

BSc (Hons) Psychology

Programme Outcome

- To familiarize students to the field of psychology, give them the necessary exposure to develop interest in the field and thus prepare them for post-graduate programme in psychology.
- Appreciate the different branches and emerging fields of psychology
- To understand the fundamental processes underlying human behavior and the process of human development and change from biological and psychosocial perspective.
- To understand the different aspects of human behavior in the social, cultural and organizational/work context and thus understanding the effects of group membership on individual behavior.
- To understand abnormal behavior and the various components that promotes health and well being through papers such and Health psychology and Positive Psychology.
- To introduce students to the basic aspects in experimentation and testing in psychology so that students are able to conduct simple tests and experiments, write brief reports based on the findings from the tests and experiments
- To familiarize students with basic statistical techniques and fundamentals of research methodology. In addition, students are trained for the application of the same by engaging them in simple quantitative research in small groups.

Programme Specific Outcome

- Students will be able to distinguish between different fields of psychology
- Students will be able to identify the causes behind a behavior in different developmental stages.
- Students will be able to understand behavioral diversity in the context of society, culture and organization.
- Students will be able to explain the causes behind abnormal behavior and will be able to understand therapeutic importance for mental illness with help of principles and theories of health and positive psychology.
- Students will be able to understand the concept of cause and effect relationship behind behavioral outcome with the help of research methodology, experimentation and statistical techniques

COURSE OUTCOME

Semester	Course code	Course name	L	T	P	C
I	PSYH 101	General Psychology-I	5	0	0	5

Course Objectives and Learning Outcome: After the completion of this course students will be able:

- Understanding and application of psychological principles, theories and methods of different psychological areas (like learning, memory, etc.) to understand the complexity of human behavior.
- Knowledge of the fundamental physiological functional mechanism behind the Nervous system in the human body.

- It also correlates to the understanding of historical context of different studies and researches.

PSYH 102	General Psychology-II	4	0	0	4
-----------------	------------------------------	----------	----------	----------	----------

Course Objectives and Learning Outcome: After the completion of this course students will be able:

- Extensive knowledge about different theories and principles of Cognition and Behaviour concerning the areas of Motivation, Emotion, Intelligence, Thinking, and Personality etc.
- Understand the measures involved in different aspects of human behaviour.
- Develop ability to relate the psychological concepts to everyday life events

ENG-102	Communication Skills	2	0	1	3
----------------	-----------------------------	----------	----------	----------	----------

- To stimulate intellectual exercise and to develop communication skills.
- It aims imparting students spectrum of ideas and values emphasizing on their contemporary relevance.
- To guide them in becoming socially responsible citizen and balanced human beings.
- To help students in increasing their confidence in Public speaking.
- To teach them interpersonal skills as: teamwork, negotiation, motivation and self-reflection.

PBI-114	Punjabi Lazmi-I	3	0	0	3
----------------	------------------------	----------	----------	----------	----------

- ਪੁਸਤਕ ਕਾਵਿ-ਧਾਰਾ ਦੇ ਹਵਾਲੇ ਨਾਲ ਭਾਈ ਵੀਰ ਸਿੰਘ, ਧਨੀ ਰਾਮ ਚਾਤ੍ਰਕ, ਪੂਰਨ ਸਿੰਘ, ਮੋਹਨ ਸਿੰਘ, ਬਾਵਾ ਬਲਵੰਤ, ਪ੍ਰੀਤਮ ਸਿੰਘ ਸਫ਼ੀਰ, ਅੰਮ੍ਰਿਤਾ ਪ੍ਰੀਤਮ, ਹਰਿਭਜਨ ਸਿੰਘ, ਸ਼ਿਵ ਕੁਮਾਰ ਬਟਾਲਵੀ ਦੀ ਕਵਿਤਾ ਦੇ ਹਵਾਲੇ ਨਾਲ ਆਧੁਨਿਕ ਪੰਜਾਬੀ ਕਵਿਤਾ ਸਬੰਧੀ ਜਾਣਕਾਰੀ ਹਾਸਿਲ ਕਰਨੀ।
- ਪੁਸਤਕ ਕਥਾ-ਰੰਗ ਦੇ ਹਵਾਲੇ ਨਾਲ ਅੱਠ ਕਹਾਣੀਆਂ (ਸਤਾਈ ਜਨਵਰੀ, ਮੁੜ ਵਿਧਵਾ, ਪਠਾਣ ਦੀ ਧੀ, ਤ੍ਰਿਸ਼ਨਾ, ਭੇਤ ਵਾਲੀ ਗੱਲ, ਧਰਤੀ ਹੇਠਲਾ ਬੋਲਦ, ਇਕ ਬਾਲੜੀ ਦੇ ਪਤਾਸੇ, ਮੋਹੜੀ) ਦੇ ਸੰਦਰਭ
- ਭਾਸ਼ਾ: ਪਰਿਭਾਸ਼ਾ ਅਤੇ ਵਿਸ਼ੇਸ਼ਤਾਵਾਂ, ਭਾਸ਼ਾ ਵੰਨਗੀਆਂ, ਉਪਭਾਸ਼ਾ: ਪਰਿਭਾਸ਼ਾ ਅਤੇ ਵਿਸ਼ੇਸ਼ਤਾਵਾਂ, ਭਾਸ਼ਾ ਤੇ ਉਪਭਾਸ਼ਾ ਦਾ ਅੰਤਰ-ਸੰਬੰਧ, ਪੰਜਾਬੀ ਦੀਆਂ ਉਪਭਾਸ਼ਾਈ ਵੰਨਗੀਆਂ ਸਬੰਧੀ ਜਾਣਕਾਰੀ ਹਾਸਿਲ ਕਰਨੀ।
- ਸ਼ਬਦ ਸ਼੍ਰੇਣੀਆਂ : ਨਾਂਵ, ਪੜਨਾਂਵ, ਵਿਸ਼ੇਸ਼ਣ, ਕਿਰਿਆ, ਕਿਰਿਆ-ਵਿਸ਼ੇਸ਼ਣ, ਸਬੰਧਕ, ਯੋਜਕ, ਵਿਸਮਿਕ ਸਬੰਧੀ ਸਿਧਾਂਤਕ ਅਤੇ ਵਿਹਾਰਿਕ ਜਾਣਕਾਰੀ ਹਾਸਿਲ ਕਰਨੀ।

ENG-101	Compulsory English	3	0	0	3
----------------	---------------------------	----------	----------	----------	----------

- To Understand the correct application of the subject .
- To enrich their vocabulary
- To Develop beginning vocabulary and aesthetic sense both
- Learn to make coherent sentences and propound coherent ideas
- Close Reading and critical analysis of the Text

EDU-101	Human Values and Ethics	2	0	0	2
----------------	--------------------------------	----------	----------	----------	----------

- Understanding the need, basic guidelines, content and process of value education, self-exploration, continuous happiness and prosperity, fulfillment of basic aspirations of human being.

- To learn importance of universal human values and ethical human conduct, basis for holistic alternative towards universal human order
- To learn about Professional ethics and issues in professional ethics.

COMP-101	Introduction to Computer Applications	2	0	1	3
-----------------	--	----------	----------	----------	----------

- To know basic applications of computers in different organizations.
- Understanding, types of Computer systems like Micro, Mini, Mainframe and Super Computers.
- To know about input and output devices, Data Processing and storage.

II	PSYH 121	General Psychology-III	4	0	0	4
-----------	-----------------	-------------------------------	----------	----------	----------	----------

Course Objectives and Learning Outcome: After the completion of this course students will be able

- To introduce and initiate the student into the world of Psychology with a brief historical sketch of the science of psychology and a glimpse into the methods used in the study of human behaviour.
- To understand the fundamental processes underlying human behavior such as biological foundations of behaviour, processes underlying sensation, perception, cognition, memory, learning, motivation, emotion, individual differences, intelligence, personality and states of consciousness.
- To apply the principles of psychology in day-to-day life for a better understanding of themselves and others.
- 4.To understand further the fundamental processes underlying human behavior such as learning, motivation, emotion, individual differences, intelligence, personality and states of consciousness.

PSYH 122	Educational Psychology	3	0	0	3
-----------------	-------------------------------	----------	----------	----------	----------

Course Objectives and Learning Outcome: At the end of this course students will be able

- Understand how psychological theories and principles relate to everyday life and apply knowledge of Behaviour modification and life skill training to solve everyday problems.
- Students are exposed to the elementary scientific research methods, techniques, counselling skills, ethics and evaluating skills of Psychology in educational settings.
- Apply psychological principles to understand personal as well as social issues and problems.
- Apply the principles of psychology in day-to-day life for a better understanding of themselves and others.

STAT-102	Statistics	3	0	0	3
-----------------	-------------------	----------	----------	----------	----------

Course Objectives and Learning Outcome: At the end of this course students will be able

- Understand the basic concept of statistics in psychology.
- Explore and get introduced to the various statistical tools (parametric and non-parametric) used for analysis.

- Learn categorization and presentation of data; graphical representation used to communicate data
- Knowledge about hypothesis testing
- Execute qualitative and quantitative data analysis

ENG-122	Business Communication Skills	2	0	1	3
----------------	--------------------------------------	----------	----------	----------	----------

- To provide students fair knowledge of English and make them able to handle the future jobs in industry.
- To help the students in acquiring proficiency, both in spoken and written language.
- To develop their vocabulary and comprehension skills.
- To improve their grammar and enhance writing skills.
- To assist students in developing formal and informal communication skills.

PBI-124	Punjabi Lazmi-2	3	0	0	3
----------------	------------------------	----------	----------	----------	----------

- ਪੁਸਤਕ ਕਾਵਿ-ਧਾਰਾ ਦੇ ਹਵਾਲੇ ਨਾਲ ਸ.ਸ. ਮੀਸ਼ਾ, ਜਸਬੀਰ ਸਿੰਘ ਆਹਲੂਵਾਲੀਆ, ਰਵਿੰਦਰ ਰਵੀ, ਜਗਤਾਰ, ਸੁਰਜੀਤ ਪਾਤਰ, ਪਾਸ਼, ਹਰਿਭਜਨ ਹਲਵਾਰਵੀ, ਮਨਜੀਤ ਟਿਵਾਣਾ ਦੀ ਕਵਿਤਾ ਦੇ ਹਵਾਲੇ ਨਾਲ ਆਧੁਨਿਕ ਪੰਜਾਬੀ ਕਵਿਤਾ ਸਬੰਧੀ ਜਾਣਕਾਰੀ ਹਾਸਿਲ ਕਰਨੀ।
- ਪੁਸਤਕ ਕਥਾ-ਰੰਗ ਦੇ ਹਵਾਲੇ ਨਾਲ ਅੱਠ ਕਹਾਣੀਆਂ (ਸ਼ਹੀਦ, ਜਿਊਣ ਜੇਗੇ, ਮੂਨ ਦੀ ਅੱਖ, ਇੱਕੀਵੀਂ ਸਦੀ, ਬਠਲੂ ਚਮਿਆਰ, ਜਿੱਥੋਂ ਸੂਰਜ ਉੱਗਦਾ ਹੈ, ਡੁੰਮ) ਦੇ ਸੰਦਰਭ ਵਿਚ ਪੰਜਾਬੀ ਕਹਾਣੀ ਸਬੰਧੀ ਜਾਣਕਾਰੀ ਹਾਸਿਲ ਕਰਨੀ।
- ਗੁਰਮੁਖੀ ਲਿਪੀ: ਜਨਮ ਅਤੇ ਵਿਕਾਸ, ਗੁਰਮੁਖੀ ਲਿਪੀ ਦੀਆਂ ਵਿਸ਼ੇਸ਼ਤਾਵਾਂ, ਗੁਰਮੁਖੀ ਲਿਪੀ ਦਾ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਨਾਲ ਸੰਬੰਧ ਸਬੰਧੀ ਜਾਣਕਾਰੀ ਹਾਸਿਲ ਕਰਨੀ।
- ਵਿਆਕਰਨਿਕ ਸ਼੍ਰੇਣੀਆਂ: ਲੋੜ, ਮਹੱਤਵ ਅਤੇ ਮੁੱਖ ਸੰਕਲਪ - ਵਚਨ, ਲਿੰਗ, ਪੁਰਖ, ਕਾਲ, ਕਾਰਕ ਸਬੰਧੀ ਸਿਧਾਂਤਕ ਅਤੇ ਵਿਹਾਰਿਕ ਜਾਣਕਾਰੀ ਹਾਸਿਲ ਕਰਨੀ।

ENG-121	Compulsory English	3	0	0	3
----------------	---------------------------	----------	----------	----------	----------

- To enhance the critical thinking of the students with the help of poetry and essays.
- To read and appreciate the beauty of stories on their own.
- To teach them the intricacies of grammar so that they can make sentences on their own without any grammatical errors.
- Enable them to understand the difference between formal and informal communication with the help of letter writing.
- To enlighten and aware students about the literary characteristics of various poetic forms.

EVS-301	Environmental Science	3	0	0	3
----------------	------------------------------	----------	----------	----------	----------

- To understand the need for public awareness for environment.
- To learn about renewable and non-renewable resources, problems associated with Natural resources.

- To know about ecosystems, structure and function of an ecosystem.
- Understand biodiversity and impact on environment, conservations of bio resources.
- Environmental pollution and causes and remedies.

III	PSYH 201	Psychological Testing	4	0	0	4
------------	-----------------	------------------------------	----------	----------	----------	----------

Course Objectives and Learning Outcome: At the end of this course students will be able

- Analyze and apply the understanding of psychological testing.
- Interpret and assess the role of psychological testing in various settings.
- Effectively synthesize and apply the variations in scales and tests.
- Recognize the various types of psychological tests
- Organize the various steps in construction of a psychological test
- Review the ethical issues surrounding psychometric evaluation, testing and interpretation in day to day life

PSYH 202	Experimental Psychology-Practical- 1	0	1	2	3
-----------------	---	----------	----------	----------	----------

Course Objectives and Learning Outcome: At the end of this course students will be able

- Review the concepts of psychology through the mediums of the experiments.
- Understand the rationale, strengths and limitations of the experimental method of gaining knowledge about mental and behavioural processes.
- Develop skills of conducting and documenting experiments in the field of psychology.
- Learn how to design experimental and non-experimental studies.
- To enhance the scientific temper of the students by providing them with the experimental knowledge of psychology.

PSYH 203	Sports Psychology	4	0	0	4
-----------------	--------------------------	----------	----------	----------	----------

Course Objectives and Learning Outcome: At the end of this course students will be able

- Understand how psychological theories and principles relate to sports psychology and applied Knowledge of Behaviour modification and life skill training in field of supports.
- Students are exposed to basic scientific research methods, techniques, counselling skills, ethics and evaluate skills of sports Psychology.
- Apply psychological principles to personal and social issues and problems

ENG- 202	Fundamental Communication Skills	2	0	1	3
-----------------	---	----------	----------	----------	----------

- To enable all students to develop positive self –concepts.
- To enhance their skills in communicating competently in groups and organizations.
- To aware students with the major practices in effective public speaking.
- To develop professional skills that prepare them for immediate employment and life- long learning advanced areas of job field.
- To developing an understanding of the various writing tasks for specific audience and purpose.

PBI- 214	Punjabi Lazmi-3	3	0	0	3
-----------------	------------------------	----------	----------	----------	----------

- ਪਾਠ-ਪੁਸਤਕ - ਪੰਜਾਬੀ ਕਾਵਿ ਸੰਗ੍ਰਿਹ (1700 ਈ. ਤੱਕ) ਵਿੱਚੋਂ ਗੁਰਮਤਿ ਕਾਵਿ (ਭਗਤ ਬਾਣੀ+ਗੁਰੂ ਸਾਹਿਬਾਨਾਂ ਦੀ ਬਾਣੀ) ਸਬੰਧੀ ਜਾਣਕਾਰੀ ਹਾਸਿਲ ਕਰਨੀ।
- ਇੱਕ ਐਤਵਾਰ, ਜੁੱਤੀਆਂ ਦਾ ਜੋੜਾ, ਨਵਾਂ ਚਾਨਣ, ਡਾਕਟਰ ਪਲਟਾ) ਦੇ ਹਵਾਲੇ ਨਾਲ ਪੰਜਾਬੀ ਨਾਟਕ ਅਤੇ ਇਕਾਂਗੀ ਸਬੰਧੀ ਸੂਝ ਪੈਦਾ ਕਰਨੀ।
- ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦਾ ਜਨਮ ਅਤੇ ਵਿਕਾਸ, ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦੀ ਵਰਤਮਾਨ ਹਾਲਤ (ਸਾਹਿਤ, ਮੀਡੀਆ ਅਤੇ ਵਿੱਦਿਅਕ ਅਦਾਰਿਆਂ ਦੇ ਪ੍ਰਸੰਗ ਵਿਚ)
- ਧੁਨੀ ਵਿਗਿਆਨ ਅਤੇ ਧੁਨੀ ਵਿਉਂਤ : ਪਰਿਭਾਸ਼ਾ, ਵਰਗੀਕਰਨ ਅਤੇ ਅੰਤਰ-ਨਿਖੇੜ। ਧੁਨੀਆਂ ਦਾ ਵਰਗੀਕਰਨ : ਖੰਡੀ ਅਤੇ ਅਖੰਡੀ ਧੁਨੀਆਂ ਸਬੰਧੀ ਜਾਣਕਾਰੀ ਹਾਸਿਲ ਕਰਨੀ।
- ਦਫ਼ਤਰੀ ਚਿੱਠੀ-ਪੱਤਰ ਲੇਖਣ ਦਾ ਅਭਿਆਸ ਕਰਵਾਉਣਾ।

ENG-201	Compulsory English	3	0	0	3
----------------	---------------------------	----------	----------	----------	----------

- To trace the development history of English Literature.
- To interpret the text from contemporary point of view.
- To critically analysis these text as a source of wisdom.
- To provide them knowledge of English Grammar as, types of clause, translation, complex and compound sentences.
- To develop critical thinking and imagination through long and short stories, poems and drama.

IV	PSYH 221	Recent Perspectives of Psychology	4	0	0	4
-----------	-----------------	--	----------	----------	----------	----------

Course Objectives and Learning Outcome: At the end of this course students will be able

- Understand basic concepts of recent psychology and its relationship to other branches of psychology
- Gain fundamental understanding of well-being and happiness in the context of positive psychology
- Grasp basic cognitive states and processes in recent psychology
- Transfer the theoretical concepts into practical setting
- Develop an awareness of applications and implications of positive psychology concepts and theories
- Equip himself /herself with the skill and competence to apply positive psychology principles in a range of environments to increase individual and collective wellbeing

PSYH 222	Social Psychology	4	0	0	4
-----------------	--------------------------	----------	----------	----------	----------

Course Objectives and Learning Outcome: After the completion of this course, a student will be able to:

- Understand the historical and scientific origin and development of the field in the western and Indian context.
- Describe the development of the self and the dynamics of interpersonal attraction, prosocial behaviour, aggression, prejudice, group processes and attitude formation and change in a social context.
- Comprehend the nature of scientific methods employed to study behaviour in the social context.

PSYH 223	Experimental Psychology-Practical II	0	1	2	3
-----------------	---	----------	----------	----------	----------

Course Objectives and Learning Outcomes At the end of the course, students will be able to

- Learn, review, understand and to apply of the concepts of psychology through the medium of the experiments
- Develop the skills of conducting and documenting experiments in the field of psychology.
- Knowledge about the experiments that lead towards the development of the field of psychology and explanation of the contributions of various thinkers in the field.
- Conduct experiments and administer psychological scales to a subject
- Make interpretations and draw conclusions based on the norms given in the manual
- Write a report which reflects the details of the experiment/ test, the aim, applications, procedure of administration and subject results
- Using simple statistical techniques for carrying out group based small quantitative research projects.

ENG-222	Professional Writing & Communication Skills	2	0	1	3
----------------	--	----------	----------	----------	----------

- Offers an opportunity to learn and apply principles of interpersonal communication in daily life.
- Emphasis on psychological, social, cultural and linguistic factors, which affect communication.
- It helps students to improve their communication skills in personal as well as in professional spheres.
- Enable students to make use of various kinds of non-verbal communication and to understand symbols.
- Improve their listening as well as speaking skills.

PBI-224	Punjabi Lazmi-4	3	0	0	3
----------------	------------------------	----------	----------	----------	----------

- ਪਾਠ-ਪੁਸਤਕ - ਪੰਜਾਬੀ ਕਾਵਿ ਸੰਗ੍ਰਿਹ (1700 ਈ. ਤੱਕ) ਵਿੱਚੋਂ ਸੂਫੀ ਕਾਵਿ ਅਤੇ ਕਿੱਸਾ ਕਾਵਿ (ਸ਼ਾਹ ਹੁਸੈਨ ਦੀਆਂ ਕਾਫ਼ੀਆਂ+ਹੀਰ ਦਮੋਦਰ) ਸਬੰਧੀ ਜਾਣਕਾਰੀ ਹਾਸਿਲ ਕਰਨੀ।
- ਪਾਠ-ਪੁਸਤਕ - ਮੰਚ ਦਰਸ਼ਨ ਵਿੱਚੋਂ ਅਗਲੀਆਂ ਪੰਜ ਇਕਾਂਗੀਆਂ (ਗਊਮੁਖਾ-ਸ਼ੇਰਮੁਖਾ, ਜ਼ੈਲਦਾਰ, ਇਕ ਵਿਚਾਰੀ ਮਾਂ, ਅੰਨ੍ਹੇ ਨਿਸ਼ਾਨਚੀ, ਚਾਬੀਆਂ) ਦੇ ਆਧਾਰ 'ਤੇ ਪੰਜਾਬੀ ਇਕਾਂਗੀ ਬਾਰੇ ਸਮਝ-ਸੂਝ ਪੈਦਾ ਕਰਨੀ।

- ਸ਼ਬਦ ਵਿਗਿਆਨ : ਪਰਿਭਾਸ਼ਾ, ਬਣਤਰ ਅਤੇ ਰਚਨਾ; ਪੰਜਾਬੀ ਭਾਵੰਸ਼ ਵਿਉਂਤ : ਪਰਿਭਾਸ਼ਾ ਅਤੇ ਵਰਗੀਕਰਨ।
- ਪੰਜਾਬੀ ਸ਼ਬਦ ਜੋੜਾਂ ਦੇ ਨਿਯਮ ਅਤੇ ਸਮੱਸਿਆਵਾਂ।
- ਇਸ਼ਤਿਹਾਰ, ਪ੍ਰੈੱਸ ਨੋਟ ਅਤੇ ਖ਼ਬਰਾਂ : ਲਿਖਣ ਦੀਆਂ ਵਿਧੀਆਂ ਅਤੇ ਨੇਮਾਂ ਬਾਰੇ ਜਾਣਕਾਰੀ ਹਾਸਿਲ ਕਰਨੀ।

ENG-221	Compulsory English	3	0	0	3
----------------	---------------------------	----------	----------	----------	----------

- To equip them to attempt practical criticism of plays, passages and poems
To read and appreciate stories on their own.
- To develop a comparative perspective to study the texts
- To recognise and discuss the aspects of an author.

V	PSYH 301	Organizational Psychology	4	0	0	4
----------	-----------------	----------------------------------	----------	----------	----------	----------

Course Objectives and Learning Outcomes: After completing the course the students will be able to:

- Demonstrate fundamental knowledge about need and scope of I/O Psychology
- Be aware of the brief history and various related fields of I/O Psychology
- Learn about employee motivation, job satisfaction and leadership styles.
- Understand the concept of organizational culture and learn the various types and functions of organizational culture
- Comprehend the concept of Job analysis and be aware about the various methods of Job analysis.
- Learn about the process of employee selection and understand the various methods of selection process with special emphasis on psychological testing.
- Demonstrate knowledge about the processes of training and performance appraisal
- Understand the meaning of consumer behaviour and the decision making process of the consumer.

PSYH 302	Abnormal Psychology-I	4	0	0	4
-----------------	------------------------------	----------	----------	----------	----------

Course Objective and Learning Outcome: At the completion of the course students will be able:

- To have knowledge of different aspects of abnormal behaviour.
- To know the historical development of the study of abnormal behaviour, criteria and perspectives in abnormal behaviour, common classification systems, and range of disorders including anxiety disorders, mood disorders, schizophrenia, disorders generally observed at childhood and adolescence, and personality disorders.
- Understand various behavioural dysfunctions and use the same in day-to-day life.

PSYH 303	Child and Adolescent Development	4	0	0	4
-----------------	---	----------	----------	----------	----------

Course Objectives and Learning Outcomes: At the end of the course, students will be able to:

- Understand basic concepts, issues and debates in the field of developmental psychology.
- Appreciate principal theories of lifespan development.
- Comprehend human development as progressing through different stages.

- Discuss development from the perspective of different domains such as physical, motor, cognitive, and psychosocial.
- Understand the role of family, peers and community in influencing development at different stages.

ENG-302	English for Technical Communication	2	0	1	3
----------------	--	----------	----------	----------	----------

- To enhance their language skills for greater accuracy and precision
- Learn how to persuade the audience
- Deliver presentations and receive constructive feedback
- Active Participation in Discussion and Debates
- Produce technical documentation with accuracy and detail
- To enhance the Writing Skills using professional tools

PBI-314	Punjabi Lazmi-5	3	0	0	3
----------------	------------------------	----------	----------	----------	----------

- ਨਾਵਲ : ਸੁੰਦਰੀ (ਭਾਈ ਵੀਰ ਸਿੰਘ) ਦਾ ਪਾਠਗਤ ਅਤੇ ਵਿਸ਼ਾਗਤ ਅਧਿਐਨ ਕਰਵਾਉਣਾ।
- ਪਾਠ-ਪੁਸਤਕ - ਵਾਤਾਵਰਨ ਚੇਤਨਾ ਵਿਚਲੇ ਲੇਖਾਂ ਦੇ ਆਧਾਰ 'ਤੇ ਵਿਦਿਆਰਥੀਆਂ ਵਿਚ ਵਾਤਾਵਰਨ ਚੇਤਨਾ ਪੈਦਾ ਕਰਨੀ।
- ਵਾਕ-ਵਿਉਂਤ: ਪਰਿਭਾਸ਼ਾ ਅਤੇ ਵਰਗੀਕਰਨ; ਰੂਪ ਦੇ ਆਧਾਰ 'ਤੇ ਵਾਕ ਵੰਡ- ਸਧਾਰਨ, ਸੰਯੁਕਤ, ਮਿਸ਼ਰਤ। ਕਾਰਜ ਦੇ ਆਧਾਰ ਤੇ ਵਾਕ ਵੰਡ- ਬਿਆਨੀਆ, ਸਵਾਲੀਆ ਅਤੇ ਹੁਕਮੀ ਵਾਕ।
- ਸੰਚਾਰ: ਪਰਿਭਾਸ਼ਾ ਅਤੇ ਵਰਗੀਕਰਨ, ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦੇ ਸੰਚਾਰ ਸਾਧਨ: ਪ੍ਰਿੰਟ ਅਤੇ ਬਿਜਲਈ ਮੀਡੀਆ (ਅਖ਼ਬਾਰ, ਰਸਾਲੇ, ਰੇਡੀਓ, ਟੈਲੀਵਿਜ਼ਨ, ਕੰਪਿਊਟਰ ਅਤੇ ਇੰਟਰਨੈੱਟ ਦਾ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਲਈ ਯੋਗਦਾਨ)
- ਕਿਸੇ ਅਣਡਿੱਠੇ ਪੈਰੇ ਦਾ ਢੁੱਕਵਾਂ ਸਿਰਲੇਖ ਅਤੇ ਸੰਖੇਪ-ਰਚਨਾ ਅਭਿਆਸ ਕਰਵਾਉਣਾ।

ENG- 301	Compulsory English	3	0	0	3
-----------------	---------------------------	----------	----------	----------	----------

- Enable students to understand various kinds of business communication tactics and to use them in professional sphere.
- Make students able to read and understand poetry by enhancing their critical ability.
- Make them able to inculcate habits of pleasurable reading with the help of novel reading.
- To learn to use grammar correctly.

VI	PSYH 321	Abnormal Psychology-II	4	0	0	4
-----------	-----------------	-------------------------------	----------	----------	----------	----------

Course Objectives and Learning Outcomes: At the end of the course, students will be able to:

- To have knowledge of different aspects of abnormal behaviour.
- To know the historical development of the study of abnormal behaviour, criteria and perspectives in abnormal behaviour, common classification systems, and range of disorders including anxiety disorders, mood disorders, schizophrenia, disorders generally observed at childhood and adolescence, and personality disorders.
- Understand various behavioural dysfunctions and use the same in day-to-day life.

PSYH 322	Counselling Psychology	4	0	0	4
-----------------	-------------------------------	----------	----------	----------	----------

Course Objectives and Learning Outcomes: At the end of the course, students will be able to:

- Apply and develop conceptual difference between guidance counseling & psychotherapy.
- Develop technique and implication of applied counseling skills in areas of practice.
- Evaluate counseling theories & their application to the outside world.

Classify the role and responsibilities of a professional counsellor

Student will be able to:

- Evaluate various psychotherapies and schools in counselling techniques.
- Develop skills of eclectic therapeutic plans.
- Identify the techniques to practice in the therapy encounter and how those techniques should be implemented with a variety of disorders and psychosocial issues

PSYH-323	Project Work	0	0	4	4

Course Objectives and Learning Outcomes: Students will be able to:

- Understand the concept of project work and research
- Develop the research aptitude
- Learn the practical aspect of psychological theories by field investigation and case studies

ENG-322	Technical Communication- Principles and Practices	0	0	4	4
----------------	--	----------	----------	----------	----------

- To enhance their language skills for greater accuracy and precision
- Learn how to persuade the audience
- Deliver presentations and receive constructive feedback
- Active Participation in Discussion and Debates
- Produce technical documentation with accuracy and detail

PBI-324	Punjabi Lazmi-6	3	0	0	3
----------------	------------------------	----------	----------	----------	----------

- ਪਾਠ-ਪੁਸਤਕ - ਯਾਦਾਂ ਦੀ ਕੰਨੀ ਦੇ ਆਧਾਰ 'ਤੇ ਵਾਰਤਕ ਸਬੰਧੀ ਸਮਝ-ਸੂਝ ਪੈਦਾ ਕਰਨੀ।
- ਪਾਠ-ਪੁਸਤਕ - ਵਾਰਤਕ ਵਿਵੇਕ ਦੇ ਆਧਾਰ 'ਤੇ ਆਧੁਨਿਕ ਵਾਰਤਕ ਦੇ ਵਿਸ਼ਾ ਸਬੰਧੀ ਜਾਣਕਾਰੀ ਹਾਸਿਲ ਕਰਨੀ।
- ਭਾਸ਼ਾ-ਵਿਗਿਆਨਕ ਸ਼ਬਦਾਵਲੀ: ਦੁਭਾਸ਼ਾਵਾਦ, ਬਹੁਭਾਸ਼ਾਵਾਦ, ਮਾਂ-ਬੋਲੀ, ਦੂਜੀ ਭਾਸ਼ਾ, ਸਰਕਾਰੀ ਭਾਸ਼ਾ।
- ਅਰਥ-ਵਿਗਿਆਨ: ਪਰਿਭਾਸ਼ਾ ਅਤੇ ਲੋੜ, ਅਰਥ ਵਿਸਤਾਰ ਅਤੇ ਸੰਕੋਚ, ਅਰਥ ਉਤਰਾਅ ਅਤੇ ਚੜ੍ਹਾਅ
- ਪੈਰਾ ਅਨੁਵਾਦ : ਅੰਗਰੇਜ਼ੀ ਤੋਂ ਪੰਜਾਬੀ (ਪੈਰਾ ਲਗਭਗ 100-125 ਸ਼ਬਦਾਂ ਦਾ ਹੋਵੇ)ਅਭਿਆਸ ਕਰਵਾਉਣਾ।

ENG- 321	Compulsory English	3	0	0	3
-----------------	---------------------------	----------	----------	----------	----------

- To explore different genres and inculcate critical powers by looking at their meticulous details.
- To analyze various types of genres ranging from poetry to drama with reference to thematic and other approaches.
- Enable students to have a peep into the phonetic system of English language by using intonation and stress pattern.

- To teach syllable structure and syllable division by focusing on mono and disyllabic words.
- To teach them to use grammar correctly.