

CURRICULUM VITAE

VIDHI PAUL

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Date of Birth: 26 July, 1993

CAREER OBJECTIVE: To obtain a performance driven position that enables me to use my knowledge to cause impact within the organization and stimulates my overall development & adding value to the organization I work for.

EDUCATIONAL QUALIFICATIONS:

Sr. No.	Class	Name of the Institution	Board / University	Year of Passing	%age
1)	10 th	St. Mary's Sen. Sec. Convent School, Kasauli (H.P.)	CBSE	2009	87%
2)	12 th	St. Luke's Sen. Sec. Convent School, Solan (H.P.)	CBSE	2011	61%
3)	B.Sc. Nursing Degree	Akal College of Nursing, Baru Sahib H.P.	Eternal University	2015	72.5%
4)	M.Sc. Nursing (Child Health Nursing)	Akal College of Nursing, Baru Sahib H.P.	Eternal University	2018	74.12 %

NOTE: - Our College is in collaboration with Drexel University Philadelphia, Pennsylvania USA.

CLINICAL POSTINGS AND INTERNSHIP:

1. Clinical Posting Experience:

- ✓ Nursing Foundation (Akal Charitable Hospital, Baru Sahib)
- ✓ Medical Surgical Nursing-1 (Akal Charitable Hospital, Columbia Asia ,Gurgaon)
- ✓ Medical Surgical Nursing-2 (Akal Charitable Hospital, Indira Gandhi Medical College, Shimla.)

- ✓ Child Health Nursing (Akal Charitable Hospital, Indira Gandhi Medical College, Shimla)
- ✓ Mental Health Nursing (Dr. Vidya Sagar Institute of Mental Hospital, Amritsar)
- ✓ Visit to Dr. Bhatia's De-addiction centre and Pingal Wada ,Amritsar.)
- ✓ Obstetric and Gynecological Nursing (Kamla Nehru Hospital, Shimla)

Internship -6 months: Indira Gandhi Medical College, Shimla.

2. Field posting: Community Health Nursing Posting in Nearby Villages of Baru Sahib.

3. M.Sc. Nursing (Child Health Nursing) :

- 9 months of speciality postings in two years of programme in reputed hospitals i.e Indira Gandhi Medical College, Shimla H.P. and BJ Wadia Hospital, Mumbai.
- Speciality (Child Health Nursing) posting (BJ Wadia Hospital,Mumbai)
- 1 month of Advanced Nursing Practice postings in community area and Indira Gandhi Medical College, Shimla H.P.
- 1 month Nursing Management postings in Akal Charitable Hospital, Indira Gandhi Medical College, Shimla
- 1 week of educational visit to reputed institutes and organizations in Delhi.

SPECIAL ACHIEVEMENTS:

- ✓ Participated & Organized School Health Programme at Dimber, Sirmour (2014)
- ✓ Participated in 8 **International Conferences** conducted by Akal College of Nursing every year, :
 1. Nursing Informatics at Akal College of Nursing, Baru Sahib(2011)
 2. Global Nursing at Akal College of Nursing, Baru Sahib (2012)
 3. Innovative Trends In Community Health Nursing, Baru Sahib (2013)
 4. Gynecology & Obstetrical Nursing: New Insight into Research, Diagnosis and Clinical Care at Akal College of Nursing, Baru Sahib (2014)

5. Organized 5th International Conference on “ Innovations in Nursing Education and Practice.”(2015)
 6. Participated in 6th International Conference on “ Bridging the gap between Theory and Practice in Nursing.” (2016)
 7. Participated in 7th International Conference on “ Family Nursing, a futuristic approach to healthcare.” (2017)
 8. Organized 8th International Conference on “Global Perspectives of better Mental Health”.(2018)
- ✓ Organized Preconference Symposium on Substance Abuse and De-addiction & Workshop on HIV/AIDS(2014)
 - ✓ Participated in workshop organized by Drexel University, Philadelphia, USA on the topic Simulation (2014).
 - ✓ Participated in Organizing 3rd Florence Nightingale Quiz Competition at Akal College of Nursing (2014).
 - ✓ Participated in organizing conference on Gynecology & Obstetrical Nursing: New Insight into Research, Diagnosis and Clinical Care at Akal College of Nursing Baru Sahib (2014).
 - ✓ Akal Charitable Hospital, Baru Sahib organizes free medical and surgical camps every year and I have voluntarily participated in all the camps.
 - ✓ Have attended seminar on neonatal resuscitation at IGMCH, Shimla (2015).
 - ✓ **Won the second prize in scientific paper presentation presented at 8th International nursing conference organized by Akal College of Nursing in Collaboration with Drexel University, Philadelphia(USA).**

EXTRA CURRICULAR ACTIVITIES:

Participated in:

- ✓ Seminars
- ✓ Panel discussions
- ✓ Declamations & Debates
- ✓ Extempore
- ✓ Cultural activities
- ✓ Rallies in Community

- ✓ Poster making
- ✓ Cooking therapeutic diet
- ✓ Working model
- ✓ Poster making
- ✓ Field visits

RESEARCH EXPERIENCE:-

B.Sc. Nursing (Group project): Conducted a Group Research Project on:-“A Descriptive study to assess the prevalence of anemia among the adolescent girls (12-19 years) of Akal Academy Baru Sahib , District Sirmour (H.P.) in the year 2014-2015”

M.Sc. Nursing (Individual dissertation):

An exploratory study to assess the impact of mobile phone use on adolescents studying in selected schools of dist. Solan, H.P. (2016-18)

SKILLS:

- ✓ Good communication skills and interpersonal skills.
- ✓ A quick learner and motivated to gain high achievements.
- ✓ Innovative thinker and quick grasping skills.

COMPUTER LITERACY:

- ✓ Microsoft Word
- ✓ Microsoft PowerPoint
- ✓ Microsoft Excel
- ✓ Statistical Package for the Social Sciences
- ✓ Well conversant with internet usage

WORK EXPERIENCE:

Name of the institution	Designation	Years of working
Akal College of Nursing, Eternal University ,Baru Sahib Dist.Sirmour ,H.P.	Clinical Instructor	1 year (August 2015- August 2016)
Akal Charitable Hospital,Baru Sahib ,Dist.Sirmour (H.P) ,(Kalgidhar Trust)	Academic Nurse in Clinical Area (Nurse Educator)	September 2018- till present

PERSONAL DETAILS:

☞ Date of Birth : 26th July, 1993.
☞ Father's Name : Sh. Surinder Paul
☞ Mother's Name : Smt. Radha Paul
☞ Marital Status : Unmarried
☞ Nationality : Indian
☞ Religion : Hinduism
☞ Languages known : Hindi, English & Punjabi
☞ Hobbies : Listening Music, Reading books, Painting
☞ Postal Address : Garhkal Bazar, Distt-Solan (H.P.) Pin Code:-173201

EXPECTED SALARY : NEGOTIABLE

DISCLAIMER: I hereby state that the above information provided by me is true to the best of my knowledge.

(VIDHI PAUL)

REFERENCES:

1.	Prof. Ranjit Kour	Principal M.Sc. in Medical Surgical Nursing ETERNAL UNIVERSITY Akal College of Nursing, Baru Sahib(H.P.),INDIA Contact no.:- 9419006702
2.	Dr. Harpreet Kaur	Administrator ETERNAL UNIVERSITY Akal College of Nursing, Baru Sahib(H.P.),INDIA Contact no.:-9816441158