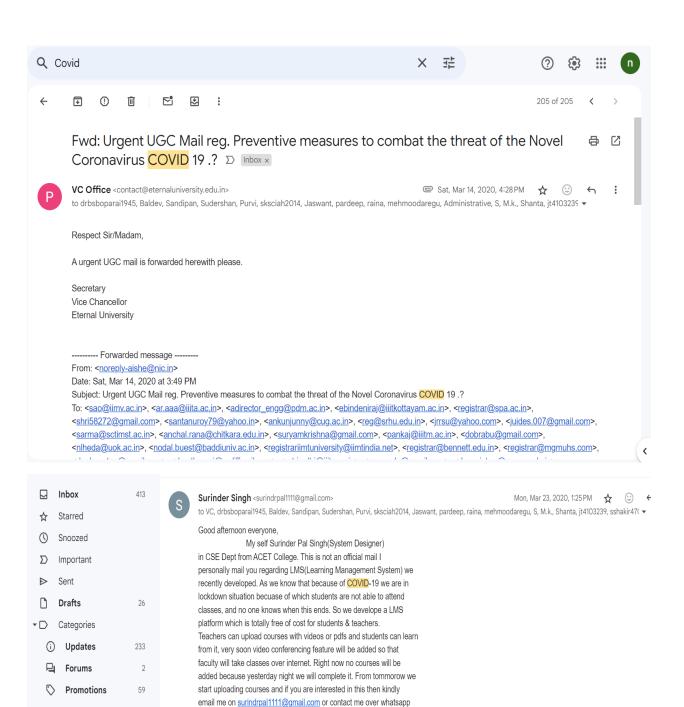
A whole-heartedly appeal from nurses(front-line workers) during #Covid-19 #Crisis.

We must come forward and support those in need!

Call to Support Amandeep Singh +91-9871711751 Ramandeep Singh +91-9818886162



### **Covid-19 testing facilities**



9915588558 or you can log in to <a href="https://learnea.iamsurinder.in/">https://learnea.iamsurinder.in/</a> and register your self. This project is done by me and 2 CSE students and very soon its Android application is also available for students.

On 19/03/2020, VC Office < contact@eternaluniversity.edu.in > wrote:

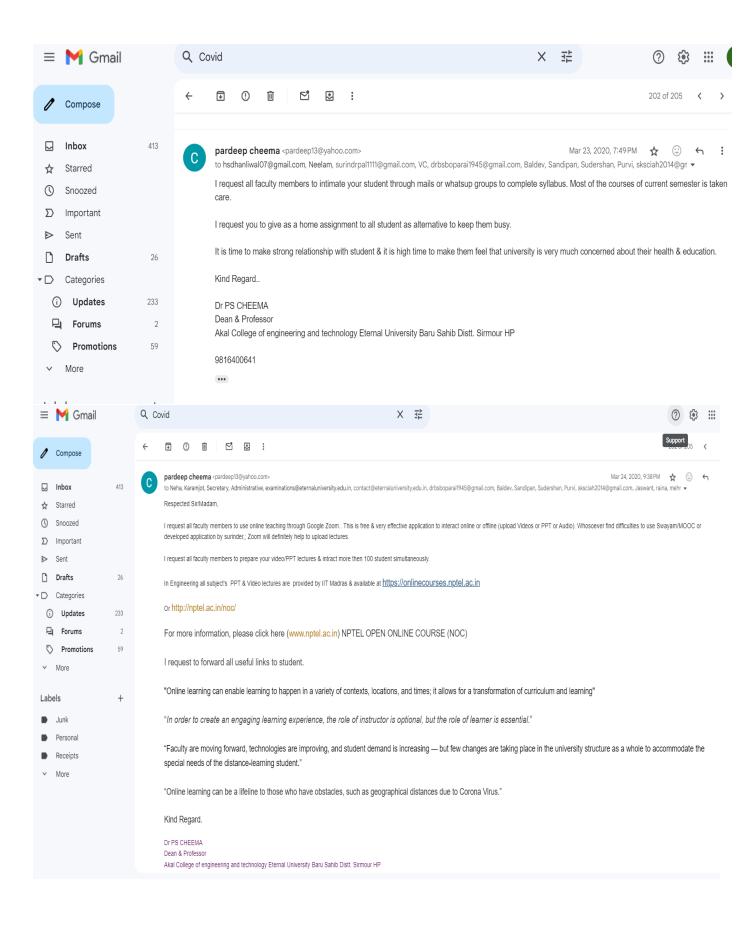
> Respected Sir/ Madam

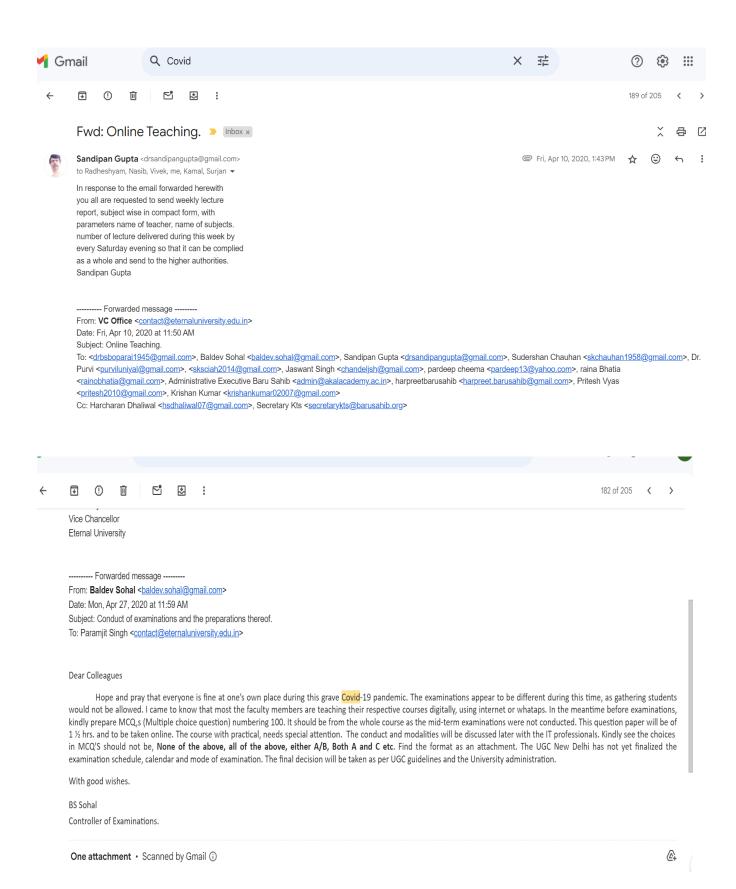
More

Labels

Junk

Personal





Online teaching D Inbox x





VC Office <contact@eternaluniversity.edu.in>

Sat, Apr 4, 2020, 3:48 PM 🛕 😉 🕤 🚦

to drbsboparai1945, Baldev, Sandipan, Sudershan, Purvi, sksciah2014, Jaswant, pardeep, raina, Administrative, S, Shanta, jt4103239, sshakir470, Kamla, kuldeepkaur2293, Kaur.manjinder844, jaikumarsharma1974, Kajal, aditisharma30\* 🕶

 $This has a reference to previous emails issued from VC's office regarding online teaching of the students during {\color{regarding covid-19} } break.$ 

The Hon'ble Vice Chancellor directs that all the faculty members will take their classes as per the weekly time table of the respective subject and the action taken report of the same will be communicated to respective Dean, Dean Academic Affairs and University Library. The quality of the job done by the faculty member will be cross checked by the University authorities at any time and a serious action will be initiated in case the information is found unsatisfactory.

With regards,

Secretary Vice Chancellor Eternal University



VC Office <contact@eternaluniversity.edu.in>

Sun, Apr 5, 2020, 11:23AM 🛕 😉 🕤 🚦



to drbsboparai1945, Baldev, Sandipan, Sudershan, Purvi, sksciah2014, Jaswant, pardeep, raina, Administrative, S, Shanta, [14/03239, sshakir470, Kamla, kuldeepkaur2293, Kaur.manjinder844, jaikumarsharma1974, Kajal, aditisharma30 🔻

Respected Sir/Madam,

You are requested to plan assessments also- both online and a paper pencil test when the university reopens as per the directions of Dr. Davinder Singh, Registrar of the Eternal University.

Secretary Vice Chancellor Eternal University



प्रो. धीरेन्द्र पाल सिंह अध्यक्ष Prof. D. P. Singh Chairman



#### विश्वविद्यालय अनुदान आयोग University Grants Commission

(मानव संसाधन विकास मंत्रालय, भारत सरकार) (Ministry of Human Resource Development, Govt. of India)

बहादुरशाह ज़फ़र मार्ग, नई दिल्ली-110002 Bahadur Shah Zafar Marg, New Delhi-110002

दूरभाग Phone : कार्यालय Off. : 011-23234019, 23236350 फैक्स Fax : 011-23239659, e-mail : cm.ugc@nic.in | web: www.ugc.ac.in

28th March, 2020

#### APPEAL: For Contribution to Combat COVID-19

Dear Colleagues,

Our country and the world as a whole are passing through unprecedented times due to COVID-19 pandemic. The number of persons infected with Corona virus are increasing day by day. We, the educational fraternity, have a great responsibility of not only making the people aware of preventive and precautionary measures to safeguard themselves and check the further spread of this virus, but also come forward to contribute financially to strengthen the efforts of the Government to combat the COVID-19 pandemic.

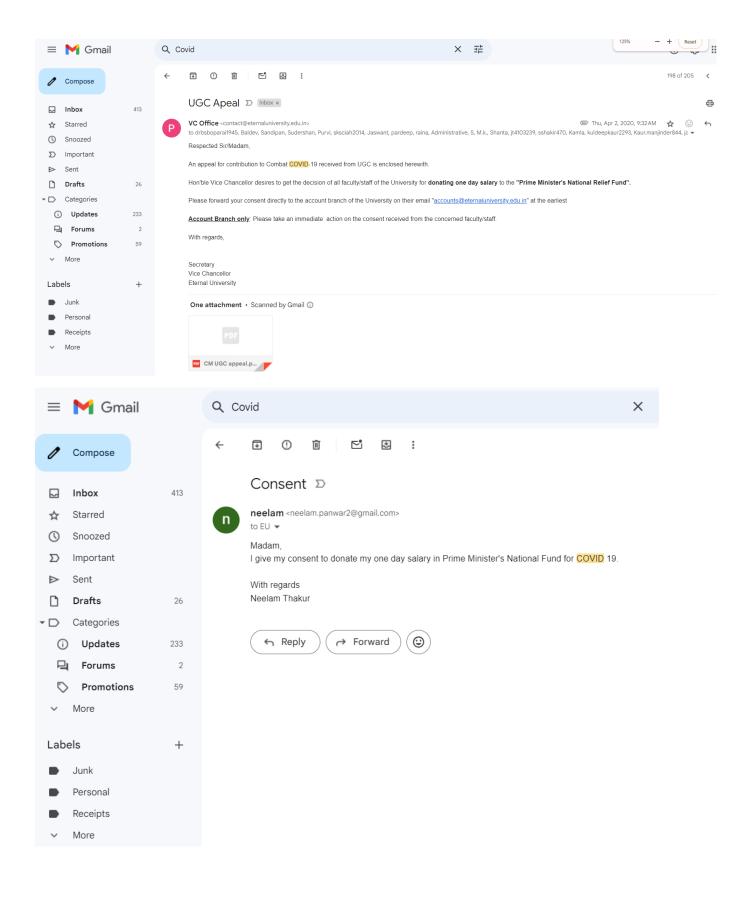
We, at UGC, have decided to make a humble contribution of One Day Salary to the Prime Minister's National Relief Fund. I appeal to the Vice Chancellors of the Universities and Directors/Principals of Institutes/Colleges to urge the teaching and non-teaching colleagues of their institutions to come forward and contribute for this noble cause. I am sure that this humble contribution of the educational fraternity will go a long way in serving the humanity in present moments of crisis.

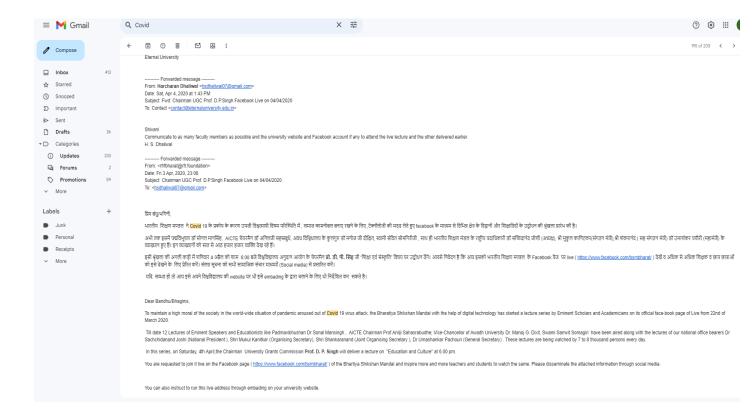
Let us stand together for the well-being of our countrymen and the mankind as a whole during this challenging time.

Best wishes,

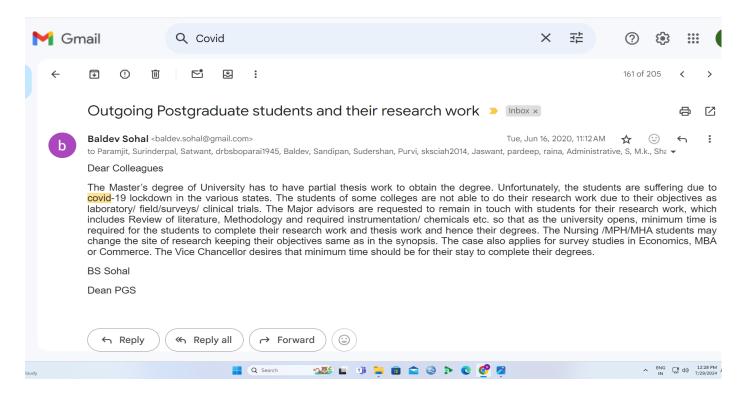
Prof. D. P. Singh

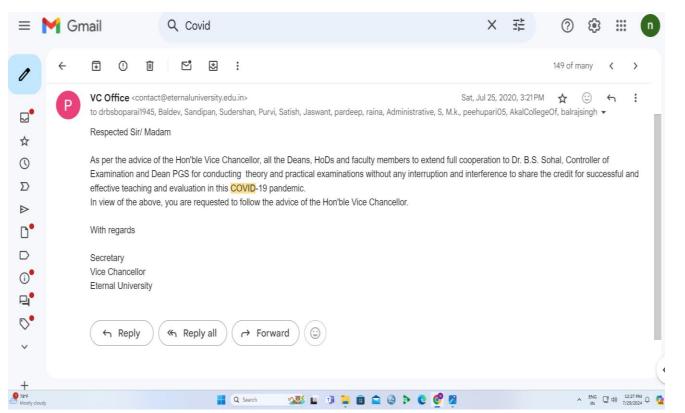
Chairman

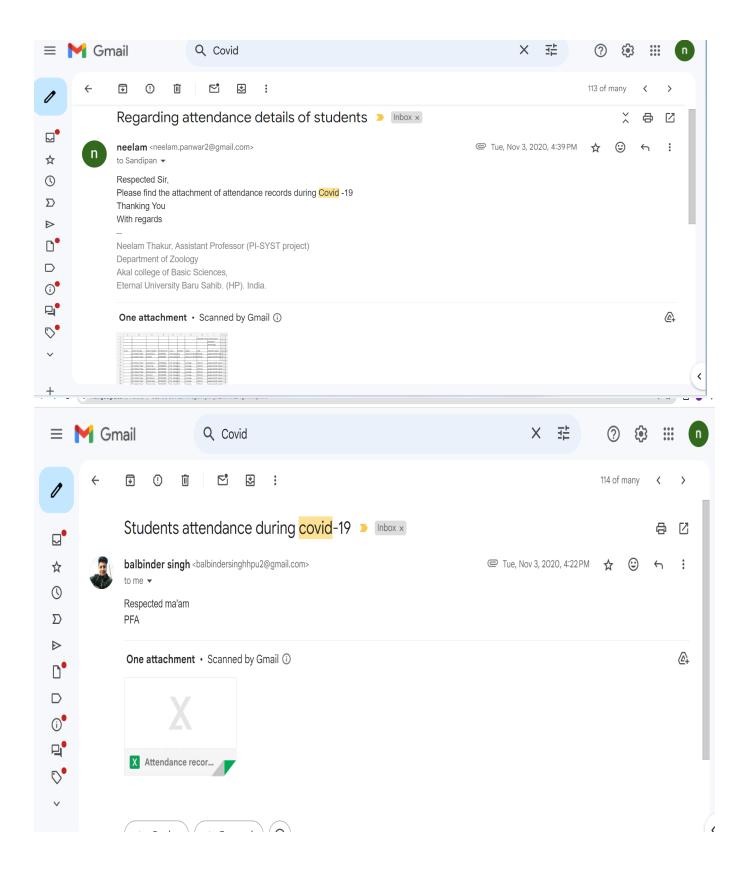


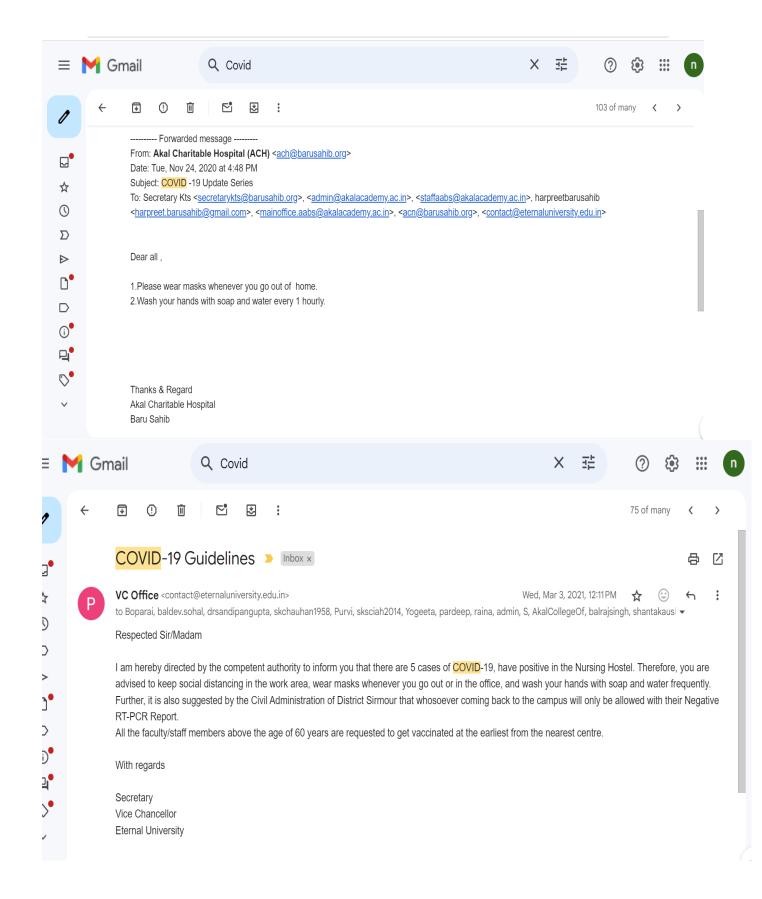


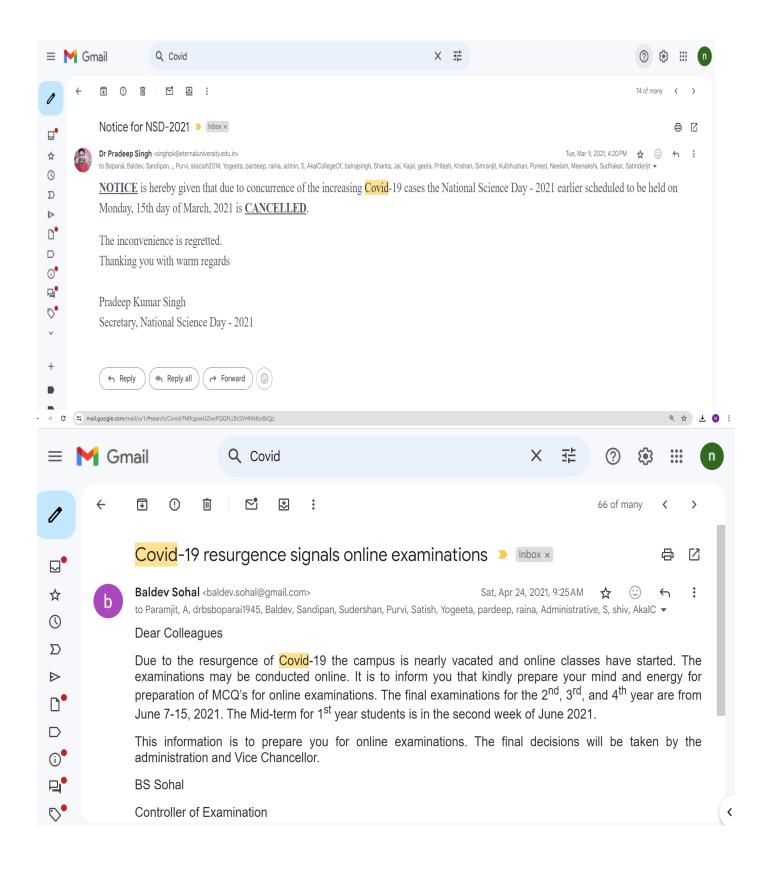


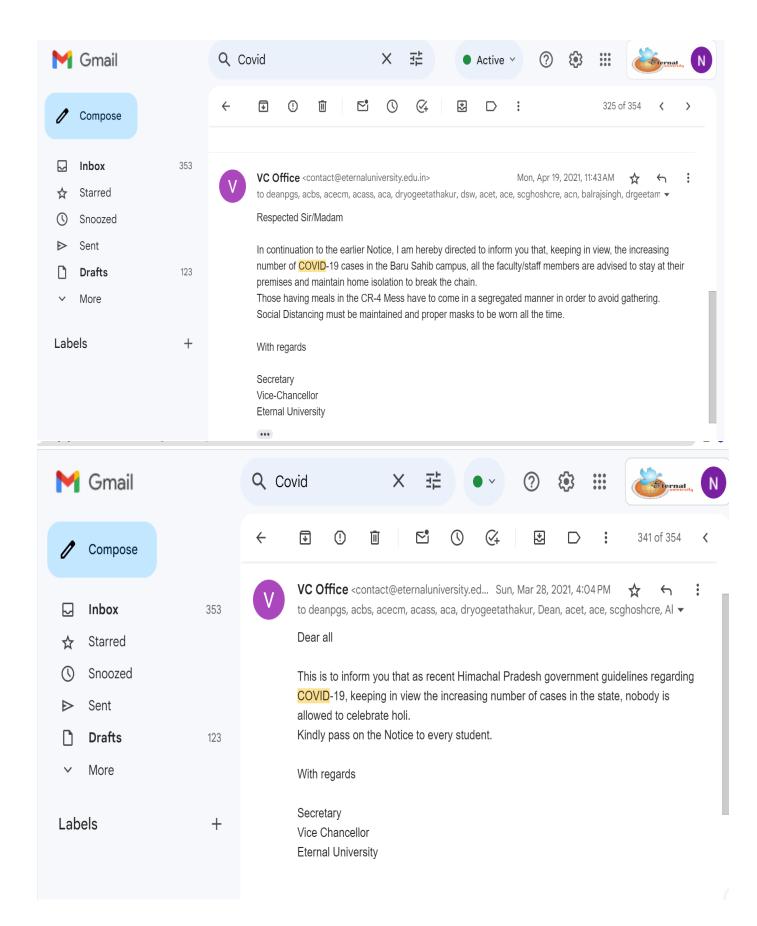


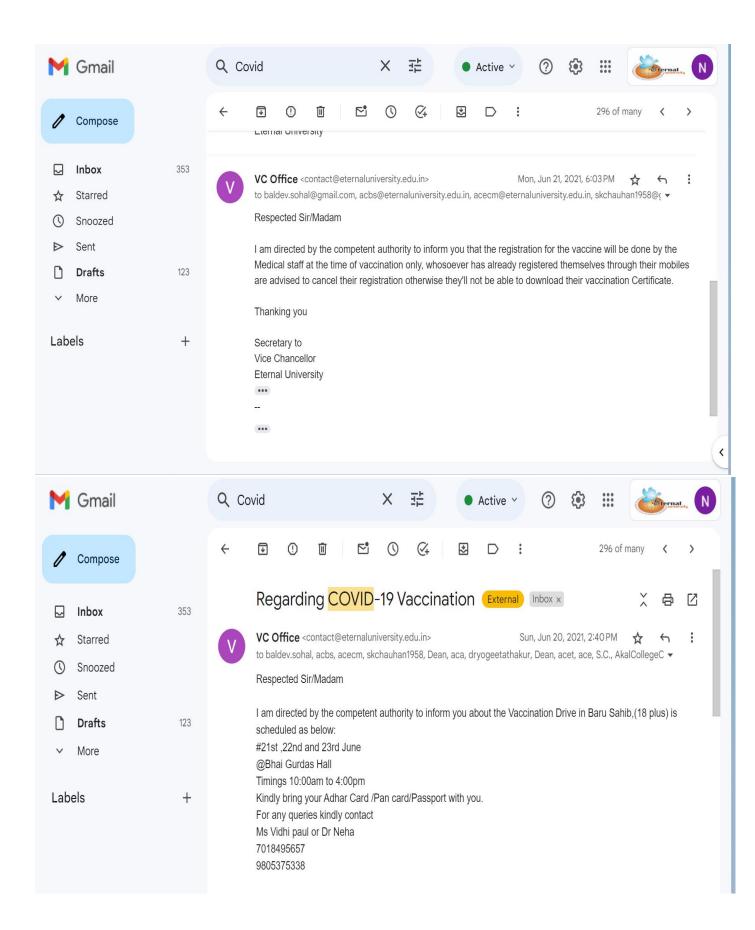


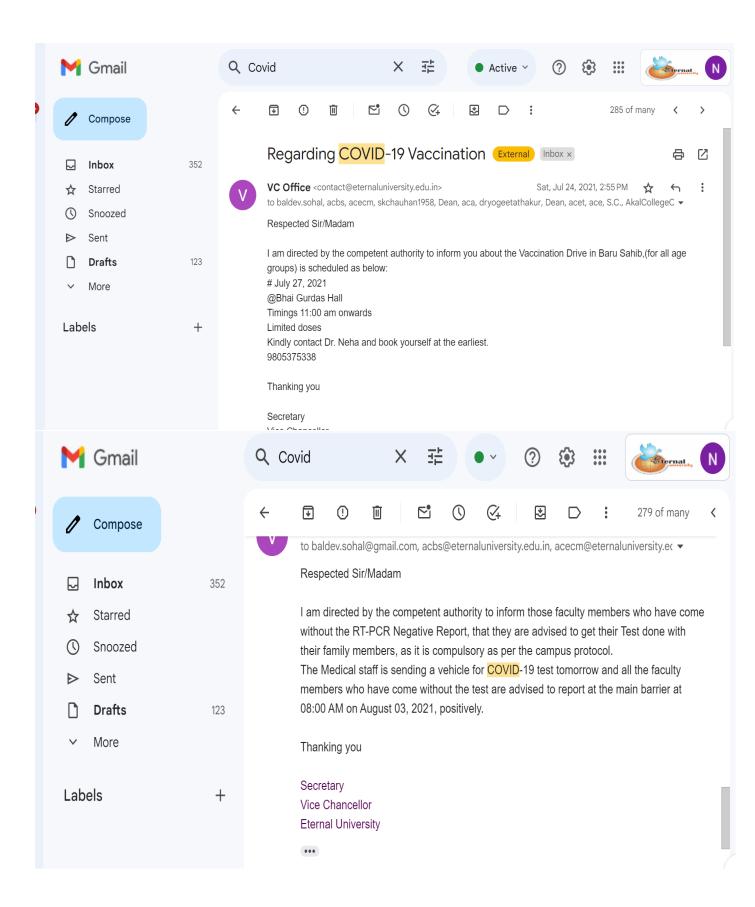


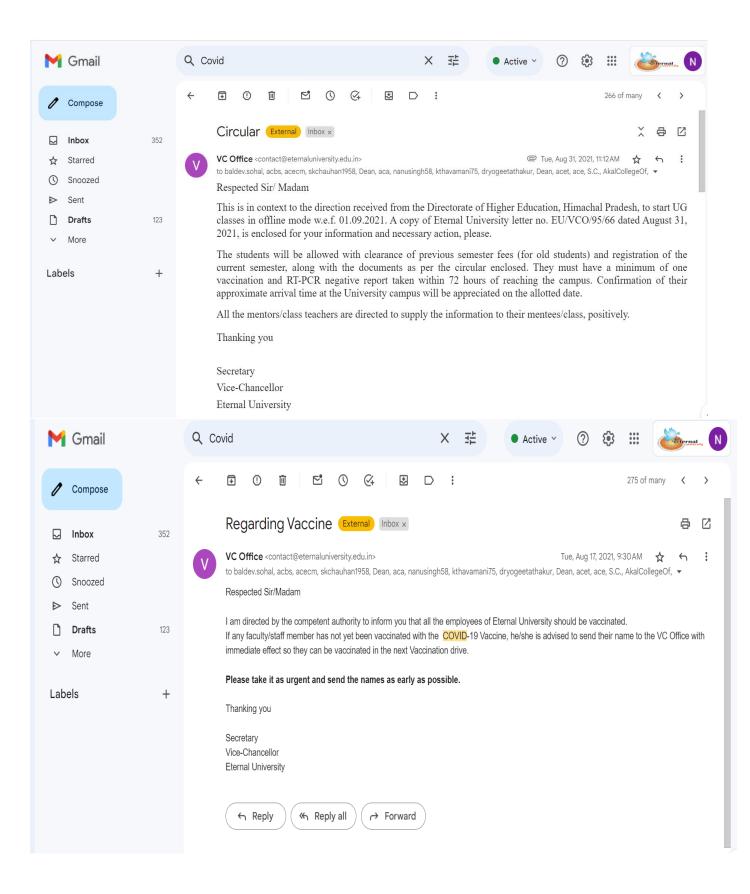


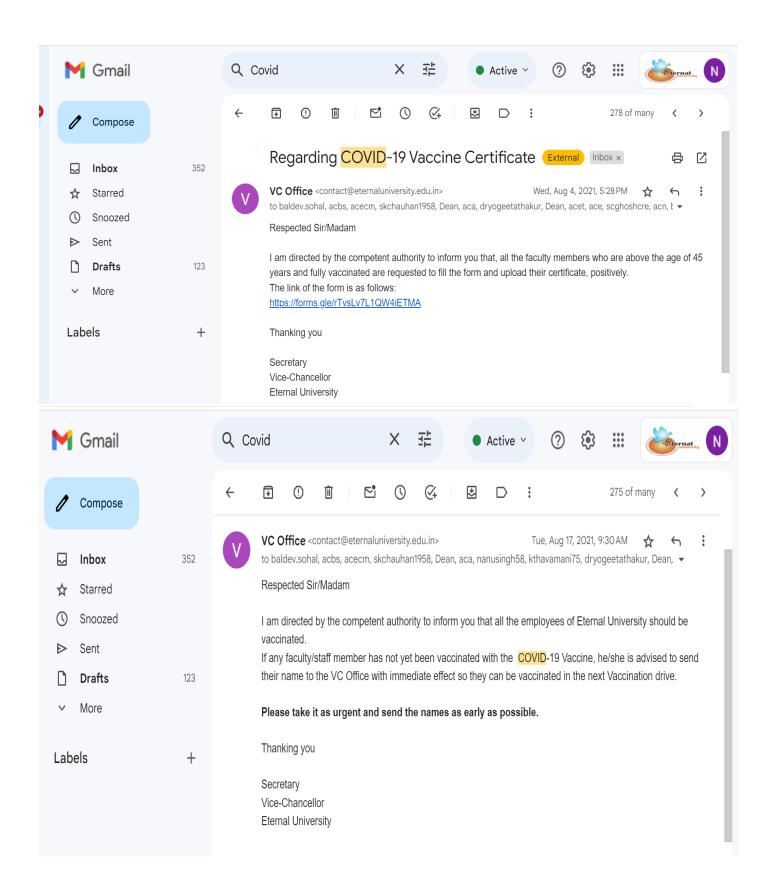


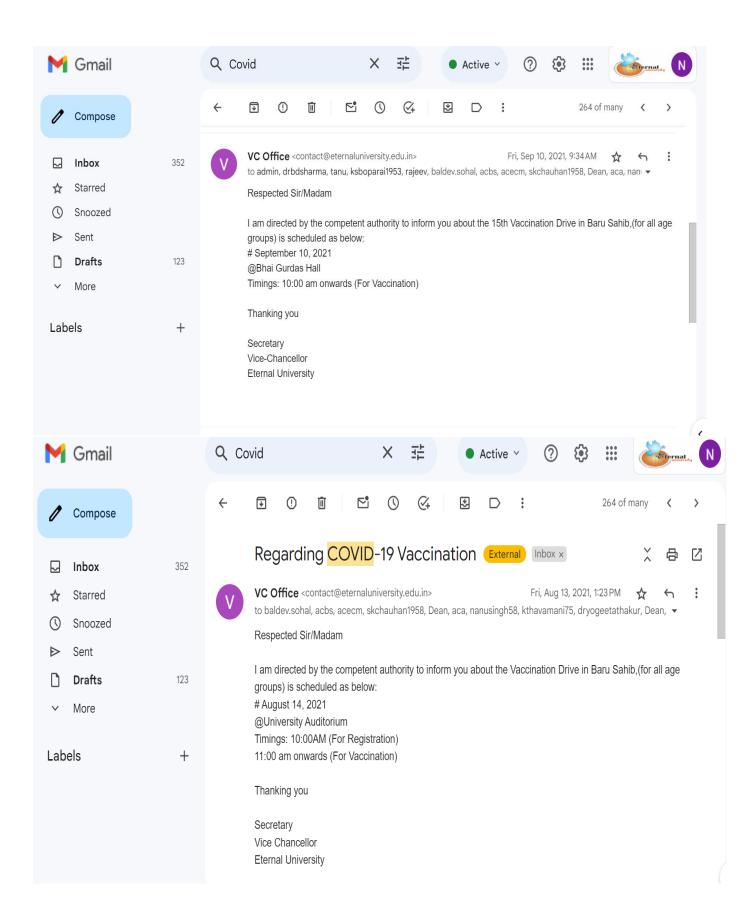


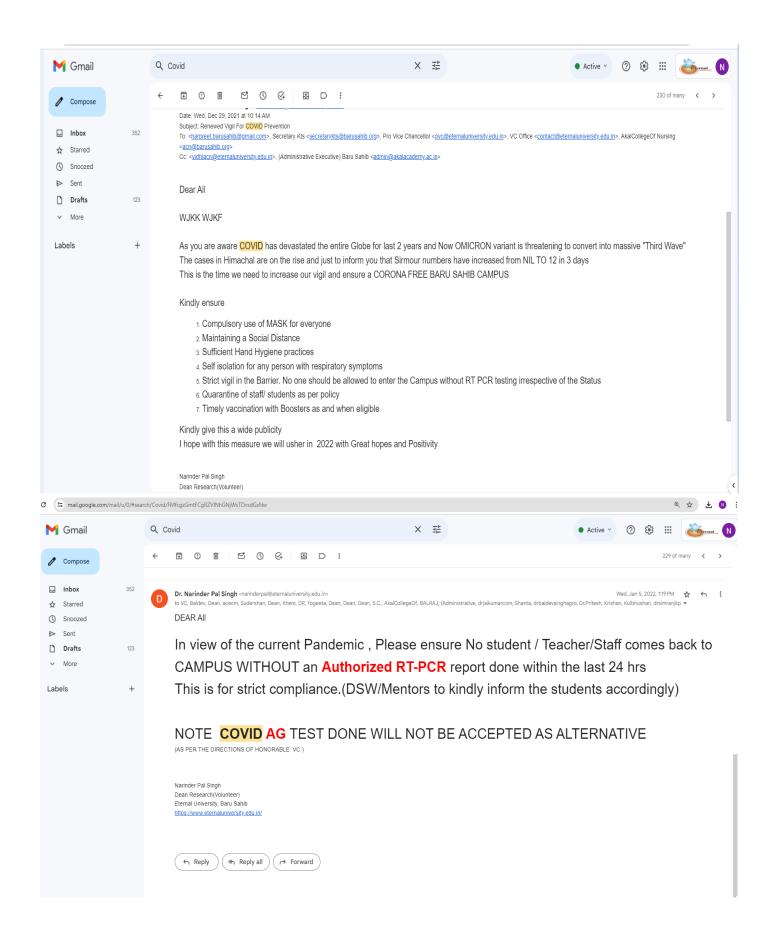


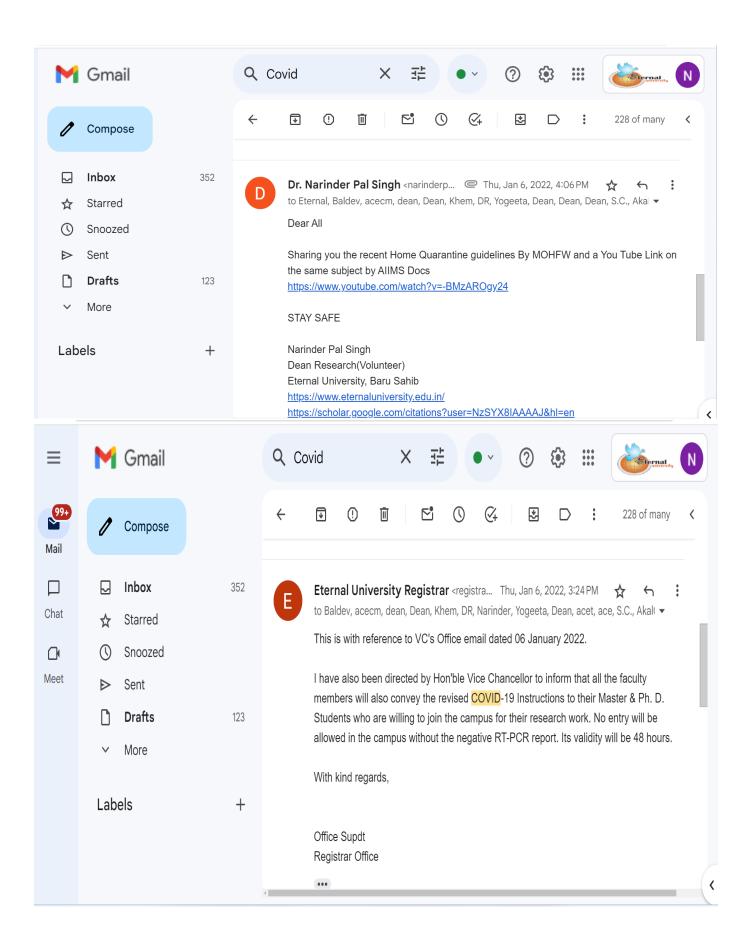


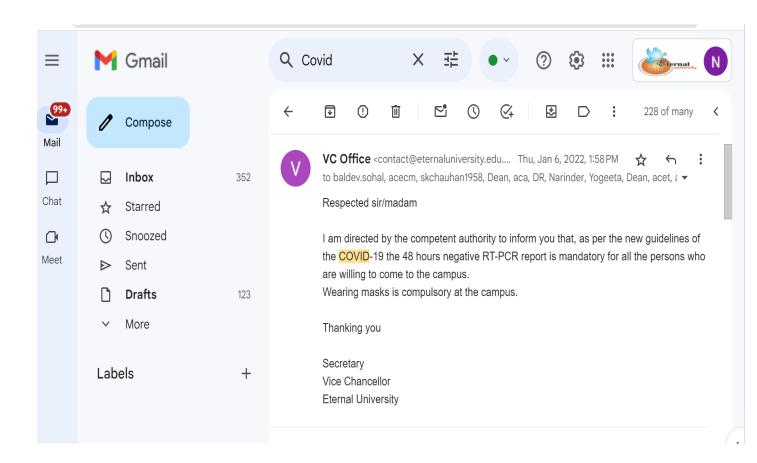






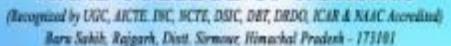












is Organizing

# DISASTER MOCKDRILL ON LANDSLIDE MANAGEMENT



29th July 2023









### DATE & TIME:

Start: Sat, Jul 29, 2023 10:00 AM

(as per your local time, India Standard Time)

#### Greetings from Akal College of Nursing, Eternal University!

We are pleased to extend this invitation to you for a significant event aimed at enhancing disaster management skills and preparedness. On 29th July 2023, we will be organizing a Landslide Management Mock Drill at our esteemed institution.

Event Details: Date: 29th July 2023 Time: 10am to 1pm Venue: Akal College of Nursing, Eternal University

The objective of this mock drill is to simulate a landslide scenario and test the effectiveness of our emergency response plans. It will provide a practical learning experience for all participants, including students, faculty, and professionals, on handling emergency situations efficiently and collaboratively.

Your presence and active participation are crucial in making this mock drill a success. As a participant, you will have the opportunity to:

- 1. Gain hands-on experience in dealing with landslide emergencies.
- 2. Learn about the latest techniques and strategies for effective disaster preparedness.
- 3. Enhance your leadership and decision-making skills in high-pressure situations.

For any queries or clarifications regarding the event, feel free to contact our organizing team Mr. Muthu Kumaran, Asst. Professor, Member of Disaster Management Committee, Akal College of Nursing, Eternal University, (muthukumaranacn@eternaluniversity.edu.in)

#### Participation is Limited to Only for the Students of Eternal University, Baru Sahib.

Let us join hands to build a resilient community equipped to face any disaster head-on. Your involvement will undoubtedly contribute significantly to this noble cause.

Looking forward to your enthusiastic participation!



### **DISASTER DRILL**

On 27/07/2019, Akal College of Nursing students have performed the Disaster Drill on Prevention and Management of Fire. Students have shown their skills on how to use Fire Extinguishers whenever necessary through a Roll play. The Faculty members, students & workers have learned the basics of using Fire Extinguishers. Guided By: Prof. Ranjit Kour (Principal, ACN), Dr. Harpreet Kaur (Admin., ACN) & Ms. Simarjot Kaur (Assist. Professor, ACN)

gallery

Shof on OnaPlus

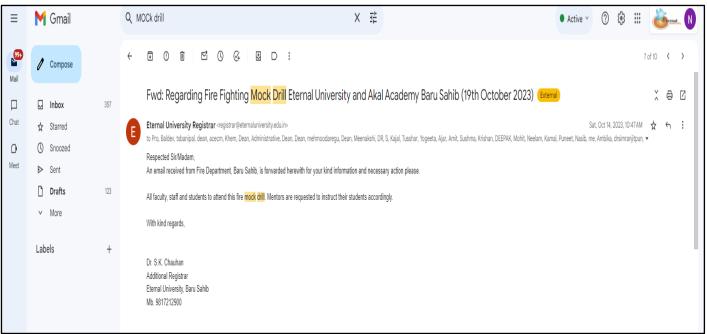
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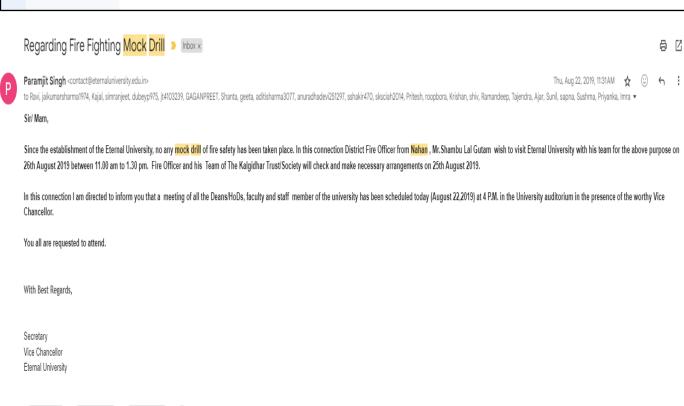




he Annual Training Camp of 1 HP Girls Battalion NCC Solan, which commenced on 04 Dec at Eternal University Baru Sahib, under the aegis of NCC Group Headquarters, Shimla came to a successful conclusion on 10 Dec 2021.

As per the Commanding Officer, Colonel Rajdeep Singh Lehal, Sena Medal, a total of 388 Girl Cadets of 16 colleges from eight districts of Himachal Pradesh attended this camp. During these 07 days, cadets very enthusiastically took part in various professional/ cultural events and competitions. The cadets were imparted training in Drill, Weapon Training, Map Reading, Field Craft, Battle Craft, Yoga, Social Service, Community Development and a variety of other subjects. All cadets learnt weapon handling and took part in live-fire with .22 rifle.





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## बड़ू साहिब कॉलेज के नाले में फटा बादल, विद्यार्थी होस्टलों की ऊपरी मंजिलों में शिफ्ट

punjabkesari.in Monday, Sep 26, 2022 - 10:19 PM (IST)



राजगढ़ (नाहन) (गोपाल): इंटरनल यूनिवर्सिटी बड़ू साहिब के साथ बहते नाले में बादल फटने से बड़ू साहिब में बाढ़ जैसे हालत पैदा हो गए। यूनिवर्सिटी का पूरा परिसर जलमग्न हो गया है और परिसर में लगभग 4 से 5 फुट तक पानी भर गया। यूनिवर्सिटी के समीप सड़क पर खड़ी गाड़ियां पानी में बह गईं। हालांकि अभी नुक्सान का पता नहीं चल पाया है। घटना की सूचना मिलते ही एसडीएम पच्छाद नुक्सान का जायजा लेने के लिए मौके पर पहुंचे और राहत एवं बचाव कार्य आरंभ कर दिए। सभी विद्यार्थी होस्टलों की ऊपरी मंजिलों में शिफ्ट कर दिए गए हैं। बताया जा रहा है कि तेज पानी के बहाव से बड़ू साहिब में बिजली के खम्भे गिरने से चारों ओर करंट आ गया, जिसमें एक सफाई कर्मचारी की मौत हो गई। जैसे ही इस बात की सूचना कलगीधर ट्रस्ट के प्रबंधन को मिली उसी समय पूरे संस्थान की बिजली बंद कर दी गई नहीं तो और अधिक



भारतीय स्टेट बैंक खेरी शाखा का रिकॉर्ड मलबे से खराब कलगीधर ट्रस्ट के मुख्य सेवादार जगजीत सिंह (काका वीर) के अनुसार दरबार हाल के सामने बने सभी कमरों में पानी भर गया और सड़क पर खड़े वाहन बह गए कितने वाहन बहे हैं इसकी सूचना अभी नहीं मिल पाई है। उन्होंने कहा कि शिक्षण संस्थान में रह रहे सभी विद्यार्थियों को होस्टलों की ऊपरी मंजिलों मे सुरक्षित स्थान पर भेज दिया गया था और उनको भोजन-पानी की पूरी व्यवस्था वहीं कर दी गई है। भारतीय स्टेट बैंक खेरी शाखा का सारा रिकॉर्ड मलबे से खराब हो गया है। कलगीधर ट्रस्ट के कार्यालयों में भी मलबा भरने से सारा रिकार्ड खराब होने की आशंका है। जगजीत सिंह के अनुसार ट्रस्ट को लगभग 40 करोड़ रुपए का नुक्सान होने का

अनुमान है। स्थानीय विधायक रीना कश्यप ने बड़ साहिब का दौरा किया।



दोस्त के साथ घर जा रहे अधेड़ की नाले में बहन से मौत उधर, बारिश के बाद नाले में आई बाढ़ से उपमंडल नौहराधार के सेर-तंदूला पंचायत के मैथली गांव के 65 वर्षीय यशवंत की मौत हो गई। ग्रामीणों ने बताया कि रविवार सायं यशवंत अपने दोस्त सुखदेव के साथ कुफ्टू गांव से मैथली अपने घर जा रहे थे कि सेर-तंदूला स्कूल के साथ लगते नाले को पार करते हुए वह बाढ़ की चपेट में आ गए। यशवंत नाले में बह गया। नायब तहसीलदार नौहराधार काकूराम ने बताया कि रास्ते बंद होने व मौसम खराब होने से पोस्मार्टम नहीं करवाया जा सका। उन्होंने बताया कि मृतक के परिजनों को 20 हजार रुपए फौरी राहत दी गई है।

हिमाचल की खबरें Twitter पर पढ़ने के लिए हमें Join करें Click Here अपने शहर की और खबरें जानने के लिए Like करें हमारा Facebook Page Click Here

### Cloudburst in Sirmaur: मानगढ़ में बादल फटा, पानी में डूबा बड़ साहिब, करंट से सफाई कर्मचारी की मौत, नकदी फसलें तबाह, देखें भयावह तस्वीरें

Cloudburst in Sirmaur जिला सिरमौर की मानगढ़ पंचायत में रविवार शाम को बादल फटने से करोड़ों रुपये का नुकसान हुआ है। बादल फटने से पानी बड़ साहिब की ओर पहुंचा जिससे बड़ साहिब क्षेत्र पूरी तरह से पानी में डूब गया।

BY JAGRANEDITED BY: VIRENDER KUMARSUN, 25 SEP 2022 10:15 PM (IST)



Cloudburst in Sirmaur: मानगढ़ में बादल फटा, पानी में डूबा बड़ साहिब। जागरण नाहन, जागरण संवाददाता। Cloudburst in Sirmaur, जिला सिरमौर की मानगढ़ पंचायत में रविवार शाम को बादल फटने से करोड़ों रुपये का नुकसान हुआ है। बादल फटने से पानी बड़ साहिब की ओर पहुंचा, जिससे बड़ साहिब क्षेत्र पूरी तरह से पानी में डूब गया। वहां पर बिजली के

पोल गिरने से करंट आ गया। करंट लगने से बडू साहिब के एक सफाई कर्मचारी की मौत हो गई है।

The Kalgidhar Trust bounces back after the cloudburst crisis.

After the calamity of the cloudburst, the Kalgidhar Trust Baru Sahib bounced back and restored normalcy to their campus within 36 hours. Water and electricity have been restored, and partial classes have resumed. The management is committed to ensuring that all children are safe during this period of crisis and is working to provide a safe and quality life for all residents on its campus. We seek the Almighty's blessings and are grateful to all our supporters for their kind messages and support.



www.BaruSahib.org



The Kalgidhar Trust bounces back after the cloudburst crisis

### Humanitarian Assistance And Disaster Relief – Initiatives by The Kalgidhar Society

July 17, 2023

Climate change is making vast impacts on our lives. Cloudbursts, flash floods, erratic rainfall, and rapid temperature increases are now creating havoc like never before.

#### **Table of Contents**

- The Kalgidhar Society, Baru Sahib plays its part in providing disaster relief
  - o Punjab and Himachal Floods in 2023
    - INFOSYS and other companies have donated to the cause, using their initiatives under #CSR
- An Urgent Appeal
  - Caring for the Ones Who Feed Us: Join Our Mission to Support Flood-Affected Farmers Appeal Your Urgent Help required Today
  - We also urge all Corporates to contribute to alleviate the sufferings of the affected in all the ways that they can.
  - o Please Donate and help in Punjab floods fundraising
- Earlier Calamities aided by Kalgidhar Society
  - o The Covid Calamity Extremely difficult times overcome with inner strength and courage
  - o Participation By Corporates in Relief Work Through #CSR
  - o Punjab floods in 2019
  - o Rebuild Kerala Mission
  - o <u>Kashmir Relief Mission</u>
    - Appreciation and Recognition of Relief Work
- Join The Cause
- Like and Share

### The Kalgidhar Society, Baru Sahib plays its part in providing disaster relief

Whenever a natural calamity hits the country, The Kalgidhar Society has always come forward to help and alleviate suffering. It supports and lends its helping hand to the needy across the country, whether it is **the Kashmir earthquake**, **Kerala floods**, **Punjab Floods**, **the Covid-19 pandemic**, etc. Services are activated at short notice to provide long-term relief.



### **Punjab and Himachal Floods in 2023**

In 2023, Punjab,& Himachal Pradesh were again hit by flooding. Many rivers, including Sutlej, Beas, Ravi, and Ghaggar, have swelled up due to heavy torrential rain.

Record rainfall also caused local flooding due to the choking of drains and siphons; thus, water entered houses. All major cities were affected, including Patiala, Ludhiana, Jalandhar, Bathinda, and Amritsar.

The Kalgidhar Society is at the forefront and helping flood victims. Our Akal Flood Relief team has around 150 volunteers. They are tirelessly working on rescue operations and extending essential relief supplies to those affected in Punjab, along with road clearance in Himachal Pradesh and other areas.





During this havoc, the Akal Relief Team of the Kalgidhar Trust Baru Sahib is serving various villages, including

Shatrana, Patran Gulahar in Patiala, Moonak in Sangrur, Shahkot, Gidar Pindi in Jalandhar, Mandli Village in Nawanshahr, and Ratia in Fatehabad.

The team provides Langar to the needy, rescues them, provides medicines, and constructs Check Dam. The Akal Relief Team, along with the unwavering support of Sant Baba Balbir Singh Seecheval and the compassionate communities around them, has taken charge of mending the broken "Check Dam" and helping the affected villages regain their footing.



The <u>#AkalReliefTeam</u> cares not just for the people, but provides for the animals and cattle too, arranging for medicine, nursing and even fodder for the cattle.

People across the globe have come forward in their individual capacity and contributed for the Relief work.

The villagers of Dhamot near Ludhiana, have donated groceries and items of daily use for the Punjab flood victims





Different communities have come together to help. Dr Nashir Akhtar is lending his support to Akal Relief Team in providing medicines and medical care to the flood affected.

### INFOSYS and other companies have donated to the cause, using their initiatives under #CSR

INFOSYS has extended its support through its charity division ARPAN. The team at Infosys has generously provided us with essential rations and groceries, offering a helping hand when needed.

But that's not all! Infosys has also pledged to donate a boat to us, bringing hope and empowerment to our community in these trying times.





### Earlier Calamities aided by Kalgidhar Society

### The Covid Calamity – Extremely difficult times overcome with inner strength and courage

**Akal Charitable hospital** was declared as DCCC (Dedicated Covid Care Centre), and DCHC (Dedicated Covid Health Centre) by Himachal Government. During covid wave 1 volunteers from Akal College of Nursing and Akal Charitable Hospital started awareness door-to door campaigns in over 18 nearby villages and distributed life essentials like sanitizers, masks, gloves, medicines and food grains. Beside this, due to lack of livelihood we also provided work to support the financial condition of over 8000 local villagers

During the 2nd wave of the Covid pandemic we conducted 7000+ RTPCR Lab Tests and 700+ patients were found positive and treated accordingly in the hospital with excellent recovery rate of 99.7%. We also provided Free meals and accomodation do 600+ patients/attendants on daily basis.

Our volunteers also set up 6 Oxygen Concentrators distribution centres which provided oxygen to 400+ patients. More than 35000 Casetify Masks and medicines were distributed in several towns in North India.

### Punjab floods in 2019

Heavy rainfall in Punjab in August 2019 resulted in a rise in the water level of the Satluj River and the release of water from the dams, thus causing floods.

The flooding affected over 300 Punjab villages, forced people to live on rooftops, and damaged crops.

The Kalgidhar Society, Baru Sahib, sent Electricians, Masons, and Plumbers to repair the loss to the victims' property due to the floods. **Staff and students of Akal Academies, running under the auspices of the Kalgidhar Society, also untiringly participated** in helping the flood victims of Punjab.





### In this Flood Relief:

- Electrical work in 466 Houses
- Construction work in 61 Houses
- Plumbing work in 2 Houses
- Provided 3 Boats
- 10 Solar Lights
- Repaired a Govt. School
- Constructed a 20x26ft tin shed for a needy family

### **Rebuild Kerala Mission**

In 2018 Flood in Kerala created havoc. The flood occurred due to abnormally high rainfall during the monsoon season.

In the flood, over 483 people died, and 15 went missing.

A team of 40 people was sent to Kerala with the mission to **#RebuildKerala by the Kalgidhar Society.** 

The Team included Skilled workers, including electricians, plumbers, and civil engineers. They helped people rebuild their houses and walls damaged in the recent floods.

The Team rectified complaints in Kochangadi, Paravur, and Chendamangalam.







The total rectification done in Kerala was:

- Lighted Lamps in 250 Houses
- Reconstructed 130 Houses
- Reconstructed 2 Villages
- Restoration work in Churches and Mosques and Schools

### **Kashmir Relief Mission**

18 years ago, in 2005 a devastating **earthquake** with a 7.6 magnitude destroyed 80% of Uri in Kashmir.

Nearly 1,345 were confirmed dead, and another 2,000 were reported missing. More than 36 thousand properties were damaged either fully or partially.

Under the supervision of **Sant Baba Iqbal Singh Ji**, The Kalgidhar Trust, Baru Sahib, a Disaster Relief Team was sent to Kashmir.

The team consisted of masons, plumbers, electricians, etc.

The team promptly began repairing and constructing fallen houses, schools, and places of worship and worked day & night for 70 days before the snowfall.

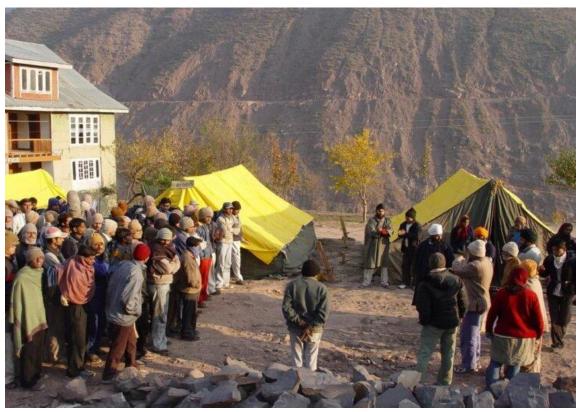
By the end of Phase-1 of the Kashmir Relief Mission, the **Kalgidhar Society had spent around** Rs. 2.25 Crores. (Rs.23 Million) with the help of Donations/Contributions from its donors and substantially from its own resources.













#### During the Rehabilitation, there were

- 10,175 Beneficiaries,
- and 1850 houses, construction materials, and labor were provided.
- The TeamTeam rebuilt a historic Army Library, Training School, and Canteen.
- They rebuilt 4 gurdwaras
- along with 4 Mosques and
- the historical Pandu Temple.

### Appreciation and Recognition of Relief Work

The magnanimous efforts at disaster relief work have won accolades across states. In fact, the **Ministry of Home Affairs mentioned Kalgidhar Society for its relief work** in the aftermath of the earthquake in Kashmir.

In Punjab Floods 2023, The Akal Relief Team's work is appreciated and covered by various **News Channels** like PTC News, Rozana Spokesman, Jus Punjabi, Next Punjab News, and the local people.

**Dr. Harmeet Singh, Universal Hospital, Patran,** Dist: Patiala, also joined hands with the team and is serving the people and applauding the team's efforts.

Appreciation has rolled in from all quarters and places – from the schools, churches, mosques, states and ministries, and the people who were able to regain their livelihood with this support.

The Kalgidhar Society's relief and rehabilitation efforts in the South Asia earthquake have been **acknowledged by Govt. of India's Ministry of Home Affairs** in its Annual Report 2005-2006. On page 112, Clause 7.65, under the heading "NGO's effort in providing shelters," mentions the efforts of The Kalgidhar Society in the Uri and Tangdhar areas of Kashmir in the earthquake that took off thousands of human lives and rendered millions homeless.



വിവിധ ജോലികൾ ചെയ്യുന്നതിനായി ചേന്ദമംഗലഞ്ഞെത്തിയ പഞ്ചാബ് സംഘം വി.ഡി. സതീശൻ എംഎൽഎയ്ക്കൊപ്പം.

സഹോദരങ്ങളായ രണ്ടു കുടിക്ക സ്വകാര്യ ബസുകൾ

### പ്രളയ ദുരിതാശ്വാസത്തിന് പഞ്ചാബ് സംഘം

ചേന്ദമംഗലം ● പ്രളയത്തിൽ ദുരിതം അനുഭവിക്കുന്നവർ ക്കു കൈത്താങ്ങായി പഞ്ചാബ് സംഘം. ചേന്ദമംഗലം പഞ്ചാ യത്തിലെ കൊച്ചങ്ങാടിയിലും സമീപപ്രദേശങ്ങളിലുമായി മെയ്സൺ, ഇലക്ട്രിക്കൽ, പ്ലമിങ് ജോലികളിൽ ഏർപ്പെട്ടിരിക്കുക യാണിവർ.

സൗജന്യമായാണ് അറ്റകുറ്റപ്പ ണികൾ ചെയ്തുകൊടുക്കുന്നത്. അംറിക് സിങ്ങിന്റെ നേതൃത്വത്തി ലുള്ള 40 പേരടങ്ങുന്ന സംഘം പഞ്ചാബിലെ അകൽ അക്കാദമി യിലെ ജീവനക്കാരാണ്. ജോലി കൾ തീർത്ത് ഈ മാസം അവസാ നത്തോടെ തിരിച്ചു പോകും.

### المسجد الجامع ودكمبرم، برور، ارناكلم، كير لا، الهند

P.O. VADAKKUMPURAM NORTH PARUR, ERANAKULAM DIST., KERALA, INDIA, Pin-683 521

Ref:

Date 10, 09, 2018 Ilily

The Kalgiolhur Society,
Baru Sahit
Himuchal foodesh

Respector Sis,

Jons Valuable Social Services.

yours faither fully.

Vadakkumpuram Jama-Ath Committee



#### K. MOHAMMED Y. SAFIRULLA I.A.S.

DISTRICT COLLECTOR & DISTRICT MAGISTRATE ERNAKULAM

Date.....

DC/EKM/234/2018 Date: 13/09/2018

Dear Chairman,

I am extremely happy to inform you that 40 volunteers of Akal Academy had performed voluntarily service in the flood affected areas in North Parur Legislative Constituency, Ernakulam District. Your team lead tremendous work to clean the houses and public places, electrical maintenance of 225 households and civil works for 130 houses.

I express my wholehearted gratitude to your entire team members on behalf of the people of Ernakulam District.

Thanking you,

Yours Sincerely,

To

Baba Iqbal Singh Ji Akal Academy The Kalgidhar Society, Baru Sahib. found

UDISE No. 32081000103

School Code: 725849

#### GOVT. U. P. SCHOOL CHENDAMANGALAM

VADAKKUMPURAM P. O., PIN: 683 521, PH: 0484 - 2518822

No.

Date 07-09 2018

From

V.Jr. 8 anthosh G.U.P. 8. Chendamangalam. N-Paravur Conakulam(ot) Kerala.

To Amout singh Maan. Akal Academy Kalgidher Society, Baru Sahile.

Respected Sir

Our damaged motor repaired well. Thank you for your valuable service.



Gov Jadarkum Kad Smasler Gov Jadarkum Kad Smasler Gov Jadarkum Kad Smasler



# Little Flower Church

Diocese of Kottapuram

Koottukad,

Vadakkumpuram P. O., Kerala, India.,
Pin: 683 521, Ph: 0484 - 2518062

Date 10 9 2018

10

Svi Baba labal Singji chairman

Alcal Academy

The Icalgidhan Society

Baru Sahib



бiч,

Thankful Greekings from Little Flower church,

As you know kerala is undergoing a misnoble situation after the disabler of Flood. We one receiving ful support and co-operation from various points of landing in rebulisheding our state.

compound wall of our church in this disastrous bitualing. Without received a single paise for this compound without received a single paise for this confirmenty itness our valunteers attracted the hearts of many villagers of his area we one thompsful to you and your pikal Acandenmy for the weedward service. May God Bless you are for the weedward service. May God Bless you are for the weedward vice, p. Fi. Biny molkicul.



### ST. LOUIS' CHURCH

ARCHDIOCESE OF ERNAKULAM- ANGAMALY THURUTHIPURAM, MOOTHAKUNNAM P.O. N. PARAVOOR - 683 516

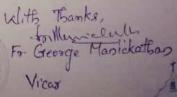
Date: 10/9/2018

To,

Sri Baba lqbal Singji Chairman Akal Academy The kalgidhav Society Baru Sahib

Sir,

As you know kerala state is totally disturbed by flood recently. A lot of reconstruction work is going on the are blessed by your voluntary service for the reconstruction of our school wall of nearly 100 feets. Your people have done the work very well. We are grateful to your wonderful service. May God Bless You.





DEPUTY COLLECTOR (GENERAL)

AND

ADDITIONAL DISTRICT MAGISTRATE

ALAPPUZHA

Phone { Office : Mob. : Fax No. :

2251549 94474 95001 0477 2253716 sdmalp ker@nic in

E-mail : admalp.ker@nic.in Website : www.alappuzha.nic.in

DMC1-16401-18

Dated: 13/09/2018

#### Letter of Appreciation

I "Additional District Magistrate Alappuzha" personally appreciate the valuable efforts of the 40 members of The Kalgidar Society whom worked as a team in the mainatance of the Civil & Electrical works in the 56 houses of Ramankary Village, Kuttanad taluk, Alappuzha District, Kerala State during the recent heavily affected flood. It was a great relief for the people of Ramankary Village who were severly affected by the flood.

Additional District Magistrate
Alappuzha

To,

Baba Iqbal Singh Ji Akal Academy The Kalgidar Society Baru Sahib



#### RESCUING & SERVING-THE KALGIDHAR

The heavy rainfall over the past few days has plunged the entire state of Punjab into a disastrous flood situation. The dedicated Relief team from The Kalgidhar Trust Baru Sahib has swiftly responded to the flood-affected areas in Patiala Urban Estate They are actively engaged in providing immediate assistance to the victims.



# Akal Relief Team's Dedication to Flood Relief applauded in The Indian Express

## When Disaster Strikes

The Kalgidhar Society is at the forefront of providing support at the time of any disaster across the country, including Punjab Floods, Kerala floods, Kashmir earthquake, Covid-19 pandemic etc. The services are activated at short notice with the objective of providing long-term relief.

Over the years, the Society has extended a helping hand in the form of:

#### Cleanup and Restoration

Support to people as they restore and rebuild after a disaster.

#### **Emergency Shelter**

At a facility identified by the local emergency management personnel.

#### **Disaster Social Services**

Direct financial assistance to disaster victims for essential living supplies, emergency housing needs; and disaster-related medical expenses.

#### Food Service

The Delivery of meals and drinking water to disaster victims and emergency workers. Food may be prepared and served at congregate feeding sites.







Flood Relief 2023

Relief and Rehabilitation Initiative for flood & Cloud burst affected families in Punjab, Haryana & Himachal Pradesh













Punjab Flood Relief 2019
Relief and Rehabilitation Initiative for flood-affected families in Punjab









Kerala Flood Relief 2018

Relief and Rehabilitation Initiative for flood-affected families in Kerala





# Sharing is Caring and Caring is Love







# बादल फटने से आयी आपदा से निपटने में दें बडू साहिब का साथ









The Kalgidhar Trust bounces back after the cloudburst crisis







# Khalsa Aid lent support to The Kalgidhar Trust, Baru Sahib





# #BaruSahib #FloodRelief







# #BaruSahib #FloodRelief







# $\# Baru Sahib \ \# Flood Relief$









