

# SAMEEKSHA

M.Sc.Nursing in Community Health Nursing



## PERSONAL DETAILS

Miss. Sameeksha Post graduate of Science in Nursing from Akal Collge of Nursing. Self motivated and passionate.



## Phone Number

+919805101285



## Email Address

sameekshapatial647@gmail.com



## Git

[HAMIRPUR](#)



## Address

Eternal University,Baru Sahib, District Sirmour,H.P.



## SKILLS ( TECHNOLOGY / FUNCTIONAL )

### ● Computer Skills



## EXPERIENCE / INTERNSHIP

### Lord Mahavira Nursing College, Nalagarh, Solan,H.P.

Clinical Instructor Dec 2015 – May 2017

Teaching and accompanying students during their clinical posting.



## EDUCATION

### Eternal University, Baru Sahib Sirmour | Aug 2017 – Pursuing

Masters in Community Health Nursing | 75 %

Distinction in clinical specialty (Community Health Nursing).

### Eternal University, Baru Sahib Sirmour | Aug 2011 – Jul 2015

Bachelors of Science in Nursing | 70%

### D.A.V Public School Alampur Kangra, H.P. | Mar 2010 – Mar 2011

Senior Secondary | 65%

### D.A.V.Public School,Alampur Kangra H.P. | Mar 2008 – Mar 2009

Matriculation | 66%



## PROJECTS

### Assessment of Health Needs of elderly



## PROFESSIONAL ENHANCEMENTS

### Certifications

Certificate of Appreciation:

- Self Awareness through Breath Walk Program.
- Panel discussion on "World No Tobacco Day".

Experience certificates:

- RUHSA department, CMC, Vellore.
- Community Health Center Sangrah.

### Courses / Workshops / Seminars

Conferences:

Participant:

- Gynecology and obstetrical Nursing New Insight into Research ,Diagnosis and Clinical Care".
- Family Nursing A futuristic Approach to health care.
- Technological Impact on epidemiology and health care.

Organizer:

- Envisioning Addiction Free society.

Workshop:

- World NCD congress.



## EXTRA-CURRICULAR

### Volunteering

- Organization of International Women day.
- Organized Health camps at community level.
- Participated in Health camps organized at Akal Charitable hospital.

### Participations / Sports

- Panel discussion
- Quiz Competition organizer
- Volleyball
- Kabbadi
- Badminton
- Dance

### **Interests**

- Reading
- Cooking

### **Languages**

- English
- Hindi
- Pahari
- Punjabi