

Ms. Yoshita Sood

Designation: Nursing Tutor

Department: Mental Health Nursing

Institution: Eternal University, Baru Sahib

Email:

Educational Qualifications:

- M.Sc. Nursing, Eternal University, 2024
- B.Sc. Nursing, Eternal University, 2021

Research Interests:

- Mental Health Nursing
- Forensic Nursing
- Child Health Nursing

Publications:

- Peer Review- 1

Teaching Experience:

- 1-year Clinical Experience

Courses Taught:

- B. Sc. Nursing (Biochemistry, Professionalism, Mental Health Nursing, Pharmacology)

Awards & Recognitions (if any):

- Best New Joinee Nurse Award

Biography:

Ms. Yoshita Sood is a dedicated **Nursing Tutor** in the **Department of Mental Health Nursing** at **Eternal University, Baru Sahib**. She holds a **Master of Science in Nursing (M.Sc. Nursing)** from **Eternal University (2024)** and a **Bachelor of Science in Nursing (B.Sc. Nursing)** from the same institution (2021).

With a **strong foundation in mental health nursing**, Ms. Sood has **one year of clinical experience** and currently teaches **Biochemistry, Professionalism, Mental Health Nursing,**

and Pharmacology to B.Sc. Nursing students. Her research interests include Mental Health Nursing, Forensic Nursing, and Child Health Nursing, and she has contributed to academia with one peer-reviewed publication.

Recognized for her excellence and dedication to patient care, Ms. Sood was honored with the **Best New Joinee Nurse Award**, reflecting her commitment to high standards in nursing practice. She integrates innovative teaching methods and evidence-based practice to ensure that students develop both theoretical knowledge and practical skills essential for patient-centered care.

Passionate about **mental health advocacy**, she aims to enhance awareness and promote psychological well-being through education and research. Her focus on **forensic and child health nursing** further strengthens her role in preparing future nurses for diverse healthcare challenges.

Ms. Sood's commitment to academic excellence, research, and student mentorship makes her a valuable asset to the field of nursing education. She continues to inspire students through her expertise and dedication to fostering a supportive learning environment.