

Curriculum Vitae

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Personal Information:

Name : Dr.Neelam Kumari
Gender : Female
D.O.B : 30th sept , 1977
Marital Status : Single
Nationality : Indian
Permanent Address : D/o Late Sh.Tek Das
Tara View Cottage
Sec-2,Phase-1 New Shimla
Shimla-171009

Educational Qualification:

- ❖ 10th H.P. Board, Dharmshala (1994)-59%
- ❖ 12th H.P. Board, Dharmshala (1999)-62%
- ❖ Graduation from H.P.U in Psychology (2002)-57%
- ❖ Post Graduation from H.P.U in Psychology (2004)-57%
- ❖ M.Phil from H.P.U in Psychology (2005)-70%
- ❖ PhD in Psychology (2011)

Awards:

- ❖ Gold Medal for standing first in M.Phil Psychology (2005).
- ❖ Certificate of merit (2005).
- ❖ Certificate of National Seminar organized by Department of Psychology “Genetic Basis of Behavior “in 20th october,2011

Professional Qualification:

- ❖ PG Diploma in Clinical Psychology from H.P.U(2005)-62%
- ❖ Computer Diploma in Office Management(2008)-A grade
- ❖ Basic Computer Course(04.08.2014-08.08.2014)from H.P. Institute of Public Administration Fairlawns, Shimla-02
- ❖ One Day Refresher Training Programme for Counsellor organized by Chandigarh Social Welfare Board and Centre for Social Work Punjab University funded by CSWB,Ministry of Women and Child Development, GOI on 15.10.2012.
- ❖ One Day Refresher Training Programme for Counsellor organized by Chandigarh Social Welfare Board and Centre for Social Work Punjab University funded by CSWB,Ministry of Women and Child Development, GOI on 18.12.2013.

Work Experience:

- ❖ Dept. of Psychiatry, Dr. PRGMC Hospital, Dharmshala, and Indian Red-Cross Society Dharmshala: Orientation in History taking Mental Status examination, and individual, group and family psychotherapy session under the supervision of clinical psychologist for one month.
 - ❖ Dept. of Psychology, H.P.U in Child Guidance Clinic: Under the project entitled “The Psychological need assessment of the inmates of Bal /Balika Ashram in Shimla district” for the period of two months.
 - ❖ Worked as N.S.S. Volunteer from 1999-2002, rendered 240 hours under regular activities and also attended N.S.S. Camps under the theme of social work.
 - ❖ Field work experience(experience of inspecting & reporting of different programmes run by NGO’) with different NGO,s of Himachal Pradesh
 - ❖ Working as a Counselor (VAB) in HP State Social Welfare Board, Shimla since 1st December, 2011.
 - ❖ Visited Old Age Home Basantpur twice in a month for Counselling of inmates from March, 2015.
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Skills:

- ❖ Hard working and Sincerity in work
 - ❖ Ability to work under pressure
 - ❖ Ability to work as a team
 - ❖ Good Demonstration Skills
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Hobbies:

- ❖ Reading Books
- ❖ Painting/writing