

**Name:** Prof. (Dr.) Mehmooda Regu  
**Designation:** Professor / Principal  
**Institution:** Akal College of Nursing, Eternal University

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## Personal Information

- **Date of Birth:** June 1, 1957
- **Residence:** House No. 19 A, Lane 1, Gousia Colony, Methan Road, Lal Nagar, Channa Pora, Srinagar, 190015
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## Academic Qualifications

- **B.Sc:** University of Kashmir, Govt. College for Women, M.A. Road Srinagar Kashmir, 1977 (Nov)
- **B.Sc Nursing:** Punjab University, Chandigarh College of Nursing, PGIMER Chandigarh, 1982 (May)
- **M.A Public Administration:** Punjab University, Chandigarh, 1984 (May)
- **Masters Nursing (Community Health Nursing):** Delhi University, RAKCON New Delhi, 1988 (June)
- **Ph.D Nursing:** IGNOU New Delhi, 2010 - 2015

## Professional Experience

- **Technical Nurse (In charge Gastroenterology lab. & ward):** May 1982 to August 1983, G.E. Lab. SKIMS & Ward 3rd SKIMS
- **Graduate Nurse (Tutor):** September 1983 to June 1986, Department of Nursing Education SKIMS
- **Supervisor, Nursing Education:** July 1986 to March 1991, SKIMS

- **Lecturer, Nursing Education:** April 1991 to November 1996, SKIMS
- **Sr. Lecturer Nursing Education (started B.Sc Nursing Post Basic):** December 1996 to March 2007, SKIMS
- **In charge Principal:** December 1996 to May 2014, SKIMS
- **Principal (deputed) (Founder Principal):** July 2005 to September 21, 2008,  
BiBi Halima College of Nursing & Medical Technology
- **Vice Principal (In charge Principal):** 2007 – 2014, College of Nursing SKIMS
- **Professor cum Principal:** May 2014 to November 2022, MMINSR SKIMS Kashmir
- **Professor cum Principal:** December 2022 to till date, Akal College of Nursing,  
Eternal University

## **Positions Held**

### **MEMBER OF COMMITTEE TO DEVELOP**

#### **“THE NATIONAL NURSING AND MIDWIFERY COMMISSION – 2023”**

- **Treasurer, TNAI, J&K State Branch:** October 1989 to 1995
- **Executive Board Member of Nursing Research Society of India:** October 1991 - October 1995
- **Organizing Secretary, National Congress of Nursing Research Society of India:** October 1989
- **Organizing Secretary/Chairperson/Resource Person:** Various Programs at SKIMS
- **President Steering Committee, J&K Branch of TANI:** 1996
- **Secretary, J&K Branch of TANI:** October 1997 to 2007
- **Executive Member of BiBi Halima College of Nursing & Medical Technology:** July 2005 to 2008
- **Executive Council Member, Islamic University of Science & Technology, Kashmir:** 2005 to 2008
- **Member, Board of Studies (Nursing), University of Kashmir & Jammu, Uttarakhand, SNVD Katra**
- **Editor, Journal of Nursing Practice & Research, SKIMS:** 2009 till date
- **Editor, Journal of Nursing, Baba Farid University:** 2009 till date

## **Research Work**

- **Immunization Status of under-five children**, West Bengal, 1987
- **Nutritional Status of under-five children**, Kotla (Urban Slum) New Delhi, 1988
- **Role of Health Worker Female in J&K State**, 1988
- **Teacher behaviors perceived by student Nurses**
- **Perception of Nurses about elderly care**
- **KAP of Family Planning in Women at SKIMS OPD**
- **HIV/AIDS awareness among staff Nurses in Kashmir**, 2008
- **Ph.D Thesis:** “Effectiveness of Comprehensive Nursing Care Strategy for Stroke Patients” at SKIMS
- **Guided:** 30 M.Sc (N) research projects and 50 B.Sc (N) group research projects

## **Awards**

- **Florence Nightingale Award:** First in J&K State, May 12th, 2008

## **Publications**

- **Numerous articles:** Nursing Journal of India and other journals from 1983 to present
- **Ph.D Thesis:** Published in the Nursing Journal of India, January-February 2019

## **Books**

- **Manual of Sociology of Nurse:** January 2005, Vora Publications, Mumbai
- **Under publication:** Textbook of Nursing Research

## **Professional Courses / Seminars / Workshops Attended / Papers Presented**

- Participation in numerous national and international conferences, workshops, and seminars from 1979 to 2013
- Presented papers on various topics related to nursing education, HIV/AIDS, maternal and child health, and mental health

## **Membership**

- Punjab Nurses Registration Council/Indian Nursing Council
- Trained Nurses Association of India (TNAI): Life Member
- Nursing Research Society of India: Life Member
- Indian Society of Hospital Administrators (ISHA): Life Member
- Voluntary Health Association of India: Life Member
- Central Health Education Bureau, Govt. of India for “Swasth Hind”
- Director Health Services Punjab for “SEHAT”
- Nursing Academy for Midwives, Hyderabad
- Nursing Honor Society of India & Hall of Fame, INC

## **Initiatives**

- Launched M.Sc Nursing at SKIMS Nursing College: April 2012
- Nursing Expert for University of Kashmir & Jammu University

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