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Profile

Being a Public Health Professional, I am an experienced and passionate health educator with a love for teaching and empowering my students through powerful health awareness. Experienced in leading staff members and evaluating project progress to achieve results in a timely manner.

Employment History

Assistant Professor , Eternal University, Baru Sahib, Himachal Pradesh September 2022 — Present

- Co-supervise students in research activities and thesis preparations.
- Contributed to academic publications and journals.
- Assisted in department outreach activities.
- Prepare syllabus, curriculum, reading materials, tests and quizzes.
- Developed educational materials to increase public awareness of health risks associated with certain behaviors

Assistant Professor, Noida International University, Greater Noida, Uttar Pradesh

January 2022 — August 2023

- Presented lectures on public health to undergraduates and graduates.
- Prepare syllabus, curriculum, reading materials, tests and quizzes.
- Collaborated with other health professionals to coordinate public health interventions

Business Executive, Troikaa Pharmaceuticals Limited., New Delhi September 2018 — June 2019

- Boosted brand awareness, implemented promotional campaigns, and employed sales tactics as part of territory development.
- Resolved all issues efficiently and enhanced customer satisfaction ratings.

Internships

INTERNSHIP, Jawaharlal Nehru Medical College, Belagavi

June 2023 — July 2023

- Conducted Telephonic interviews, surveys, collected data and maintained records of COVID-19 among vaccinated population of Belagavi City, Katakana, India.
- Conducted Telephonic interviews, surveys, collected data and maintained records.

VOLUNTEER WORK, Piramal Foundation, Virtually internship.

July 2023 — August 2023

Project: Surakshit Hum Surakshit Tum Abhiyaan.

Details

Nationality

Indian

Date of birth

01/08/1996

Links

LinkedIn

Google Scholar

Research Gate

Skills

Microsoft Office

SPSS

STATA

R Programming

RevMan

Referencing software.

Hobbies

Cooking, Group Activities, Cricket, Chess, Travelling.

Languages

English

Hindi

- To promote vaccines among the population of Latehar, Jharkhand.
- Provide information related to vaccine adverse effects and vaccine availability.
- Motivate people to take vaccine doses.

Project

Monitoring and Follow Up, Punjab

December 2022 — March 2023

Vision Spring Foundation - Screening of Vision Acquity of students of Akal Academies and Akal University.

- Collaborate with school administrators, university staff, and project team members to coordinate and schedule vision screening sessions.
- Follow up with students who require further vision assessment, referral, or intervention to ensure they receive appropriate care.

Project Coordinator, Baru, Sahib

April 2023 — June 2023

- Coordinated and managed an annual comprehensive health screening for workers at Baru Sahib, Himachal Pradesh, India.
- Analyzed health data and implemented safety measures to improve overall worker health and well-being.

Monitoring and Evaluation of Food and Hygiene, Baru Sahib, Himachal Pradesh, IN

May 2023 — August 2023

Monitoring and Evaluation of Food and Hygiene at the Local Level.

- Conduct regular on-site visits to food establishments, including restaurants, messes, and vendors, to evaluate compliance with food safety regulations, sanitation standards, and hygiene practices.
- Identify areas of non-compliance and provide recommendations for corrective actions and improvements to ensure the safety and quality of food products and services.
- Develop and deliver training programs and workshops to educate food handlers, vendors, and community members on proper food handling, personal hygiene, and sanitation practices.

Education

MPH, K.L.E. Academy of Higher Education & Research, Belagav, Karnataka *August* 2019 — September 2023

Scored: 6.25 CGPA. Dissertation Topic: Internet Gaming Disorder and Its Impact on Behaviour Change Among Engineering Student of Engineering Institute of Belagavi City, Karnataka, India.

Bachelor of Pharmacy, Dr. A. P. J. Abdul Kalam Technical University, Lucknow *August* 2013 — June 2017

Scored: 62%.

Courses

Programming Languages: SAS in Clinical Research, Udemy

October 2021 — October 2021

Extra-curricular activities

- 2018: Participant National conference on "Recent advances in
- Pharmaceutical Sciences and Health".
- 2019: Participant International workshop on "Qualitative Research Methodology"
- 2020: Participant workshop on "Sample Size Estimation,
- Systematic Review and Meta- Analysis using EXCEL/SPSS.

References

Dr. Shaveta Menon (HOD & Assistant Professor) from Centre for Public Health and Healthcare Administration, Eternal University, Baru Sahib, Himachal Pradesh, India

Shaveta_003@yahoo.com, dr.shaveta@eternaluniversity.edu.in

Dr. Abhishek.S. Lachyan (Scientist-B & Public Health Medicine Consultant & Infectious Diseases Specialist) from All India Institute of Medical Sciences, New Delhi

abhilachyan@gmail.com

Prof. (Dr). Supriya Awasthi (Dean) from School of Allied Health Sciences, Noida International University, Delhi NCR, India supriya.awasthi@niu.edu.in

- 2021: Khan, S.*, Narasannavar, A., & Angolkar, M. Prevalence of internet gaming disorder among engineering student of engineering institute of Belagavi City, Karnataka, India. International Journal Of Community Medicine And Public Health, 9(1), 175-180. doi:http://dx.doi.org/10.18203/2394-6040.ijcmph20214992
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- 2022: Somya Ajay Kumar Gautam, Abhishek Shivanand Lachyan, Shalini Prakash Chandra Sharma, <u>Salman Khan</u>, Shikha Ved Prakash Gupta, Prajakta Santosh Kulkarni. *A study to assess the effectiveness of Kegel exercise and prone position on afterpains and involution of uterus among post-natal mothers: A review article.* World journal of Biology Pharmacy and Health Sciences, 9(3), 001-005. https://doi.org/10.30574/wjbphs.2022.9.3.0046
- 2022: Nilofar Rasheed, Abhishek Lachyan, Humaira Hanif, Bhawna Solanki, Anjali Chauhan, Rudrabhan Singh, Aishwarya Potnis, Shalini Sharma, <u>Salman Khan</u>. To Assess the Effects of Positioning and Early Ambulation on Coronary Angiography Complications -A Review. INTERNATIONAL JOURNAL OF SCIENTIFIC RESEARCH: Volume-11 | Issue-3 | March-2022
- **2022:** Chettri, D., Desai, A., Khan, S.*, Lachyan, A., Awasthi, S., & Magra, O. (2022). *Acceptance and side effects of COVID-19 vaccination among private dental practitioners and their staffs in Belagavi city*. International Journal of Health Sciences, *6*(S2). https://doi.org/10.53730/ijhs.v6nS2.6145
- **2022:** Husain, A., Constance, M. S., Lachyan, A., <u>Khan, S.,</u> Rasheed, N., & Sharma, R. (2022). *Emergency medical services awareness and practices among rural population of District Hapur, Uttar Pradesh*. International Journal of Health Sciences, *6*(S2). https://doi.org/10.53730/ijhs.v6nS2.6147

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- 2022: Ramesh, T., Shuvam, S., Shubhechchha, B., Salman, K.*, Dronesh, C., Kumar, Y. S., Abhishek, L., Maruf, A., Zahid, W., & Prasad, J. B. (2022). COVID-19 and HIV/AIDS: Effectiveness of ART in reducing mortality- A meta-analysis. International Journal of Health Sciences, 6(S1). https://doi.org/10.53730/ijhs.v6nS1.6592
- 2022: Khan S*, Lachyan A, Gautam S, Awasthi S. Coronavirus Disease (COVID-19): The Health and Well-being of Indian Women. Journal of Pharmacy Practice and Community Medicine. 2022;8(1):01–3. https://doi.org/10.5530/jppcm.2022.1.1
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- 2022: Timilsina, R., Akhter, M. S., Beig, M. A., Dhinwa, M., Jyani, S., Chaturvedi, T., Lachyan, A., Ahmad, M., Patil, N., Khan, S.*, Gulati, A., & Furqan, S. (2022). *Impact of COVID 19 pandemic on mental health status among the frontline healthcare workers in Kathmandu, Nepal.* International Journal of Health Sciences, 6(S1). https://doi.org/10.53730/ijhs.v6nS1.7036

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NOTE

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