

**Dr. Anupama**

**Designation:** Vice-Principal

**Department:** Mental Health Nursing

**Institution:** Eternal University, Baru Sahib

**Email:** anupama@eternaluniversity.edu.in

**Educational Qualifications:**

- Ph.D. in Nursing (Himalayan University, 2019)
- M.Sc. in Nursing (RGUHS, 2010)
- B.Sc. in Nursing (RGUHS, 2005)

**Research Interests:**

- Mental Health Nursing
- De-addiction

**Publications:**

- 33 Publications
- 50 citations

**Teaching Experience:**

- 18 years

**Courses Taught:**

- B. Sc. Nursing, M. Sc. Nursing, Geriatric Course

**Awards & Recognitions (if any):**

- INSC Research Excellence Award (2022)

**Professional Membership**

- TNAI
- ISPN
- INC

- HPNRC

**Additional Role & Responsibilities:**

- Editorial Board Member
- Research Coordinator for UG, PG & Ph.D. programs
- Reviewer for INSC
- Member of the Research & Ethics Committee

**Biography:**

Dr. Anupama K. is the Vice Principal and Head of the Mental Health and Psychiatry Nursing Department at Eternal University. With 18 years of teaching experience, she has mentored students in B.Sc. and M.Sc. Nursing programs.

She holds a Ph.D. in Nursing (Himalayan University, 2019), an M.Sc. in Nursing (RGUHS, 2010), and a B.Sc. in Nursing (RGUHS, 2005). Her research focuses on Mental Health Nursing, Child Health Nursing, Deaddiction, and Obstetrics & Gynecology. She has 33 publications and 50 citations on Google Scholar.

Dr. Anupama is an Editorial Board Member, Research Coordinator for UG, PG & Ph.D. programs, and a reviewer for INSC. She has contributed as a member of the Research & Ethics Committee, question paper setter, and external examiner at various universities. She is actively involved in the Foster Family Program and volunteers at Akal De-Addiction Centre.

Her dedication to research earned her the INSC Research Excellence Award (2022). She is a member of HPNRC, INC, TNAI, and ISPN and actively engages in academic and professional development.

As a recognized author on ResearchGate and Google Scholar, she continues to shape the field of Mental Health Nursing through education, research, and community service.