



ETERNAL UNIVERSITY

Institution's Innovation Council



Activity Report on Innovations in Education, Research & Practice for a Better Tomorrow

1.	Academic year	:	2024-25
2.	Program driven by	:	Self-Driven Activity
3.	Quarter	:	III
4.	Program/Activity Name	:	FDP on “Innovations in Education, Research & Practice for a Better Tomorrow”
5.	Program type	:	Level 4 (Workshop)
6.	Program Theme	:	Innovation and Design Thinking
7.	Duration of the activity (in hrs)	:	2.5 Hrs
8.	Start Date	:	10-03-2025
9.	End Date	:	14-03-2025
10.	Number of Student Participants	:	237
11.	Number of Faculty Participants	:	25
12.	Number of External Participants, If any	:	-
13.	Expenditure Amount, If any	:	-
14.	Remark	:	-
15.	Mode of Session Delivery	:	Offline
16.	Objective (max 100 letters)	:	Enhancing nursing education via global collaboration in research, practice and innovation
17.	Benefit in terms of Learning/Skill/ Knowledge obtained (max 150 letters)	:	Enhanced skills in research methodologies, AI in education, trauma-informed care and global nursing practices
18.	Video URL (EU YouTube channel)	:	-
19.	Photographs (only 2) (max size 2 MB)	:	Attached on IIC portal
20.	Overall report of the activity (PDF, max 2MB)	:	Attached on IIC portal
21.	Social media links of activity (at least one is mandatory) LinkedIn: https://www.linkedin.com/posts/dr-neelam-kaur-bs_who-better-than-texas-womans-university-activity-7309496378345328640--6pc/?utm_source=share&utm_medium=member_desktop&rcm=ACoAADQaljMBYa_rB6wvDVZqNMOjMpyJk-DebOo&fbclid=IwY2xjawJtrxNleHRuA2FlbQIxMAABHhJDDdEX00gaKuPLebBtDzqa6j0rgdkQF28JEUiR2UwjqvS5s_qovu9F8jG_aem_sMnPyG9odrEQ3P0sOt8QZA Facebook: https://www.facebook.com/eternaluni/posts/pfbid02r3pAntVegzXp2A2pyrwna1xp4ncvjgB5vpDDnZfP1QHhBgqdLaKzvdTRvLVTH7h5l		



ETERNAL UNIVERSITY Akal College of Nursing



Texas Woman's University, USA

Organized

Faculty Development Program

on

**"Innovations in Education, Research & Practice for a
Better Tomorrow"**



10 - 14 MARCH 2025

CONTENTS

- Introduction
- Resource Persons
- Program Schedule
- Program Focus
- Highlights

OUR LEGACY



Sant Attar Singh Ji
(1866-1927)



Sant Teja Singh Ji
(1877-1965)



Padam Shri Shiromoani Pant
Rattan Baba Iqbal Singh Ji
Former Director Agriculture-HP,
President-The Kalgidhar Trust
(1926-2022)

Mission Continues By



Chief Patron

Dr. DAVINDER SINGH, M.B.B.S, M.D

President, The Kalgidhar Trust

Chancellor, Eternal University

Baru Sahib

INTRODUCTION

ABOUT AKAL COLLEGE OF NURSING:

Established in 2008 by 'The Kalgidhar Trust' in the serene valley of Baru Sahib, Akal College of Nursing is nestled in the Great Himalayas of Himachal Pradesh, known as "Dev-Bhoomi." Founded under the blessings of Saints & Padmashree Baba Iqbal Singh Ji. With immense guidance of Honourable Dr. Davinder Singh, MBBS, MD, Chancellor of Eternal University, the institution's mission is to train dedicated nurses with Value Based Spiritual Education committed to service at all healthcare levels.

EVENT OVERVIEW:

The event, mentored by Dr. Neelam Kaur, Advisor, Health & Education, The Kalgidhar Trust, & Dean, Akal College of Health & Allied Sciences brings together Texas Woman's University experts, including Dr. Brenda Moore, Director of Center for Global Nursing, Dr. Peggy Ann Landrum, Clinical Professor, Dr. Nina Fredland, Professor, Texas Woman's University. They have led series of sessions from 10 - 14 March, 2025 on "Innovations in Education, Research & Practice for a Better Tomorrow"

RESOURCE PERSONS



Dr. Brenda Moore,
PhD, RN-BC, CNE
Director, Center for Global Nursing, Texas Woman's
University, USA



Dr. Peggy Ann Landrum,
PhD, RN
Clinical Professor, Texas Woman's University, USA



Dr. Nina Fredland,
PhD, RN, FNP
Professor, Nursing, Texas Woman's University, USA

PROGRAM SCHEDULE

March 10th to 14th, 2025

Time		10am - 11:00am	12 -1.00pm	1 – 2.00pm	2 – 3pm	3pm – 4pm	
Thurs: Mar 6		Leave USA					
Friday : Mar 7		Arrive Delhi @ around 9 - 10 PM – Again Start Travel & Reaching Chandigarh by Road @ 3am (5 Hours)					
Sat : Mar 8		Meeting Dr. Neelam Kaur & Dr. Davinder Singh at Chandigarh @ 10.30am After that Starting from Chandigarh & Arrive to Baru Sahib (4 Hours)					
Sunday: Mar 9		Campus Visit					
Monday: March 10	A	AI - Uses, Ethics, and Human Element Dr. Brenda Moore	Community-Based Participatory Research Dr. Nina Fredland	LUNCH BREAK		Professional Communication with Colleagues and Students Dr. Peggy Landrum	
	B	Professional Communication with Colleagues and Students Dr. Peggy Landrum			Community-Based Participatory Research Dr. Nina Fredland	AI - Uses, Ethics, and Human Element Dr. Brenda Moore	
Tuesday: March 11	A	AI for Students Dr. Brenda Moore	Qualitative Analysis and Data Collection Dr. Peggy Landrum			Arts-Based Initiatives in Research & Nursing / Interactive Theater in Health Education Dr. Nina Fredland	
	B	Arts-Based Initiatives in Research & Nsg / Interactive Theater in Health Education Dr. Nina Fredland				AI for Students (Cheating, Writing Assistance, Permission, Essays) Dr. Brenda Moore	
Wednesday: March 12	A	Mixed Methods Research to Investigate Nurse Migration in India Dr. Brenda Moore	Qualitative Research Questions and Design Dr. Peggy Landrum		Supporting Self-Management Behaviors in Child & Adolescent Health Dr. Nina Fredland	AI in Faculty Work (Exam Questions, SLOs, Program Outcomes, Syllabi, Grant Proposals, Writing Adjustments) Dr. Brenda Moore	
	B	Supporting Self-Management Behaviors in Child & Adolescent Health Dr. Nina Fredland					
Thursday: March 13	2 nd Year UG & All PG Students & Faculty	Using Adult Learning Theory to Inspire & Motivate Students in an Active T&L Environment Dr. Brenda Moore	Qualitative Research (Phenomenology) Dr. Peggy Landrum		Trauma-Informed Care Dr. Nina Fredland		
Friday: March 14	2 nd Year UG & All PG Students & Faculty	Discussion Time with Groups or Individual Researchers/ Students Texas Faculty	Discussion Time with Groups or Individual Researchers/ Students Texas Faculty				
Sat: March 15		Site Seeing					
Sunday: March 16		Site Seeing at Delhi				Flight to USA at 11.30pm	

Note : Group A - 4th & 3rd Year B.Sc.(N) & M.Sc.(N)
 Group B - 2nd & 1st Year B.Sc.(N)

PROGRAM FOCUS

The Faculty & Student Development Program, collaboratively organized by Akal College of Nursing, Eternal University (India) and Texas Woman's University (USA), centers on enhancing competencies in education, research, and clinical practice through innovative, interdisciplinary, and global perspectives. The key focus areas include:

1. Artificial Intelligence (AI) in Education & Practice
2. Professional Communication
3. Adult Learning Theory
4. Community-Based Participatory Research (CBPR)
5. Qualitative Research Methodology
6. Mixed Methods Research
7. Trauma-Informed Care
8. Child & Adolescent Health
9. Arts-Based Health Education
10. Research Mentorship and Group Discussions



HIGHLIGHTS

Innovations in Nursing Education:

- **Integration of Artificial Intelligence (AI):**

- Exploring ethical implications, student use, and faculty application of AI in academic settings.
- Tools for enhancing learning, assessment design, curriculum development, and grant writing.

- **Adult Learning Theories:**

- Strategies to engage, inspire, and retain students in active teaching and learning environments.

- **Professional Communication:**

- Effective interaction with peers, students, and interprofessional teams to foster collaborative educational environments.



Contemporary Research Methodologies

- **Qualitative Research Focus:**

- Understanding various qualitative designs including phenomenology.
- Research question formulation, data collection techniques, and thematic analysis.

- **Community-Based Participatory Research (CBPR):**

- Emphasis on community engagement and participatory approaches in solving real-world healthcare issues.

- **Mixed Methods Research:**

- Approaches for integrating qualitative and quantitative research, especially in areas like nurse migration.



Clinical and Holistic Practice :

- **Trauma-Informed Care:**

- Understanding trauma and integrating sensitivity into care plans for vulnerable populations.

- **Self-Management in Child & Adolescent Health:**

- Promoting behavioral strategies and education to support youth in managing chronic health conditions.



Creative Approaches in Health Education:

- **Arts-Based Initiatives:**

- Using interactive theater and creative arts for engaging patients, communities, and students in health promotion and education.



Hands on Training Sessions :

- **Research Design & Methodology Formation**

- Hands on Training Sessions along with Faculty & Master Students by providing the Research Context and making them to learn by applying the Research Design & adopting suitable Methodology



Strategic Meeting with Eternal University Leadership:

In preparation for this initiative, the Texas Woman's University team engaged in a strategic discussion with Honourable Dr. Davinder Singh, MBBS. MD. Chancellor, Eternal University & President of The Kalgidhar Trust, and Dr. Neelam Kaur, MBBS, MS (Ophth.) Advisor for Health & Education at The Kalgidhar Trust and Dean, Akal College of Health & Allied Sciences.

Key discussion points included:

- ***The Need for Integrative Learning:*** Developing a curriculum that fosters interdisciplinary education and international best practices.
- ***Strengthening Clinical Skills:*** Enhancing practical training for nursing students to improve their competency in real-world healthcare settings.
- ***Establishment of a Finishing School:*** Preparing students for professional readiness by integrating soft skills, leadership training, and advanced clinical exposure at the end of their academic course.
- ***Future Collaborative Initiatives:*** Exploring further partnerships to sustain academic excellence and international engagement.



The Road Ahead

This collaboration marks a transformative phase in ACN's commitment to global education. The exchange of knowledge and expertise from Texas Woman's University will significantly benefit students and faculty by enriching their learning experiences and fostering innovation in nursing education.

By emphasizing practical training, research-oriented learning, and global academic exchanges, ACN is poised to elevate its position as a leading institution in healthcare education. With this initiative, the institution is setting the stage for more successful international collaborations, ultimately advancing the quality of nursing education and healthcare practices in India and beyond.

Together, Akal College of Nursing and Texas Woman's University are shaping the future of nursing through innovation, research, and academic excellence.

MENTOR BY



Chief- Advisor & Mentor
Revered Dr. NEELAM KAUR, M.B.B.S, M.S
Advisor, Health & Education - TKS
Dean, ACH&AS, Eternal University
Baru Sahib



Convener
Dr. MEHMOODA REGU, Ph.D, M.Sc.(N)
Professor cum Principal
Akal College of Nursing
Eternal University
Baru Sahib



THANK YOU



Baru Sahib, Rajgarh, Himachal Pradesh, India



WWW.AKALCOLLEGEOFNURSING.COM