



ETERNAL UNIVERSITY

Institution's Innovation Council



Activity Report

("Empowering School Health: Bridging Innovation, Technology, and UN SDGs")

1.	Academic year	:	2023-24
2.	Program driven by	:	Celebration activity
3.	Quarter	:	1
4.	Program/Activity Name	:	"Empowering School Health: Bridging Innovation, Technology, and UN SDGs"
5.	Program type	:	Level 2 (Exposure Visit)
6.	Program Theme	:	Health Innovation and Technology for UN SDGs
7.	Duration of the activity (in hrs)	:	6 hours
8.	Start Date	:	23/11/2024
9.	End Date	:	23/11/2024
10.	Number of Student Participants (Minimum 40 Students)	:	70
11.	Number of Faculty Participants	:	3
12.	Number of External Participants, If any	:	111
13.	Expenditure Amount, If any	:	15000
14.	Remark	:	Successfully achieved objectives of promoting health awareness and leveraging technology for school health innovation.
15.	Mode of Session Delivery	:	Offline
16.	Objective (max 100 letters)	:	To enhance school health through innovation, technology, and alignment with UN SDGs.
17.	Benefit in terms of Learning/Skill/ Knowledge obtained (max 150 letters)	:	Participants gained insights into health challenges, innovative solutions, and skills in promoting sustainable practices.
18.	Video URL (EU YouTube channel)	:	-
19.	Photographs (only 2) (max size 2 MB)	:	Attached on IIC portal
20.	Overall report of the activity (PDF, max 2MB)	:	Attached on IIC portal
21.	Social media links of activity (at least one is mandatory) LinkedIn: https://www.linkedin.com/posts/eternal-university-baru-sahib-sirmour_empoweringhealth-schoolhealthprogram-innovationforimpact-activity-7268566345162604544-ylb9?utm_source=share&utm_medium=member_android Facebook: https://www.facebook.com/photo/?fbid=951450187004675&set=pcb.951450417004652		

Brief report of activity

The event was conducted on 23/11/2024 at Govt. Senior Secondary School, Bhanog, Rajgarh, Dist. Sirmour, Himachal Pradesh.

Overview:

The program aimed to enhance school health by integrating innovative approaches and aligning with UN Sustainable Development Goals (SDGs). Through a series of activities, the event focused on health assessment, awareness creation, and the use of technology to effectively communicate critical health information.

Key Activities and Outcomes:

1. Health Assessment:

Comprehensive health assessments were conducted for 111 school students to identify their physical and mental well-being needs.

2. Health Awareness Sessions:

- **Personal Hygiene:** Students were educated on proper hygiene practices to prevent illness and maintain good health.
- **Environmental Sanitation:** Sessions emphasized the importance of clean surroundings and effective waste management.
- **Adolescent Sexual and Reproductive Health:** Interactive sessions provided age-appropriate knowledge on puberty, sexual health, and emotional well-being.
- **Good Touch & Bad Touch Awareness:** Workshops were conducted to help students understand body safety and recognize inappropriate behavior, ensuring their protection and empowerment.

3. Use of Technology:

Health awareness sessions utilized technology such as digital presentations, interactive videos, and visual aids to engage students effectively and simplify complex topics.

Participation:

- **Beneficiaries:** 111 school students actively participated and benefited from the program.
- **Facilitators:** 70 nursing students and 3 faculty members from Akal College of Nursing, Eternal University coordinated and facilitated the event.

Impact:

The program successfully addressed crucial health issues and equipped students with

knowledge and skills to improve their personal and environmental health. It also fostered awareness about safety and self-care, empowering them to make informed decisions.

Acknowledgment:

We extend our gratitude to the faculty, nursing students, and school authorities for their invaluable support in making this event a success. The active participation of students and the innovative use of technology underscored the potential of collaborative efforts in achieving health-related SDGs.

Conclusion:

This event marked a significant step toward empowering school students through health education and innovative practices. It highlighted the importance of addressing health challenges through a multidisciplinary approach, aligning with the mission of creating healthier and sustainable communities.



ETERNAL UNIVERSITY
Baru Sahib, Rajgarh, Himachal Pradesh

INSTITUTION'S INNOVATION COUNCIL

AKAL COLLEGE OF NURSING
is Organizing
**"Empowering School Health:
Bridging Innovation, Technology, and UN SDGs"**



- Health Assessment
- Promote Innovation
- Support UN SDGs
- Enhance Awareness

**23 Nov, 2024 , 9.00 am - 1.00 pm**

**CSSS Bhanog Village**

www.linkedin.com/school/eternal-university-baru-sahib-sirmour

<https://www.facebook.com/eternaluni>

<https://eternaluniversity.edu.in/>



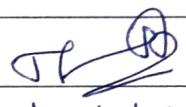
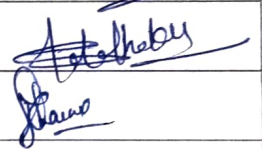
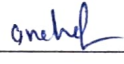
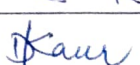
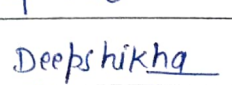
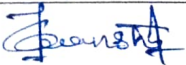
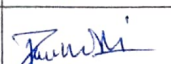
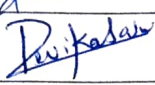




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Activity Title	:	Empowering School Health: Bridging Innovation Each & Every School
Date	:	23-11-2024
Time	:	9am - 1.00 pm
Venue/Place	:	GSSS Bhang village

ATTENDANCE SHEET

S.No.	Name	Designation/ Regn No.	Department/College	Signature
	M.M. T. K. K. K.	Assoc. Prof.	Nursing	
	Mrs. Chandel Lata	Asst. Professor	Nursing	
	Kuchika Sharma	Nursing Tutor	Nursing	
	AKSHITA	BS22BNS001	Nursing	
	Anchal Thakur	BS22BNS002	Nursing	
	Anchal Thakur	BS22BNS003	Nursing	
	Anjali	BS22BNS004	Nursing	
	Ashika	BS22BNS005	Nursing	
	Astha Negi	BS22BNS006	Nursing	
	Bhawnest Kaur	BS22BNS008	Nursing	
	Damanpreet Kaur	BS22BNS009	Nursing	
	Deepshikha	BS22BNS010	Nursing	
	Devanshi Bhota	BS22BNS011	Nursing	
	Devanshi Sharma	BS22BNS012	Nursing	
	Devika Saini	BS22BNS013	Nursing	

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S.No.	Name	Designation/ Regn No.	Department/College	Signature
	Hauleen Kaur.	BS22BNS014	Nursing.	Hauleen Kaur
15	Himani	BS22BNS015	Nursing	Himani
16	Himanshi	BS22BNS016	Nursing	Himanshi
17	Isha	BS22BNS017	Nursing	Isha
18	Gshika	BS22BNS018	Nursing	Gshika
19.	Jasampreet Kaur	BS22BNS019	BSC Nursing	Jasampreet Kaur
20	Jeeya Thakur	BS22BNS020	BSC Nursing	Jeeya Thakur
21.	Jyoti Devi	BS22BNS021	BSC Nursing	Jyoti Devi
22	Jyoti Thakur	BS22BNS022	Nursing	Jyoti Thakur
23	Kamalpreet Kaur	BS22BNS023	Nursing	Kamalpreet Kaur
24	Kavina Kumari	BS22BNS024	B.Sc Nursing	Kavina
25	Khushi	BS22BNS025	BSC Nursing	Khushi
26	Khushi Makkar	BS22BNS026	BSC Nursing	Khushi
27	Kumari Anjali Dimi	BS22BNS027	BSC. Nursing	Anjali
28	Kumkum Sharma	BS22BNS028	BSC. Nursing	Kumkum
29.	Lalita Yadav	BS22BNS029	BSC Nursing	Lalita
30.	Mansi Bhatia.	BS22BNS030	BSC. Nursing	Mansi.
31.	Mansi Khanna	BS22BNS031	Nursing	Mansi Khanna
32.	Mehak	BS22BNS032	BSC. Nursing	Mehak
33	Meidul Thakur	BS22BNS033	BSC Nursing	Meidul
34.	Muskan	BS22BNS034	Nursing	Muskan

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S.No.	Name	Designation/ Regn No.	Department/College	Signature
36.	Neha Tomar	BS22BNS036	Nursing	Neha Tomar
37.	Nehal Dhalak	BS22BNS037	Nursing	Nehal Dhalak
38.	Ojaswini Gosta	BS22BNS038	Nursing	Ojaswini Gosta
39.	Pallavi	BS22BNS039	Nursing	Pallavi
40.	Parveena kumari	BS22BNS040	Nursing	Parveena
41.	Prachi Thakur	BS22BNS041	Nursing	Prachi Thakur
43.	Ranjana Chandel	BS22BNS043	Nursing	Ranjana
44.	Sakshi	BS22BNS044	Nursing	Sakshi
45.	Sakshi Malik	BS22BNS045	Nursing	Sakshi
46.	Saloni	BS22BNS046	Nursing	Saloni
47.	Samridhi	BS22BNS047	Nursing	Samridhi
48.	Saumya	BS22BNS048	Nursing	Saumya
49.	Shamandeep Kaur	BS22BNS049	Nursing	S. Kaur
51.	Shreya	BS22BNS051	Nursing	Shreya
52.	Shriya	BS22BNS052	Nursing	Shriya
53.	Shruti	BS22BNS053	Nursing	Shruti
54.	Tanisha Rattan	BS22BNS054	Nursing	Tanisha
55.	Tanisha Thakur	BS22BNS055	Nursing	Tanisha Thakur
56.	Tarini Sharma	BS22BNS056	Nursing	Tarini
57.	Tisha Banwar	BS22BNS057	Nursing	Tisha
58.	Vaishali Sharma	BS22BNS058	Nursing	Vaishali
59.	Veeshali Devi	BS22BNS059	Nursing	Veeshali Devi
60.	Yashika	BS22BNS060	Nursing	Yashika

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S.No.	Name	Designation/ Regn No.	Department/College	Signature
01	Kanika	1 st Roll NO	6 th class	Kanika
02	Kanyanjali	2 nd Roll NO	6 th class	Kanyanjali
03	Avni	18 th Roll NO	6 th class	Avni
04	Varsha	12 th Roll NO	6 th class	Varsha
05	Ishita	3 rd Roll NO	6 th class	Ishita
06	Kajal	6 th Roll NO	6 th class	Kajal
07	Shoulti	8 th Roll NO	6 th class	Shoulti
08	Vanshika	13 th Roll NO	6 th class	VANSHIKA
09	Kritika	14 th Roll NO	6 th class	KRITIKA
10	Manvi (2) Dnyansha	5 th Roll NO	7 th class	Manvi Dnyansha
11	Kritika Kritika	18 th Roll NO	8 th class	Mohit (Kritika)
12	Krish (Ashita)	7 th Roll NO	8 th class	Krishna Ashita
13	Mansi	15 th Roll NO	6 th class	Mansi
14	Suryansh Thakur	11 th Roll NO	6 th class	Suryansh
15	Kangna	2 nd Roll NO	7 th class	Kangna
16	Vanshita	20 th Roll NO	6 th class	Vanshita
17	Ansh Takur	13 th Roll NO	7 th class	Ansh
18	Mansi	14 th Roll NO	7 th class	Mansi
19	Varsha	12 th Roll NO	7 th class	Varsha
20	Ansh Akansa	28 th Roll NO	8 th class	Ansh
21	Manvi (1)	12 th Roll NO	7 th class	MANVI



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S.No.	Name	Designation/ Regn No.	Department/College	Signature
22.	Prince	12 th		Prince
23.	Icchan	12 th		WARAN
24.	Shamsher	Teacher		Shamsh.
25.	Merden	Teacher		Merden
26.	Ajay Verma	Teacher		Ajay
27.	Sangeeta	10 th		Sangeeta
28.	Simran	10 th		Simran
29.	Ritika	10 th		Ritika
30.	Divyanshi	10 th		Divyanshi
31.	Saxita	10 th		Saxita
32.	Suman	10 th		Suman
33.	Vandana	Teacher		Vandana
34.	Madhu	11 th		Madhu
35.	Shruti	11 th		Shruti
36.	Tapasya	Teacher		Tapasya
37.	Himanshu	11 th		Himanshu
38.	Suryansh	Pre-nursery		Suryansh
39.	Vanshika	11 th		Vanshika
40.	Neha	11 th		Neha
41.	Akanksha	12 th		Akanksha
42.	Neha	12 th		Neha