



# ETERNAL UNIVERSITY

## Institution's Innovation Council



### Activity Report International Day of Yoga (21<sup>st</sup> June 2024)

1.	Academic year	:	<b>2023-2024</b>
2.	Program driven by	:	<b>Celebration Activity</b>
3.	Quarter	:	<b>Quarter IV</b>
4.	Program/Activity Name	:	<b>International Day of Yoga</b>
5.	Program type	:	<b>Level-1: Mentoring Session</b>
6.	Program Theme	:	<b>Innovation and Design Thinking</b>
7.	Duration of the activity (in hrs)	:	<b>02</b>
8.	Start Date	:	<b>21-06-2024</b>
9.	End Date	:	<b>21-06-2024</b>
10.	Number of Student Participants (Minimum 50 Students)	:	<b>150</b>
11.	Number of Faculty Participants	:	<b>50</b>
12.	Number of External Participants, If any	:	<b>na</b>
13.	Expenditure Amount, If any	:	<b>na</b>
14.	Remark	:	<b>--</b>
15.	Mode of Session Delivery	:	<b>Offline</b>
16.	Objective (100 letters)	:	<b>To celebrate International Day of Yoga</b>
17.	Benefit in terms of Learning/Skill/ Knowledge obtained (150 letters)	:	<b>To fosters unity, harmony and brings us closer to a world of peace and well-being.</b>
18.	Video URL (EU YouTube channel)	:	
19.	Photographs (only 2) (max size 2 MB)	:	<b>Uploaded on IIC portal</b>
20.	Overall report of the activity (PDF, max 2MB)	:	<b>Uploaded on IIC portal</b>
21.	Promotion in Social Media: na		



# ETERNAL UNIVERSITY

Baru Sahib, Distt. Sirmour, Himachal Pradesh, INDIA - 173101



## NATIONAL SERVICE SCHEME



### HEALTH GUARDIAN CLUB

Organizing



# INTERNATIONAL YOGA DAY



"Yoga for Self and Society"



21 June, 2024



6pm



Basket Ball Ground



