

ETERNAL UNIVERSITY

(ESTABLISHED UNDER HIMACHAL PRADESH GOVERNMENT ACT NO.3 OF 2009)

BARU SAHIB
HIMACHAL PRADESH



WORLD PEACE THROUGH VALUE BASED EDUCATION

AKAL COLLEGE OF ARTS & SOCIAL SCIENCES

B.SC. (HON. WITH RESEARCH) PSYCHOLOGY SYLLABUS (AS PER NEP-2020)

Approved in the 84th Academic Council Meeting held
on 8th July, 2024 vide Item No 84/14(B)/2024

(To be Effective from the Academic Session 2024-25)



Eternal University

(World peace through value based education)

ITEM No. 84/14 E
2021

Ref: EU/ACA&SS/PSY/-

Item No.

Dated:

To
The Registrar
Eternal University
Baru Sahib (H.P.)

Through
Dean, Academic
Eternal University
Baru Sahib (H.P.)

Subject: Submission for the Approval of B.Sc. (HONS. With Research) Psychology under the 4-year Programme as per NEP 2020 for the upcoming Academic Session 2024-25 onwards in the Academic Council Meeting

Respected Sir

With reverence, It is to inform your humble self that the Akal College of Arts and Social Sciences has revised its courses in alignment with the NEP 2020 thus, we seek your approval for the commencement of redesigned courses and syllabi for B.Sc. (Hons. With Research) Psychology. The Department of Psychology is offering a 4-Year B.Sc. (Hons. with Research) Psychology. The proposed syllabus for the same has already been passed through the Board of Studies (henceforth, BoS) after getting consent and signed approval from the External Expert on the subject. The detailed syllabus of two semesters for the academic year 2024-2025 and the course outline for the 4-Year Programme have been prepared and enclosed herewith for kind consideration and approval by the Academic Council.

Therefore, we request your humble self to please authorize this agenda in the forthcoming ACM for your kind approval.

Enclosures:

1. Minutes of Meeting for BoS held on June 14, 2024.
2. Proceeding of the BoS meeting.
3. Approval of External Expert.
4. Complete course structure for the subject of Psychology and detailed syllabus for the academic session 2024-2025.

Thanking you
Yours Sincerely

(Dr Neelam Kumari)
HoD, Department of Psychology
Eternal University, Baru Sahib, H.P.

(Signature)

(Dr Purvi Luniyal)
Dean, ACA &SS
Eternal University, Baru Sahib, H.P.

CoE, Eternal University
Baru Sahib, H.P.

Handwritten notes:
"include in the agenda."
"add Registrar"
"24/6/2024"
"26-6-24"
"26/6"

V.P.O. - Baru Sahib, Via-Rajgarh, Distt : Sirmour, Himachal Pradesh - 173101 (India)
Phones - +91-1799-276012(LL), Fax: 01799-276006
E-mail : contact@eternaluniversity.edu.in, Web site: www.eternaluniversity.edu.in

(c)

Ref No : EU/ACA&SS/BoS/05/04(C)

Dated : 19/6/2024

Academic Proceedings

2nd Board of Studies ACA&SS

Held on June 14, 2024

Executive Summary: The Second Board of Studies meeting was scheduled on June 14, 2024 at 4pm in the Governing Body Hall at the Eternal University, Baru Sahib. It was attended by the Hon'ble Vice Chancellor, worthy Pro-Vice Chancellor along with the Chair Board of Studies, Dr. Purvi Luniyal, Member Secretary, Dr. Ambika Sharma and the distinguished panel members. The session was chaired by Dr. Purvi Luniyal and kept in accord with the agendas listed in the notification Ref No. EU/ACA&SS/BoS/05/04(A) dated June 08, 2024.

The meeting was attended by:

- | | |
|-------------------------------------|--------------------|
| 1. Dr. Purvi Luniyal (Dean, ACA&SS) | - Chairperson |
| 2. Dr. Neelam K Verma | - Member |
| 3. Dr. Simranjit Singh | - Member |
| 4. Dr. Meenakshi Gupta | - Member |
| 5. Dr. Geeta Sharma | - Member |
| 6. Dr. Yashpal Azad | - Member |
| 7. Dr. Rani | - Member |
| 8. Dr. Amandeep Kaur | - Member |
| 9. Dr. Harsimar Kaur | - Member |
| 10. Dr. Manpreet Kaur | - Member |
| 11. Mr. Gurtej Singh | - Member |
| 12. Ms. Nivedita Bhardwaj | - Member |
| 13. Dr. Raino Bhatia | - Member |
| 14. Dr. Babli Devi | - Special Invitee |
| 15. Dr. Manjinder Kaur | - Special Invitee |
| 16. Dr. Satinder Kaur | - Special Invitee |
| 17. Dr. Ambika Sharma | - Member Secretary |

And the Agenda Items included:

S R N O	ITEM NO.	DEPARTMENTS / COLLEGE	AGENDA ITEM	PRESENTED BY
1.	ITEM NO 1.	MUSIC / ACA&SS	Implementation of BA Music (Hons. With research) in accordance with NEP 2020 for the upcoming session of 2024-2025 session.	DR PURVI LUNIYAL
2.	ITEM NO 2.	ENGLISH /ACA&SS	Implementation of 4 years BA (Hons. With Research) Liberal Arts in accordance with NEP 2020 for the upcoming session of 2024-2025 session.	DR AMBIKA SHARMA

3.	ITEM NO 3.	PSYCHOLOGY ACA&SS	Implementation of BSc Psychology (Hons. With Research) in accordance with NEP 2020 for the upcoming session of 2024-2025 session.	DR NEELAM VERMA
4.	ITEM NO 4.	PUNJABI ACA&SS	Implementation of 4 years BA (Hons. With Research) Liberal Arts in accordance with NEP 2020 for the upcoming session of 2024-2025 session.	DR SIMRANJIT SINGH
5.	ITEM NO 5.	ECONOMICS ACECM	Implementation of 4 years BA (Hons. With Research) Liberal Arts in accordance with NEP 2020 for the upcoming session of 2024-2025 session.	DR MANJINDER KAUR
6.	ITEM NO 6.	HISTORY/ ACA&SS	Implementation of 4 years BA Liberal Arts in accordance with NEP 2020 for the upcoming session of 2024-2025 session.	DR BABLI DEVI
7.	ITEM NO 7.	POLITICAL SCIENCE/ ACA&SS	Implementation of 4 years BA Liberal Arts in accordance with NEP 2020 for the upcoming session of 2024-2025 session.	DR SATINDER KAUR
8.	ITEM NO. 8	HINDU/ ACA&SS	The syllabus of GE, Skill Enhancement and OBE (2 Courses Each) in accordance with NEP 2020 for the upcoming session of 2024-2025 session.	DR MEENAKSHI GUPTA

Item no. 1: Implementation of BA Music (Hons. With Research) in accordance with NEP 2020 for the upcoming session of 2024-2025 session.

The first item on the agenda list was put on the table by Dr. Purvi Luniyal, Dean ACA&SS. She presented the course curriculum as designed by the Department of Music in alignment with the standards of NEP 2020. She discussed the comments received from the external expert and informed the house that the syllabus stands approved from the external's end. Few suggestions were given by the Hon'ble Vice Chancellor to which she responded and told the house that there were certain suggestions from the side of the expert as well which were in line with what the Vice Chancellor wanted and the same had been duly incorporated by the department. She also informed the house of the GE and SEC courses as offered by the Department in the pool of choices of the said subject.

Item no. 2: Implementation of 4 years BA (Hons. With Research) Liberal Arts in accordance with NEP 2020 for the upcoming session of 2024-2025 session.

The second item on the agenda list was put forth by Dr. Anubika Sharma, Head of the Department of English and Communication Studies and proposed the newly designed syllabus for BA (Hons. with Research) Liberal Arts. She discussed the newly designed courses with respect to the English subject being chosen for both Major and Minor. She further elucidated upon the Generic Elective, Skill Enhancement & Ability Enhancement Courses that the Department of English and Communication

Studies will offer under the guidelines of NEP 2020. She addressed how the comments of the external expert have been incorporated. It was acknowledged and agreed upon by the entire house.

Item no. 3: Implementation of BSc Psychology (Hons. With Research) in accordance with NEP 2020 for the upcoming session of 2024-2025 session.

The third item on the agenda list was proposed by Dr. Neelam Kumari Verma, Head of the Department of Psychology and she presented the newly designed syllabus of BSc Psychology (Hons. With Research). As elucidated by Dr. Verma the redesigned courses cater to the cognitive capacities of the students being initiated into the undergraduate program under both the Liberal Arts and BSc (Hons. with research) in Psychology. It is designed according to the needs of the candidates and stands in alignment with the NEP framework. She further addressed how the comments of the external expert have been incorporated. It was acknowledged and agreed upon by the entire house.

Item no. 4: Implementation of 4 years BA (Hons. With Research) Liberal Arts in accordance with NEP 2020 for the upcoming session of 2024-2025 session.

Dr. Simranjit Singh, Head of the Department of Punjabi headed forward with the fourth agenda on the list and proposed the newly designed syllabus for BA (Hons. with Research) Liberal Arts. He discussed the newly designed Punjabi courses with respect to the Punjabi subject being chosen for both Major and Minor and further elucidated upon the Generic Elective, Skill Enhancement & Ability Enhancement Courses that the department will offer under the guidelines of NEP 2020. He also addressed how the comments of the external expert have been incorporated. It was acknowledged and agreed upon by the entire house.

Item no. 5: Implementation of 4 years BA Liberal Arts in accordance with NEP 2020 for the upcoming session of 2024-2025 session.

The agenda item no. 5 for the course of Economics under the program of BA Liberal Arts (Hons. With Research) was presented by Dr. Manjinder Kaur and she proceeded with the presentation of the newly designed Economics courses with respect to the subject being chosen for both Major and Minor and further elucidated upon the Generic Elective, Skill Enhancement & Ability Enhancement Courses that the department will offer under the guidelines of NEP 2020. She addressed how the comments of the external expert were catered to by the Department and presented an extensive action taken report with respect to same. It was acknowledged well by the house and was agreed upon.

Item no. 6: Implementation of 4 years BA Liberal Arts in accordance with NEP 2020 for the upcoming session of 2024-2025 session.

The agenda item for the course of History under the program of BA Liberal Arts (Hons. With Research) was presented by Dr. Babli Devi as agenda item no. 6 and she proceeded with the presentation of the newly designed History courses with respect to the subject being chosen for both Major and Minor. She also addressed how the comments of the external expert have been incorporated. To which Hon'ble VC responded that the comments of experts be sought from a University at state or central level and not college level. Dr Babli assured the Hon'ble VC about the same. It was acknowledged and agreed upon by the entire house.

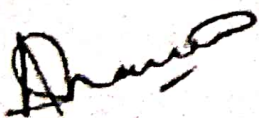
Item no. 7: Implementation of 4 years BA Liberal Arts in accordance with NEP 2020 for the upcoming session of 2024-2025 session.

The 7th agenda item was with respect to Political Science course being offered under the program of BA Liberal Arts (Hons. With Research). It was presented by Dr. Satinder Kaur and she proceeded with the presentation of the newly designed Political Science courses with respect to the subject being chosen for both Major and Minor that the department will offer under the guidelines of NEP 2020. She also addressed how the comments of the external expert have been incorporated. It was acknowledged and agreed upon by the entire house.

Item no. 8: The syllabus of GE, Skill Enhancement and OBE (2 Courses Each) in accordance with NEP 2020 for the upcoming session of 2024-2025 session.

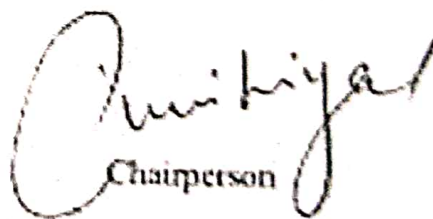
The last Agenda on the list was concerning item no. 8 which was to deliberate upon the course of Hindi under the program of BA Liberal Arts with respect to Generic Elective, Skill Enhancement and OBE 2 Courses each. It was presented by Dr. Meenakshi Gupta. She addressed the house that she is yet to incorporate the comments that have come to her from the subject expert. The house directed her to do the needful with respect to the same.

Subsequently, all members of the house reached a consensus on all agenda items and forwarded it to the Academic Council for its final approval. After a thorough discussion the House came to a consensus and the meeting came to an end at 5:00 PM with closing remarks from Member Secretary, Dr. Ambika Sharma, HoD, Department of English and Communication Studies, CA&SS. Ms. Nivedita Bhardwaj, the moderator for the meeting then gave a formal closure to the session by giving a formal vote of thanks to the house.



Member Secretary

Ambika Sharma



Chairperson

Dr. Purvi Luniyal

Dean

Wai College of Arts & Social Sciences
Eternal University, Baru Sahib (H.P.)

(v)

25/24, 10:05 AM

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Regarding UG Curriculum according to the NEP 2020. External Inbox

mail.google.com/mail/u/1/#search/zinta.roshan%64@gmail.com/Qgrc/Hrj8QngRsfPjsokHcqXshDHZSWNDCv

To get future Google Chrome updates you'll need Windows 10 or later. This computer is using Windows 8.

Gmail zinta.roshan@gmail.com

Compose

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Drafts 142

More

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Regarding UG Curriculum according to the NEP 2020. External Inbox

Dr. Neelam Kumari Verma <neelamkumari@eternaluniversity.edu.in>
to Roshan, Dean

Fri, May 31, 11:50 AM

Respected Sir

With due respect, I humbly submit to you that Akal College of Arts and Social Sciences has changed the UG Curriculum according to the NEP 2020. Regards to this Psychology Department has also constructed the syllabus for

1. B.Sc (Hons. with Research) Psychology
2. B.A. Liberal Arts Psychology as Major
3. B.A. Liberal Arts Psychology as Minor

Therefore, I am attaching the syllabus files of above mentioned programmes. Kindly check out the attached files and give your valuable remarks and Suggestions. So that we can put it to the upcoming BOS proceedings which is going to be held on 05.06.2024.

Thank you

With Profound Regards

Thanking you

Yours Sincerely

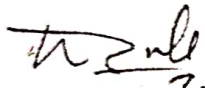
B.Sc. (Hons. with R...pdf

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RECOMMENDATION LETTER

I am writing to recommend the approval of proposed Syllabus for courses B.Sc. (Hons. with Research) Psychology, B.A. Liberal Arts Psychology as Major, and B.A. Liberal Arts Psychology as Minor, which has been meticulously developed by the faculty of Psychology Department for the academic session 2024-25 onwards as per Curriculum and Credit Framework for Undergraduate Programmes in Psychology under NEP 2020. As the Chairperson of the Department of Psychology, HPU Shimla and Being a subject expert (External member of BOS, Dept. of Psychology, ACA& SS, Eternal University) I ^{am} approving the Syllabus as they have crafted curriculum comprehensive and conducive to the educational growth of Students.


3.6.2024

(Dr Roshan Lal Zinta)

Chairperson Department of Psychology
HPU, Summer Hill Shimla-05

(vii)

AKAL COLLEGE OF ARTS & SOCIAL SCIENCE (ACASS)

Four Years Undergraduate Program

B.Sc. (Hons. with Research) Psychology

Academic Year 2024-25








Eternal University

(World peace through value based education)

Ref.: EU/ACASS/PSY/24/04

Date: 9 August, 2024

Committee Members for the Redesigning of Curriculum for the Discipline of Psychology under the 4-year degree programme of B.Sc. (Hons. with Research) Psychology as per the guidelines of NEP2020

S. No.	Name	Designation	Signature
1.	Dr. T.S. Benipal Dean Academics Affairs Eternal University, Baru Sahib.	Chairperson	
2.	Dr. Purvi Luniyal Dean ACASS, Eternal University, Baru Sahib.	Coordinator	
3.	Dr. Roshan Lal Zinta Professor & Chairperson Department of Psychology, Himachal Pradesh University, Shimla.	Subject Expert	
4.	Dr. Neelam Kumari Assistant Professor & HoD, Department of Psychology, Eternal University, Baru Sahib.	Member	
5.	Dr. Yashpal Azad Assistant Professor Department of Psychology, Eternal University, Baru Sahib.	Member	
6.	Dr. Deepika Negi Assistant Professor Department of Psychology, Eternal University, Baru Sahib.	Member	

(Dr. T.S. Benipal)

Dean

Academic Affairs

Eternal University, Baru Sahib.

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Note: The detailed syllabus for the Semester I and Semester II is incorporated.

1. NATURE AND EXTENT OF THE PROGRAM

The Bachelor of Science (Hons.) in Psychology program stands as a beacon of enlightenment in our modern landscape, offering a comprehensive exploration of the human psyche. It serves as a gateway to profound discoveries about human behavior, nurturing mental wellness, shaping societal policies, igniting innovation, and celebrating the rich tapestry of human experience.

At its core, this program embarks on a journey through the labyrinth of human cognition and emotion, unveiling the intricate mechanisms that drive our thoughts and actions. Through a rigorous curriculum blending theoretical frameworks with hands-on research methodologies, students unlock the mysteries of human perception, memory, and motivation. This not only enriches their personal understanding but also empowers them to address pressing societal issues with empathy and expertise.

Central to its mission is the promotion of mental well-being. In an era marked by escalating mental health challenges, the insights and skills cultivated in the B.Sc. Psychology (Hons) program are indispensable. Graduates emerge as frontline advocates, adept at identifying, assessing, and supporting individuals facing mental health hurdles. Their efforts contribute to a culture of understanding and resilience, dismantling stigma and fostering healing within communities.

Moreover, the program serves as a catalyst for social change. By applying psychological principles to the fabric of society, graduates become agents of transformation, influencing policies and interventions that combat inequality, prejudice, and systemic barriers. Their commitment to evidence-based practices ensures that societal structures are built on a foundation of compassion and equity.

Beyond its societal impact, the B.Sc. Hons. in Psychology opens doors to diverse career pathways. From clinical practice to organizational management, graduates find themselves at the forefront of industries where human understanding is paramount. Equipped with finely-honed analytical skills and a deep appreciation for human diversity, they excel in roles that demand empathy, critical thinking, and adaptability.

Furthermore, the program fuels innovation within the field of psychology. Through groundbreaking research endeavors, graduates push the boundaries of scientific inquiry, unraveling new insights into human behavior and cognition. Their pioneering work not only expands the frontiers of knowledge but also inspires practical solutions to emerging challenges, shaping the future of psychology and its applications.

Lastly, the B.Sc. Hons. in Psychology celebrates cultural diversity as a cornerstone of human experience. By embracing multicultural perspectives and fostering intercultural competency, graduates emerge as ambassadors of inclusivity and understanding. Armed with a deep respect for cultural nuances, they navigate global complexities with grace, forging connections that bridge divides and cultivate unity.

In essence, the Bachelor of Science in Psychology program (Hons.) embodies the spirit of enlightenment and progress. It equips graduates with the tools to navigate the complexities of human existence, champion positive change, and celebrate the rich mosaic of human diversity. Through their endeavors, they leave an indelible mark on society, enriching lives and reshaping the world for generations to come.

The program is embedded with a choice of Multidisciplinary Generic Electives i.e., outside their core discipline, along with choice-based value-added courses (VACs), Skill Enhancement Courses (SECs), Internships, Apprenticeship, Community outreach program, Project (IACP) and Ability Enhancement

Compulsory Courses (AECC) available on the university basket. (Note: This Ordinance shall be aligned with the Ordinance relating to opting for University Umbrella Courses under NEP 2020).

The program offers a diverse array of opportunities for students to broaden their horizons beyond their core discipline. Through a selection of Multidisciplinary Generic Electives, along with choice-based Value-Added Courses (VACs), Skill Enhancement Courses (SECs), Internships, Apprenticeships, Community Outreach Programs, Projects (IACP), and Ability Enhancement Compulsory Courses (AECC), students can tailor their academic journey to align with their interests and career aspirations. This framework is in accordance with the guidelines outlined in the National Education Policy (NEP) 2020, ensuring that students have access to a comprehensive and enriching educational experience.

The course has been designed as per the National Education Policy guidelines and has some specific features including:

1. Option to exit with a Certificate in Psychology (total credit = 44, provided submission of proof of any vocational training received during summer break after end-term exam), Diploma in Psychology (Total credit = 88), three-year Degree (total credit = 132), and four years' honors degree with research (total Credit = 176) after one-, two-, three- and four-year program completed successfully respectively.
2. The curriculum of each year, with two semesters each, has been designed in such a way that after completion of each level, the student can gain a certain level of competency with specific academic components.
3. The emphasis on practical training through meaningfully designed internship courses has been given to skill development.

2. Program Education Objectives (PEO's)

The learning objectives of B.Sc. (Hons) Psychology students are:

PEO No.	Education Objective
PEO 1	A thorough grasp of core principles, theories, and concepts in psychology across multiple subfields.
PEO 2	Attain proficiency in research methodologies, including experimental design, data analysis, and interpretation, along with the ability to conduct independent research projects.
PEO 3	Foster critical thinking skills to analyze, evaluate, and synthesize psychological theories and research findings, enabling evidence-based problem-solving.
PEO 4	Understand ethical principles in psychological research and practice, demonstrating ethical decision-making in interactions with clients and colleagues.
PEO 5	Enhance communication skills to convey psychological concepts, research findings, and interventions professionally and empathetically to diverse audiences.
PEO 6	Gain hands-on experience through internships, practicums, or research projects to apply theoretical knowledge in real-world settings and develop practical counseling and intervention skills.
PEO 7	Engage in activities like attending conferences, workshops, and seminars, joining professional organizations, and seeking mentorship for lifelong learning and growth in psychology.

PEO 8	Develop awareness of cultural diversity's impact on behavior and psychological processes, enabling effective work with individuals from diverse backgrounds and demonstrating cultural sensitivity in professional practice.
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3. Graduate Attributes

Sr. No.	Graduate Attribute	Description
1.	Comprehensive Understanding	Graduates should possess a comprehensive understanding of the core principles, theories, and methodologies within psychology, spanning various subfields such as cognitive psychology, developmental psychology, social psychology, and more. This entails a deep knowledge base that enables them to analyze and interpret complex psychological phenomena.
2.	Research Skills	Graduates should demonstrate proficiency in research methodologies, including experimental design, data collection, statistical analysis, and interpretation of findings. They should be capable of critically evaluating existing research literature and conducting independent research projects within the field of psychology.
3.	Critical Thinking and Analysis	Graduates should possess strong critical thinking skills, enabling them to analyze, evaluate, and synthesize psychological theories, research findings, and real-world applications. They should be adept at identifying and solving problems through logical reasoning and evidence-based approaches.
4.	Ethical Awareness	Graduates should have a thorough understanding of ethical principles and guidelines in psychological research and practice. They should be able to identify ethical issues, adhere to professional codes of conduct, and demonstrate ethical decision-making in their interactions with clients, participants, and colleagues.
5.	Effective Communication	Graduates should demonstrate effective communication skills, both orally and in writing, to convey psychological concepts, research findings, and therapeutic interventions to diverse audiences. They should be capable of communicating professionally and empathetically in various professional contexts.

6.	Practical Experience	Graduates should have gained practical experience through internships, practicums, or research projects, allowing them to apply theoretical knowledge in real-world settings. They should have developed practical skills in counseling, assessment, intervention, and consultation under the supervision of experienced professionals.
7.	Professional Development	Graduates should engage in activities that promote personal and professional development, such as attending conferences, workshops, and seminars, participating in professional organizations, and seeking mentorship. They should demonstrate a lifelong commitment to learning and growth in the field of psychology.
8.	Global and Cultural Competence	Graduates should develop awareness and appreciation of cultural diversity and its impact on human behavior and psychological processes. They should be able to work effectively with individuals from diverse backgrounds and demonstrate cultural sensitivity and competence in their professional practice.

4. Qualification Descriptor's

After completing the B.Sc. (Hons) Psychology program, students will demonstrate the following knowledge and skills:

- **Foundational Understanding:** Students will comprehend fundamental theories and principles of psychology, integrating knowledge from various sub-branches to address mental health issues in daily life.
- **Advanced Skill Development:** They will develop skills tailored for diverse clinical settings, enabling them to effectively assist individuals in need.
- **Industry-Relevant Skills:** Skills honed to meet industry demands, ensuring graduates are equipped for various career pathways.
- **Field Study Proficiency:** Students will conduct and report on field studies effectively, showcasing their ability to apply theoretical knowledge in practical scenarios.
- **Career Aspiration Fulfillment:** Developed knowledge and skills will align with students' career aspirations, empowering them to pursue their desired professional paths
- **Problem Solving and Decision Making:** Learning psychological principles enhances problem-solving and decision-making by fostering self-awareness, empathy, and rationality,

while equipping students with effective strategies to address complex challenges across various domains of life.

- **Adaptability to Employment Opportunities:** Graduates will be capable of modifying their subject-related knowledge and skills to align with specific job requirements, ensuring versatility in employment opportunities.

5. Program Outcome (PO's)

PO No.	Program Outcome	Attributes	Competencies
PO1	Comprehensive Understanding	Deep understanding of psychological principles and theories across subfields	Ability to analyse and synthesize psychological concepts and theories
PO2	Research Proficiency	Proficiency in research methodologies	Conducting independent research projects - Critical evaluation of research literature
PO3	Critical Thinking and Analysis	Strong critical thinking skills	Analytical reasoning - Problem-solving
PO4	Ethical Awareness	Understanding of ethical principles	Ethical decision-making - Adherence to professional codes of conduct
PO5	Effective Communication	Effective oral and written communication	Professional communication skills - Empathetic communication
PO6	Practical Experience and Professional Development	Personal and professional growth/Application of theoretical knowledge in real-world Setting	Engagement in professional activities (e.g., conferences, workshops) - Lifelong learning/Counselling Skills-Assessment and Intervention Techniques
PO7	Global and Cultural Competence	Cultural sensitivity and competence	Ability to work with diverse populations - Cross-cultural communication skills

6. Program Specific Outcome (PSO's)

PSO No	Competency
PSO1	Students will demonstrate advanced knowledge and understanding in specific areas of psychology, such as cognitive psychology, developmental psychology, social psychology, or clinical psychology.
PSO2	Students will be able to design and conduct independent research projects in psychology, including formulating research questions, selecting appropriate methodologies, collecting, and analysing data, and communicating research findings effectively
PSO3	Students will apply psychological theories and concepts to analyse real-world issues, critically assessing their relevance and applicability across diverse contexts. They will engage in ongoing professional development through workshops, conferences, seminars, and continuing education programs, while seeking supervision and mentorship from experienced professionals to enhance their knowledge and skills in psychology.
PSO4	Students will uphold ethical guidelines and principles in academic and professional endeavours, displaying integrity, confidentiality, and ethical sensitivity in research, assessment, and intervention. They will exhibit cultural competence, working effectively with diverse populations and integrating cultural considerations into psychological practice.
PSO5	Students will effectively communicate complex psychological concepts, research findings, and therapeutic interventions both orally and in writing to diverse audiences, including clients, colleagues, and the public. They will apply their psychological knowledge and skills in practical settings, demonstrating proficiency in assessment, diagnosis, treatment planning, and intervention.

7. COURSE STRUCTURE

SEMESTER – I

Course	Unique Code	Course Title	Teaching Hours / Week			Credit	Marks Distribution		
			L	T	P		IAE	ESE	Total
DSC-1	0270311011	Foundational Psychology-I	3	0	1	4			
DSC-2	0270311021	Social Psychology	3	0	1	4			
DSC-3	0270311030	Paradigms of Psychology	3	1	0	4			
GE- 1		(one from pool)				4			
SEC-1		(one from pool)				2			
AEC- 1		(one from pool)				2			
VAC- 1		(one from pool)				2			
		Total				22			

Note – L: Lecture Hour/week, T: Tutorial Hour/week, P: Practical Hour/week, C: Credits, IAE: Internal Assessment Examination, ESE: End Semester Examination.

SEMESTER – II

Course	Unique Code	Course Title	Teaching Hours / Week			Credit	Marks Distribution		
			L	T	P		IAE	ESE	Total
DSC-4	0270321041	Foundational Psychology-II	3	0	1	4			
DSC-5	0270321051	Developmental	3	0	1	4			
DSC-6	0270321061	Abnormal Psychology	3	0	1	4			
GE- 2		(one from pool)				4			
SEC-2		(one from pool)				2			
AEC- 2		(one from pool)				2			
VAC- 2		(one from pool)				2			
		Total				22			

Note – L: Lecture Hour/week, T: Tutorial Hour/week, P: Practical Hour/week, C: Credits, IAE: Internal Assessment Examination, ESE: End Semester Examination.

SEMESTER – III

Course	Unique Code	Course Title	Teaching Hours / Week			Credit	Marks Distribution		
			L	T	P		IAE	ESE	Total
DSC-7	0270331070	Cognitive Psychology	3	1	0	4			
DSC-8	0270331081	Theoretical Foundation of Experimental	3	0	1	4			
DSC-9	0270331091	Geriatric Psychology-I	3	0	1	4			
<i>DSE-1/</i>	<i>0270332010/</i> <i>0270332020</i>	<i>Environmental Psychology/ Indigenous Psychology</i>	3	1	0	4			
GE – 3		(one from pool)							
IACP/						2			
SEC-3		(one from pool)							
AEC-3		(one from pool)				2			
VAC- 3		(one from pool)				2			
		Total				22			

Note – L: Lecture Hour/week, T: Tutorial Hour/week, P: Practical Hour/week, C: Credits, IAE: Internal Assessment Examination, ESE: End Semester Examination.

SEMESTER – IV

Course	Unique Code	Course Title	Teaching Hours / Week			Credit	Marks Distribution		
			L	T	P		IAE	ESE	Total
DSC-10	0270341100	Health Psychology	3	1	0	4			
DSC-11	0270341110	Psychometrics	3	1	0	4			
DSC-12	0270341121	Geriatric Psychology-II	3	0	1	4			
<i>DSE-2/</i>	<i>0270342030/</i> <i>0270342040</i>	<i>Media Psychology/ Youth Mental Health</i>	3	1		4			
<i>GE – 4</i>		(one from pool)							
IACP/						2			
SEC-4		(one from pool)							
AEC-4		(one from pool)				2			
VAC- 4		(one from pool)				2			
		Total				22			

Note – L: Lecture Hour/week, T: Tutorial Hour/week, P: Practical Hour/week, C: Credits, IAE: Internal Assessment Examination, ESE: End Semester Examination.

SEMESTER – V

Course	Unique Code	Course Title	Teaching Hours / Week			Credit	Marks Distribution		
			L	T	P		IAE	ESE	Total
DSC-	0270351130	Health and Well-being	3	1	0	4			
DSC-14	0270351141	Basics of Statistics in Psychology	3	0	1	4			
DSC-15	0270351150	Bio-Psychology	3	1	0	4			
DSE-3	0270352051 0270352060	Gender Psychology/ Applied Psychology	3	0	1	4			
GE- 5		(one from pool)	3	1		4			
IACP						2			
SEC-5		(one from pool)							
		Total				22			

Note – L: Lecture Hour/week, T: Tutorial Hour/week, P: Practical Hour/week, C: Credits, IAE: Internal Assessment Examination, ESE: End Semester Examination.

SEMESTER – VI

Course	Unique Code	Course Title	Teaching Hours /			Credit	Marks Distribution		
			L	T	P		IAE	ESE	Total
DSC-16	0270361161	Counselling Psychology	3	0	1	4			
DSC-17	0270361171	Industrial and Organizational Psychology	3	0	1	4			
DSC-18	0270361180	Research Methods in Psychology	3	1	0	4			
DSE-4	0270362070 0270362080	Counselling skills & techniques/ /Rehabilitation Psychology	3	1	0	4			
GE- 6		(one from pool)	3	1	0	4			
IACP/						2			
SEC-6		(one from pool)							
		Total				22			

Note – L: Lecture Hour/week, T: Tutorial Hour/week, P: Practical Hour/week, C: Credits, IAE: Internal Assessment Examination, ESE: End Semester Examination.

SEMESTER –VII

Course	Unique Code	Course Title	Teaching Hours / Week			Credit	Marks Distribution		
			L	T	P		IAE	ESE	Total
DSC-19	0270371190	Qualitative Methods and Analysis	3	1	0	4			
DSE 5	0270372090	Ethics in Counselling/ Consumer Behavior/ Emotional Resilience	3	1	0	4			
	0270372100								
	0270372110								
DSE 6/	0270372120/	<i>Child adolescent Counselling/ Educational Career Counselling</i>	3	1	0	4			
	0270372130								
GE 7									
DSE 7/	0270372140/	<i>Human Resource Management/ Cross Cultural Psychology/ Positive Psychology</i>	3	1	0	4			
	0270372150								
	0270372160								
GE 8		(one from pool)							
	0270378011	Dissertation on Major/Minor / Academic Project/Entrepreneurship			6	6			
	Total					22			

Note – L: Lecture Hour/week, T: Tutorial Hour/week, P: Practical Hour/week, C: Credits, IAE: Internal Assessment Examination, ESE: End Semester Examination.

SEMESTER –VIII

Course	Unique Code	Course Title	Teaching Hours / Week			Credit	Marks Distribution		
			L	T	P		IAE	ES	Total
DSC-20	0270381201	Clinical Psychology	3	0	1	4			
DSE 8	0270382171 0270382181	Stress Management/ Forensic Psychology	3	0	1	4			
DSE 9/ GE 9	0270382190/ 0270382200	Relationship Psychology/ Personal growth and development	3	1	0	4			
DSE 10/ GE 10	0270382210/ 0270382220	Spiritual Psychology/Psychology of Wellness	3	1	0	4			
	0270388021	Dissertation on Major/Minor / Academic Project/Entrepreneurship			6	6			
	Total					22			

Note – L: Lecture Hour/week, T: Tutorial Hour/week, P: Practical Hour/week, C: Credits, IAE: Internal Assessment Examination, ESE: End Semester Examination.

Multidisciplinary Generic Electives (MGE)

Multidisciplinary Generic Electives is credited and choice-based. The students make a choice from pool of MGE offered by the Faculty under the University. (Reference: University Umbrella Multidisciplinary Generic Electives)

Value Added Courses (VAC)

Value Added Courses is credited and choice-based. The students make a choice from pool of VAC offered by the Faculty under the University. (Reference: University Umbrella Value Added Courses)

Ability Enhancement Compulsory Course (AEC)

Ability Enhancement Compulsory Courses is credited and choice-based. The students make a choice from pool of AEC offered by the Faculty under the University. (Reference: University Umbrella Ability Enhancement Compulsory Course)

Skill Enhancement Courses (SEC)

Skill Enhancement Courses is credited and choice-based. The students make a choice from pool of SEC offered by the Faculty under the University.

Internships, Apprenticeship, Community outreach program, Project (IACP)

Internships, Apprenticeship, Community outreach program, Project is credited and choice-based. Students can undergo a 4-credit work- based learning/internship/ community service or project during the summer term.

OVERALL CREDIT DISTRIBUTION TABLE

SEMESTER	HOURS PER WEEK			Total Credit	Marks Distribution		
	L	T	P		IAE	ESE	Total
SEMESTER – I				22			
SEMESTER – II				22			
SEMESTER – III				22			
SEMESTER – IV				22			
SEMESTER – V				22			
SEMESTER – VI				22			
SEMESTER – VII				22			
SEMESTER – VIII				22			
Total				176			

Note – L: Lecture Hour, T: Tutorial Hour, P: Practical Hour, TC: Total Credits, IAE: Internal Assessment Examination, ESE: End Semester Examination.

8. SEMESTER-WISE COURSE DETAILS

SEMESTER – I

Unique Code	Course Type	Course Title
0270311011	DSC-1	Foundational Psychology-I
0270311021	DSC-2	Social Psychology
0270311030	DSC-3	Paradigms of Psychology

Name of the Department	Psychology
Name of the Program	B.Sc. (Hons. With Research) Psychology
Unique Code	0270311011
Course Title	Foundational Psychology-I
Academic Year	2024-2025
Semester	I
Number of Credits	4
Course Prerequisite	
Course Synopsis	This course will strengthen the foundation and spark interest in psychology as a field. Students will get knowledge about psychology's concept, background, methods and many schools of thought. Additionally, students will learn about the various processes involved in sensation, perception, emotions and motivation. They will also be able to apply these concepts to their own lives and the lives of others.
Course Outcomes: At the end of the course, students will be able to:	
CO1	Learn about the fundamental processes and core psychological concepts, and different methods used in the field of psychology
CO2	Develop an understanding of the different methods of psychology and will able to utilize various methods in the practical world.
CO3	Understand the phenomenon of attention & perception and develop a base in cognitive psychology with the help of relevant examples of everyday life.
CO4	Develop the understanding of theories of motivation & emotions and their influence on individual and social behavior. Critically assess prominent theories of emotions and initiate the importance of positive emotions in day to day life
CO5	Expanded knowledge of various assessment procedures regarding conduction of experiments and develop the Ability to administer, analyse and interpret results from various psychological tools.

Mapping of Course Outcomes (COs) to Program Outcomes (POs)& Program Specific Outcomes:												
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5
CO1	3	0	0	2	0	2	1	1	0	1	1	2
CO2	1	1	3	1	1	3	1	1	3	1	2	3
CO3	1	0	3	3	2	2	3	2	0	1	1	1
CO4	1	0	1	2	2	1	3	2	0	3	1	1
Average	1.5	0.25	1.75	2	1.25	2	2	1.5	0.75	1.5	1.25	1.75
1= Weak Correlation 2= Moderate Correlation 3= Strong Correlation												
Course Content:												
L (Hours/Week)		T (Hours/Week)		P (Hours/Week)		CL (Hours/Week)		Total Hour/Week				
3				2				5				
Units			Content & Competencies									
Unit-I: Introduction to Psychology- (Lecture Hours = 10)			Nature, Definition and Goals of Psychology; Psychology- as a Science, Importance of Psychology, Fields of psychology Early Schools of Psychology: Structuralism, Functionalism, Gestalt Psychology, Behaviorism and Psychoanalysis. Historical origin of Psychology									
Unit-II: Methods of Assessment in Psychology (Lecture Hours = 10)			Methods of Assessment in Psychology: Goals of Psychological Enquiry, Introspective Method, Observation Method, Experimental Method, Interview Method, Survey Method, Questionnaires, Case Study and Psychological Testing.									
Unit-III: Attention & Perception (Lecture Hours = 10)			Definition, Characteristics, Types, Factors/Determinants of Attention. Perception: Brief description of senses, sensation and perception, Principles of Perceptual Organization, Constancies in Perception - Size, Shape & Form, Depth Perception, Illusions.									
Unit-IV: Motivation & Emotion (Lecture Hours = 15)			Emotion; Definitions, nature and Characteristics of Emotions, Types of Emotions, Theories of Emotion: James-Lange, Cannon-Bard, Schachter-Singer. Motivation: Definition, Nature, Concept and Types of Motivation. Theories of Motivation: Humanistic (Maslow). Need Theories (McClelland and Murray).									
Unit-V: Practical Application (Lecture Hours = 30)			Any 2 practical from above mentioned units. 1. Emotional Intelligence/Motivation scale 2. Span of Attention 3. Self-Regulation Scale 4. Raven’s Progressive Matrices/ Standard Progressive Matrices									

Note: The course plan included as an annexure has the details of each unit with the number of hours and mode of delivery and pedagogical approach.

Learning Strategies and Contact Hours

Learning Strategies	Contact Hours
Lecture	38
Practical	30
Seminar/Journal Club	
Small group discussion (SGD)	3
Self-directed learning (SDL) / Tutorial	
Problem Based Learning (PBL)	2
Case/Project Based Learning (CBL)	
Revision	2
Others If any:	
Total Number of Contact Hours	75

Assessment Methods:

Formative	Summative
Multiple Choice Questions (MCQ)	
Viva-voce	
Mid Semester Examination	University Examination
Mid Term Practical Examination	
Quiz	Multiple Choice Questions (MCQ)
Seminars/ Presentation	Short Answer Questions (SAQ)
Problem Based Learning (PBL)	Long Answer Question (LAQ)
Journal Club	Practical Examination & Viva-voce
Professional Activity	
Assignment	

Mapping of Assessment with COs

Nature of Assessment	CO1	CO2	CO3	CO4	CO5	CO6
Quiz	✓	✓	✓	✓		
VIVA	✓	✓	✓			
Assignment / Presentation	✓	✓	✓	✓		
Professional Activity	✓	✓	✓	✓		
Clinical assessment						
Clinical/Practical Log Book/ Record Book	✓	✓	✓	✓		
Mid Semester Examination 1	✓	✓	✓			
Mid Semester Examination 2						
University Examination	✓	✓	✓	✓		
Feedback Process	1. Student's Feedback					

References:	(List of reference books)
	<ul style="list-style-type: none"> • Morgan, C. T., King, R., Weisz, J. & Schopler, J. (2017) .Introduction to Psychology (7th Ed). McGraw Hills. • Ciccarelli, S. K. & White, J. N. & Misra, G. (2018). Psychology. New Delhi: Pearson Education. • Holt, N., Bremner, A., Sutherland, E., Vliek, M. and Passer, M., & Smith, R. (2015). Psychology: The Science of Mind and Behaviour. London: Tata McGraw-Hill • Baron, R. & Misra, G. (2014). Psychology. New Delhi: Pearson. • Banyard, P., Davies, M. N. O., Norman, C. & Winder, B. (Eds.) (2010). Essential psychology. New Delhi: SAGE Publications. • Feldman, R. S. (2006). <i>Understanding Psychology</i>. India: Tata McGraw Hill. • Morgan, C. T., & King, R. A. (1966). Introduction to psychology (3rd ed.). McGraw-Hill.

Name of the Department		Psychology										
Name of the Program		B.Sc. (Hons. With Research) Psychology										
Unique Code		0270311021										
Course Title		Social Psychology										
Academic Year		2024-2025										
Semester		I										
Number of Credits		4										
Course Prerequisite												
Course Synopsis		Social Psychology is designed to introduce students to the fundamental theories, concepts, and methodologies in the field of social psychology. This course explores various topics such as social cognition, social influence, interpersonal relationships, group dynamics, and attitudes. Through lectures, discussions, readings, and practical exercises, students will gain insights into how individuals think, feel, and behave in social contexts. Additionally, students will examine the application of social psychological principles to real-world issues and phenomena.										
Course Outcomes:												
At the end of the course students will be able to:												
CO1	Students will demonstrate an understanding of the definition, scope, and historical roots of social psychology.											
CO2	Students will develop proficiency in research methods commonly used in social psychology, enabling them to critically evaluate social psychological research.											
CO3	Students will analyze the complexities of social cognition, including self-concept, self-serving bias, impression formation, and attribution theories.											
CO4	Students will grasp attitude formation, types, and change, alongside the factors influencing persuasion. They will be able to apply persuasion models to analyze real-world scenarios and gauge their impact on attitudes and behaviors.											
CO5	Expanded knowledge of various assessment procedures regarding conduction of experiments and develop the Ability to administer, analyse and interpret results from various psychological tools.											
Mapping of Course Outcomes (COs) to Program Outcomes (POs)& Program Specific Outcomes:												
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	3	1	1	3	2	3	3	2	2	3	3	2
CO2	1	3	2	2	0	1	3	2	3	1	2	2

CO3	3	0	2	2	3	3	3	1	2	2	3	3
CO4	2	0	2	3	1	3	3	1	3	2	3	2
Average	2.25	1	1.75	2.5	1.5	2.5	3	1.5	2.5	2	2.75	2.25
1= Weak Correlation				2= Moderate Correlation				3= Strong Correlation				
Course Content:												
L (Hours/Week)		T (Hours/Week)		P (Hours/Week)				CL (Hours/Week)		Total Hour/Week		
3				2						5		
Units				Content & Competencies								
Unit-I: Introduction to Social Psychology- (Lecture Hours = 10)				Definition and Scope, Methods of Research in Social Psychology; Historical Roots; Social Cognition: Self-concept, Perceived Self-control, Self-Serving Bias, Self-Presentation, Impression Formation; Attribution: theories, attribution errors, Attitudes: Types, Formation and Change of attitudes; Persuasion: Factors affecting Persuasion, Models and Techniques								
Unit-II: Social Influence and Group Processes (Lecture Hours = 10)				Conformity, Compliance and Obedience: Factors influencing, Research on Obedience and Conformity, Techniques of Compliance; Ethical considerations in social psychology research; Group Dynamics: The formation, structure, and functioning of groups, including topics such as group polarization, groupthink, and leadership styles								
Unit- III: Interpersonal Relations and Communication (Lecture Hours = 10)				Interpersonal Attraction: Theories, factors influencing interpersonal attraction and relationship formation; Interpersonal Communication: Verbal and nonverbal communication, communication styles; Prejudice and Discrimination: Origins of prejudice, stereotypes, discrimination, and strategies for reducing prejudice and promoting social justice								
Unit-IV: Applied Social Psychology and Contemporary Issues (Lecture Hours = 15)				Applied Social Psychology: Application of social psychological principles to real-world problems and settings; Social Identity and Diversity: Social identity theory, ingroup-outgroup dynamics, and the influence of social identity on behavior and attitudes; Contemporary Issues in Social Psychology: social media, globalization, cultural diversity, social change								
Unit-V: Practical Application (Lecture Hours = 30)				Any 2 practical from above mentioned units. 1. Attitude Scale 2. Attribution Style 3. Aggression Scale 4. Leadership Styles								

Note: The course plan included as an annexure has the details of each unit with the number of hours and mode of delivery and pedagogical approach.

Learning Strategies and Contact Hours

Learning Strategies	Contact Hours
Lecture	38
Practical	30
Seminar/Journal Club	
Small group discussion (SGD)	3
Self-directed learning (SDL) / Tutorial	
Problem Based Learning (PBL)	2
Case/Project Based Learning (CBL)	
Revision	2
Others If any:	
Total Number of Contact Hours	75

Assessment Methods:

Formative	Summative
Multiple Choice Questions (MCQ)	
Viva-voce	
Mid Semester Examination	University Examination
Mid Term Practical Examination	
Quiz	Multiple Choice Questions (MCQ)
Seminars/ Presentation	Short Answer Questions (SAQ)
Problem Based Learning (PBL)	Long Answer Question (LAQ)
Journal Club	Practical Examination & Viva-voce
Professional Activity	
Assignment	

Mapping of Assessment with COs

Nature of Assessment	CO1	CO2	CO3	CO4	CO5	CO6
Quiz	✓	✓	✓	✓		
VIVA	✓	✓	✓			
Assignment / Presentation	✓	✓	✓	✓		
Professional Activity	✓	✓	✓	✓		
Clinical assessment						
Clinical/Practical Log Book/ Record Book	✓	✓	✓	✓		
Mid Semester Examination 1	✓	✓	✓			
Mid Semester Examination 2						
University Examination	✓	✓	✓	✓		
Feedback Process	5. Student's Feedback					

References:	(List of reference books)
	<ul style="list-style-type: none"> • Morgan, C. T., King, R., Weisz, J. & Schopler, J. (2017) .Introduction to Psychology (7th Ed). McGraw Hills. • Ciccarelli, S. K. & White, J. N. & Misra, G. (2018). Psychology. New Delhi: Pearson Education. • Holt, N., Bremner, A., Sutherland, E., Vliek, M. and Passer, M., & Smith, R. (2015). Psychology: The Science of Mind and Behaviour. London: Tata McGraw-Hill • Baron, R. & Misra, G. (2014). Psychology. New Delhi: Pearson. • Banyard, P., Davies, M. N. O., Norman, C. & Winder, B. (Eds.) (2010). Essential psychology. New Delhi: SAGE Publications. • Feldman, R. S. (2006). <i>Understanding Psychology</i>. India: Tata McGraw Hill. • Morgan, C. T., & King, R. A. (1966). Introduction to psychology (3rd ed.). McGraw-Hill.

Name of the Department		Psychology										
Name of the Program		B.Sc. (Hons. With Research) Psychology										
Unique Code		0270311030										
Course Title		Paradigms of Psychology										
Academic Year		2024-2025										
Semester		I										
Number of Credits		4										
Course Prerequisite												
Course Synopsis		This course provides an introduction to the fundamental paradigms of psychology, exploring various theoretical frameworks and their applications in understanding human behavior. Through interactive lectures, discussions, and practical tutorials, students will gain a comprehensive understanding of different psychological perspectives and their significance in the Indian context.										
Course Outcomes:												
At the end of the course, students will be able to:												
CO1	Demonstrate an understanding of the major paradigms in Psychology, including Behaviourism, Psychoanalysis, Humanistic Psychology, and socio-cultural perspective.											
CO2	Students will analyse and evaluate the strengths and limitations of each Psychological paradigm in explaining human behaviour.											
CO3	Students will be able to apply Psychological theories and concepts to real-world scenarios, particularly within the Indian cultural context.											
CO4	Develop Critical thinking and research skills through practical tutorials and hands-on activities.											
CO5	Expanded knowledge through various activities regarding the practical application of different paradigms of psychology and their application in real world.											
Mapping of Course Outcomes (COs) to Program Outcomes (POs)& Program Specific Outcomes:												
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	3	1	3	3	0	2	3	3	0	3	2	1
CO2	3	1	2	3	0	1	3	2	1	2	3	2
CO3	1	3	0	3	0	3	3	1	1	2	3	2
CO4	1	3	3	1	0	3	0	1	3	1	2	3
CO5	0	0	0	0	0	0	0	0	0	0	0	0
Average	2	2	2	2.5	0	2.25	2.25	1.75	1.25	2	2.5	2

1= Weak Correlation		2= Moderate Correlation		3= Strong Correlation
Course Content:				
L (Hours/Week)	T (Hours /Week)	P (Hours/Week)	CL (Hours/Week)	Total Hour/Week
3	2			5
Units		Content & Competencies		
Unit-I: Introduction to Psychology Paradigms (Lecture Hours = 10)		Overview of Major paradigms: Behaviorism, Psychoanalysis, Humanistic Psychology, and Socio-cultural Perspectives. Historical development and key figures in each paradigm.		
Unit-II: Behaviorism: Understanding Observable Behavior (Lecture Hours = 10)		Basic principles of behaviorism and Classical conditioning, Application of behaviorism in learning theories and behavior modification, Critique of behaviorism and its implications for understanding complex human behavior.		
Unit-III: Psychoanalysis: Exploring the Unconscious Mind (Lecture Hours = 10)		Freudian theory: the structure of personality, defense mechanism, and stages of psychosexual development, Contemporary perspectives on psychoanalytic theory and practice.		
Unit-IV: Humanistic Psychology: Self-Actualization and Personal Growth (Lecture Hours = 15)		Core concepts of humanistic psychology, include self-actualization, unconditional positive regard, and hierarchy of needs—the contribution of Carl Rogers and Abraham Maslow to Humanistic Psychology.		
Unit-V: Tutorial Activities (Lecture Hours = 30)		Practical tutorials and case studies exploring the integration of multiple psychological perspectives, Group discussions, and presentations on applying diverse paradigms to understand complex human behavior. Hands-on activities to develop critical thinking and research skills in Psychology.		

Note: The course plan included as an annexure has the details of each unit with the number of hours' mode of delivery and pedagogical approach.

Learning Strategies and Contact Hours

Learning Strategies	Contact Hours
Lecture	38
Practical	
Seminar/Journal Club	7
Small group discussion (SGD)	5
Self-directed learning (SDL) / Tutorial	5
Problem Based Learning (PBL)	5
Case/Project Based Learning (CBL)	15

Revision	
Others If any:	
Total Number of Contact Hours	75

Assessment Methods:

Formative	Summative
Multiple Choice Questions (MCQ)	
Viva-voce	
Mid Semester Examination	University Examination
Mid Term Practical Examination	
Quiz	Multiple Choice Questions (MCQ)
Seminars/ Presentation	Short Answer Questions (SAQ)
Problem Based Learning (PBL)	Long Answer Question (LAQ)
Journal Club	Practical Examination & Viva-voce
Professional Activity	
Assignment	

Mapping of Assessment with COs

Nature of Assessment	CO1	CO2	CO3	CO4	CO5	CO6
Quiz	✓	✓	✓	✓		
VIVA	✓	✓	✓			
Assignment / Presentation	✓	✓	✓	✓		
Professional Activity	✓	✓	✓	✓		
Clinical assessment						
Clinical/Practical Log Book/ Record Book	✓	✓	✓	✓		
Mid Semester Examination 1	✓	✓	✓			
Mid Semester Examination 2						
University Examination	✓	✓	✓	✓		
Feedback Process	6. Student’s Feedback					
References:	(List of reference books)					

	<ul style="list-style-type: none"> • Berk, L. E. (2018). <i>Development through the lifespan</i>. Pearson. • Boyd, D., & Bee, H. (2018). <i>Lifespan development</i>. Pearson. • Papalia, D. E., Feldman, R. D., & Martorell, G. (2018). <i>Experience human development</i>. McGraw-Hill Education. • Santrock, J. W. (2017). <i>Life-span development</i>. McGraw-Hill Education. • Arnett, J. J. (2019). <i>Human development: A cultural approach</i>. Pearson.
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SEMESTER – II

Unique Code	Course Type	Course Title
0270321041	DSC-1	Foundational Psychology-II
0270321051	DSC-2	Developmental Psychology
0270321061	DSC-3	Abnormal Psychology

Name of the Department			Psychology									
Name of the Program			B.Sc. (Hons. With Research) Psychology									
Unique Code			0270321041									
Course Title			Foundational Psychology-II									
Academic Year			2024-2025									
Semester			II									
Number of Credits			4									
Course Prerequisite												
Course Synopsis			The students will gain knowledge of the basic procedures and essential psychological ideas, models, traditional theories, and other viewpoints. They will able to learn about the fundamental processes and core psychological concepts, models, classical theories, varied perspectives, and will be able to apply them in their own and in others’ lives. It will also give the learner a clear understanding of the concepts like intelligence, personality, learning memory and forgetting.									
Course Outcomes:												
At the end of the course students will be able to:												
CO1		Students will understand the concept of intelligence and its importance										
CO2		Developing an understanding of the concept of individual differences and various approaches to personality and appreciating the diverse frameworks										
CO3		Gain knowledge and appreciate various theories of learning and other aspects of human behaviour in the practical world.										
CO4		Identify the importance of experiments in the field of memory and how it shapes cognitive functions at large and their impact on human psychology										
CO5		Expanded knowledge of various assessment procedures regarding conduction of experiments and develop the Ability to administer, analyse and interpret results from various psychological tools.										
Mapping of Course Outcomes (COs) to Program Outcomes (POs)& Program Specific Outcomes:												
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5

CO1	3	0	3	3	2	3	3	1	1	2	2	2
CO2	2	0	2	2	0	2	2	1	1	2	1	1
CO3	2	0	2	2	1	3	2	2	1	3	3	2
CO4	1	1	2	2	2	2	2	2	0	1	1	1
Average	2	0.25	2.25	2.25	1.25	2.5	2.25	1.5	0.75	2	1.75	1.5

1= Weak Correlation

2= Moderate Correlation

3= Strong Correlation

Course Content:

L (Hours/Week)	T (Hours/Week)	P (Hours/Week)	CL (Hours/Week)	Total Hour/Week
3		2		5
Unit		Content & Competencies		
Unit-I: Intelligence- (Lecture Hours = 10)		Intelligence: Concept, Definition, Theories of Intelligence, Intelligence and Aptitude, Intelligence and Creativity Distribution of Intelligence, Classification of Mental Retardation , Biological Bases of Intelligence, Measurement of Intelligence (Verbal and Non Verbal Test; Individual and Group Tests).		
Unit-II: Personality- (Lecture Hours = 10)		Definition and Nature of Personality; Personality Theories –Trait Theories, Type Theories, Psychoanalytic - Neo - Freudian - Jung, Adler, Sullivan, Karen Horney; Humanistic Theories. Assessment of Personality (Self Report, Projective Techniques and Behavioural Assessment)		
Unit-III: Learning- (Lecture Hours = 10)		Nature, Definition and Factors; Types of Learning and Applications, Cognitive Learning, Observational Learning, Skill Learning, Transfer of Learning & Theories of Learning, Classical Conditioning – Principles and Applications, Operant Conditioning – Principles and Applications		
Unit-IV: Memory and Forgetting (Lecture Hours = 15)		Stages in Memory, Human Memory – the Modal of Memory: Sensory Memory, Short - Term Memory, Long- Term Memory; Improving memory; Brain Damage, Drugs and Memory. Forgetting: Theories of Forgetting- Retrieval Failure, Decay, Interference Theory, Motivated Forgetting; Memory Disorders		
Unit-V: Practical Application (Lecture Hours = 30)		Any 2 practical from above mentioned units. Report writing in the APA style. 1. Intelligence scale 2. Personality 3. Learning 4. Memory & forgetting Seminar and Discussion about the applications of knowledge		

Note: The course plan included as an annexure has the details of each unit with the number of hours and mode of delivery and pedagogical approach.

Learning Strategies and Contact Hours

Learning Strategies	Contact Hours
Lecture	38
Practical	30
Seminar/Journal Club	
Small group discussion (SGD)	3
Self-directed learning (SDL) / Tutorial	
Problem Based Learning (PBL)	2
Case/Project Based Learning (CBL)	
Revision	2
Others If any:	
Total Number of Contact Hours	75

Assessment Methods:

Formative	Summative
Multiple Choice Questions (MCQ)	
Viva-voce	
Mid Semester Examination	University Examination
Mid Term Practical Examination	
Quiz	Multiple Choice Questions (MCQ)
Seminars/ Presentation	Short Answer Questions (SAQ)
Problem Based Learning (PBL)	Long Answer Question (LAQ)
Journal Club	Practical Examination & Viva-voce
Professional Activity	
Assignment	

Mapping of Assessment with COs

Nature of Assessment	CO1	CO2	CO3	CO4	CO5	CO6
Quiz	✓	✓	✓	✓		
VIVA	✓	✓	✓			
Assignment / Presentation	✓	✓	✓	✓		
Professional Activity	✓	✓	✓	✓		
Clinical assessment						
Clinical/Practical Log Book/ Record Book	✓	✓	✓	✓		
Mid Semester Examination 1	✓	✓	✓			
Mid Semester Examination 2						
University Examination	✓	✓	✓	✓		

Feedback Process	7. Student's Feedback
References:	(List of reference books)
	<ul style="list-style-type: none"> • Mishra, G. (Edited) (2019). Personality in Indigenous Tradition. In ICSSR Research Surveys & explorations Psychology (Vol.2): Individual and the Social Processes & Issues. New Delhi: Oxford University Press. • Baron, R. & Misra, G. (2016). <i>Psychology</i> (5th edition). New Delhi: Pearson. • Morgan, C. T., King, R. A., Weiss, J. R. and Schopler, J. (2012). (Latest Edition). Introduction to Psychology. Tata McGraw Hill Education Pvt. New Delhi • Feldman, R. S. (2006). <i>Understanding Psychology</i>. India: Tata McGraw Hill.

Name of the Department		Psychology										
Name of the Program		B.Sc. (Hons. With Research) Psychology										
Unique Code		0270321051										
Course Title		Developmental Psychology										
Academic Year		2024-2025										
Semester		II										
Number of Credits		4										
Course Prerequisite												
Course Synopsis		This course provides an overview of the Psychological processes that occur throughout the lifespan, from infancy to old age. Emphasis is placed on understanding the physical, cognitive, emotional, and social changes that individuals experience as they age. The course explores various theories of development and examines how genetics, environment, and culture influence growth and behavior.										
Course Outcomes:												
At the end of the course students will be able to:												
CO1	Understand the major theories and concepts in developmental psychology.											
CO2	Identify and analyse the physical, cognitive, emotional, and social changes that occur across the lifespan.											
CO3	Evaluate the influence of genetics, environment, and culture on development.											
CO4	Examine the role of family, peers, and society in shaping individual’s development.											
CO5	Expanded knowledge of various assessment procedures regarding conduction of experiments and develop the Ability to administer, analyse and interpret results from various psychological tools.											
Mapping of Course Outcomes (COs) to Program Outcomes (POs)& Program Specific Outcomes:												
	PO1	PO2	PO3	PO 4	PO 5	PO 6	PO 7	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	3	0	1	1	0	3	0	3	1	2	3	2
CO2	2	1	1	1	1	3	2	0	2	3	0	1
CO3	1	1	2	1	1	3	3	0	1	1	2	2
CO4	1	1	2	2	1	3	3	0	0	3	2	3
CO5	0	0	0	0	0	0	0	0	0	0	0	0
Average	1.75	0.75	1.5	1.25	0.75	3	2	0.75	1	2.25	1.75	2

1= Weak Correlation		2= Moderate Correlation		3= Strong Correlation		
Course Content:						
L (Hours/Week)		T (Hours/Week)		P (Hours/Week)	CL (Hours/Week)	Total Hour/Week
3		0		2		5
Unit		Content & Competencies				
Unit-I: Introduction to Development Psychology- (Lecture Hours = 10)		Meaning of Growth and Development. Historical Perspectives, Principles of Growth and Development.				
Unit-II: Biological Foundation of Development (Lecture Hours = 10)		Role of Genetics, Prenatal development, birth, and the physical changes that occur in Infancy, Childhood, Adolescence, and Adulthood.				
Unit-III: Cognitive Development (Lecture Hours = 10)		Cognitive Process: Language, Memory, Reasoning, Jean Piaget Theory of Cognitive Development.				
Unit-IV: Socioemotional Development (Lecture Hours = 15)		Socioemotional aspects of development, Erik Erikson Theory and Social Development Theory, Attachment theory.				
Unit-V: Practical Application (Lecture Hours = 30)		Observation in childcare institutions, Service- learning projects, Developmental screening Assessments, Advocacy.				

Note: The course plan included as an annexure has the details of each unit with the number of hours and mode of delivery and pedagogical approach.

Learning Strategies and Contact Hours

Learning Strategies	Contact Hours
Lecture	38
Practical	30
Seminar/Journal Club	
Small group discussion (SGD)	3
Self-directed learning (SDL) / Tutorial	
Problem-Based Learning (PBL)	2
Case/Project Based Learning (CBL)	
Revision	2
Others If any:	
Total Number of Contact Hours	75

Assessment Methods:

Formative	Summative
Multiple Choice Questions (MCQ)	
Viva-voce	
Mid Semester Examination	University Examination
Mid Term Practical Examination	
Quiz	Multiple Choice Questions (MCQ)
Seminars/ Presentation	Short Answer Questions (SAQ)
Problem Based Learning (PBL)	Long Answer Question (LAQ)
Journal Club	Practical Examination & Viva-voce
Professional Activity	
Assignment	

Mapping of Assessment with COs

Nature of Assessment	CO1	CO2	CO3	CO4	CO5	CO6
Quiz	✓	✓	✓	✓		
VIVA	✓	✓	✓			
Assignment / Presentation	✓	✓	✓	✓		
Professional Activity	✓	✓	✓	✓		
Clinical assessment						
Clinical/Practical Log Book/ Record Book	✓	✓	✓	✓		
Mid Semester Examination 1	✓	✓	✓			
Mid Semester Examination 2						
University Examination	✓	✓	✓	✓		
Feedback Process	8. Student’s Feedback					
References:	(List of reference books)					
	<ul style="list-style-type: none">• Berk, L. E. (2018). <i>Development through the lifespan</i>. Pearson.• Boyd, D., & Bee, H. (2018). <i>Lifespan development</i>. Pearson.• Papalia, D. E., Feldman, R. D., & Martorell, G. (2018). <i>Experience human development</i>. McGraw-Hill Education.• Santrock, J. W. (2017). <i>Life-span development</i>. McGraw-Hill Education.• Arnett, J. J. (2019). <i>Human development: A cultural approach</i>. Pearson.					

Name of the Department			Psychology									
Name of the Program			B.Sc. (Hons. With Research) Psychology									
Unique Code			0270321061									
Course Title			Abnormal Psychology									
Academic Year			2024-2025									
Semester			II									
Number of Credits			4									
Course Prerequisite												
Course Synopsis			This course will provide an overview of the scientific study of mental illness (also known as psychopathology). The course will cover basic concepts and definitions, historical perspectives on abnormal behaviour, different theoretical models, the assessment and diagnosis of mental illness. The course also focus on the leading categories of mental disorders among adults, children and adolescents, including the description and classification of these disorders and some of the treatments for these disorders.									
Course Outcomes:												
At the end of the course students will be able to:												
CO1	Understand the definition and criteria of abnormal behaviour, incorporating historical perspectives and contemporary views to analyse the evolution of thought on abnormal psychology.											
CO2	Develop the sensitivity towards individual diversity and various approaches to the diagnosis and treatment of psychological disorders.											
CO3	Enhance personal and social interactions by using the knowledge of the history and major theories of abnormal behavior.											
CO4	Understand criteria of abnormality and one’s own behavior and behavior of others.											
CO5	Demonstrate the application of theoretical insights acquired during the course through active participation in practical sessions, allowing for the practical application of concepts covered in the units.											
Mapping of Course Outcomes (COs) to Program Outcomes (POs)& Program Specific Outcomes:												
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	3	1	1	1	2	2	3	2	0	0	2	2
CO2	3	1	3	3	1	2	3	1	0	1	3	3
CO3	3	0	3	2	3	3	2	1	0	2	2	3
CO4	2	0	2	2	1	3	1	0	1	1	1	2
Average	2.75	0.5	2.25	2	1.75	2.5	2.25	1	0.25	0.75	2	2.5

1= Weak Correlation		2= Moderate Correlation		3= Strong Correlation
Course Content:				
L (Hours/Week)	T (Hours/Week)	P (Hours/Week)	CL (Hours/Week)	Total Hour/Week
3	0	2		5
Unit		Content & Competencies		
Unit-I: Introduction of Abnormal Psychology (Lecture Hours = 10)		Understanding Abnormality: Definition, criteria of abnormality, background and modern approaches, Classification of psychological Disorders (latest edition of DSM & ICD) and Historical background, Biological factors, Psychological, Socio-cultural factors and Pathogenic societal influence		
Unit-II: Psychological Disorders-I (Lecture Hours = 10)		Anxiety Disorders: Nature, Causes, Diagnostic Criteria and treatment of Generalized Anxiety Disorder, Panic Disorder, Phobias, Obsessive Compulsive Disorder, Post Traumatic Stress Disorder Mood Disorders: Nature, Causes and epidemiology, treatment of Bipolar I, Bipolar II, Suicide and Prevention		
Unit-III: Psychological Disorders -II (Lecture Hours = 13)		Somatoform Disorders: Pain Disorders, Somatisation Disorders, Conversion Disorders, Hypochondriasis, and Body Dysmorphic Disorders (Nature, Causes, Diagnostic Criteria, Types and treatment) Personality Disorders: Nature, Causes, Diagnostic Criteria, Types and treatment. Eating Disorder: Nature, Causes, Diagnostic Criteria, Types and treatment.		
Unit-IV: Psychological Disorders-III (Lecture Hours = 12)		Substance Use Disorders: Nature, Causes, Diagnostic Criteria, Types and treatment; Sexual Disorder: Nature, Causes, Diagnostic Criteria, Types and treatment; Schizophrenia: Nature, Causes, Diagnostic Criteria, Types and treatment		
Unit-V: Practical Component (Lecture Hours = 30)		Any 2 practical from above mentioned units. Report writing in the APA style. 1. Mental Health Assessment (Anxiety, Depression, Stress) 2. Personality 3. Anxiety Scale 4. Depression Scale		

Note: The course plan included as an annexure has the details of each unit with the number of hours and mode of delivery and pedagogical approach.

Learning Strategies and Contact Hours

Learning Strategies	Contact Hours
Lecture	38
Practical	30
Seminar/Journal Club	
Small group discussion (SGD)	3
Self-directed learning (SDL) / Tutorial	
Problem Based Learning (PBL)	2
Case/Project Based Learning (CBL)	
Revision	2
Others If any:	
Total Number of Contact Hours	75

Assessment Methods:

Formative	Summative
Multiple Choice Questions (MCQ)	
Viva-voce	
Mid Semester Examination	University Examination
Mid Term Practical Examination	
Quiz	Multiple Choice Questions (MCQ)
Seminars/ Presentation	Short Answer Questions (SAQ)
Problem Based Learning (PBL)	Long Answer Question (LAQ)
Journal Club	Practical Examination & Viva-voce
Professional Activity	
Assignment	

Mapping of Assessment with COs

Nature of Assessment	CO1	CO2	CO3	CO4	CO5	CO6
Quiz	✓	✓	✓	✓		
VIVA	✓	✓	✓			
Assignment / Presentation	✓	✓	✓	✓		
Professional Activity	✓	✓	✓	✓		
Clinical assessment						
Clinical/Practical Log Book/ Record Book	✓	✓	✓	✓		
Mid Semester Examination 1	✓	✓	✓			
Mid Semester Examination 2						
University Examination	✓	✓	✓	✓		
Feedback Process	2. Student’s Feedback					
References:	(List of reference books)					

	<ul style="list-style-type: none"> Kearney, C. A. & Trull, T. J. (2012). <i>Abnormal Psychology and Life: A dimensional approach</i>. New Delhi: Cengage learning. Kring, A.M., Johnson, S.L., Davison G.C. & Neale J.M. (2010). <i>Abnormal Psychology</i> (11th Ed.). NY: John Wiley. Barlow D. H. & Durand V. M, & Stewart, S. H. (2009). <i>Abnormal Psychology</i>. New Delhi: Cengage Learning. Carson, R.C., Butcher, J.N., Mineka, S. & Hooley, J.M. (2008). <i>Abnormal Psychology</i>. New Delhi: Pearson. Bennett, P. (2006). <i>Abnormal and Clinical Psychology: An introductory textbook</i>. New York: Open University Press. Brewer, K. (2001). <i>Clinical Psychology</i>. Oxford: Heinemann Educational Publishers
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